

Quick Check My Muscles

Name	Date

Instructions: Read each question carefully and choose the best answer.

- 1. What is this book mostly about?
 - A how to show expressions on the face
 - B how muscles help the body move
 - (C) how the heart pumps blood
- 2. How are all three kinds of muscles the same?
 - (A) They all help move something in the body.
 - B They are all connected to the bones.
 - (C) They all help move food through the body.
- 3. When writing this book, the author's purpose was ______.
 - A to answer a question about how many muscles the body has
 - B to describe all of the systems in the human body
 - (C) to explain how muscles work

- **4.** The author includes details about the heart pumping blood to _____.
 - A answer a question about how many times the heart beats
 - B explain to the reader how the cardiac muscle works
 - © describe what the heart looks like
- 5. The word connected means
 - (A) of or having to do with the heart
 - B joined or linked together
 - © of or having to do with the skeleton
- 6. Extended Response: Read this sentence: My cardiac muscle works all the time and does not rest. Is this statement a fact or an opinion? Explain how you know.



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Quick Check Answer Sheet

My Muscles

Main Comprehension Skill: Compare and Contrast

- **1.** B Main Idea and Details
- 2. A Compare and Contrast
- **3.** ① Author's Purpose
- **4. B** Author's Purpose
- **5. (B)** Vocabulary
- **6.** Answers will vary but should identify that the sentence is a fact because it can be proved and the author explains how the cardiac muscle works in the book.