

Week #      Prep      |      Start:      /      / 20

Goal 1

Goal 2

<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
-------------------	-------------------

Goal 3

Goal 4

<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
-------------------	-------------------

Visualize Your Week

Sketch a visual of your expectations for the week.

How can I find the most fulfillment in these areas?

Health

Connections

<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
-------------------	-------------------

Enjoyment

Job

<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
-------------------	-------------------

In the coming week, I'm eager to experience:

<hr/> <hr/> <hr/>
-------------------

Week #      Prep      |      Start:      /      / 20

Goal 1

Goal 2

<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
-------------------	-------------------

Goal 3

Goal 4

<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
-------------------	-------------------

Visualize Your Week

Sketch a visual of your expectations for the week.

How can I find the most fulfillment in these areas?

Health

Connections

<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
-------------------	-------------------

Enjoyment

Job

<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
-------------------	-------------------

In the coming week, I'm eager to experience:

<hr/> <hr/> <hr/>
-------------------