on Tue Wed Thu Fri Sat Sun	/ / 20
alues	Time Well Spent
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imary Efforts Alignment	07:00
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DO DO	10:00
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ratitude	15:00
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ow can I embrace discomfort and grow today?	17:00
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ne achievement I take pride in:	18:00
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n the last 24 hours	20:00
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Mon Tue Wed Thu Fri Sat Sun	/ / 20
Values	Time Well Spent
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	07:00
Primary Efforts Alignment	
	08:00
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To Do	10:00
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Gratitude	15:00
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How can I embrace discomfort and grow today?	17:00
	17.00
One achievement I take pride in:	18:00
	19:00
In the last 24 hours	20:00
	21:00