on Tue Wed Thu Fri Sat Sun	/ / 20
alues	Time Well Spent
	05:00
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rimary Efforts Alignment	07:00
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o Do	10:00
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ratitude	15:00
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hat roadblock do I need to address?	] ———
	17:00
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tiny triumph or epic win	18:00
	19:00
motional and values check-in:	] ———
	20:00
	21:00

Mon	Tue	Wed	Thu	Fri	Sat	Sun	/	/	20
Values							Time	Well	Spent
							05:00		
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Primary	Effort	:S	ı	Alignm	ent				
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What r	oadbl	ock do	I need	to a	ddress	5?	17:00		
A tiny	triu	mph or	epic w	in			18:00		
							 19:00		
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							 21:00		