Mon Tue Wed	Thu F	ri	Sat	Sun		/	/	20
Values						Time Well Spent		
						05:00		
						06:00		
Primary Efforts	Al	ignme	ent			07:00		
						08:00		
						09:00		
To Do						10:00		
						11:00		
						12:00		
						13:00		
						14:00		
						45.00		
Gratitude						15:00		
						16:00		
Where can I invi	te more e	ase	into m	y life?		17.00		
						17:00		
					=	18:00		
One achievement	I take pr	ide	in:					
						19:00		
In the last 24 h	OUFS							
						20:00		
						21:00		

It's not always that we need to do more, but rather that we need to focus on less Nathan W. Morris