

Patient Case

PATIENT DOOR CHART and Learner Instructions

- Patient Name: Bettie
- Age: 48
- Legal Sex: Female
- Chief Complaint: Chest pain
- Clinical Setting: Outpatient clinic

Vital Signs:

- Blood Pressure Reading: 130/80 mmHg
- Pulse Rate: 75 bpm
- Respiratory Rate: 16 breaths/min
- Temperature (Celsius): 37.0
- SpO2: 97%

Learner Tasks:

Learner Tasks

1. Obtain an appropriately focused and detailed history based upon the chief complaint.
2. Perform a pertinent physical examination based upon the chief complaint.
3. Discuss your diagnostic impressions and next steps with the patient.
4. Place appropriate orders for the patient.
5. Review results with the patient and further next steps.
6. Answer any questions the patient may have to the best of your ability.

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Clinical Interview:

Doctor: How may I help you today?

Patient: Chest pain.

Doctor: When did it started?

Patient: About 3 months ago.

Doctor: Tell me more about chest pain

Patient: It's a tightness behind my sternum.

Doctor: Any other associated symptoms

Patient: My hands hurt, it's tough to swallow, and I feel bloated.

Doctor: how severe pain is?

Patient: It's about a 6 out of 10.

Doctor: how is the pain? dull vs burning?

Patient: It's more of a tightness.

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Doctor: is it radiating somewhere else in your body?

Patient: No, it doesn't radiate.

Doctor: any factors that increase your pain?

Patient: Eating solid food and exercising after meals make it worse.

Doctor: are there any factors that relieve your pain?

Patient: Regurgitation helps relieve it.

Doctor: did you try any medication?

Patient: No, I haven't tried any medication for it.

Doctor: when did you eat last time? any feeding difficulty?

Patient: I ate earlier today. Yes, swallowing is tough.

Doctor: have you seen to any doctor for that?

Patient: Not yet.

Doctor: do you have cough?

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Patient: No, I don't have a cough.

Doctor: how much alcohol you drink in a week?

Patient: I don't drink alcohol.

Doctor: do you smoke?

Patient: I used to, but I quit 12 years ago.

Doctor: do you use ibuprofen regularly?

Patient: No, I don't use ibuprofen regularly.

Doctor: do you notice blood in stool?

Patient: No, I haven't noticed any blood in my stool.

Doctor: do you have past medical history?

Patient: I have hypertension.

Doctor: do you have any surgical history?

Patient: No, I haven't had any surgeries.

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Doctor: do you problem while you swallow food?

Patient: Yes, it's tough to swallow.

Doctor: what type of food? solid or liquid or both?

Patient: Both solid and liquid foods.

Doctor: where does the food get stuck?

Patient: It feels stuck behind my sternum.

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Orders:

Results: