

LEVELED BOOK • I

Hibernation

**Multi
level
F•I•M**

Written by Kira Freed

www.readinga-z.com

Hibernation



Written by Kira Freed

www.readinga-z.com



Table of Contents

No Food in Winter	4
What Is Hibernating?.....	5
How Do They Stay Alive?	6
Hibernating Animals	9
Glossary	11
Index	12



No Food in Winter

Many places have cold winters. Some animals in these places have trouble finding food in the winter. Many animals move to warmer places to find food. Other animals hibernate.

Hedgehogs must gain weight to hibernate.



What Is Hibernating?

Hibernating is like a very **sound** sleep. Hibernating animals sleep for many days or weeks at a time. Animals breathe slowly when they hibernate. Their hearts beat slower, and they do not need to eat.

Raccoons collect food.



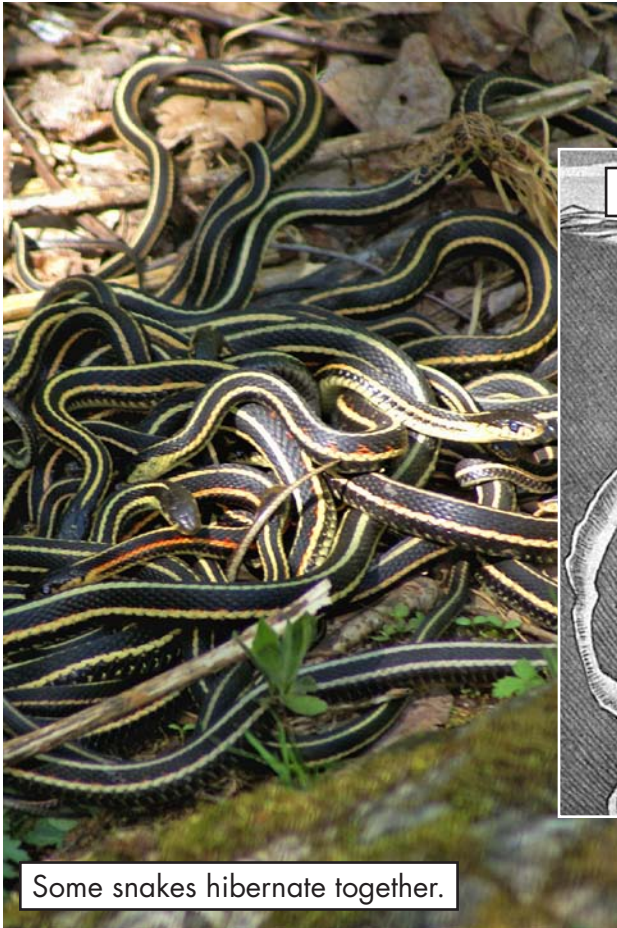
How Do They Stay Alive?

Hibernating animals eat lots of food before winter begins. They store the food in their bodies as fat. Their bodies live off this fat while they sleep.

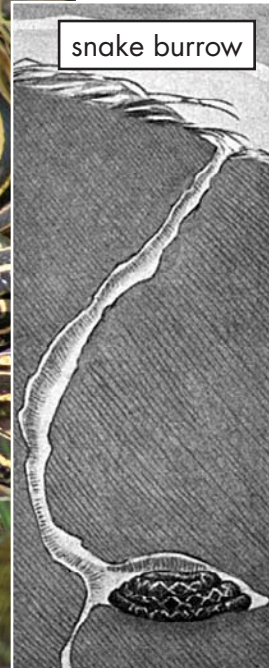
A black bear is safe in its den.



They also need a safe place to sleep.
They need to be safe from the cold.
And they need to be safe from
predators that want to eat them.



Some snakes hibernate together.



Some animals, like bats, hibernate in caves. Hibernating snakes sleep underground in **burrows**. Frogs and turtles sleep in mud at the bottom of ponds.



Hibernating Animals

Groundhogs, chipmunks, and snakes hibernate. Frogs, turtles, and prairie dogs hibernate. Hamsters and hedgehogs hibernate. Even bees and snails hibernate!



A prairie dog wakes up.

Some mice, squirrels, and bats hibernate all winter long. Bears, badgers, and skunks might wake up to eat on a warm day. Then they go back to sleep. In the spring, all the hibernating animals wake up.

Glossary

burrows (<i>n.</i>)	holes in the ground dug by animals (p. 8)
predators (<i>n.</i>)	animals that hunt other animals (p. 7)
sound (<i>adj.</i>)	deep; undisturbed (p. 5)



Index

burrows, 8

caves, 8

food, 4, 6

heart, 5

hibernate(s), 4, 5,
8–10

hibernating, 5, 6,
8–10

predators, 7

sleep, 5–8, 10

spring, 10

winter(s), 4,
6, 10



Photo Credits:

Front cover: © Robert Gill; Papilio/Corbis; back cover: © Kelly Frederick; title page, pages 6, 8 (right), 9 (bottom left, top right), 10, 11, 12 (right): © ArtToday; page 3: © Mark Raycroft/Minden Pictures/National Geographic Stock; page 4: © David B. Jack/www.davidbjack.com; page 5: © Ingo Arndt/Minden Pictures; page 7: © Malcolm McGregor/Dorling Kindersley RF/Getty Images; page 8 (left): © Murielkerr/Dreamstime.com; page 9 (bottom right): Courtesy of U.S. Fish and Wildlife Service; page 9 (top left); © George McCarthy/Corbis; page 12 (left): © Jupiterimages Corporation

Hibernation
Level I Leveled Book
© Learning A–Z
ISBN 978-1-61515-024-0
Written by Kira Freed

All rights reserved.

www.readinga-z.com

Correlation

LEVEL I	
Fountas & Pinnell	I
Reading Recovery	15–16
DRA	16

Hibernation

A Reading A-Z Level I Leveled Book

Word Count: 200




Reading a-z

Visit www.readinga-z.com
for thousands of books and materials.

Grade 1
Book 30