Mon Tue Wed Thu Fri Sat Sun	/ / 20
Values	Time Well Spent
	06:00
	<u>07:00</u>
Primary Efforts Alignment	
	08:00
	09:00
	10:00
To Do	
	11:00
	12:00
	13:00
	15.00
	14:00
Gratitude	15:00
Gratitude	16.00
	16:00
Where can I invite more ease?	17:00
	18:00
A tiny triumph or epic win	
	19:00
Emotional and values check-in:	20:00
	21:00
	21.00

Quote0
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