Adaptive Athletes • Level Z1 • 1

**Instructions:** Write the main idea and supporting details for a section in the book. Then, use the main idea and details to write a summary.

## MAIN IDEA DETAILS

## SUMMARY



**Instructions:** In the text below, circle the letters that should be capitalized because they begin proper nouns. Then, underline the proper nouns that name places.

The first official paralympic games were held in 1960 in rome, italy, just after the rome summer olympics.

In 1989, the international paralympic committee (ipc) was founded in germany.

Natalie du toit of south africa began swimming competitively at age 14. When she was 17, her left leg was amputated at the knee after she was hit by a car. She competed at the 2004 athens and 2008 beijing paralympics, winning 11 medals, 10 of them gold.



Adaptive Athletes • Level Z1 • 3

**Instructions:** Use a thesaurus to identify a synonym for each word. Then, use both the word and the synonym in sentences. Write the sentences on the lines provided.

1 athletic	
(synonym)	
2 official	
(synonym)	
(by Horry III)	
3 enable	
(synonym)	
4 decorated	
(	_
(synonym)	

(synonym)