A breakdown of what the judges are looking for in each section.

Tricks	+Level of difficulty +Originality +Appropriate to song +Held appropriate length +Mixture of strength and flexibility tricks	10/
Execution	+Toes and lines +Held comfortably +Finish each movement	10/
Choreography	+An appropriate mixture of floor and pole +Originality +Did it suit the song? +Flow/fluid routine +Creative combos and floor sequences	10/
Make-up/Costume/Props	+Relevant to song choice +Original +Used appropriately	10/
Overall Performance	+Audience connection +Confidence on stage +Passion/Expression +The whole package +Energy from start to finish +Commitment to story/routine	15/
DOUBLES ONLY Synchronisations		10/
Penalties	+Fall -5 +Costume malfunction -3 +"Wobble" -2	