# **VOCAL VIBRATIONS**

## A Voice Based Multisensory Experience

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## **ABSTRACT**

Vocal Vibrations is an installation aiming to raise awareness of the influence of the voice on our body and environment by enabling anyone to control a rich multi-sensory experience only with his or her voice. The technical and design challenges were an opportunity for Machoverâ $\check{A}$ Źs Opera of the Future group at the Media Lab to tackle many questions related to voice and itâ $\check{A}$ Źs connection with the body. On an original musical piece and musical material composed by Tod Machover.

Paper looks at the technical and compositional challenges choices made with regard to the mapping forms of expressivity arising out of interactive work System Java signal processing system sends by OSC the real time result of analysis to a high level mapping system which turns the low level extracted features into high level quality parameters. Those qualities of vocal gesture are then sent to a Max/MSP patch containing the mapping of the sound system (composition choices, samples, localisation, effects) and the ORB (behavious, localisation, rhythm)

Extended vocal techniques (Sprechgesang, inhaling, tremolo, overtones, changing shape of the mouth) as well as non voiced sounds (breathing, inhaling, withering, whispering)

## **Keywords**

NIME, proceedings, LATEX, template

## 1. INTRODUCTION: VOCAL VIBRATIONS

the goal(s), partners (Le Labo, Dalai Lama center, Neriâ ĂŹs group)

## 1.1 The Voice: A Personal Instrument

With the VOCAL VIBRATIONS multisensory installation, we are creating new types of vocal experiences that draw from and extend traditional contemplative practices to help people explore different meditative states guided by their

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own voice. This project targets people with or without singing experience and aims to make the participant experiment with the wide range of sounds, vibrations, effects and mental states that their own voice can guide them into. Because it is intimately linked to our body, shape and mental state, the voice is highly individual and personal. Its range of expressivity is also potentially infinite. Even though most of us possess this personal organic instrument, many people do not feel comfortable âĂIJsingingâĂİ and do not imagine they could one day participate in a rich musical vocal experience. To address this, we are developing techniques to engage the public in the regular practice of thoughtful singing and vocalizing, both as an individual experience and as part of a community. This project is the result of a collaboration between Tod MachoverâĂŹs Opera of the Future group, the DalaÃŕ Lama center for Ethics and Transformative Values (MIT), Le Laboratoire (Paris) and designer Neri Oxman.

## 1.2 The public: novices / professionals

One of the challenges of this project is to help novices discover the potential of their voice while providing them with a forward/direct access to the beauty of a complete.full musical experince. Indeed, by the simplest use of their voice - holding one single note - the user can already be part of a complex vocal performance and have an active role to shape the musical result. If the interactivity is constrained by composition choices, choice of musical material and uphill mapping decisions; it remains that there is no right or wrong way to use the system. The system accompanies the userâÅZs voice as opposed to people having to adapt to the system. This entry gate to the voice as provided by the vibrations then produced on the body also has the potential to help trained singers to get to understand their instrument better. Vocal coaches, singers, and voice professionals have very rich terminology to characterize different voices. However, because the vocal apparatus is hidden from sight, the vocabulary used is often very abstract and hard to grasp for the non-initiated (Latinus and Belin, 2011). The focus provided by the tactile and physical feedback can help to give a very intimate/personal though universal/absolute/objectif access to the voice.

#### 1.3 meditation focuss and health

The philosophy and orientations of the project draw on ancestral traditions of chanting and mantras. The relaxation and meditation potential that the voice provide has not yet been studied thoroughlyâĂę

The Vocal Vibrations installation will premiere at Le Laboratoire in Paris in March 2014. By the engagement and experience of the (active) audience, we will determine to

<sup>\*</sup>Dr. Trovato insisted his name be first.

 $<sup>^{\</sup>dagger}\mathrm{The}$  secretary disavows any knowledge of this author's actions.

<sup>&</sup>lt;sup>‡</sup>This author is the one who did all the really hard work.

what extent the experienceâĂŹs flow, technologies and interactions allow the public to feel engaged. The design of the installation will include preparation stages of testing the system on peers and iteration on it. Discussions and assessment will revolve around the quality of the overall experience, the reactivity of the system, the feeling of connection and control, the coherence of the experienceâĂŹs flow and we will measure how much it helps people explore beyond the normal use of their voice (by measuring the pitch range, the rhythm, the richness and variety of the sounds voiced, etc). We believe that the orchestration of the March installation will also reveal the weakness and strength of the overall experience. From those observations, we will improve it in the preparation of a second installation in Cambridge in fall 2014.

## 2. CONTEXT: NEW VOICE BASED EX-PERIENCE/ SYSTEMS

vibration, voice, interactive music HEALTH, experience for novices

The use of voice is generally a goal-directed activity more than an exploration based journey. All the complex psychomotor sub processes are activated without conscious dissociation (Ladefoged, 1992). Yet, neurological research supports the idea that the brain dissociates voice from speech when processing vocal information. In terms of physical processes involved, and because it requires a perfect psychomotor synchronization (between the breath, the tongue, the vocal track muscles, the tension of the vocal folds, the lips, etc) the study of the voice can sometimes reveal a lot about a personâ $\check{\mathbf{A}}\check{\mathbf{Z}}\mathbf{s}$  health and mental state (Schimer, 2004).

Skinscape (Eric Gunther, 2001) is a tool for composition in the tactile modality. Inspired by knowing whether âAIJthe skin [is] capable of understanding and ultimately appreciating complex aesthetic informationâÅİ, this work tackles the relatively uncharted field of tactile composition. The system is based on previous knowledge of tactile illusion, subjective magnitude, adaptation, spatial resolution, psychophysical factors and deduces from those the different parameters important for tactile composition. Relevance: This work is very relevant for the Vocal Vibrations project. In our work, we remind the audience that the use of the tactile modality is motivated first by the intrinsic existence of body vibration during vocalization and the ancestral traditions and knowledge on the consequences of those vibrations on the physiology. Secondly our work is motivated by the knowledge that our auditory senses have an automatic action of filtering out our own voice, which makes us think that hearing our own voice and the consequences are really relegated out of the cognitive domain to the unconscious level. From those, the idea of shifting to another modality that would be localized, egocentric and visceral could help being aware of the omnipresence of our voice, the acceptation of it and provide a way for people to âĂIJtuneâĂİ in to themselves.

## 3. THE SYSTEM

## 3.1 The User Experience/ the flow

The user first arrives in a communal room with surround sounds. All the audio would be based on recordings of voices that would be mixed and localized in the room. Individually, the user will be approached by an assistant who will bring him/her to a smaller room. The assistant will then help adjust the headphones and engage the participant to voice one note. He will help the user to find a comfortable

note. This step will help the user get used to the note and will also âĂIJtuneâĂİ the system to the personâĂŹs voice and specific note. The user will then be brought to another room containing one special chair (the chair will be an art piece designed by Neri Oxman specifically for this project). The assistant will invite the user to sit, give him/her the orb to hold and then leave the room. From here, both the sound played in the headphones and the behavior of the orb will be closely tied to everything the user will be voicing. The audio will be an interactive piece composed by Tod Machover with a fixed structure but a free flow and composition that will be controlled by the user. The mapping of the ORB will also change throughout the experience. At different points in time, very short sentences will appear on a screen to invite the user to interact in a particular way (âAIJlike the surrounding soundâAI, âAIJin a unexpected wayâÅİ...) At the end of the 5 min experience, another assistant will bring the user into a different room, called the chapel where the surrounding sound will be similar to the previous experience but non-interactive. In the chapel, people can stay as long as they want and they are encouraged to vocally take part with the music.

## 3.2 The Chapel

#### 3.2.1 The Music Piece

Recording sessions Sarah, Blue Heron, type of music, accompaniment

#### 3.2.2 Sound Localisation

architecture, sounding, speakers

## 3.3 The Audio Interactive Experience

## 3.3.1 Training

From the Chapel, the user is guided by an assistant into the interactive experience. Follows a short âĂIJtrainingâĂİ session in which the user is given headphones. The training consists in helping the user doing the first step into the production of vocal sound. The assistant first assess the frequency range or the userâĂŹs voice and then give him the D in the most appropriate octave. The user is asked to hold the D and is advised to start exploring on different vowels, sounds, textures. The user is then installed on the chair and being given the ORB to hold.

#### 3.3.2 Flow (and Intention?)

User interface is simply a microphone and hearphones. The interactive piece has itâ ÅŹs own flow and timing consisting of...

## 3.3.3 Vocal Processing

For the system to be interactif, the first step was to extract a certain number of control parameters as well as the raw signal from the voice. First of all, as the user vocalize in a microphone, the raw signal of his/ her voice is used in real time as part of the behavious or the ORB. The control parameters we choose to extract are: pitch, loudness, linearly averaged frequency spectrum and harmonicity. They are computed by spectral analysis. The variations of those parametersâĂę What parameters makes sense? feeling the instinctive, immediate connection, Basic Prosody: laudness, pitch, tempo, harmonicity, noisiness,

## 3.3.4 Interactivity

## 3.4 The orb

As part of this project, we are building the Oral Resonance Ball (ORB), a voice-activated vibrating device, which maps the voice signal into tactile vibrating sensations. This device provides awareness of physical processes involved in the vocal production process by giving feedback and enhancing the vibrations produced in the personâĂŹs body. Because fingertips contain more sensor receptors than our vocal vibrating chamber, holding the ORB while vocalizing gives access to elements of individuality and affectivity that often remain latent in the everyday experience of voice (Kitamura, Hamdorf, 2001; S. S. Stevens, 1968).

Idea: exteriorisation of the voice, feeling of connexion

SYSTEM DESIGN The system extracts audio features from the personâĂŹs voice in real time and a complex mapping system uses them to control the dynamics and localization of the vibrations in the device. Digital Signal Processing part in charge of the real time extraction of features from peopleâĂŹs voice that will then control the whole reactive system. Engaging with the voice as one engage with an instrument Fingertips are one of the densest skin zone in terms of sensing nerves

The skinâ ÅŹs sensing nerves are most densely collected in the lips and hands (Joseph Rovan). allows for the maximum amount of information exchange

#### 3.4.1 Hardware

System: 5 transducers, a shell, amplifiers, control from computer material of the shell: want maximum of tactile effect with minimim of sound comming out of it. Testing with different materials (vibrations tactiles but not sound) Size and shape, weight, texture Soon testing more materials

# 3.4.2 Dynamism/ Behaviour/ Localisation/ Texture 3.4.3 Possible modes?

Different modes of interaction can be envisioned with this device. The user can experience it either in real time with his own voice by simply holding the ORB while verbalizing into a microphone. The orb can also display the voice of somebody talking to you in real time. Or it can play back a recording. When it comes to experiencing your own voice in real time through the orb, I would be interested to evaluate if and how the user modifies his voice because of the new feedback. For the situation of experiencing somebody elseâAŹs voice either with the display (visual?) in real time or through a recording, I will evaluate whether the identity and intentions of the speaking person are still determinable. I will also explore different form factors, shapes and ways to hold the orb to determine how to make the interaction even more compelling.

## 3.5 Measuring Vibrations

## 4. FUTURE DIRECTIONS

#### 5. CONCLUSIONS

This paragraph will end the body of this sample document. Remember that you might still have Acknowledgments or Appendices; brief samples of these follow. There is still the Bibliography to deal with; and we will make a disclaimer about that here: with the exception of the reference to the LATEX book, the citations in this paper are to articles which have nothing to do with the present subject and are used as examples only.

#### 6. ACKNOWLEDGMENTS

This section is optional; it is a location for you to acknowledge grants, funding, editing assistance and what have you. In the present case, for example, the authors would like to thank Gerald Murray of ACM for his help in codifying this Author's Guide and the .cls and .tex files that it describes.

## 7. REFERENCES