Mon Tue Wed Thu Fri Sat Sun / / 20

Values

Time Well Spent

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

Primary Efforts Alignment

To Do

Gratitude

What can I let go of?

A tiny triumph or epic win...

Emotional and values check-in:

Quote4