

Mon	Tue	Wed	Thu	Fri	Sat	Sun	/	/	20
Values				Time Well Spent					
				05:00					
				06:00					
				07:00					
Primary Efforts				Alignment					
				08:00					
				09:00					
				10:00					
To Do									
				11:00					
				12:00					
				13:00					
				14:00					
				15:00					
Gratitude									
				16:00					
What am I learning about myself?				17:00					
				18:00					
One achievement I take pride in:									
				19:00					
				20:00					
				21:00					

Mon	Tue	Wed	Thu	Fri	Sat	Sun	/	/	20
Values				Time Well Spent					
				05:00					
				06:00					
				07:00					
Primary Efforts				Alignment					
				08:00					
				09:00					
				10:00					
To Do									
				11:00					
				12:00					
				13:00					
				14:00					
				15:00					
Gratitude									
				16:00					
What am I learning about myself?				17:00					
				18:00					
One achievement I take pride in:									
				19:00					
				20:00					
				21:00					