

Why does the author use the word *might* when describing snacking in prehistoric times?


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Inference

What happens to your body when you eat sugars?


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Cause and Effect

How are vegetable fats and animal fats similar?
How are they different?


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Compare and Contrast

Why do food labels give nutritional information?


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Inference

Does the author think exercise is important to your health?
How do you know?


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Analyze

What food choices do you make for yourself?
What choices are made for you?


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Create