Mon	Tue	Wed	Thu	Fri	Sat	Sun	/	/ 20
Values	5						Time	Well Spent
							05:00	
							. 06:00	
Primary	/ Effort	ts	ı	Alignm	ent		07:00	
							08:00	
							09:00	
							<del></del> —	
To Do							10:00	
							11.00	
							11:00	
							12:00	
							13:00	
							·· <u>14:00</u>	
Gratitu	de						15:00	
							16:00	
							<del>-</del>	
What o	an I	let go	of?				17:00	
One ac	hieve	ment I	take p	oride	in:		18:00	
							10.00	
							19:00	
In the	e last	24 hou	Irs				20:00	
							21:00	

Mon Tue Wed Thu Fri Sat Sun	/ / 20
Values	Time Well Spent
	05:00
	06:00
	07:00
Primary Efforts Alignment	
	08:00
	09:00
То Do	10:00
	11:00
	12:00
	43.00
	13:00
	14:00
Gratitude	15:00
	16:00
What can I let go of?	17:00
One achievement I take pride in:	18:00
	19:00
In the last 24 hours	
In the tost 24 hours	20:00
	21:00