

1994 Girls Track Class B State Championships

Class B Team Scores

Tri County	47	Schuyler	18	Columbus Scutus	7
Beatrice	36	Ord	16	Minden	6
York	36	Mitchell	15	O'Neill	6
Central City	26	Wahoo	14	West Point	5
Plattsmouth	26	Gordon	12	Ogallala	4
Crete	25	Holdrege	9	Omaha Roncalli	4
Grand Island CC	24	Nebraska City	9	Chadron	2
Milford	21	Pierce	9	Raymond Central	2
Boys Town	20	Adams Central	9	Sidney	2
Grand Island NW	20	Gothenburg	8	Auburn	1
Imperial	18	McCook	8		

Class B Individual Medalists

100 Meter Dash

1 Melissa Nootz	Milford	12.11
2 Denise Grell	Beatrice	12.35
3 Angie McGinley	Gordon	12.36
4 Sara Smith	Crete	12.50
5 Emily Rehmeier	Nebraska City	12.67
6 Melissa Geschke	West Point	12.69

200 Meter Dash

1 Melissa Nootz	Milford	26.09
2 Sara Smith	Crete	26.27
3 Angie McGinley	Gordon	26.31
4 Denise Grell	Beatrice	26.49
5 Emily Rehmeier	Nebraska City	26.61
6 Ellen Leoys	Boys Town	27.17

400 Meter Dash

1 Tori Holtmeier	Tri County	57.15
2 Denise Grell	Beatrice	57.16
3 Triniti Halley	Mitchell	58.68
4 Ellen Leoys	Boys Town	58.86
5 Amy Nielsen	Plattsmouth	59.53
6 Jane Koehler	Pierce	59.71

800 Meter Run

1 Nora Shepherd	York	2:15.84
2 Carrie Sindelar	Grand Island CC	2:17.87
3 Liz Biehl	Adams Central	2:18.10
4 Phoebe Wilson	Wahoo	2:18.76
5 Amy Nielsen	Plattsmouth	2:20.32
6 Tysheema Brown	Boys Town	2:21.40

1600 Meter Run

1 Nora Shepherd	York	5:08.47
2 Carrie Sindelar	Grand Island CC	5:19.77
3 Amy Parsons	Plattsmouth	5:26.13
4 Nichole Reynolds	Ogallala	5:29.94
5 Liz Biehl	Adams Central	5:34.08
6 Kristen Blehm	Mitchell	5:35.85

3200 Meter Run

1 Nora Shepherd	York	10:50.41
2 Carrie Sindelar	Grand Island CC	11:31.07
3 Amy Parsons	Plattsmouth	11:48.42
4 Alaine Thomson	Grand Island NW	11:59.87
5 Johna Speck	Imperial	12:01.23
6 Stacey Hain	Imperial	12:01.62

100 Meter High Hurdles

1 Nicole Nielsen	Central City	15.11
2 Robyn Clevenger	Imperial	15.36
3 Larissa Brandt	Imperial	15.71
4 Trina Franzen	Gothenburg	15.73
5 Sally Dittmer	Crete	15.74
6 Noelle Nelson	Holdrege	15.83

300 Meter Low Hurdles

1 Nicole Nielsen	Central City	46.38
2 Mahyra Drummer	Boys Town	46.40
3 Jennifer Rowse	O'Neill	46.82
4 Audrey Pfeifer	Columbus Scutus	47.42
5 Andrea Tietmeyer	York	47.78
6 Daffanie Hendrickson	Auburn	47.81

Long Jump

1 Andrea Larsen	Wahoo	18-00
2 Jill Sickels	Holdrege	17-07.5
3 Angie Prebyl	Beatrice	17-02.5
4 Emily Rehmeier	Nebraska City	17-01
5 Trina Franzen	Gothenburg	16-11.75
6 Karen Fink	Crete	16-11.25

High Jump

1 Karen Fink	Crete	5-05
2 Tori Holtmeier	Tri County	5-05
3 Tracy Nielsen	Minden	5-04
4 Heidi Geier	Omaha Roncalli	5-04
5 Bethanie Clark	Chadron	5-04
6 Julie Trouba	Columbus Scutus	5-02

Shot Put

1 Monica Ross	Ord	44-05.25
2 Rikki Watson	Grand Island NW	43-02.75
3 Brandy Trofholz	Schuyler	41-07
4 Julia Soukup	Grand Island NW	41-03
5 Tonya Masek	Raymond Central	40-05.25
6 Liz Strand	Imperial	38-05.75

Discus

1 Brandy Trofholz	Schuyler	129-04
2 Jessica Hausman	Tri County	127-03
3 Monica Ross	Ord	126-06
4 Rikki Watson	Grand Island NW	125-09
5 Shauna Troester	Gothenburg	125-03
6 Tracy Mahloch	Tri County	123-10

400 Meter Relay

1 Tri County	50.16
--------------	-------

1600 Meter Relay

1 Tri County	4:00.07
--------------	---------

2	McCook	50.32			2	Pierce	4:04.22	
3	Central City	50.34			3	Boys Town	4:04.59	
4	West Point	50.35			4	Beatrice	4:05.15	
5	Columbus Scotus	51.26			5	Sidney	4:08.64	
6	Milford	51.32			6	Nebraska City	4:10.01	

3200 Meter Relay

1	Plattsmouth	9:46.35						
2	Mitchell	9:50.62						
3	Beatrice	9:51.56						
4	York	9:56.12						
5	Schuyler	9:56.63						
6	Adams Central	9:57.10						