

Mon	Tue	Wed	Thu	Fri	Sat	Sun	/	/	20
Values							Time Well Spent		
<div></div>							05:00		
<div></div>									
<div></div>							06:00		
<div></div>									
<div></div>							07:00		
Primary Efforts							Alignment		
<div></div>							08:00		
<div></div>									
<div></div>							09:00		
<div></div>									
<div></div>							10:00		
To Do									
<div></div>							11:00		
<div></div>									
<div></div>							12:00		
<div></div>									
<div></div>							13:00		
<div></div>									
<div></div>							14:00		
<div></div>									
<div></div>							15:00		
Gratitude									
<div></div>							16:00		
<div></div>									
What am I avoiding?							17:00		
<div></div>									
A tiny triumph or epic win...							18:00		
<div></div>									
<div></div>							19:00		
<div></div>									
Emotional and values check-in:							20:00		
<div></div>									
<div></div>							21:00		
<div></div>									

Mon	Tue	Wed	Thu	Fri	Sat	Sun	/	/	20
Values							Time Well Spent		
<div></div>							05:00		
<div></div>									
<div></div>							06:00		
<div></div>									
<div></div>							07:00		
Primary Efforts							Alignment		
<div></div>							08:00		
<div></div>									
<div></div>							09:00		
<div></div>									
<div></div>							10:00		
To Do									
<div></div>							11:00		
<div></div>									
<div></div>							12:00		
<div></div>									
<div></div>							13:00		
<div></div>									
<div></div>							14:00		
<div></div>									
<div></div>							15:00		
Gratitude									
<div></div>							16:00		
<div></div>									
What am I avoiding?							17:00		
<div></div>									
A tiny triumph or epic win...							18:00		
<div></div>									
<div></div>							19:00		
<div></div>									
Emotional and values check-in:							20:00		
<div></div>									
<div></div>							21:00		
<div></div>									