

Mon Tue Wed Thu Fri Sat Sun / / 20

Primary Efforts

Time Well Spent

05:00

06:00

07:00

☐ Vision ☐ Goals ☐ Calendar ☐ Habit

Today I will pay most attention to:

08:00

09:00

To Do

10:00

11:00

12:00

13:00

14:00

Gratitude

15:00

Where can I invite more ease into my life?

16:00

17:00

One achievement I take pride in:

18:00

19:00

In the last 24 hours...

20:00

21:00

It's not always that we need to do more, but rather that we need to focus on less. - Nathan W. Morris