

Name _____

Instructions: In the first row, write what you know about muscles. In the middle row, write questions you would like to find answers to in *Get Moving! All About Muscles*. After reading, write what you learned about muscles in the last row.

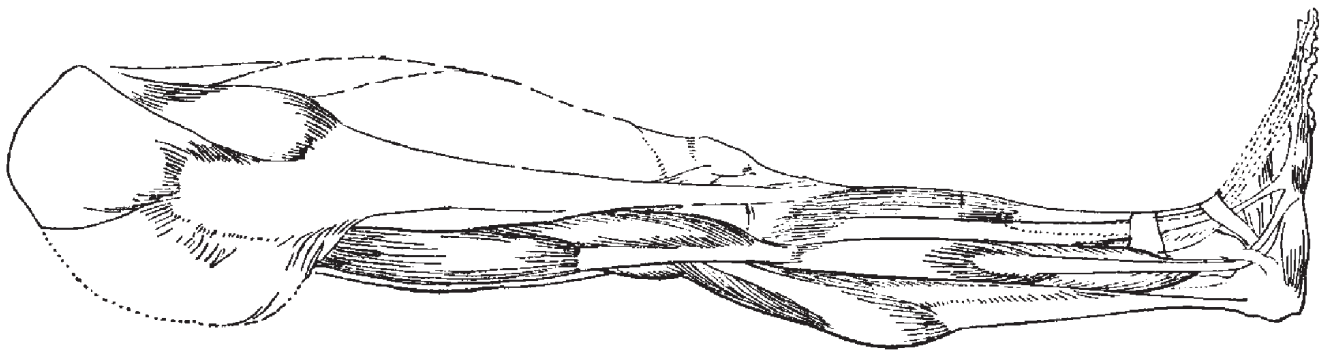
Get Moving! All About Muscles

K: What I know
W: What I want to know
L: What I learned

Name _____

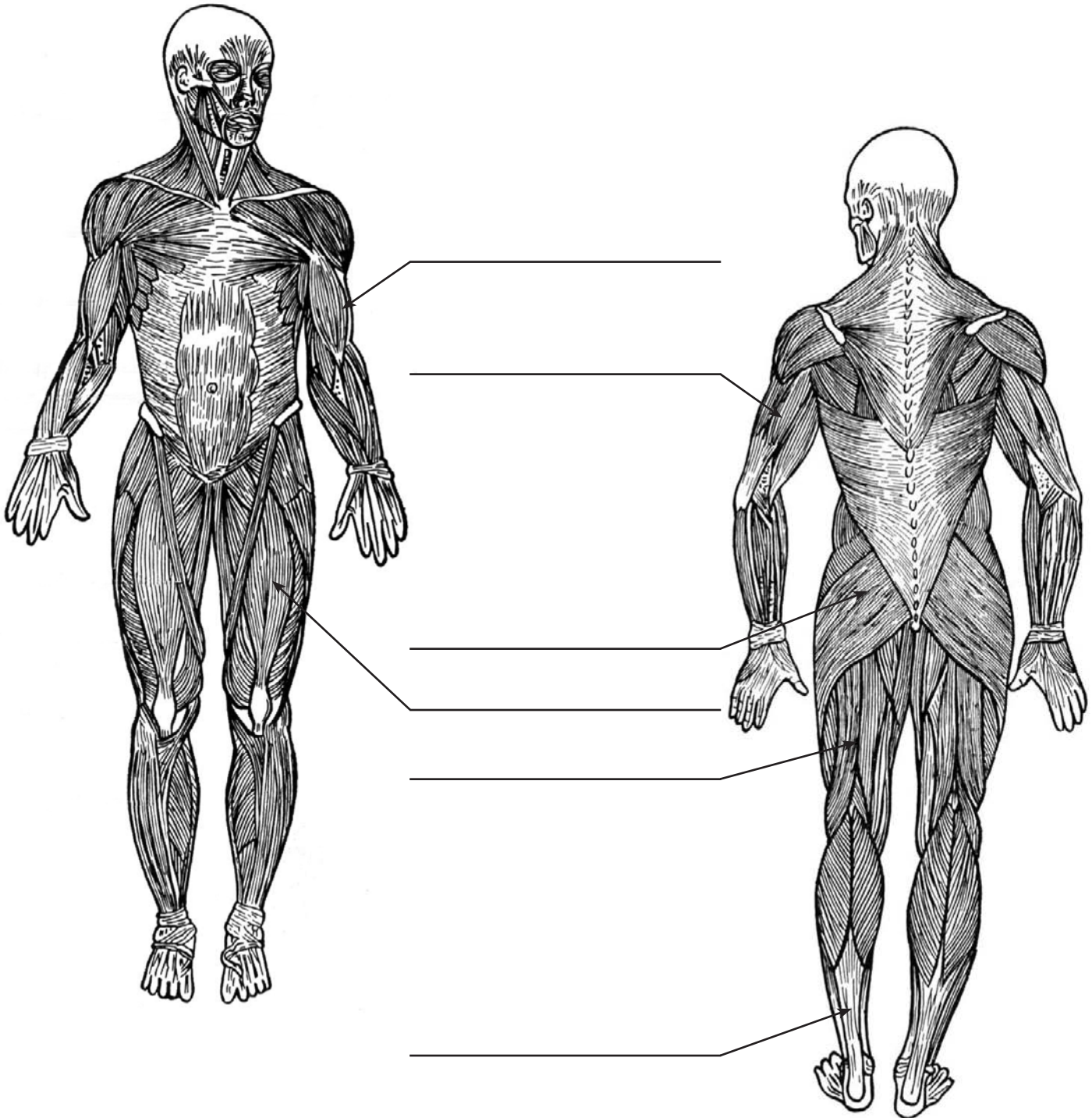
Instructions: Use your book to locate five adverbs. Then use each word to complete the adverb chart below.
One example is done for you.

Adverb	Page	Root Word + Suffix	Word Described
properly	20	proper + ly	working



Name _____

Instructions: Use your book to label the muscles shown on the diagrams below. Find: *biceps*, *triceps*, *quadriceps*, *gluteus maximus*, *hamstring*, and *Achilles tendon*.



In the space below, write a sentence for each of the following words: *flexible*, *involuntary muscles*, and *voluntary muscles*.

1. _____
2. _____
3. _____