

The most important thing in life is to learn how to give out love, and to let it come in. — Morrie Schwartz

This image shows a full page of handwriting practice paper. It features ten identical sets of horizontal guidelines arranged vertically. Each set includes three lines: a solid top line, a dashed middle line, and a solid bottom line. These lines are designed to help learners practice consistent letter height and placement. The paper is otherwise blank, with no text or other markings.

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[illegible]