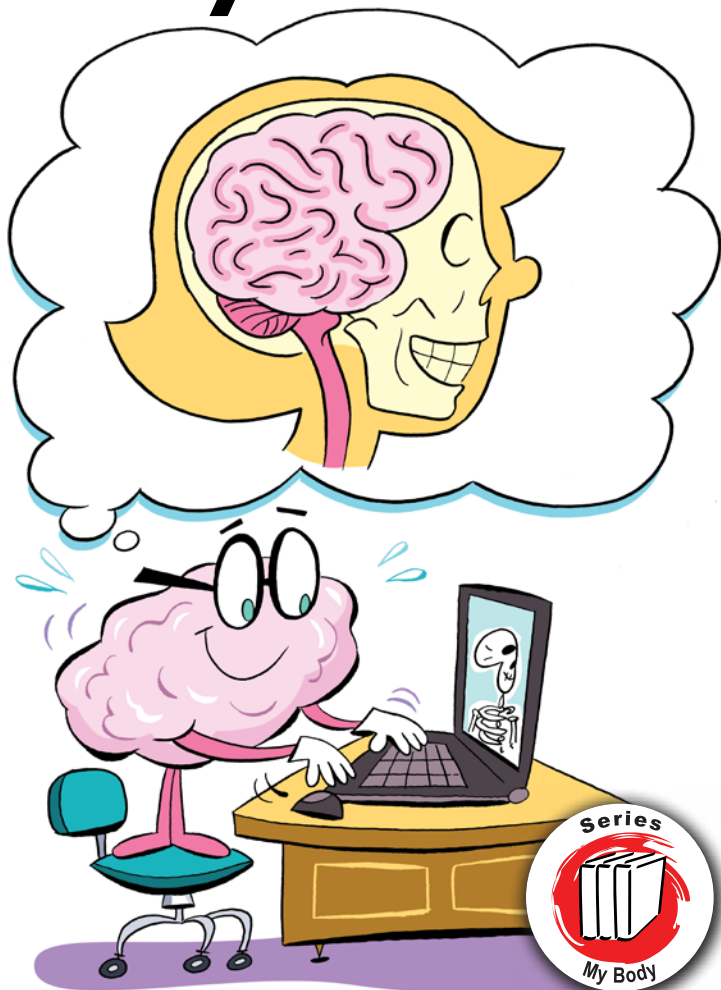


LEVELED BOOK • I

My Brain



Written by Racheal Rice
Illustrated by Kelly Kennedy

www.readinga-z.com

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Focus Question

How does the brain work
as the boss of your body?



My body has many systems that keep it alive.

The boss of all those **body systems** is my **brain**.

My brain helps
me listen, think,
and speak.



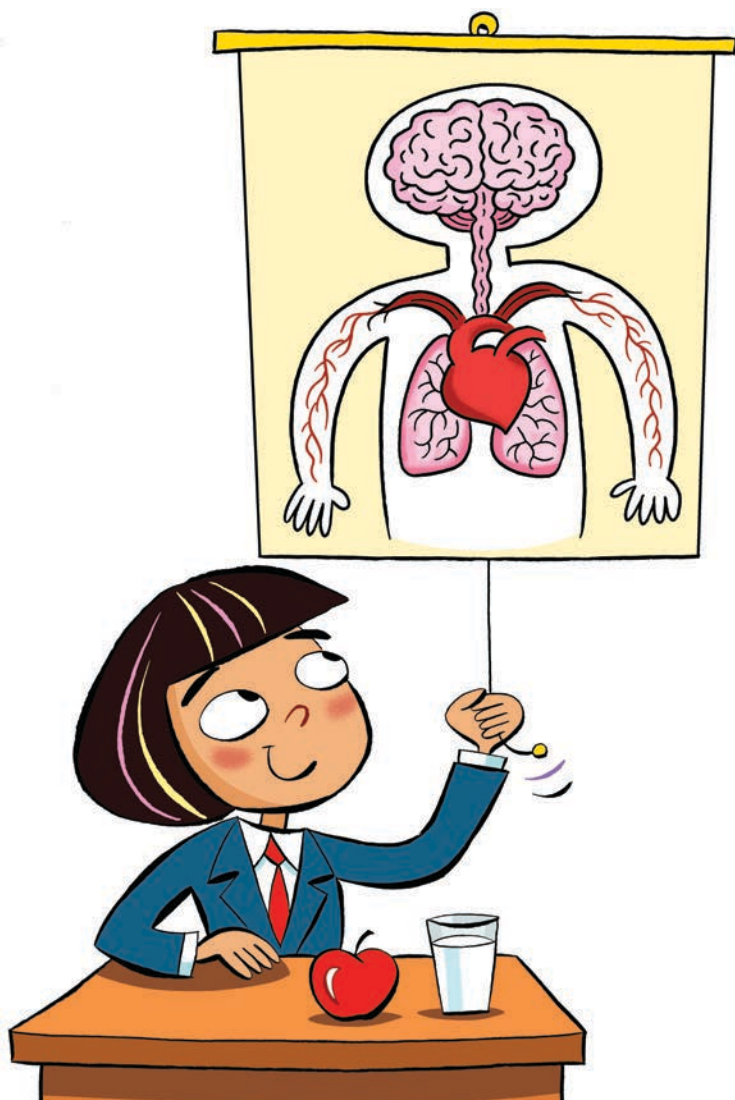
It helps me see,
touch, taste,
and smell.

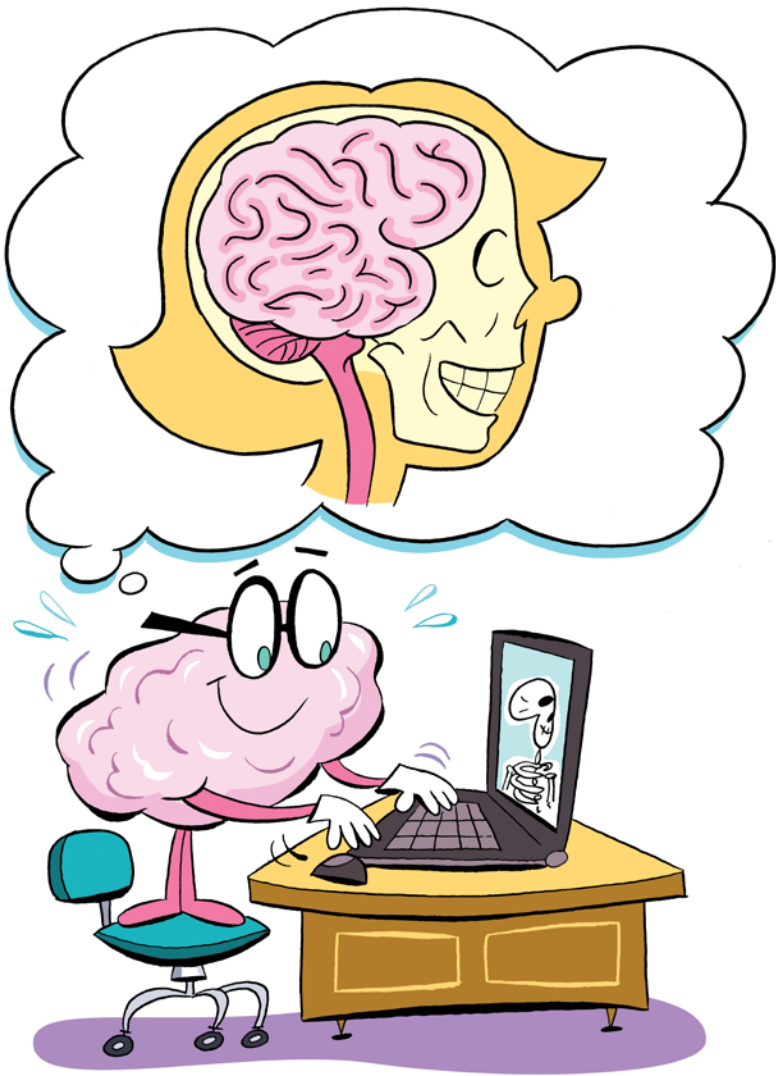


It helps me
laugh when
I'm happy
or cry when
I'm sad.

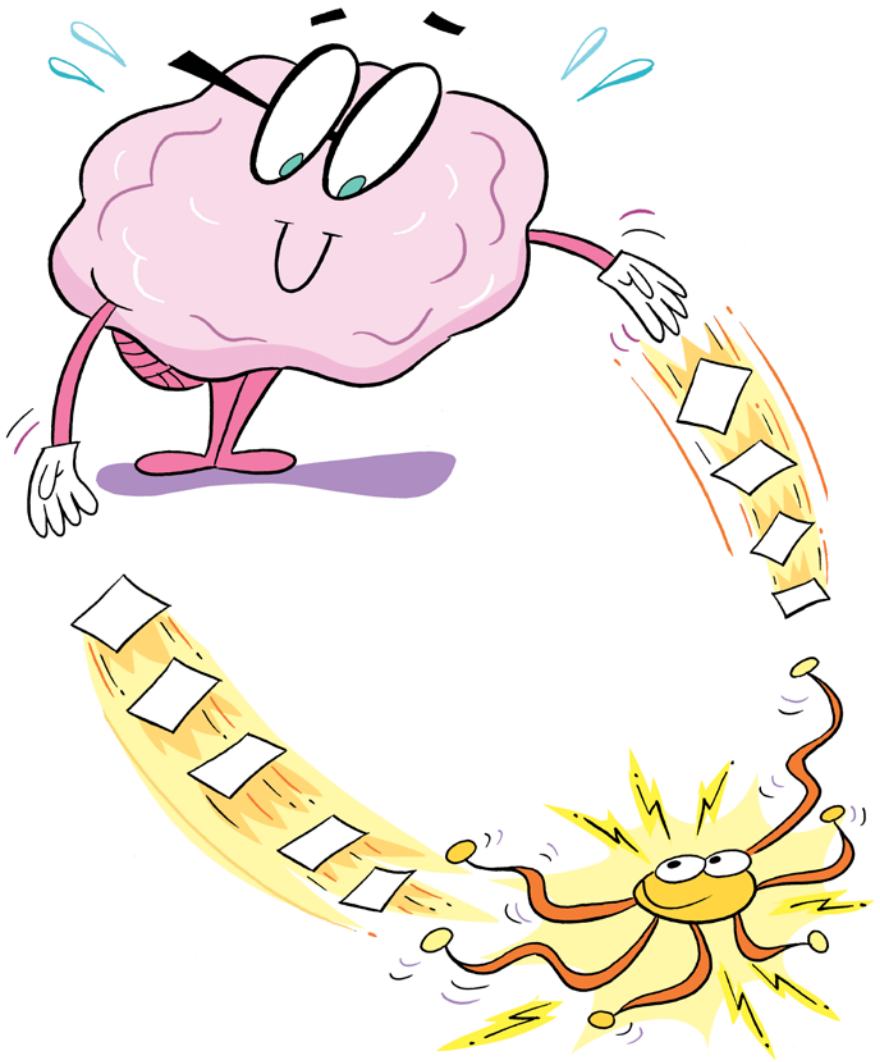


My brain helps me eat.
It also keeps my heart beating
and my lungs breathing.



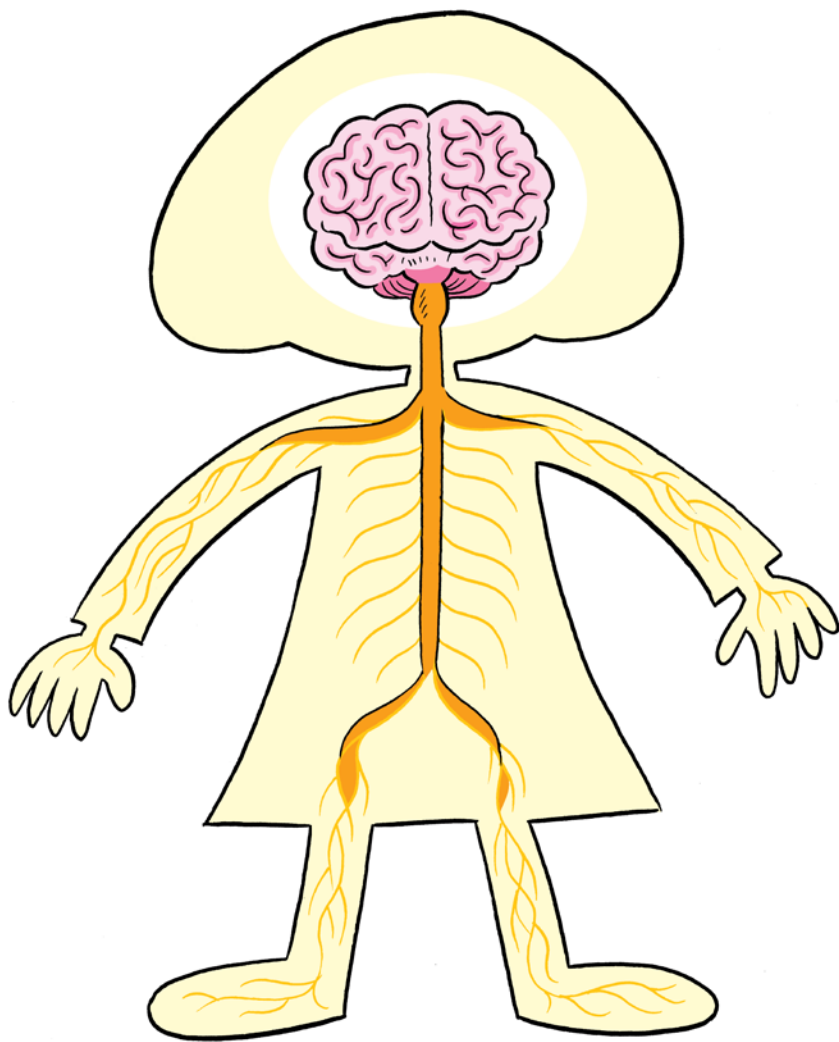


My brain works hard as the boss
of my body.
It sits in my **skull** and works
all the time.



My brain uses my **nervous system** to do much of its job.

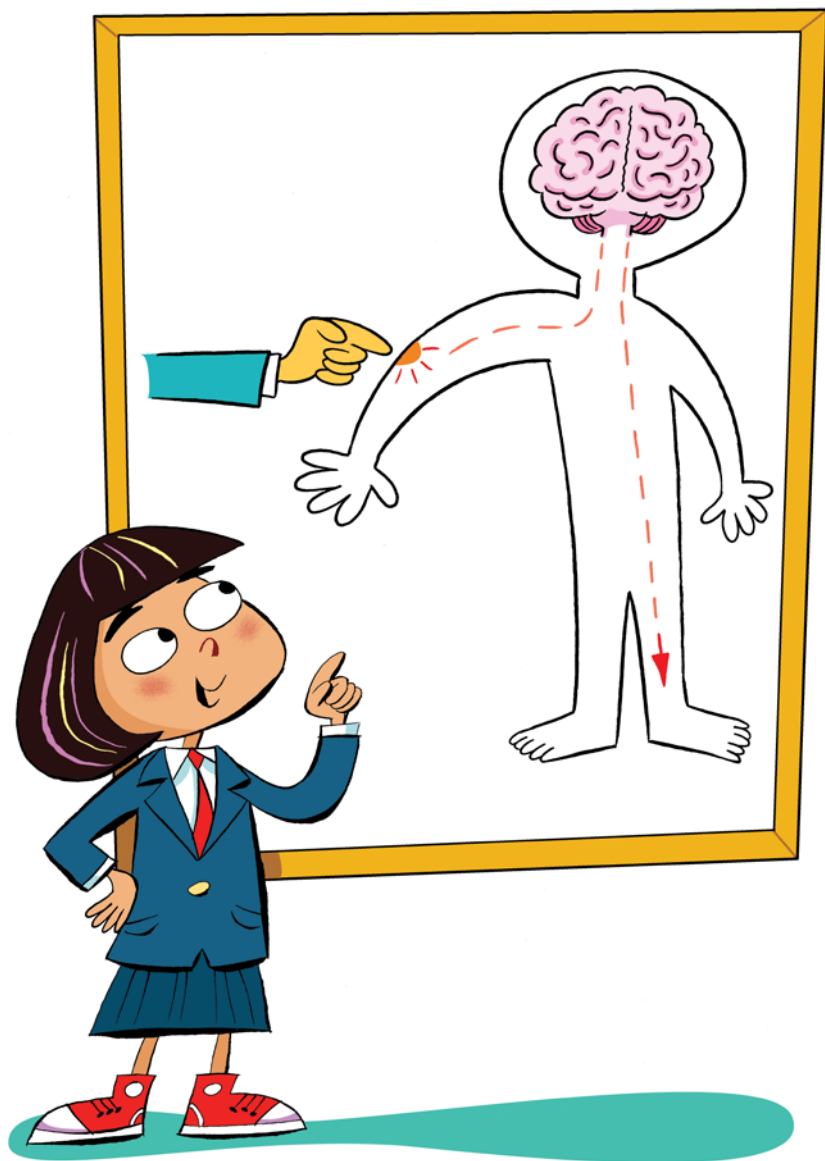
My nervous system passes **messages** between my body and my brain.



It passes messages using a highway of **nerves**.

Nerves can be found all over my whole body.

Here's how my nerves and brain
send messages in a game of tag.



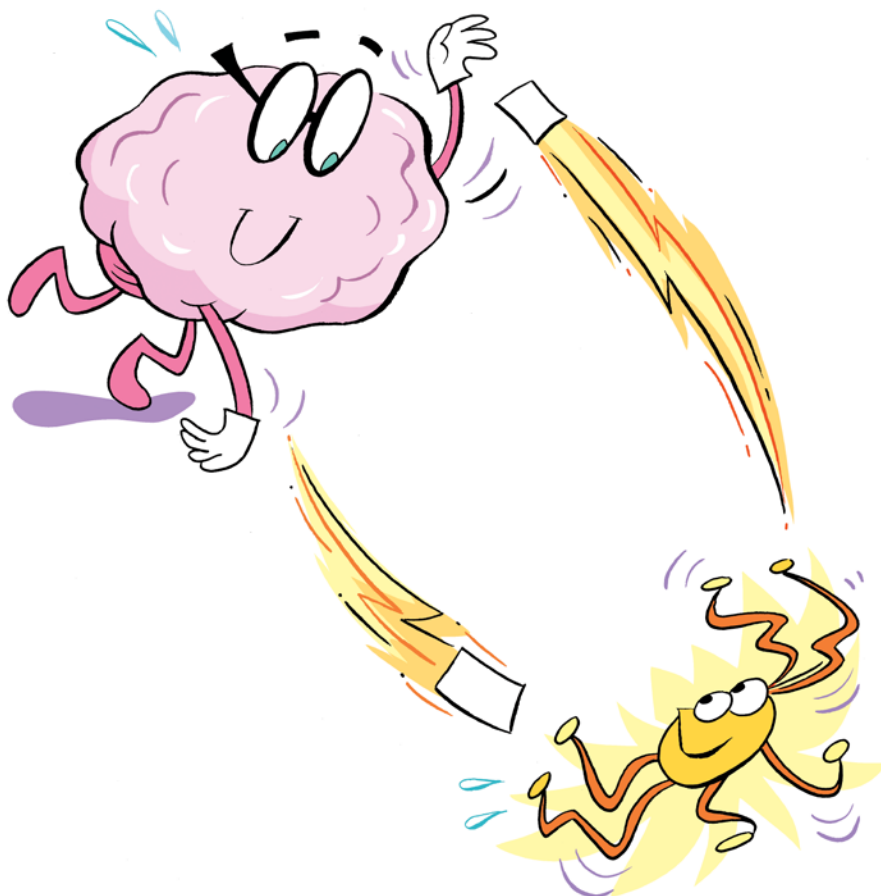


A friend tags my arm
to make me “it.”
Nerves in my arm send
a message to my brain.

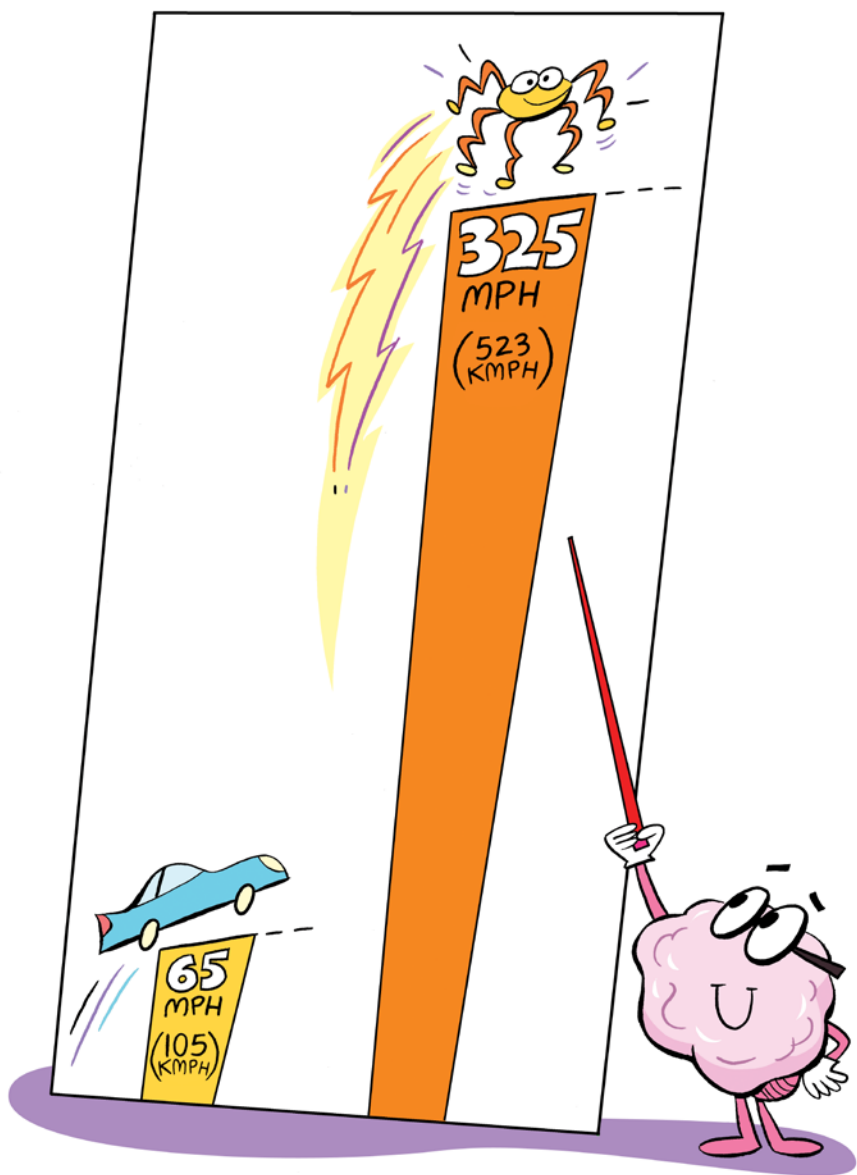
My brain sends a message
to my legs to run.
I run after my friend
to tag her back.



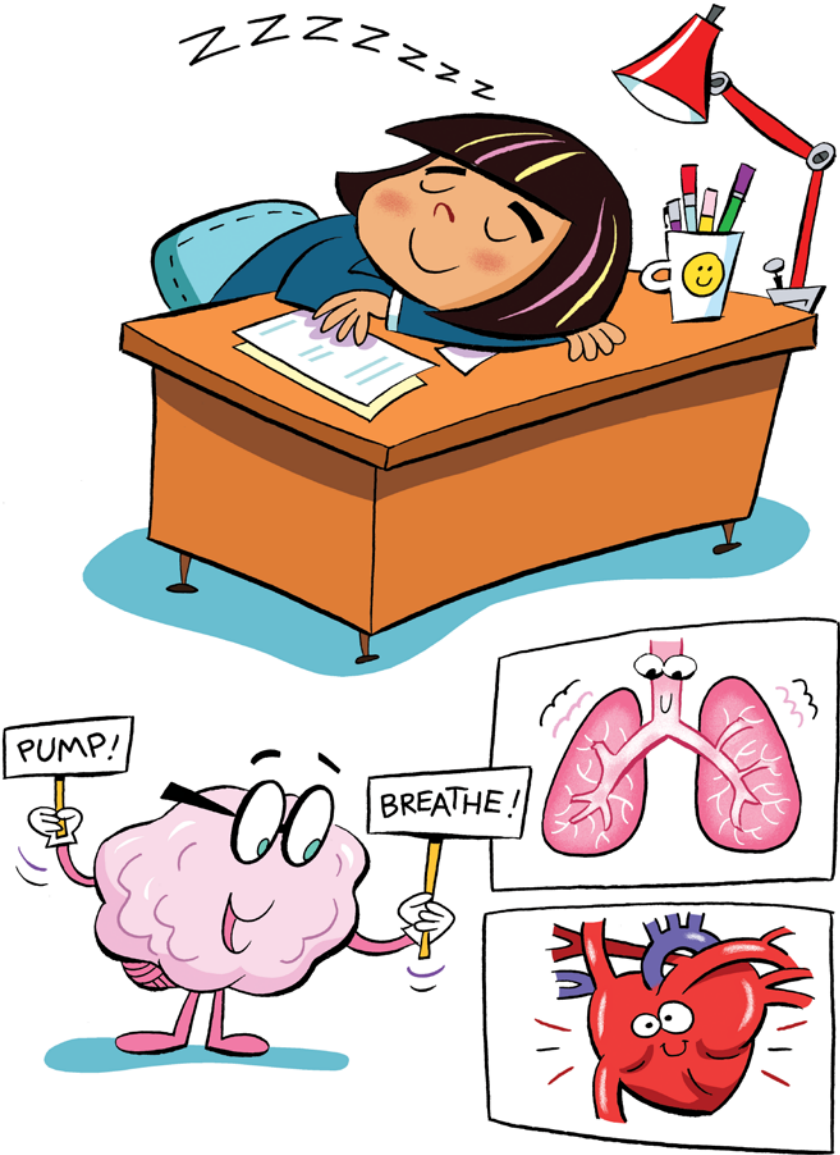
It takes almost no time for me
to feel the tag and start running.
My brain and nerves send
messages to each other very fast.

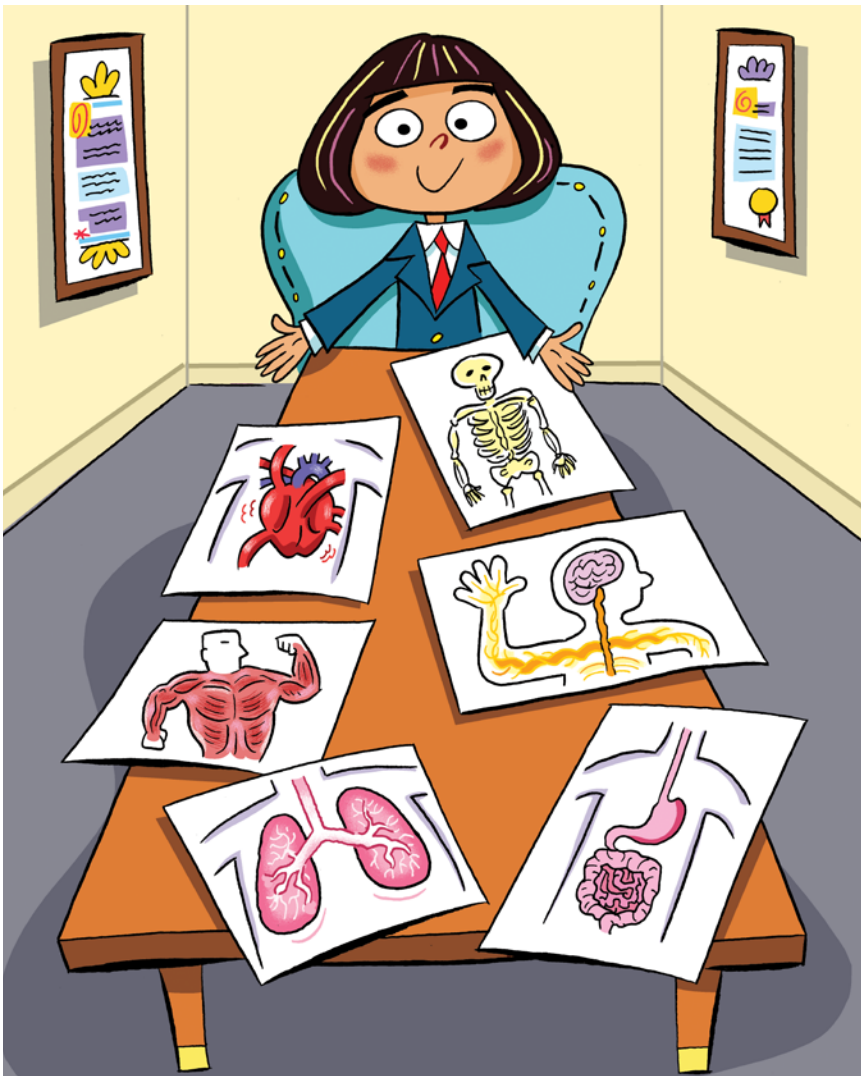


Messages can go up to five times faster than cars on a highway.



My brain works for me all the time.
It works even when I sleep.





My brain is the hardworking boss
of all of my body's systems.
My body couldn't do anything
without it!

Glossary

body systems (n.)	groups of organs in the body that work together (p. 3)
brain (n.)	the organ in a human or other animal's head, used for thinking and controlling the body (p. 3)
messages (n.)	information or signals passed from one person or place to another (p. 7)
nerves (n.)	fibers in the body that carry messages between the brain and other parts of the body (p. 8)
nervous system (n.)	the body system that gathers information from and responds to the senses, and affects thinking and behavior (p. 7)
skull (n.)	the bones that surround the brain and make up the head and face (p. 6)

Words to Know

body systems

nerves

brain

nervous system

messages

skull

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Level I Leveled Book
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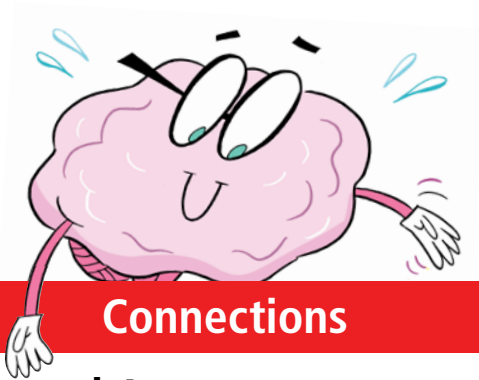
Correlation

LEVEL I	
Fountas & Pinnell	I
Reading Recovery	15-16
DRA	16

My Brain

A Reading A-Z Level I Leveled Book

Word Count: 244



Connections

Writing and Art

Write an article about the brain for a school newspaper.

Include facts from this book and a picture.

Science

Choose an activity you like to do.
How does the brain help you with this activity?

Share your ideas with a partner.

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