Non Tue Wed Thu Fri Sat Sun	/ / 20
alues	Time Well Spent
	05:00
	06:00
rimary Efforts Alignment	07:00
	08:00
	09:00
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o Do	10:00
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	12:00
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ratitude	15:00
	16:00
hat would make today feel meaningful?	17:00
ne achievement I take pride in:	18:00
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	19:00
n the last 24 hours	
	20:00
	21:00

Mon Tue Wed Thu Fri Sat Sun	/ / 20
Values	Time Well Spent
	05:00
	06:00
	07:00
Primary Efforts Alignment	
	08:00
	09:00
	10:00
То Do	
	11:00
	12:00
	13:00
	14:00
	45.00
Gratitude	15:00
	16:00
What would make today feel meaningful?	17:00
One achievement I take pride in:	18:00
	19:00
In the last 24 hours	20:00
	21:00