



Quick Check Adaptive Athletes

Name	Date	
Instructions: Read each question carefully and choose the best answer.		

- After reading this book, readers can conclude that Guttmann was ______.
 - (A) witty
 - **B** discouraged
 - © passionate
 - ① uncertain
- 2. What is the meaning of the word adaptive?
 - A made unable to move in one or more parts of the body
 - B having honor, respect, or high standing
 - ① the ability to move from place to place
 - able to change to fit a new or specific situation or environment

- 3. Which detail supports the main idea that adaptive athletes are made able by their abilities rather than being hampered by their disabilities?
 - Athletes competed in 503 events in 21 sports.
 - B Some Paralympians have been disabled for most of their lives.
 - © Each soccer team is allowed one guide.
 - ① As part of his therapy Aggar, took up competitive rowing.
- **4.** In what year did Guttmann hold the first official Paralympic Games?
 - (A) 1960
 - **B** 1950
 - (C) 2012
 - (D) 1948





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- **5.** What type of book is *Adaptive Athletes*?
 - (A) autobiographical nonfiction
 - B fantasy fiction
 - (C) informational nonfiction
 - (D) realistic fiction
- 6. Read this sentence: Many athletes who have a physical or mental disability are top competitors, too. What does the word disability mean?
 - (A) a skill or talent
 - B the ability to move from place to place
 - © a condition that limits a person's ability to do something
 - ① to restore to health

- 7. What is the topic of "Exoskeletons"?
 - A Robotic limbs are a dream that is not possible today.
 - B Robotic limbs may someday be a common sight at the Paralympics.
 - © Robotic limbs have already made an appearance at the Paralympics.
 - Robotic limbs have been banned from the Paralympic Games.
- 8. How are Natalie Du Toit and Amy Purdy similar?
 - A Both are cross-country athletes.
 - B Both are visually impaired swimmers.
 - © Both were born with a disability.
 - D Both had to adapt to life with a disability.



Quick Check (continued)

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- **9.** What was the author's purpose for writing this book?
 - A to explain to readers the history of especially skilled athletes
 - B to inform readers about specific types of disabilities
 - © to persuade readers to attend the Paralympic Games
 - ① to entertain readers with stories of famous athletes
- **10.** What effect do exoskeletons have on people's mobility?
 - (A) They enable wearers to carry heavy loads while running or climbing.
 - B They allow wearers to hover above the ground.
 - ① They allow wearers to move faster in their wheelchairs.
 - ① They enable wearers to participate in athletic events.

- **11. Extended Response:** How does the author feel about the topic?
- **12. Extended Response:** List at least three different adaptive athletes and their accomplishments from the book.

LEVEL Z1

Quick Check Answer Sheet

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Main Comprehension Skill: Main Idea and Details

- **1.** (C) Make Inferences / Draw Conclusions
- **2.** ① Vocabulary
- **3.** (D) Main Idea and Details
- **4.** (A) Main Idea and Details
- **5.** ① *Identify Genre*
- **6.** ① Vocabulary
- 7. (B) Main Idea and Details
- **8.** ① Compare and Contrast
- **9.** A Author's Purpose
- **10.** (A) Cause and Effect
- 11. Answers will vary but should express that the author's view that adaptive athletes are great competitors. Students should describe that the author thinks the Paralympic Games are as prestigious as the Olympic Games and these remarkable athletes work hard to showcase their abilities.
- 12. Answers will vary but should include three examples of adaptive athletes and their accomplishments. For example, Esther Verger is a top-ranked tennis player who adapted to life in a wheelchair when she was paralyzed from the waist down at eight years old. David Weir is a Paralympic gold medal winner in wheelchair racing. Tom Aggar is a competitive rower who won gold medals at various Paralympic Games. Natalie Du Toit is a world-ranked swimmer and adjusted to life with disabilities after a car crash as a teenager. She even competed in the regular Olympics. Finally, Amy Purdy is an inspiring snowboarder who did not let her disabilities get in the way of her passion. She even made her own prosthetic legs!