

Quick Check

Hiking the Appalachian Trail

Name _____ Date _____

Instructions: Read each question carefully and choose the best answer.

1. What is **thru-hiking**?
 - Ⓐ hiking across the most states in the United States in a single hiking season
 - Ⓑ hiking to the top of the tallest mountain in a single hiking season
 - Ⓒ hiking as many trails as possible in a single hiking season
 - Ⓓ hiking a long-distance trail from beginning to end within a single hiking season
2. Why do most hikers choose to begin in the south in the spring and hike north on the Appalachian Trail?
 - Ⓐ The terrain is rockier in the south.
 - Ⓑ The terrain is harder in the south.
 - Ⓒ In the south it is cold and the north cools off as hikers travel north.
 - Ⓓ It is warm in the south and the north warms up as hikers travel north.
3. What makes the Appalachian Trail special?
 - Ⓐ It is named after a former United States president.
 - Ⓑ It is the world's longest hiking-only footpath.
 - Ⓒ It is the only hiking trail that goes through the Appalachian Mountains.
 - Ⓓ It is the most expensive hiking trail in the United States.
4. Why were the first few days of Ben's hike the most difficult?
 - Ⓐ He ran into a bear and felt afraid for his life.
 - Ⓑ His best friend decided not to hike with him.
 - Ⓒ His body and mind had to get used to the challenges of long-term hiking.
 - Ⓓ He ran out of food and had to stop at a nearby town for more.

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5. Read this sentence from the book: *I planned, saved money, and lived on a tight **budget**.* Which words help readers understand what a **budget** is?
 - Ⓐ saved money, lived
 - Ⓑ planned, saved money
 - Ⓒ lived, tight
 - Ⓓ planned, tight
6. Which of the following might be a reason that so few hikers complete the Appalachian Trail?
 - Ⓐ The trail is impossible to complete.
 - Ⓑ The experience is difficult and challenging.
 - Ⓒ Not everyone is allowed to hike it.
 - Ⓓ There is a limit to how many people can complete it.
7. What lesson did Ben learn from his experience?
 - Ⓐ He decided to move to Maine.
 - Ⓑ He wanted to quit his job.
 - Ⓒ He loved hiking and camping.
 - Ⓓ He could accomplish anything he put his mind to.
8. What did Ben do to feel prepared in case of an emergency?
 - Ⓐ kept his gear well organized
 - Ⓑ met friends on the trail
 - Ⓒ took hiking lessons before he started
 - Ⓓ slept as little as possible
9. Why might hikers prefer foods that don't spoil?
 - Ⓐ They don't have access to a refrigerator.
 - Ⓑ They can get sick eating heavy foods.
 - Ⓒ They need easy-to-prepare foods to satisfy their cravings.
 - Ⓓ They like the taste of those foods best.
10. What is a synonym for **terrain**?
 - Ⓐ trail
 - Ⓑ ground
 - Ⓒ mountain
 - Ⓓ shelter
11. **Extended Response:** Why did Ben state "... resting and having the proper supplies were just as important as hiking"?

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12. Extended Response: Would you hike the Appalachian Trail? Why or why not? Use evidence from the text to support your reasoning.

Quick Check Answer Sheet

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Main Comprehension Skill: Make Inferences / Draw Conclusions

1. Ⓓ Vocabulary
2. Ⓓ Make Inferences / Draw Conclusions
3. Ⓑ Main Idea and Details
4. Ⓒ Cause and Effect
5. Ⓑ Vocabulary
6. Ⓑ Make Inferences / Draw Conclusions
7. Ⓓ Author's Purpose
8. Ⓐ Cause and Effect
9. Ⓐ Make Inferences / Draw Conclusions
10. Ⓑ Vocabulary
11. Answers will vary. Sample: *Ben said this because if he didn't rest or have the proper supplies he might get sick, which would cause him to have to stop his hike before it was completed.*
12. Answers will vary but should include a valid reason why the student would or would not want to hike the Appalachian Trail, citing specific evidence from the text.