



Quick Check

Lacrosse

Name _____ Date _____

Instructions: Read each question carefully and choose the best answer.

1. How is modern lacrosse different from ancient lacrosse?
 - Ⓐ Modern lacrosse has fewer players on the field during a game.
 - Ⓑ Modern lacrosse has more players on the field during a game.
 - Ⓒ Modern lacrosse uses a bigger playing field.
 - Ⓓ Modern lacrosse uses sticks without nets.
2. Which of the following is a reason that lacrosse wasn't more popular in the United States in the past?
 - Ⓐ Lacrosse was considered too slow for many serious athletes.
 - Ⓑ Lacrosse players had the potential to achieve fame and fortune.
 - Ⓒ Lacrosse was only played by First Nations people.
 - Ⓓ Lacrosse sticks weren't readily available.
3. Which lacrosse player is allowed to touch the ball with his or her hands?
 - Ⓐ attacker
 - Ⓑ defender
 - Ⓒ goalie
 - Ⓓ midfielder
4. Why did many First Nations tribes refer to lacrosse as *the Creator's game*?
 - Ⓐ They believed their Creator invented the game.
 - Ⓑ They wanted their Creator to play in the game.
 - Ⓒ They believed the game pleased their Creator.
 - Ⓓ They believed playing the game made their Creator angry.
5. Which of the following is an example of an **acrobatic** skill?
 - Ⓐ running
 - Ⓑ tumbling
 - Ⓒ swimming
 - Ⓓ sitting

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Quick Check *(continued)*

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6. Extended Response: Why is it important for lacrosse players to wear special equipment? Summarize the equipment needed to play lacrosse and explain its benefit to the players.



1. Ⓐ *Compare and Contrast*
2. Ⓓ *Cause and Effect*
3. Ⓒ *Main Idea and Details*
4. Ⓒ *Cause and Effect*
5. Ⓑ *Vocabulary*
6. Answers will vary, but should include a brief summary of the equipment needed to play lacrosse (*helmet or eye mask, mouth guard, gloves, and so on*) and why that equipment is important (*to keep the lacrosse player safe from injuries during the game*).