

LEVELED BOOK • F

I Am a Gymnast



Written by Maya Rezende Tsao

AAI

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A young female gymnast with dark hair in a bun, wearing a red leotard with black and white patterns, is hanging from a white horizontal bar with both arms. She is smiling at the camera. The background is a blurred gymnasium.

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Focus Question

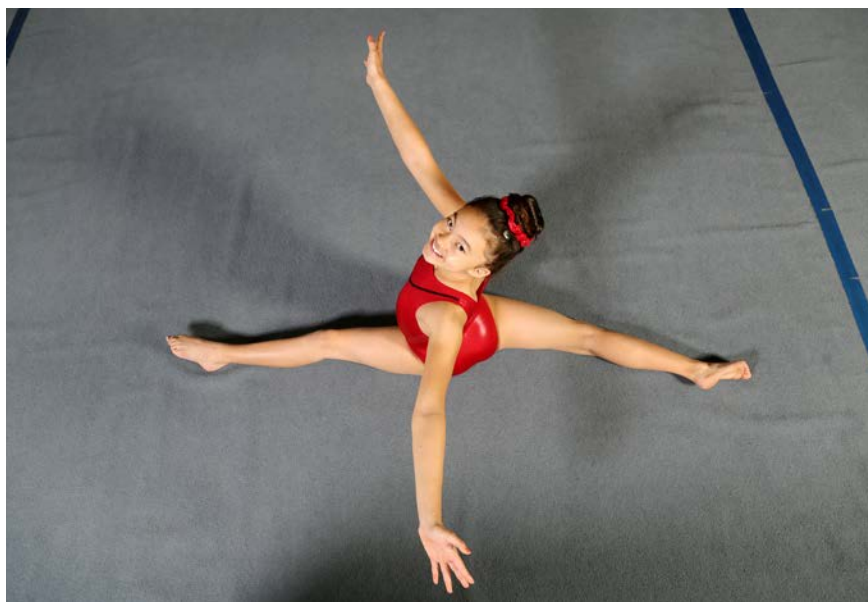
What can a gymnast do?



My name is Maya.
I am twelve years old.
I am a gymnast.



I stretch before doing
gymnastics.
I drink water, too.



I can do a split.
I love doing gymnastics.



I can do a handstand.
I love doing gymnastics.



I can do a backbend.
I love doing gymnastics.



I can balance on the beam.
I love doing gymnastics.



I can flip on the bars.
I love doing gymnastics.



I can jump on the trampoline.
I love doing gymnastics.



I can climb the rope.
I love doing gymnastics.



Gymnastics makes me
happy and strong.
I love doing gymnastics.

Words to Know

balance

split

beam

stretch

gymnast

trampoline

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Correlation

| LEVEL F | |
|-------------------|------|
| Fountas & Pinnell | F |
| Reading Recovery | 9-10 |
| DRA | 10 |

I Am a Gymnast

A Reading A-Z Level F Leveled Book

Word Count: 98

Connections

Writing and Art

Gymnastics makes Maya strong and healthy. What makes you strong and healthy?

Draw a picture and write two or more sentences about it.

Health

Why is it important to stretch and drink water before doing gymnastics?

Share your ideas with a partner.

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