Mon Tue Wed Thu Fri Sat Sun	/ / 20
Values	Time Well Spent
	05:00
	06:00
Primary Efforts Alignment	<u>07:00</u>
	<u>08:00</u>
	09:00
To Do	10:00
	11:00
	12:00
	13:00
	14:00
	14.00
Gratitude	15:00
	16:00
What am I avoiding?	17:00
One achievement I take pride in:	18:00
	19:00
In the last 24 hours	20:00
	21:00