

Name \_\_\_\_\_ Date \_\_\_\_\_

1. What is a fact from this book about how to calm down?
  - Ⓐ count from ten to zero
  - Ⓑ stay angry
  - Ⓒ yell at someone
2. It is important to learn how to calm down \_\_\_\_\_.
  - Ⓐ to feel more angry
  - Ⓑ to feel less angry
  - Ⓒ to feel as angry
3. What is the main idea of this book?
  - Ⓐ It is okay to be angry.
  - Ⓑ Everyone gets angry sometimes.
  - Ⓒ People have many ways to calm down.
4. Why did the author write this book?
  - Ⓐ to tell people about how to calm down
  - Ⓑ to tell a story about being angry
  - Ⓒ to help people be less busy
5. Which word means *emotions, such as love, happiness, anger, or sadness*?
  - Ⓐ think
  - Ⓑ breathe
  - Ⓒ feelings
6. **Extended Response:** Have the student write why all the activities in the book could help someone calm down.

**Instructions:** Sit next to the student and read the first question as you run your finger under the words. Ask the student to wait to answer until you have read all the choices. Repeat them if necessary. Have the student choose the best answer. Repeat with the remaining questions.

## Quick Check Answer Sheet

## Calming Down

*Main Comprehension Skill: Author's Purpose*

1. Ⓐ *Fact or Opinion*
2. Ⓑ *Make Inferences / Draw Conclusions*
3. Ⓒ *Main Idea and Details*
4. Ⓐ *Author's Purpose*
5. Ⓒ *Vocabulary*
6. Answers will vary but should include the idea that all the activities in the book get someone doing something to take their mind off of being angry.

**Instructions:** Sit next to the student and read the first question as you run your finger under the words. Ask the student to wait to answer until you have read all the choices. Repeat them if necessary. Have the student choose the best answer. Repeat with the remaining questions.