

Name \_\_\_\_\_ Date \_\_\_\_\_

**Instructions:** Read each question carefully and choose the best answer.

1. Which sentence best tells the main idea of this book?
  - Ⓐ People with asthma can do anything that anyone else can.
  - Ⓑ Asthma is a disease that makes it hard for a person to breathe, but it can be controlled.
  - Ⓒ Many things can cause asthma attacks, and these triggers are the same from person to person.
  - Ⓓ Tubes swell and become narrow during an asthma attack.
2. Read this sentence: *Asthma is a **disease** that makes it difficult for a person to breathe.* Which of the following means the same as **disease**?
  - Ⓐ a medicine
  - Ⓑ a doctor
  - Ⓒ an illness
  - Ⓓ a patient
3. Read the following list: *pollen, fumes, mold*. What do these three things have in common?
  - Ⓐ They all can be triggers for an asthma attack.
  - Ⓑ They all cause asthma in adults but not in children.
  - Ⓒ They are things that keep asthma under control.
  - Ⓓ They are things found in an inhaler.
4. In what way are people who have asthma different from people who don't have asthma?
  - Ⓐ They sometimes need to have a healthy lifestyle.
  - Ⓑ They can't climb the world's tallest mountains.
  - Ⓒ They sometimes need medicine to help them breathe.
  - Ⓓ They cannot become famous athletes.

*Quick Check continued on following page*

Name \_\_\_\_\_ Date \_\_\_\_\_

5. Three of the following sentences are supporting details. Which sentence tells the main idea?
  - Ⓐ People meet with their doctor to create an action plan.
  - Ⓑ Most people learn what their triggers are and how to avoid them.
  - Ⓒ People learn how to use their medicine correctly.
  - Ⓓ Most people with asthma learn to control the disease.
6. In what year was the percentage of children with asthma the highest?
  - Ⓐ 2003
  - Ⓑ 2005
  - Ⓒ 2008
  - Ⓓ 2009
7. How is nebulizer different from an inhaler?
  - Ⓐ It delivers a mist of medicine that is breathed in.
  - Ⓑ It helps people control their asthma.
  - Ⓒ It uses power and gives out less medicine.
  - Ⓓ It gives out more medicine over a longer period of time.
8. Which of the following tells what it means to **wheeze**?
  - Ⓐ to make a rattling or whistling sound while breathing as a result of partially blocked air passages
  - Ⓑ to use a device that allows a person to breathe in medicine
  - Ⓒ to show specific signs of illness or injury
  - Ⓓ to swell and become narrow, thus moving less air in and out of the lungs

*Quick Check continued on following page*

Name \_\_\_\_\_ Date \_\_\_\_\_

9. *Smoke, animals, and the flu* are supporting details for which section?

- Ⓐ People with Asthma
- Ⓑ Keeping Asthma Under Control
- Ⓒ The Causes of Attacks
- Ⓓ Living with Asthma

10. What is the effect of using an inhaler?

- Ⓐ The tubes leading to the lungs swell and become narrow.
- Ⓑ Symptoms often return when they become older adults.
- Ⓒ It causes a person with asthma to wheeze or cough.
- Ⓓ Asthma medicine is able to be breathed in.

11. **Extended Response:** Explain at least four things you learned from this book that people with asthma can do to control their disease.

## Quick Check Answer Sheet

## Asthma

*Main Comprehension Skill: Main Idea and Details*

1. Ⓑ *Main Idea and Details*
2. Ⓒ *Vocabulary*
3. Ⓐ *Classify Information*
4. Ⓒ *Compare and Contrast*
5. Ⓓ *Main Idea and Details*
6. Ⓓ *Main Idea and Details*
7. Ⓓ *Compare and Contrast*
8. Ⓐ *Vocabulary*
9. Ⓒ *Main Idea and Details*
10. Ⓓ *Cause and Effect*
11. Answers will vary but should include a list of facts from the book such as the following:  
*meet with their doctor, create an action plan, learn their triggers and how to avoid them, learn how to use their medicine correctly, use inhalers when having an asthma attack, use a nebulizer, stay healthy, exercise, and so on.*