

# Robert Anderson

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## OBJECTIVE

Use and acquire knowledge and training to be an effective part of a team.

## EXPERIENCE

### **Head Coach, Crossfit 404, Atlanta, GA 2014-Present**

Lead classes of 5-30 people through various styles of fitness. Have in depth knowledge of a vast amount of athletic movement. Able to communicate what I know effectively to people of different backgrounds and experience levels. Create a strength and conditioning program for a gym with around 250 members.

### **Bar Back, Raising The Bar, Atlanta, GA 2015-Present**

Working in a changing and unknown environment with teams of 2-10 people. In charge of setting up and breaking down multiple types of mobile bar set ups for events around Atlanta. Assist customers and teammates with any and all of their needs before, during, and after events.

### **Owner/Operator, Momentum Gear Georgia, Atlanta, GA 2014-2015**

Set up a store at different gyms and fitness events around Georgia to sell high quality jump ropes and other fitness equipment. In charge of communicating and coordinating with event runners and gym owners. Maintaining stock and processing shipments.

### **Assistant Manager, Sykart, Tigard, OR 2010-2014**

Managing all employee and customer related needs and issues. Maintaining the building and completing renovations and improvements. Main mechanic for keeping the karts in good working order. Able to enforce and maintain safety to the set standards of the business.

## EDUCATION

Portland Community College — Associates Degree in General Studies, 2013

Crossfit Level 2 Certified, 2016

Georgia Tech — Full Stack Web Development Boot Camp, Currently Attending

## SKILLS

Good working knowledge in HTML, CSS, Javascript, JQuery, node.js. Great communicator, logical thinker, good time management, hard working and kind to others.