

Adam made a chart to help his aunt. What else could he have done to help his aunt eat healthy?

Reading a-z

Create

This book is a work of fiction. How can you tell? What makes the story realistic fiction?

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Analyze

Compare the healthy food choices listed in the book with the nonhealthy ones. What examples could you add to both choices?

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Compare and Contrast

What are the cause-and-effect relationship between making healthy lifestyle choices and living a long life?

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Cause and Effect

Do you think it was the author's intent to persuade you, or to educate her readers about living a healthy life—or both? Explain your answer.

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Evaluate

In what order did the events of the story take place?

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Sequence