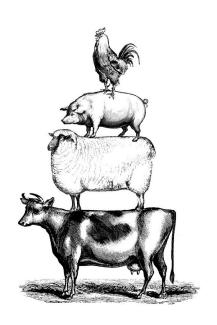


# Drumlin Farm Day Camp



### Camp Handbook 2011

**Drumlin Farm Wildlife Sanctuary** 

208 South Great Road, Lincoln, MA 01773 781-259-2244 -- Fax: 781-259-2423

Email: drumlinfarmcamp@massaudubon.org

As the summer approaches, the information in this pamphlet will help to prepare you and your child for a safe and fun camp experience.

Please read it Carefully and Keep it handy.



### CAMP DATES

Thank you for selecting Drumlin Farm Summer Camp for your child!

Please check that the sessions and dates listed on your confirmation letter are correct.

Remember to keep your confirmation letter/receipt for work or tax purposes.

One- Week Camps		Two- Week Nature Camps	
Farm Mania I	June 20-24	Session 1	June 27- July 8
Farm Mania II	August 8-12	Session 2	July 11 – 22
Animal Apprentices I	June 20-24	Session 3	July 25 – August 5
Animal Apprentices II	August 8-12	Session 4 (1 week)	August 8-12 (EK, Apprentices & Adventurers)
Conservation Leadership	July 25-29		
Avian Adventurers	August 15-19		

Mini-Camps at Drumlin Farm		Assabet River	Mini-camps at Assabet River National Wildlife Refuge	
Rock Hard	June 28-30			
High Flyers	July 5-7	Nature Discovery	July 5-7	
Wild Wetlands	July 12-14	Nature Exploration	July 12-14	
Energy	July 19-21	Junior Naturalists	July 19-21	
Nature Art	July 26-28	Pond On!	July 26-28	
Garden Gourmets	August 2-4	<b>Nature Crafters</b>	August 2-4	
<b>Fabulous Forests</b>	August 9-11	<b>Nature Discovery</b>	August 9-11	

<b>Family Nights</b>		<b>Open Houses</b>	
Session 1	July 5 <sup>th</sup> 6:00 – 7:30 pm	Drumlin Farm	June 16 <sup>th</sup> 4:00 – 6:00 pm
Session 2	July 18 <sup>th</sup> 6:00 – 7:30 pm	Assabet River National Wildlife Refuge	June 28 <sup>th</sup> 5:00- 7:00 pm
Session 3	August 1 <sup>st</sup> 6:00 – 7:30 pm		

#### A Friendly Reminder:

### May 1st

Camp forms & Payment balances are due!

A \$20 late fee per camper will be charged for late forms.

Camp forms will NOT be accepted on the first day of camp.



### Welcome to Drumlin Farm Camp!

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At Mass Audubon's Drumlin Farm Day Camp, we strive to offer high quality learning experiences to all of our campers—experiences they will enjoy and remember for a very long time. However, we can't meet this goal without the cooperation of all our campers and their families, so we invite you to enter into a partnership with us to ensure that every child has the best possible learning adventure while attending our summer day camp program.

#### We pledge to provide:

- A safe and healthy environment for your child
- A high quality educational program
- o A staff firmly committed to providing a positive camp experience for every camper
- o A community spirit which helps every child feel included and cared about

#### <u>In return, we expect the following from our parents and campers:</u>

- Cooperation with our stated and written policies
- Attention to the daily needs of your child in preparing him/her to come to camp (dressed in the appropriate clothing and with a water bottle and nutritious snack and/or lunch)
- o Commitment to the well-being of the entire camp community (such as keeping an unwell, fevered or over-tired child at home)
- Willingness to act in concert with camp staff to maintain or restore appropriate behavior and courtesy

#### **CAMP EXPERIENCE:**

Drumlin Farm Summer Camp provides an ideal atmosphere for children and teens to learn firsthand about the natural world while making friends and having fun. Programs take place on our wildlife sanctuary and working farm. Campers engage in outdoor exploration activities and work closely with farm animals. Due to the outdoor and exploratory nature of our camp program, campers should be prepared to move about on uneven terrain. If, at any time, you have a question or concern about our day camp program or your child's ability to participate fully in our camp program, we ask you to please speak with your child's counselor or Becky Gilles, the Camp Director at 781-259-2223. No question or concern is too small for you to bring to our attention.

#### **BEHAVIOR EXPECTATIONS:**

At Drumlin Farm we strive to create a safe community where individual differences are valued, where campers and staff can accept new challenges, and where everyone can have fun. Please review the behavior expectations with your child (at the end of this packet) and return the signed agreement to Drumlin Farm.

#### POLICIES REMINDER



#### **REFUND & CANCELLATION**

No refunds or transfer of funds will be given for dismissal or incomplete attendance (including sick days). All cancellation or session change requests must be submitted in writing. Refunds do not include the non-refundable deposit. **No refunds will be issued after May 1.** 

#### **DISMISSALS**

The camp director reserves the right to dismiss a camper when in her judgment the camper's behavior interferes with the rights of others, the smooth functioning of the group or activity, or violates the camp's principles of conduct. In such cases no refunds will be given.

<u>CARPOOL:</u> Carpools are extremely successful! To add yourself to the list, give us a call or send an email to let us know to add you to the list and your information will be shared with other interested families. Carpool lists will be emailed in May.

#### **MEDICAL INFORMATION**

Under Massachusetts state law, all campers must have a health form on file before attending camp. This includes a physical examination and immunization record signed by their physician within the 24 months prior to camp attendance. Authorization forms are also required for the administration of prescription and over-the-counter medications. Health forms will be sent to you upon registration.

#### **BUDDY REQUESTS**

We try to accommodate each campers request to be with friends; however, our main concern is to provide a well-balanced group experience for everyone. Please indicate on your registration form if your child would like to be placed with a friend in the **same grade**. One request per camper is honored when possible, and both campers must request each other. While we are typically able to honor these requests, we make no guarantees. All friend requests must be done at least **ONE WEEK PRIOR** to the first day of camp.

#### FINANCIAL ASSISTANCE

Each year Drumlin Farm provides financial assistance to campers based on demonstrated economic need and available funds. Financial assistance is limited to one session per child. If you would like an application or more information, please contact the camp office at drumlinfarmcamp@massaudubon.org or 781-259-2244.

#### **QUESTIONS- CONCERNS**

If you have any questions or concerns regarding camp or your child's attendance at camp, please contact the Camp Director, Becky Gilles at 781-259-2223 or bgilles@massaudubon.org.

In compliance with Department of Public Health Notification Requirements 105 CMR 430.109: This camp complies with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. You may request copies of Drumlin Farm Day Camp's background check, health care, and discipline policies as well as procedures for filing grievances.

#### PREPARING YOUR CHILD FOR CAMP



Please take a few minutes to prepare your child for his/her participation in our camp program. Here are a few things to share:

- Each group will have a separate meeting area with a cubbie to place their things, so they won't have to carry around everything they bring to camp. They may leave swimsuits etc in the cubbie overnight.
- Each child will be expected to be courteous and respectful of others, as well as to follow our rules (like always staying together). We will also talk to each camp group about this on the first day of camp.
- > On the first morning, we will be showing the children where the bathrooms are, where they can put their things, and where they will be picked up when their camp day is over.
- > Please show your son/daughter how to apply his/her own sunscreen and bug repellent. We will reapply sunscreen at lunch each day.
- > Encourage your child to go to bed early—a good night's rest is absolutely essential to having a good day at camp!
- Make sure your child understands that he/she cannot bring things like knives, matches, firearms/ammunition, or other potentially dangerous items to camp. *The possession or use of tobacco, alcohol, drugs, and weapons is prohibited.*
- > Remind your child that his/her teachers are really nice people who love children and can't wait to share the world of nature, and that they welcome any and all questions that your child might have!
- Please put your child's name on everything they bring to camp!

#### July 4th

Yes we are open on July 4<sup>th</sup>! We have a puppet parade and carnival for our Independence Day festivities. Please let the camp office know if your child will not attend camp.

#### **PEANUT ALLERGIES PLEASE NOTE:**

The animal grain that is used at Drumlin Farm, although it has no peanut contents, is manufactured at a facility that produces birdseed that contains peanuts.

We have never had an allergic incident from this feed, but we feel it is our responsibility to let you know that Drumlin Farm and the grain manufacturers cannot guarantee that the feed is completely peanut-free.

For parents of children with a severe peanut allergy, you will receive a separate form about the grain for you to read, sign, and return prior to your camper's session.

#### WHAT TO BRING TO CAMP



### Please label every item your Child brings to Camp!!

#### Daily Needs:

- **Water Bottle** (refillable & labeled with child's name)
- **Snack** please put items in reusable containers
- **Lunch** (no lunch needed for half day prek-k). We do not refrigerate lunches.
- **Backpack** (labeled with child's name)
- Hat
- **Sunscreen** (labeled with child's name)
- **Insect repellent** (no aerosol sprays please)
- **Raincoat** (labeled with child's name)
- Sweater or sweatshirt for cool days
- Sunglasses (optional)

#### What to store in cubbies:

- Extra set of clothes shoes and socks.
- Bathing suit, towel and water shoes for sprinkler time on hot days

Each camper will have a storage space at camp for storing his or her personal items.

#### What NOT to bring:

- Electronic devices, cell phones, walkie talkies, ipods.
- Collectable cards
- Personal treasures and/or expensive items
- Matches, firearms/ammunition
- Knives or weapons of any kind (including toy weapons)
- o Tobacco products, alcohol, illegal drugs

Mass Audubon is not responsible for lost, stolen or damaged items brought from home.

#### WHAT TO WEAR TO CAMP

#### Clothes

We recommend that campers wear comfortable, rugged clothes and shoes that can get muddy, mucky or grass & dirt stained.

#### **Shoes**

### WE HAVE FARM ANIMALS and they produce manure!!!!!

**Closed-toe shoes and socks are REQUIRED for safety** (e.g. No sandals, crocs or keen shoes or shoes with holes).

Children work with farm animals; walk in their stalls and in the fields and around the Drumlin Farm Property. Because of this we require that shoes be closed (meaning no holes) around the foot for safety and sanitary purposes.

Children will NOT be able to participate in activities at camp if they are wearing improper shoes.

Sandals are NOT allowed at Drumlin Farm.

#### The First Day of Camp



Parents/Guardians, we request that you please attend check in WITH your camper on the first day of camp at 8:30 am. This ensures that your camper is comfortable coming to camp and gives you an opportunity to meet the staff. (Thereafter, we encourage carpooling).

On the <u>first day</u> of camp please park your vehicle in the Nature Center parking lot and walk down the driveway toward the Education Center parking lot.

- You will line up and be greeted by Camp Administrators who will guide you where to go.
- ➤ Next, you will proceed to your camper's group meeting place to check in with his or her counselors and meet fellow campers. The counselors will then give you information about your child's camp group, program schedule and necessary logistics.
- ➤ If you are dropping off medications please see the Heath Care Coordinator at the camp office.
- > Say goodbye to your camper and casually walk back to your car. Have a nice day!
- If your paperwork is not in order you and your child will be asked to go to the camp office and your child may not be able to attend the first day of camp. It is very disruptive to your child to have to check in late.
- > After the first morning, campers will be picked up and dropped off at their group meeting place each day (please see drop off and pick up sheet for locations).
- ➤ Please plan on a 10-15 extra minutes for this first day of camp drop off.

#### **Parking Lot Goodbyes**

- > It is best to simply say goodbye to your child and proceed to your next destination. Hanging around the camp group can be difficult for your child and for others who also miss their parents.
- > We understand the first day of camp can be tough for some children and saying goodbye to their parent/ guardian may be difficult.
- Please discuss with the counselors how they can assist you and your child with morning goodbyes so that everyone is comfortable and emotionally safe.

#### **DOGS & PETS**

We at Drumlin Farm love animals; however, *domestic animals are not allowed at Mass Audubon sites* or at Drumlin Farm because we are a wildlife sanctuary.

Please leave your pets at home or in the car during drop off and pick up times and please do not walk your pets in the parking areas.

Did you remember your child's backpack, lunch, & water bottle?

#### DAILY NUTS & BOLTS



#### **ABSENT**

If your child is unable to attend camp for any reason, please call the camp office at (781) 259-2244. Please leave a message with the child's name, program, and reason for absence.

#### **AFTER-CAMP**

Pick up for After-campers is at the **Nature Center** in the back room. At 3:00 the counselors will bring after-camp children to the Nature Center. They will have a variety of activities to choose from each day including: farm chores, hikes, games, crafts, cooking and more. After-camp children will also be provided with a snack.

If you know you need to pick your after-camp camper up at a specific time, **please inform the office** so they may communicate that to the after-camp staff. The after-camp staff will then have your child ready at the nature center for your desired pick-up time. **Pick up is by 5:45 pm**, if you are running late because of traffic, car problems etc, please call the camp office at 781-259-2244.

#### **BIRTHDAYS AT CAMP**

We encourage each unit group to celebrate campers' birthdays in their own style.

Parents are welcome to provide birthday treats, but are reminded that they MUST check with the Health Care Supervisor at least 2 days prior to sending any food to camp in order to accommodate any food related allergies in the camp group.

**We recommend fruit juice popsicles** (with no food coloring dyes) as the perfect camp day birthday snack and would be happy to store the popsicles in the freezer in the camp office. Please call 781-259-2244 or stop by the camp office to inquire about birthday treats.

#### **BUGS**

Insects are a part of the great outdoors. To make your child's camp experience more comfortable, we request that you **apply insect repellant to your child, prior to arriving at camp,** and pack insect repellant in his/her backpack. Counselors will assist campers in reapplying insect repellant at **lunchtime and during/after sprinkler time**. We also recommend that campers can take precautions such as wearing long pants, socks and long sleeve shirts when appropriate. (During field and forest activities)

#### TICKS

We do live in New England and ticks are everywhere, even in your backyard. **Every night, please take a few moments to check your child for ticks**. An excellent time is at bath time or just before bed – especially check behind the knees, underwear lines, underarms, and on the back of the neck (near hairline). A thorough daily check at home is what we recommend.

• If you would like more information about ticks and Lyme disease, please visit the Department of Public Health website at <a href="https://www.mass.gov/dph/cdc/factsheets/factsheets.htm">www.mass.gov/dph/cdc/factsheets/factsheets.htm</a>

#### **BUNK 1**

Each day we take pictures of camp life and post them on the Bunk1 website. Bunk 1 is a secure password protected website and it's free for you and your family to use. If you have indicated that you do not want photos of your child taken, you will not find any photos of your child on the site. See detailed directions at the end of this packet. We do not guarantee that a picture of your child will be posted everyday.

#### **DAILY SCHEDULES**

It is hard to define a daily schedule at Drumlin Farm because every day is different. There is a theme to each day (cow, pig, chicken, garden, forest, pond etc) as outlined in your camper's itinerary given to you on the first

day of camp. The day's activities are planned to accompany the daily theme (ex: on cow day the campers way milk a cow and make butter or ice cream). The average day will include: story time for younger kids, craft time, active games and activities specific to the theme of the day.

All camp gatherings happen three times a week and are a time for our camp community to come together to get to know one another and to sing songs.

Schedules will be emailed to you the week prior to camp and handed out on the first day of camp.

#### **FAMILY NIGHT**

Two-week Nature camp families are invited to a Family Night Open House at Drumlin Farm. Family night allows campers to show off "CAMP" to their families and friends. Meet the camp staff, tour the farm and see some of the activities and projects that your child has been involved with while at camp. This is an ideal time to tour the farm because it will be open exclusively for camp families.

All families & friends are welcome to picnic on the Drumlin Farm grounds prior to the open house on the hill lawn that heads down towards the farmyard. Bring a blanket or tarp to sit on and relax and enjoy the show.

The evening's festivities will begin at 6:00 pm with skits and songs from the campers; from 6:45 - 7:30 pm families will be able to tour the farm and meet the camp staff. Please note skits begin with the youngest campers at 6 pm first; we go in order from Seekers to Apprentices. See page 2 for Family night dates.

#### **FOOD ALLERGIES**

Please let the camp know if your child has any food allergies. Because of food allergies campers are not allowed to share lunches. Many of our camp days include cooking and eating healthy foods from the farm; if your child has a food allergy please see the health care supervisor to discuss how your child can be accommodated.

#### **LOST & FOUND**

The camp lost and found box is located in the camp office, which is in the education building. There is a public lost and found in the Nature Center at the admissions window. If your child is missing something please check their camp program site as well as the lost and found boxes. Drumlin Farm will keep lost and found items until mid-September, and then we will donate any unclaimed articles to families in need.

Please label all of your child's belongings!

#### **LUNCHES & SNACKS**

We encourage all campers, families, and staff to "Think & Act Green!

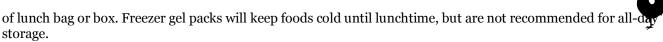
This starts at home with you! Please pack food in reusable containers as much as possible and bring a reusable water bottle.



We <u>DO NOT</u> refrigerate lunches, so please pack non-perishable food and follow the guidelines below for safe lunches.

#### Quick Tips to Packing a Safe School Lunch

- Be sure to keep hot foods such as soup, chili or stew hot by using an insulated bottle. Fill the bottle with boiling water and let it stand for a few minutes. Empty the bottle and then fill it with piping hot food. Keep the bottle closed until lunchtime. Campers will not have an option to reheat food at lunchtime.
- Insulated, soft-sided lunch totes are best for keeping perishable food cold, but metal or plastic lunch boxes and
  paper bags can also be used. If using paper lunch bags, create layers by double bagging to help insulate the food. A
  cold source, such as a small frozen gel pack or frozen juice box, should be packed with perishable food in any type



- Try freezing single-sized juice packs or water bottles overnight and placing the frozen drink in your child's lunch. The frozen drink will keep the lunch cold.
- If you make sandwiches the night before, keep them in the refrigerator until packing up to go in the morning.

For more information on keeping food safe please visit: <a href="www.foodsafety.gov">www.foodsafety.gov</a> or Pack a Safe Lunch 101 at <a href="http://www.fightbac.org/safe-food-handling/safety-in-all-seasons/129-bac-to-school-pack-a-safe-lunch-101-pack-a-safe-lu

Drumlin farm will provide a lunch for any camper who forgets theirs; typically campers can expect a lunch of a piece of fruit, string cheese, a nut butter, soy butter or jelly sandwich, crackers and a granola bar. We do offer gluten and nut free alternatives.

#### PICK UP / DROP OFF

#### **EARLY PICK-UP**

We do hope that your child can spend the full day with us; however, we do recognize that special circumstances can arise. In the event that you need to pick up your camper early, please let the camp office know what time and we will try to have your child waiting in the camp office.

Remember to bring your ID to sign your child out at the camp office.

Arrangements for early pick up should be made through the Camp Office at (781) 259-2244.

#### LATE PICK UP

If you will be late to pick-up, please call the Camp Office to let us know at 781-259-2244.

**Parents arriving after 3:15 pm** will find their children with the after-camp program in the Nature Center (admissions building) and will be charged the \$20.00 after-camp daily fee.

Please make careful note the pick-up time is 3:00-3:15 PM. Staff are not available to supervise campers after 3:15 pm (unless registered in after-camp).

• If you will be late for After-camp pick-up please call the camp office.

#### LATE DROP OFF

Please bring your camper to the camp office to sign in and we will radio their counselors for pick-up.

#### RAINY DAY PICK UP

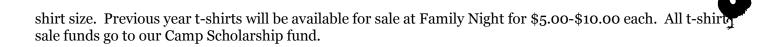
In the event of heavy rain or thunderstorms we will conduct an indoor pick-up. Please read **posted signs on message boards** when you drive into Drumlin Farm for directions on where to find your child's group (they may be in the nature center, pond house, turkey house, or another indoor location).

Remain in your car if lightning is present. The campers are safe in our buildings until the weather clears and we prefer you stay safe in your car.

#### **T-SHIRTS**

Every camper will receive a Drumlin Farm Day Camp t-shirt. These shirts may be worn to camp, but are not required. We are very proud to support TS Designs out of North Carolina; they strive to be as environmentally friendly and sustainable as possible. Please take a look at their eco-friendly practices at www.tsdesigns.com.

We place our shirt size order based on what you ordered. **Please order the correct or larger size** shirt when registering for camp; we cannot guarantee that we have enough in stock to exchange an incorrect ordered



#### **WEATHER**

Campers will spend time in the outdoors, rain or shine. Please be sure to send sunscreen and a hat with your child every day. We also request that you **apply sunscreen to your child, prior to arriving at camp**. Counselors will assist campers in reapplying sunscreen at <u>lunchtime and during/after sprinkler time</u>.

#### **HOT DAYS & SUN**

On hot days, campers may visit the sprinkler, so please include a bathing suit, towel, and water shoes. We do try to keep children out of direct sunlight as much as possible. To keep children cool many of our activities occur inside barns, classrooms and under the shade of the forest canopy. Campers are encouraged to wear a hat (to help keep them cooler and to protect their skin and eyes). **Drinking water is important; please remember to send a water bottle every day!** Sunscreen will be re-applied at lunch time.

#### **COOL DAYS**

Please send your camper with warm clothes and a raincoat for cool, rainy days. During thunder or lightning all campers and activities move to safe and secure indoor location around the farm. If it is raining at pickup time, please follow Rainy Day Pick Up procedures.

#### **OVERNIGHTS AND OFF-SITE TRIPS**

#### **Earthkeepers and Apprentices**

There is an overnight at Drumlin Farm on the last Thursday of each session. An afternoon snack, dinner, evening snack and breakfast Friday morning will be served to them. Because of the overnight, Earthkeepers and Apprentices camp session will end at 9:00 am on Friday morning. Pick up is 9:00 am.

There is no camp on the second Friday of the session.

Please speak with the Health Care supervisor regarding any food allergies, medications or health concerns during overnights. An administrative camp staff member or health supervisor will be on site during the overnights.

**The overnight is optional** and if your child chooses not to spend the night they can be picked up at the usual pickup time of 3:00 pm or after dinner and **no later** than 8:00 pm. A later pick-up is very disruptive to the rest of the camp group that is preparing to settle down for the evening.

Campers will share a tent with 2-5 other same-gender campers, depending on tent size. Counselors will stay in a counselor tent next to the camper tent. Earthkeepers will camp on top of the Drumlin; Apprentices will camp at the overlook site by Boyce Field. In the event of foul weather campers and staff will sleep indoors in the Nature Center or Pond House.

Meals will be cooked over the fire or on a camp stove. A menu will be sent out to parents in the beginning of the week. Basic overnight meals are burritos with rice, beans, chicken, with cheese, roasted veggies, hot dogs, burgers, potatoes, salads and other fresh produce from the farm. We can easily accommodate vegetarian meals. If your child has food allergies please speak with the health care supervisor.



#### **Adventurers**

This program features day trips, as well as an off-site overnight camping trip the second week of the program. Adventurers will leave for their trip on Tuesday morning and return on Friday afternoon. Campers are picked up at their regular camp time (3:00 pm) on Friday afternoon.

Campers can expect to car camp at state or national parks or Mass Audubon Wildlife sanctuaries. Campsite locations have toilets, and most have running water. Campers will be able to shower or swim during the trips.

Campers will share a tent with 1-3 other same-gender campers, depending on tent size. Counselors will stay in a counselor tent next to the camper tent.

Campers attending the White Mountains trip (Session 2) will share huts with general

Campers will be transported in a 12 passenger van driven by qualified staff members age 21 or older. Seat belts must be worn at all times. Vans do not tow trailers. Luggage space is limited. Please pack lightly in soft-sided bags that can be squeezed under and behind seats.

<u>Meals</u>-Throughout the trip, food that is simple and easy to prepare is cooked on a camp stove or over a campfire. Vegetarians/ vegans can be easily accommodated, but please thoroughly explain any special food needs on the camp health form, as well contact the Camp Director prior to your campers trip. If a trip participant will need special foods, please bring those foods with you to camp inside a sealable container.

An equipment list, trip itinerary and information session will be provided in early June. Please speak with the Health Care supervisor regarding any medications or health concerns during overnights.

Trip staffs have Wilderness First Aid, CPR and other appropriate certifications such as Lifeguarding, Canoe Certification and others. Adventurer counselors carry cell phones and weather radios with them at all times.



### HEALTH CARE



Our onsite Health Supervisor is Rina Rossman a certified EMT. Every staff member is CPR/First Aid and Epipen trained. Emergency care is provided by the Lincoln Fire department/EMS and they are one mile away. Drumlin Farm's off-site healthcare consultant is Dr. Lori Andersen. Adventurer staff is Wilderness first aid or Responder trained.

If you have any questions regarding health care please contact Rina Rossman at <a href="mailto:rrossman@massaudubon.org">rrossman@massaudubon.org</a> or 781-259-2240.

#### **SICK CAMPER**

- Campers who are ill or who have infections are not allowed to attend camp until they are healthy and
  infection free.
- A child must be fever free for 24 hours before returning to camp.
- Please call the camp office if your child is sick and will not attend camp.
- PLEASE keep your child home if they're not feeling well, are overtired, have a fever, or a rash. Kids often do not want to be at camp if they have stomachaches, headaches, or didn't have a good night's rest. We also do not want to infect other children should your child be coming down with an illness.

#### WHAT IF MY CHILD IS SICK OR INJURED AT CAMP?

- All campers requiring medical assessment and/or treatment beyond basic first aid are referred to the
  Health Care Supervisor. Based on the assessment, the camper will be cared for on site and returned to
  their unit group, sent home for parental or personal health care provider care, or referred to emergency
  care providers.
- If your child's illness extends beyond 20-30 minutes we will notify you by phone. Sick children stay with the Health Care Supervisor in a quiet area so they can rest and be monitored.
- If your child has an injury needing immediate care we will call 911 and then call you immediately.
- In cases where campers are off-site, campers will be given treatment by a trip leader and transported to the nearest hospital if necessary.
- Parents or guardians will be notified of any serious accident or illness as soon as possible; daily notification by paper slips or via phone call is provided to parents for all reported injuries and illnesses.

#### **Immunization Record/Physical Exam:**

We require a copy of your child's immunization record (dates must be provided by health care provider) and written proof of a physical exam conducted within 24 months of the camp session (2009 exams are acceptable). Please call us if you need a health care treatment/immunization form for your physician to complete.

#### **Health Insurance:**

ALL camper families must complete the health insurance portion of the health form. If your child does not have U.S. health and accident insurance, please contact the camp office.

• We require that all Adventurer trip campers and Overnight program campers enclose a copy of their health insurance cards.

#### At Camp Medications:



#### If your child requires medication while at camp you must comply with the following standards:

- ➤ All medications must be in their original containers bearing the pharmacy label and camper name, and have specific instructions for use.
- ➤ Medications must be current (not expired).
- > All medications must be approved by the camp's consulting physician, be seen and checked by the Camp Health Care Supervisor, and camp staff must monitor each dose.

#### **Emergency Contacts:**

It is suggested that an emergency contact other than the parents be provided. Parents will be called first and alternate emergency contacts will be called only if the parents cannot be reached in an emergency or if a camper needs to be taken home.

#### Asthma and/or Severe Allergies:

All campers who have severe allergies must provide an Emergency Action Plan. This plan should be written by the prescribing physician and describe the triggers of the severe reaction, the signs of the reaction and the necessary steps that must be taken if such a reaction should occur (eg. give 2 tsp. Benedryl then administer epi-pen, etc.) The Health Care Supervisor will contact a parent/guardian to go over this plan before camp begins.

#### **EPI-Pens**

Camp staff members will carry a camper's epi-pen on them throughout the camp day and return the epi-pen to the health care supervisor at the end of the day to be locked up overnight.

### Camper Immunization Requirements of the Massachusetts Board of Public Health

Campers must meet the regulations for the grade they are entering.  Exception: Those entering Kindergarten may meet the Preschool requirements for summer camp.							
# doses/grade	Pre Kinder Grades 1-6 Grades 7-12						
DTaP/DTP/DT/Td	4	5	1	Tdbooster (not gr.11+)			
Polio	3	4	4	3			
Hepatitis B	3	3	3	None if born before			
				1-1-92			
MMR	1 measles	2 measles	2 measles	2 measles			
	1 mumps	I mumps	1 mumps	1 mumps			

(1) Healthcare provider must provide documentation of the immunizations. (2) Serologic proof of immunity is acceptable in lieu of immunization.

(3) Exemption due to religious reasons is allowed, but guardian must provide written notice.

#### Children are not allowed to participate in Camp Activities unless:

- 1. A health form is filled out which includes immunization records and physician signature.
- 2. Health form is signed by the parent / guardian.
- 3. The camp has reviewed the health form prior to the camp session.
- 4. Agreement of terms is signed and returned.



#### DROP OFF AND PICK UP PROCEDURES

Drop Off Time	Pick up Time	After-Camp Pick up Time
8:30 – 8:45 am	3:00 – 3:15 pm	5:45 pm
Afternoon Pre-k-K drop off is 12:00 noon.	Morning Pre-k-K pick up is at 11:30 am  If you fail to sign your child out of camp, a  Camp Administrator will contact you to  confirm the pick-up.	Pick up your camper from the back room of the Nature Center.

#### SAFETY FIRST! GO SLOW!

We all seem to be in a hurry, but PLEASE slow down when driving around children.

#### Where to go and what to do: These procedures exist for your child's protection.

- 1. Park your vehicle in a designated space. Please help us to protect the environment and our health by turning off your vehicle instead of letting it idle. Massachusetts state law is no idling for more than 5 minutes.
- **2.** Due to the high volume of traffic, please be patient and stay with young children in the parking lots and follow speed limits.
- 3. Walk over to your child's group no earlier than 8:30.
- **4.** Sign your camper in/out of camp by initialing the attendance sheet with your child's counselors.
- 5. Under NO circumstances may you stop your car and let your child in /out. All campers must be signed in and out each day.
- 6. Bring your Photo Identification
  - a. **Because the same counselor may not be at checkout each day** you will be asked to show a **Photo ID** to one of your child's counselors at pick up **every day**. If you forget your ID please go directly to the camp office. **Please understand this protocol is in place to ensure the safety of your child and all campers at Drumlin Farm**.
  - b. **No camper will be released** to any person who isn't listed on the pickup form without your **prior written consent**. There are **no** exceptions.
  - c. You can modify the pick-up list in writing when you drop off your child in the morning or send a written note with your signature or an email to the camp office.

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DROP OFF	PICK UP
8:30 – 8:45 AM	3:00 – 3:15 PM

Please drop off & pick up your child at the location listed below:

1-Week Sessions				
Overflow Lot The grass parking lots on the Right just as you enter Drumlin Farm.	Upper Parking Lot The 1st paved parking lot as you enter Drumlin Farm		Lower Parking Lot The second parking lot; follow the signs towards the Education / School / Camp building	
Apprentices	1 <sup>st</sup> gra	de	Pre-K – K	
Earthkeepers	2 <sup>nd</sup> gra	ıde	3 <sup>rd</sup> grade	
Adventurers	5 <sup>th</sup> -6 <sup>th</sup> g	rade	4 <sup>th</sup> grade	
Mini-Camps	Animal App	rentices		
	2-Week	Sessions		
Overflow Lot The grass parking lots on the	UPPER PARKING LOT		LOWER PARKING LOT	
Right just as you enter Drumlin Farm.	The 1 <sup>st</sup> paved parking Drumlin F	lot as you enter	The second parking lot; follow the signs towards the Education / School / Camp building	
Earthkeepers	Explor	ers	Pathfinders-Half Day	
Apprentices	Field tra	ckers	Seekers	
Adventurers	Forest tra	ckers	Naturalists	
Farm Ecologists	Biolog	ists	Farmers	
Mini-Camps				
Drumlin Farm			Assabet River	
			nal Wildlife Refuge	
Drop off: 9:00 am		Drop off: 9:00 am		
<b>Pick-up:</b> 3:30 pm Overflow Parking Lot		<b>Pick-up:</b> 3:00 pm At the Visitors Center		
Overnow I arking Lot				

Parent / Guardians are <u>REQUIRED</u> TO SIGN OUT CAMPERS WITH A <u>PHOTO ID</u> each day.

**SPEED LIMIT 5 MPH- Please Watch for Children!!** 

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#### Directions to Drumlin Farm



#### FROM THE NORTH (Route 128)

Take Route 128 to Exit 28 (Trapelo Rd West). Stay on Trapelo Rd, to stop sign with 5 way intersection (library is on right).

Turn left onto Lincoln Rd.

Go past the Lincoln mini-mall, train tracks, fire and police stations.

Take next left onto Route 117 (not marked). The entrance to Drumlin Farm is immediately on the right.

#### FROM THE SOUTH (Route 128)

Take Route 128 to Exit 26 (Route 20/Weston/Waltham). Head toward Waltham on Route 20. Just beyond the 1st traffic light, turn left at the blinking yellow light and continue to Route 117. Turn left onto Route 117 West (toward Maynard and Stow) and continue for about 4.5 miles. The entrance to Drumlin Farm is on the left.

#### FROM THE EAST AND WEST (Route 2)

Take Route 2 East (from Route 495) or West (from Cambridge) to the intersection of Route 126.

Take Route 126 South (toward Walden Pond and Wayland).

Follow several miles to the first set of lights, which is Route 117.

Turn left onto Route 117.

The entrance to Drumlin Farm is .5 mile on the right.

#### FROM ROUTE 9 (Framingham/Natick)

Take Route 27 or Route 126 North. In Wayland Center continue on Route 126 toward Lincoln.

At the intersection of Route 117, turn right. The entrance to Drumlin Farm is .5 mile on the right.

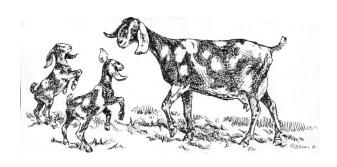
#### FROM THE MASS. PIKE

Take Mass. Pike to Route 128 (Route 95) North. Travel North on Route 128 to Exit 26 (Route 20/Weston/Waltham).

Head toward Waltham on Route 20.

Just beyond the 1st traffic light, turn left at the blinking yellow light and continue to Route 117 West.

Turn left onto Route 117 West (toward Maynard and Stow) and continue for approx. 4.5 miles. The entrance to Drumlin Farm is on the left.







Bunk1.com is a secure, easy to use summer website photo and newsletter service that lets you stay in touch with your camper's activities daily during their camp session.

Drumlin Farm Staff take photos of approved campers daily and load them to the website each evening. **Please note** that every child may not be photographed daily.

**RETURNING PARENTS:** If you had an account at this camp last summer, you can continue to use your old username and password. Simply sign in at the link below. The first time you visit the site you will be prompted to update your contact information and re-activate your account.

#### **Questions or Problems?**

Please call Bunk1 at 1-800-216-9472 or go to www.bunk1.com/contact.asp

#### Frequently Asked Questions

#### How do I view pictures?

Follow the instructions below to register and after that simply sign in and click on the "Photo Gallery button. Photos are kept in folders on the left side of the page below the words "Image Folders". Click on any folder to see the pictures within that folder. You can even purchase prints or other photo gifts of your favorite pictures. **There is no cost to view the pictures.** 

#### Can other relatives use these services?

Yes! Once you have set up your account, you will be able to invite other people to access these services.

#### What do I do if I lost my username and password?

You can get it online by going to <a href="www.bunk.com">www.bunk.com</a> and clicking on the link "lost your password?" You will receive an email with your username and password within a few minutes.

#### **GET STARTED TODAY**

To set up a new account and visit our Online Community:

- 1. Go to our website at www.DrumlinFarmCamp.bunk1.com
- 2. Click the "register now" button
- 3. Enter your pre-approved registration code: 1DR9165
- 4. Fill out all of the required information
- 5. View pictures of your camper!

For our camper's safety, please do not share the Pre-Approved registration code above.





## A Letter to My Drumlin Farm Summer Camp Counselors

We are excited that you will be joining Drumlin Farm Camp this summer!

To help us plan days full of fun, exploration and adventure, please answer the following questions to tell us a little about yourself.

My name is	. My friends Call me		
I will be attending the Camp called  Mania, session	, during session and/or Farm		
] will be years old during Camp and ] will be enter	ering grade in the fall of 2010.		
When I am at Drumlin Farm, the activity I'm really looking	forward to doing is		
At Durinlin Tours 1'd like to discover have about			
At Drumlin Farm, I'd like to discover more about			
Other things that you might find interesting about me are			
Oction clinings clide you thing the find theoretically about the die	•••		
I have been a Drumlin Farm Camper before, and some of m	y best memories/favorite activities from that		
time are	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		



#### DRUMLIN FARM CAMPER BEHAVIOR AGREEMENT

At Drumlin Farm we strive to create a safe community where individual differences are valued, where campers and staff can accept new challenges, and where everyone can have fun. Creating such a community requires the commitment of all campers and staff. The guidelines listed below outline the general behavior expectations for Drumlin Farm campers and staff. Please review the guidelines and sign below. They will also be reviewed on the first day of each session.

#### I WILL SHOW RESPECT FOR MYSELF

- o I will show respect for myself by having a positive outlook, eating well, and getting plenty of sleep.
- o I will make the most of learning opportunities at camp by participating in activities, trying new things and having a positive attitude.
- I will talk with my counselors if I am feeling uncomfortable about any camp activity or experience.

#### I WILL DEMONSTRATE RESPECT FOR OTHERS

- I will respect other people's ideas and values, even if they are different from my own.
- All of my actions and language will have a positive impact on the people in the Drumlin Farm Day Camp community.
- O Behavior that is disrespectful, or that could potentially harm (physically or emotionally) a camper or staff member, is unacceptable in the Drumlin Farm Day Camp community.

#### I WILL SHOW RESPECT FOR THE NATURAL ENVIRONMENT AND CAMP FACILITIES

- o I will be sensitive to the natural environment. This means treading lightly on the land, picking up trash, program supplies, equipment, and personal items.
- o The buildings and activity equipment supplied by Drumlin Farm Day Camp are for use by all campers. I will care for both in a responsible manner.

#### I WILL SHOW RESPECT FOR THE HEALTH AND SAFETY OF MYSELF AND OTHERS

- o I understand that it is important to abide by safety standards provided by camp staff, especially in water-related and adventure challenge experiences.
- o I understand that it is important to stay with the group, respect and listen to the directions of my counselors.
- o I understand that the possession and use of tobacco, alcohol, or illegal drugs is prohibited.
- o I understand that fireworks, firearms and other dangerous weapons are not allowed.

I have read, along with my parents, the above behavior guidelines and we understand that in order to create a camp community where everyone can challenge himself or herself to make friends and have fun, our commitment is necessary.

As a camper, I will do my best to follow the above behavior guidelines.

#### My parents and I understand that the breaking of this agreement can be grounds for dismissal.

The Camp director reserves the right to dismiss a camper when in his/her judgment the camper's behavior interferes with the rights of others, the smooth functioning of the group or activity or violates the camps principles of conducts. In such cases no refunds will be given.

Camper Name:	
Camper's Signature	Date
Parent/Guardian Signature	Date

Please return this form along with health-related forms by May 1, 2011.

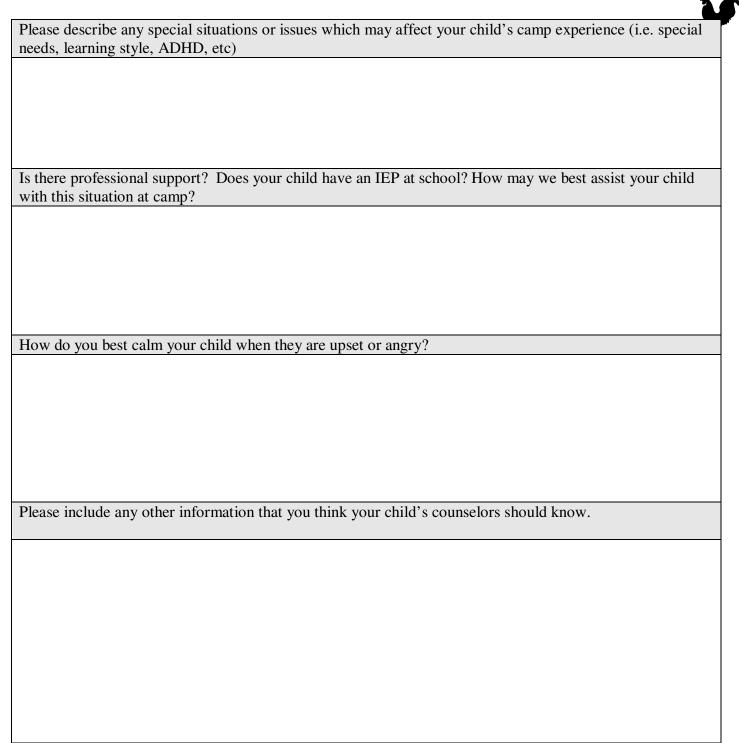


# **Drumlin Farm Day Camp Parent Questionnaire**



The "Parent Questionnaire" (to be filled out by the parent/guardian) and "A Letter to My Drumlin Farm Counselors" help the Drumlin Farm Camp staff provide your child with the best camp experience.

Campers Name:			Parents Name:
Camper Group & Session:			
Is this your child's first camp	experience? No	Yes	
Does your child makes friends		Fair Easily	With Some Difficulty
Comments:	<u> </u>	Turi Zushij	With Some Difficulty
Does <b>your child</b> have any con	ocerns regarding his/her	camp experience?	Is there anything that the Drumlin
Farm staff can do to help facil		ештр ехрепенее.	is there unything that the Brumini
Do YOU as parents & guardia	ins have any concerns r	egarding your child	's camp experience?
What do you expect your child	d will gain from his/her	experiences at cam	p?
Any Pertinent information reg family members, school, new		ould know? (Paren	tal status, major life changes,
Taning memoers, school, new	sioinigs etc.)		



Please feel free to attach additional sheets if more space is needed.

Thank You for your time!
Our camp staff DOES read these sheets and they have proved to be extremely helpful.

PLEASE RETURN THIS FORM & HEALTH RELATED FORMS BY MAY 1, 2011.