Instructions: Before reading, write what you already know and what you want to know about the topic. During or after reading, write what you learned. After reading, write what you still want to know about the topic.

ラフィニーハリスシアくハンハくマンニノーハニー

K: What I Know

W: What I Want to Know

L: What I Learned

S: What I Still Want to Know

Reading A-Z

Instructions: Read each sentence. On the line after each sentence, write an O if the statement is an opinion and write an F if it is a fact.

Name

① Sugar can be almost anywhere!

- (2) Fruits and vegetables contain sugar.
 - (3) Our bodies need sugar for energy.
- (4) Foods taste gross when sugar is removed.
- (5) Eating too much sugar can lead to health problems.
- ⑤ Chocolate cake tastes better than vanilla cake.
- (7) Sweet fruits have no added sugars.
- (8) Sugar is the most delicious food to eat!
- (9) Raisin bran has more sugar than corn flakes.
- (1) Sweetened drinks are the biggest source of added sugar.

Instructions: Choose a synonym and an antonym for each word from the box. Put a check mark by each word after you check your answers in a thesaurus.

delicate	wonderful
rare	decrease
common	quiet
outgoing	swell
dreadful	hard

Synonym	Word	Antonym	Thesaurus
	awful		
	shy		
	shrink		
	tough		
	unique		