

Name \_\_\_\_\_

**INSTRUCTIONS:** Number the yoga poses Jenny did in the correct order. Then choose a word from the word box and write it next to the pose in the appropriate place according to where they are happening.

_____ Airplane pose	_____
_____ Boat pose	_____
_____ Camel pose	_____
_____ Cobra pose	_____
_____ Downward Dog pose	_____
_____ Fish pose	_____
_____ Forward pose	_____
_____ Lotus pose	_____
<u>  1  </u> Mountain pose	_____ Sun Salutation _____
_____ Rabbit pose	_____
_____ Shoulder pose	_____
_____ Tortoise pose	_____
_____ Tree pose	_____
_____ Triangle pose	_____

Sun Salutation

Meditation

Pose Practice

Name \_\_\_\_\_

**INSTRUCTIONS:** Add a suffix to the words to create a new word.

slow \_\_\_\_\_

ible

comfort \_\_\_\_\_

y

help \_\_\_\_\_

ful

breath \_\_\_\_\_

s

wonder \_\_\_\_\_

ion

excite \_\_\_\_\_

ed

call \_\_\_\_\_

ent

lower \_\_\_\_\_

es

express \_\_\_\_\_

ly

differ \_\_\_\_\_

able

straight \_\_\_\_\_

less

stick \_\_\_\_\_

ment

stretch \_\_\_\_\_

ing

flex \_\_\_\_\_

en