on Tue Wed Thu Fri Sat Sun	/ / 20
alues	Time Well Spent
	05:00
	06:00
	07.00
imary Efforts Alignment	07:00
	- 08:00
	_
	09:00
	10.00
Do Do	10:00
	11:00
	12:00
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	14:00
	-
ratitude	15:00
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nat am I avoiding?	17:00
ne achievement I take pride in:	18:00
	19:00
n the last 24 hours	20.00
	20:00

Mon	Tue	Wed	Thu	Fri	Sat	Sun		/	/	20
Value	S							Time	Well	Spent
								05:00		
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Primar	y Effort	:S	A	Alignm	ent			01100		
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To Do								10.00		
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What	am I a	voiding	g?					17.00		
								17:00		
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One a	chieve	ment I	take p	ride	in:					
								19:00		
In th	e last	24 hou	Jrs							
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