

Name \_\_\_\_\_ Date \_\_\_\_\_

**Instructions:** Read each question carefully and choose the best answer.

1. What is the main idea of this book?
  - Ⓐ There are many kinds of bones in the human body with different purposes.
  - Ⓑ There are many ways to prevent bones from breaking.
  - Ⓒ Different animals have different bones.
  - Ⓓ Bones change in many ways over time.
2. Why are the tiniest bones in a human body important?
  - Ⓐ They help nerves pick up vibrations.
  - Ⓑ They cause the shoulder joint to stay in place.
  - Ⓒ They make it possible to hold a pen.
  - Ⓓ They help us to walk upright.
3. The section titled "And Now the Appendages" is mostly about \_\_\_\_\_.
  - Ⓐ arms and legs
  - Ⓑ toes and feet
  - Ⓒ wrists and shoulders
  - Ⓓ backbones
4. Because hands and wrists have so many bones, they are very \_\_\_\_\_.
  - Ⓐ strong
  - Ⓑ flexible
  - Ⓒ easy to break
  - Ⓓ hard to control
5. What is a detail from the section titled "Inside Your Bones"?
  - Ⓐ Your bones contain a light, spongy material inside them.
  - Ⓑ Bones are denser and harder on the inside than the outside.
  - Ⓒ Bones do not grow and are not really alive.
  - Ⓓ There are as many bones in your feet as in your hands.

*Quick Check continued on following page*

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6. The hip and shoulder joints are both \_\_\_\_\_.
  - Ⓐ hinge joints
  - Ⓑ ball-and-socket joints
  - Ⓒ weak joints
  - Ⓓ all of the above
7. What is **cartilage**?
  - Ⓐ joints that hinge and swivel
  - Ⓑ type of bones that protect the spinal cord
  - Ⓒ special kinds of flexible bones
  - Ⓓ elastic tissue at the end of bones
8. If your patella were to break, what would you have trouble doing?
  - Ⓐ reaching upwards
  - Ⓑ bending your knee
  - Ⓒ throwing a ball
  - Ⓓ holding a pen
9. What creates new blood cells?
  - Ⓐ ligaments
  - Ⓑ joints
  - Ⓒ bone marrow
  - Ⓓ the spinal cord
10. Which sport requires a helmet to be safely played?
  - Ⓐ football
  - Ⓑ distance running
  - Ⓒ swimming
  - Ⓓ tennis
11. **Extended Responses:** How are bones important to humans?
12. **Extended Responses:** Explain two reasons why it is important to see a doctor as soon as possible after breaking a bone.

## Quick Check Answer Sheet

## The Hard Stuff! All About Bones

Main Comprehension Skill: Main Idea and Details

1. Ⓐ *Main Idea and Details*
2. Ⓐ *Cause and Effect*
3. Ⓐ *Main Idea and Details*
4. Ⓑ *Cause and Effect*
5. Ⓐ *Main Idea and Details*
6. Ⓑ *Main Idea and Details*
7. Ⓓ *Vocabulary*
8. Ⓑ *Cause and Effect*
9. Ⓒ *Vocabulary*
10. Ⓐ *Make Inferences / Draw Conclusions*
11. Answers will vary but should include two facts from the book, such as the following: *bones are important because they help humans move and they make blood cells.*
12. Answers should include at least two ideas such as the following: *a bone may need to be put back in place in order to heal properly; the bone may need to have a cast put on it; bones begin to heal right away; it can be very painful to break a bone.*