

2009 7A State Track Meet - 5/16/2009**Conway Arkansas****Results****Girls 100 Meter Dash****7A State:** 11.70 R 1982**Overall:** 11.60 ! 1995

Stephanie Adams

Shana Cobbs

Name	School	Prelims
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Preliminaries

1	Richards, Brittnee	Conway	12.17	Q
2	Bell, Manasha	FS Northside	12.50	Q
3	Gault, Taylor	Conway	12.27	Q
4	McCombs, Caroline	Fayetteville	12.79	Q
5	Vinson, Kiara	No. Little Rock	12.43	q
6	Lenard, Britney	LR Central	12.70	q
7	Howell, Amahni	Springdale Har-b	12.81	q
8	Thai, O	FS Southside	12.83	q
9	Burke, Monique	Fayetteville	12.84	
9	Rea, McKinley	Conway	12.84	

Girls 100 Meter Dash**7A State:** 11.70 R 1982**Overall:** 11.60 ! 1995

Stephanie Adams

Shana Cobbs

Name	School	Finals
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Finals

1	Richards, Brittnee	Conway	12.14	10
2	Vinson, Kiara	No. Little Rock	12.36	8
3	Gault, Taylor	Conway	12.49	6
4	Bell, Manasha	FS Northside	12.59	5
5	McCombs, Caroline	Fayetteville	12.83	4
6	Lenard, Britney	LR Central	12.91	3
7	Howell, Amahni	Springdale Har-b	12.92	2
8	Thai, O	FS Southside	13.00	1

Girls 200 Meter Dash**7A State:** 24.30 R 1984**Overall:** 24.30 ! 1984

Inetta Lee

Inetta Lee

Name	School	Prelims
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Preliminaries

1	Richards, Brittnee	Conway	25.27	Q
2	Bell, Manasha	FS Northside	25.60	Q
3	Lenard, Britney	LR Central	26.19	Q
4	Gault, Taylor	Conway	26.30	Q
5	Sheppard, Jeanna	Bentonville	26.33	q
6	McCombs, Caroline	Fayetteville	26.40	q
7	Howell, Amahni	Springdale Har-b	26.43	q
8	Burke, Monique	Fayetteville	26.90	q
9	Bryant, LaShara	LR Central	26.91	

Girls 200 Meter Dash**7A State:** 24.30 R 1984**Overall:** 24.30 ! 1984

Inetta Lee

Inetta Lee

Name	School	Finals
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Finals

1	Richards, Brittnee	Conway	25.27	10
2	Bell, Manasha	FS Northside	25.73	8
3	McCombs, Caroline	Fayetteville	26.48	6
4	Gault, Taylor	Conway	26.54	5
5	Sheppard, Jeanna	Bentonville	26.72	4
6	Lenard, Britney	LR Central	26.85	3
7	Howell, Amahni	Springdale Har-b	26.87	2
8	Burke, Monique	Fayetteville	26.97	1

Girls 400 Meter Dash**7A State:** 55.90 R 1984**Overall:** 55.54 ! 2004

Inetta Lee

Paige Farrell

Name**School****Finals****Finals**

1	Chadawick, Jordan	Bryant	1:00.46	10
2	Thai, O	FS Southside	1:00.96	8
3	Jones, Brittney	LR Central	1:01.01	6
4	Patterson, Alexandria	Bentonville	1:01.53	5
5	Bryant, LaShara	LR Central	1:01.98	4
6	Randels, Ashley	Rogers	1:02.31	3
7	Ufundu, Judy	LR Central	1:02.76	2
8	Bowen, Jacqueline	Rogers	1:04.62	1
9	Williams, DaiJasha	No. Little Rock	1:05.02	

Girls 800 Meter Dash**7A State:** 2:15.33 R 2003**Overall:** 2:06.44 ! 2003

Katya Kostetskya

Katya Kostetskya

Name	School	Finals
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Finals

1	Efurd, Courtney	Rogers	2:21.66	10
2	Dalton, Katie	Bentonville	2:23.23	8
3	McAtee, Reilly	Cabot	2:23.92	6
4	Nehus, Kayla	St. Mary's	2:25.29	5
5	Bloom, Mackenzie	Bentonville	2:25.93	4
6	Bise, Claire	FS Southside	2:26.59	3
7	Sullivan, Shannon	Bentonville	2:27.46	2
8	Speake, Mikayla	Bryant	2:29.79	1
9	Ridenhour, Allison	Russellville	2:32.37	
10	Lewis, Kaylie	No. Little Rock	2:34.36	
11	May, Jessie	FS Southside	2:39.00	

Girls 1600 Meter Run**7A State:** 5:01.80 R 1986**Overall:** 5:01.10 ! 1986

Julie Jiskra

Julie Jiskra

Name	School	Finals
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Finals

1	Efurd, Courtney	Rogers	5:09.54	10
2	Dalton, Katie	Bentonville	5:09.81	8
3	Bloom, Mackenzie	Bentonville	5:10.47	6
4	Setzler, Erika	Conway	5:11.01	5
5	McAtee, Reilly	Cabot	5:11.73	4
6	Sullivan, Shannon	Bentonville	5:18.57	3
7	Myers, Ashley	Van Buren	5:19.21	2
8	Owen, Erica	Rogers	5:24.42	1
9	DeLaPaz, Marissa	Cabot	5:26.30	
10	Bounds, Kaitlin	Russellville	5:43.86	
11	Vail, Dylan	Bryant	6:01.07	

Girls 3200 Meter Run**7A State:** 11:04.31 R 2003**Overall:** 11:01.10 ! 1983

Ashley Williams

Allison Welk

Name	School	Finals
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Finals

1	Setzler, Erika	Conway	11:26.55	10
2	Bloom, Mackenzie	Bentonville	11:32.58	8
3	Pickhardt, Maggie	Fayetteville	11:37.11	6
4	Dalton, Katie	Bentonville	11:39.83	5
5	David, Danielle	Rogers Heritage	11:40.36	4
6	Sanz, Lenna	Bentonville	11:41.33	3
7	Myers, Ashley	Van Buren	11:47.76	2
8	Owen, Erica	Rogers	11:48.35	1
9	Bounds, Kaitlin	Russellville	11:59.87	
10	DeLaPaz, Marissa	Cabot	12:02.88	
11	Fleming, Lola	Bryant	13:21.84	
12	Thompson, Katherine	Bryant	13:39.36	

2009 7A State Track Meet - 5/16/2009**Conway Arkansas****Results**

13 Lestina, Juli Bentonville 13:46.66

Girls 100 Meter Hurdles

7A State: 14.20 R 1997

Overall: 14.30 ! 2001

Dee Brown
Tiffany Gunn

Name	School	Prelims
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Preliminaries

1	Sheppard, Jeanna	Bentonville	15.60	Q
2	Pearson, Bailey	Bentonville	15.82	Q
3	Jones, Brittney	LR Central	15.92	Q
4	Seelinger, Morgan	Bryant	15.98	Q
5	Chadwick, Jordan	Bryant	16.08	q
6	Voskamp, Ariel	Cabot	16.77	q
7	Conley, Kymberlee	Conway	16.91	q
8	Christman, Michelle	Fayetteville	16.95	q
9	Gustin, Morgan	Rogers Heritage	17.06	
10	Smith, Hannah	Bentonville	17.13	
11	Montoya, Raschell	Bentonville	17.52	
12	Raney, Lacie	Bryant	17.56	

Girls 100 Meter Hurdles

7A State: 14.20 R 1997

Overall: 14.30 ! 2001

Dee Brown
Tiffany Gunn

Name	School	Finals
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Finals

1	Sheppard, Jeanna	Bentonville	15.27	10
2	Chadwick, Jordan	Bryant	15.91	8
3	Jones, Brittney	LR Central	16.24	6
4	Seelinger, Morgan	Bryant	16.25	5
5	Pearson, Bailey	Bentonville	16.95	4
6	Voskamp, Ariel	Cabot	16.98	3
7	Christman, Michelle	Fayetteville	17.02	2
---	Conley, Kymberlee	Conway	DNF	

Girls 300 Meter Hurdles

7A State: 41.57 R 2003

Overall: 41.57 ! 2003

Katya Kostetskya
Katya Kostetskya

Name	School	Prelims
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Preliminaries

1	Vinson, Kiara	No. Little Rock	45.40	Q
2	Pearson, Bailey	Bentonville	48.49	Q
3	Sheppard, Jeanna	Bentonville	49.01	Q
4	Spann, Sharonna	Conway	49.56	Q
5	Seelinger, Morgan	Bryant	49.81	q
5	Montoya, Raschell	Bentonville	49.81	q
7	Raney, Lacie	Bryant	50.12	q
8	Monye, Iris	Springdale	50.13	q
9	Smith, Hannah	Bentonville	50.44	
10	Buckman, Kate	Fayetteville	50.48	
11	Williams, Charianne	LR Central	50.94	
12	Voskamp, Ariel	Cabot	51.21	

Girls 300 Meter Hurdles

7A State: 41.57 R 2003

Overall: 41.57 ! 2003

Katya Kostetskya
Katya Kostetskya

Name	School	Finals
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Finals

1	Vinson, Kiara	No. Little Rock	45.14	10
2	Sheppard, Jeanna	Bentonville	47.11	8
3	Pearson, Bailey	Bentonville	47.69	6
4	Spann, Sharonna	Conway	50.53	5
5	Monye, Iris	Springdale	50.66	4
6	Seelinger, Morgan	Bryant	50.67	3

7 Raney, Lacie Bryant 50.78 2

8 Montoya, Raschell Bentonville 51.09 1

Girls 4x100 Meter Relay

7A State: 47.00 R 1984

Overall: 47.00 ! 1984

Team	Relay	Prelims
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Preliminaries

1	Conway	A	49.07	Q
2	FS Northside	A	50.93	Q
3	LR Central	A	50.26	Q
4	Springdale Har-ber	A	50.97	Q
5	Fayetteville	A	51.15	q
6	FS Southside	A	52.79	q
7	Bentonville	A	53.42	q
8	Springdale	A	54.34	q
---	Russellville	A	DQ	

Girls 4x100 Meter Relay

7A State: 47.00 R 1984

Overall: 47.00 ! 1984

Team	Relay	Finals
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Finals

1	Conway	A	49.02	10
2	LR Central	A	49.94	8
3	Fayetteville	A	50.73	6

Finals ... (Girls 4x100 Meter Relay)

Team	Relay	Finals
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4	FS Northside	A	50.86	5
5	Springdale Har-ber	A	51.25	4
6	FS Southside	A	52.45	3
7	Bentonville	A	53.03	2
8	Springdale	A	53.57	1

Girls 4x400 Meter Relay

7A State: 3:57.40 R 1983

Overall: 3:55.40 ! 1986

Team	Relay	Finals
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Finals

1	LR Central	A	4:03.72	10
2	Bentonville	A	4:09.17	8
3	No. Little Rock	A	4:10.07	6
4	Rogers	A	4:10.54	5
5	Conway	A	4:12.32	4
6	Bryant	A	4:15.45	3
7	Fayetteville	A	4:22.81	2
8	FS Southside	A	4:25.06	1
9	Rogers Heritage	A	4:25.25	
10	Russellville	A	4:32.46	
11	Springdale	A	4:32.87	
12	Cabot	A	4:37.24	

Girls 4x800 Meter Relay

7A State: 9:45.81 R 2006

Overall: 9:36.98 ! 2008

Team	Relay	Finals
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Finals

1	Bentonville	A	9:57.46	10
2	LR Central	A	10:09.46	8
3	Rogers Heritage	A	10:19.45	6
4	FS Southside	A	10:23.47	5
5	Bryant	A	10:28.03	4

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6	Cabot	A	10:34.25	3
7	Rogers	A	10:39.54	2
8	Russellville	A	10:47.37	1
9	Van Buren	A	10:49.50	
10	Fayetteville	A	10:50.46	
11	Springdale	A	10:54.74	

Girls High Jump**7A State: 5-07.75 R 2004****Overall: 5-10 ! 1980****Nyeshia Stevenson****Jan Bennett**

Name	School	Finals
Finals		
1 Gray, Emilie	FS Southside	5-03.00 10
2 Whitmore, Charmaine	FS Northside	5-02.00 8
3 Long, Jamie	Russellville	5-00.00 6
4 Hesseltine, Kirstie	Springdale Har-b	J5-00.00 5
5 Mason, Jaelyn	Springdale Har-b	J5-00.00 4
6 Gault, Taylor	Conway	J5-00.00 2.5
6 Pearson, Bailey	Bentonville	J5-00.00 2.5
8 Jones, Brittney	LR Central	4-10.00 1
9 Davis, Kindra	FS Northside	4-08.00
10 Knotts, Airity	FS Southside	4-06.00
11 Baggson, Leyla	Rogers Heritage	J4-06.00
--- Nagel, Elizabeth	Fayetteville	NH
--- Williams, Charianne	LR Central	NH
--- Voskamp, Ariel	Cabot	NH
--- Rizoff, Amber	Cabot	NH

Girls Pole Vault**7A State: 12-10 R 2007****Overall: 13-06.25 ! 2008****Mallory Lawrence****Stephanie Foreman**

Name	School	Finals
Finals		
1 Rea, McKinley	Conway	11-04.00 10
2 Voskamp, Ariel	Cabot	11-00.00 8
3 Chambers, Tiffany	Rogers	10-00.00 6
4 Crawford, Victoria	Rogers Heritage	9-04.00 5
5 Roberts, Kessler	Conway	8-06.00 4
6 Buckman, Clare	St. Mary's	J8-06.00 3
7 Yates, Morgan	Rogers	8-00.00 2
8 Greenway, Stacy	Springdale Har-b	7-06.00 1
9 Dale, Ashlyn	Russellville	7-00.00
10 Porter, Karlee	Bryant	J7-00.00
10 Smith, Kathleen	Springdale Har-b	J7-00.00
--- Hill, Hayley	Rogers	NH

Girls Long Jump**7A State: 20-01 R 1996****Overall: 20-01 ! 1996****Dee Brown****Dee Brown**

Name	School	Finals
Finals		
1 Hilliard, Lindsay	Van Buren	17-09.75 10
2 McCombs, Caroline	Fayetteville	17-07.50 8
3 Gault, Taylor	Conway	17-03.00 6
4 Bell, Manasha	FS Northside	16-04.75 5
5 Pearson, Bailey	Bentonville	16-03.75 4
6 Lenard, Britney	LR Central	16-00.00 3
7 Petz, Ashley	Bryant	15-08.75 2
8 Onukwube, Debbie	St. Mary's	15-06.75 1
9 Seelinger, Morgan	Bryant	15-04.25
10 Mason, Jaelyn	Springdale Har-b	15-03.00
11 Howell, Amahni	Springdale Har-b	15-00.00

Girls Triple Jump**7A State: 38-06.75 R 2006****Overall: 39-00.25 ! 2007****Whitney Jones/ Karen Thomas****Whitney Jones**

Name	School	Finals
Finals		
1 Lenard, Britney	LR Central	34-09.75 10
2 Menifee, Maleaha	Fayetteville	34-09.25 8
3 Monye, Iris	Springdale	34-06.25 6
4 Conley, Kymberlee	Conway	34-00.00 5
5 Hilliard, Lindsay	Van Buren	33-05.50 4
6 Rogers, Autumn	Rogers Heritage	33-00.50 3
7 Pearson, Bailey	Bentonville	32-06.75 2
8 Seelinger, Morgan	Bryant	32-04.25 1

Finals ... (Girls Triple Jump)

Name	School	Finals
9 Onukwube, Debbie	St. Mary's	32-02.25
10 Randels, Ashley	Rogers	31-00.50
--- McCombs, Caroline	Fayetteville	ND
--- Gault, Taylor	Conway	ND

Girls Shot Put**7A State: 43-08 R 1991****Overall: 44-00.50 ! 1997****Roshendeda Ross****Heather Lakey**

Name	School	Finals
Finals		
1 Asoau, Shironda	No. Little Rock	38-05.00 10
2 Robinson, Krista	Conway	34-01.00 8
3 Brown, Laurn	Fayetteville	33-05.50 6
4 Allen-Smith, Quay	Conway	33-04.00 5
5 Regier, Ashley	Russellville	32-11.00 4
6 Conklin, Emily	Bentonville	32-03.00 3
7 Wisely, Tiffany	Springdale	31-10.50 2
8 Grinning, Laneshia	Fayetteville	31-08.50 1
9 Holbrook, Miah	Conway	31-00.50
10 Dedner, Marissa	Bentonville	30-10.00
11 Posky, Ashley	FS Southside	30-09.00
--- Walker, Adrianan	LR Central	ND

Girls Discus Throw**7A State: 149-11 R 1987****Overall: 149-11 ! 1987****Shannon Emory****Shannon Emory**

Name	School	Finals
Finals		
1 Asoau, Shironda	No. Little Rock	112-04 10
2 Wisely, Tiffany	Springdale	109-06 8
3 Davidson, Kayla	Bryant	97-00 6
4 Bell, Molly	FS Southside	94-06 5
5 Ferguson, Kelsey	Fayetteville	92-09 4
6 Briswalter, Brittany	Cabot	92-07 3
7 Birge, Amy	Springdale Har-b	90-01 2
8 Sanders, Blaklee	Bentonville	87-10 1
9 Regier, Ashley	Russellville	81-00
10 Werner, Kendall	Russellville	80-11
--- Walker, Adrianan	LR Central	ND

Boys 100 Meter Dash**7A State: 10.71 R 2000****Overall: 10.52 ! 2007****Chris Johnson****Fred Rose**

Name	School	Prelims
Preliminaries		
1 Berroa, Joseph	Rogers	10.89 Q
2 Braddy, Neal	FS Southside	11.05 Q
3 Beeler, Kameron	FS Southside	10.98 Q

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3	Glasper, Kieran	Conway	10.98	Q
5	Johnson, Brenston	No. Little Rock	11.11	Q
6	Terry, Antrell	No. Little Rock	11.10	q
7	Vanderpool, Sheldon	Bentonville	11.28	q
8	Bryant, Joe	Cabot	11.31	q
9	Young, TJ	FS Southside	11.34	
10	Tolbert, Tanner	Bryant	11.39	
11	Lyons, Sean	LR Central	11.40	

Boys 100 Meter Dash

7A State: 10.71 R 2000

Overall: 10.52 ! 2007

Chris Johnson

Fred Rose

Name	School	Finals
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Finals

1	Braddy, Neal	FS Southside	10.92	10
2	Terry, Antrell	No. Little Rock	11.15	8
3	Johnson, Brenston	No. Little Rock	11.16	6
4	Beeler, Kameron	FS Southside	11.17	5
5	Berroa, Joseph	Rogers	11.18	4
6	Glasper, Kieran	Conway	11.29	3
7	Bryant, Joe	Cabot	11.36	2
8	Vanderpool, Sheldon	Bentonville	11.40	1

Boys 200 Meter Dash

7A State: 21.10 R 1998

Overall: 20.80 ! 1991

Sam Glover

Basil Shavazz

Name	School	Prelims
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Preliminaries

1	Braddy, Neal	FS Southside	21.81	Q
2	Johnson, Brenston	No. Little Rock	22.38	Q
3	Beeler, Kameron	FS Southside	22.47	Q
4	Terry, Antrell	No. Little Rock	22.68	Q
5	Berroa, Joseph	Rogers	22.49	q
6	Vanderpool, Sheldon	Bentonville	22.78	q
7	Young, TJ	FS Southside	22.90	q
8	Tolbert, Tanner	Bryant	23.06	q
9	Eubanks, Markesis	Fayetteville	23.33	
10	Bryant, Powell	Cabot	23.35	
11	Glasper, Kieran	Conway	24.03	

Boys 200 Meter Dash

7A State: 21.10 R 1998

Overall: 20.80 ! 1991

Sam Glover

Basil Shavazz

Name	School	Finals
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Finals

1	Johnson, Brenston	No. Little Rock	22.55	10
2	Terry, Antrell	No. Little Rock	22.57	8
3	Berroa, Joseph	Rogers	22.61	6
4	Beeler, Kameron	FS Southside	22.75	5
5	Vanderpool, Sheldon	Bentonville	22.94	4
6	Young, TJ	FS Southside	23.40	3
7	Braddy, Neal	FS Southside	23.46	2
8	Tolbert, Tanner	Bryant	24.46	1

Boys 400 Meter Dash

7A State: 47.30 R 1985

Overall: 47.30 ! 1985

Mike Clemmons

Mike Clemmons

Name	School	Finals
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Finals

1	Braddy, Neal	FS Southside	50.12	10
2	Heard, Terrell	Conway	51.02	8
3	Tiemeyer, Ryan	Bentonville	51.23	6

Finals ... (Boys 400 Meter Dash)

Name	School	Finals
4 Burgett, Josh	FS Southside	51.75 5
5 Williams, Paul	FS Southside	51.89 4
6 King, Josh	Conway	52.16 3
7 Harmon, Jamarcus	Conway	52.99 2
8 Pitts, Jacob	Catholic	53.29 1
9 Glasper, James	Bryant	53.58
10 Toney, Elijah	Russellville	53.83

Boys 800 Meter Dash

7A State: 1:52.30 R 1970

Overall: 1:51.70 ! 1985

John Feltner

Robert Bradley

Name	School	Finals
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Finals

1	Efurd, Cameron	Rogers	1:55.31	10
2	Bryant, Jordan	Conway	1:57.75	8
3	Hanson, Caleb	FS Southside	1:58.03	6
4	Hubbard, Andrew	FS Southside	1:58.32	5
5	Chaffin, Alex	Catholic	1:59.45	4
6	Mosler, Travis	No. Little Rock	2:00.80	3
7	Earnest, Tabaris	Conway	2:01.50	2
8	Dorch, Robert	Rogers	2:01.88	1
9	Peterson, Ben	Rogers	2:06.62	
10	Evans, Luke	Conway	2:08.60	
11	Woods, Matt	Conway	2:18.66	

Boys 1600 Meter Run

7A State: 4:10.45 R 2001

Overall: 4:10.45 ! 2001

Eric Gross

Eric Gross

Name	School	Finals
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Finals

1	Hanson, Caleb	FS Southside	4:22.60	10
2	Pearson, Marcus	Conway	4:26.33	8
3	Efurd, Cameron	Rogers	4:32.56	6
4	Falls, Jordan	Rogers	4:34.79	5
5	Woods, Matt	Conway	4:35.85	4
6	Fleeman, Jeremiah	Rogers	4:36.17	3
7	Black, Taylor	LR Central	4:37.27	2
8	Earnest, Tataris	Conway	4:37.49	1
9	Simkins, Austin	Fayetteville	4:37.54	
10	Warneke, Morgan	Conway	4:42.42	
11	Gonzalez, Gabriel	Springdale	4:48.75	

Boys 3200 Meter Run

7A State: 9:24.80 R 1997

Overall: 9:09.80 ! 1989

David Carroll

Brian Baker

Name	School	Finals
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Finals

1	Tully, Alex	Catholic	9:37.99	10
2	Tucker, Brendon	Cabot	9:39.66	8
3	Pearson, Marcus	Conway	9:45.26	6
4	Hanson, Caleb	FS Southside	10:00.35	5
5	Dunbar, Chris	Cabot	10:00.62	4
6	Dedmon, Zach	FS Southside	10:01.51	3
7	Fleeman, Jeremiah	Rogers	10:02.06	2
8	Simkins, Austin	Fayetteville	10:04.36	1
9	Melia, Anthony	Rogers	10:07.66	
10	Earnest, Tataris	Conway	10:10.56	
11	Falls, Jordan	Rogers	10:17.69	
12	Friant, Matthew	Conway	10:22.12	

Boys 110 Meter Hurdles

7A State: 13.60 R 1985

Eric Mitchel

2009 7A State Track Meet - 5/16/2009**Conway Arkansas****Results**

Overall:	13.40 ! 1986	Derrick Russell
Name	School	Prelims
Preliminaries		
1 Allen, Jazz	Conway	14.54 Q
2 Smith, Quinten	Fayetteville	14.99 Q
3 Phillips, Greg	FS Southside	15.00 Q
4 Hood, Kevin	No. Little Rock	15.01 Q
5 Heard, Terrell	Conway	15.22 q
6 Eubanks, Markesis	Fayetteville	15.27 q
7 Tibbs, Michael	Rogers	15.38 q
8 Williams, Chris	No. Little Rock	15.52 q
9 Fruend, Mike	Fayetteville	15.53
10 Baggett, Chase	Bentonville	15.63
11 Ozuna, Isaiah	LR Central	15.68
12 Miles, Jacario	No. Little Rock	16.11

Boys 110 Meter Hurdles		
7A State:	13.60 R 1985	Eric Mitchel
Overall:	13.40 ! 1986	Derrick Russell
Name	School	Finals
Finals		
1 Hood, Kevin	No. Little Rock	14.72 10
2 Allen, Jazz	Conway	14.73 8
3 Smith, Quinten	Fayetteville	14.96 6
4 Eubanks, Markesis	Fayetteville	15.13 5
5 Phillips, Greg	FS Southside	15.16 4
6 Heard, Terrell	Conway	15.29 3
7 Tibbs, Michael	Rogers	15.74 2
8 Williams, Chris	No. Little Rock	17.35 1

Boys 300 Meter Hurdles		
7A State:	37.33 R 2000	Mark Bradley
Overall:	36.80 ! 1998	Sam Glover
Name	School	Prelims
Preliminaries		
1 Peacock, Trevor	Springdale	39.67 Q
2 Phillips, Greg	FS Southside	39.93 Q
3 Hood, Kevin	No. Little Rock	40.16 Q
3 Riner, Ben	Conway	40.16 Q
5 Allen, Jazz	Conway	40.31 q
6 Williams, Chris	No. Little Rock	41.17 q
7 Miles, Jacario	No. Little Rock	41.50 q
8 Smith, Quinten	Fayetteville	41.70 q
9 Baggett, Chase	Bentonville	41.71
10 Eubanks, Markesis	Fayetteville	41.86
11 Soerens, Stephen	Fayetteville	42.37
12 Snoderly, Jordan	Rogers Heritage	43.35
13 Goode, Jake	Conway	44.10

Boys 300 Meter Hurdles		
7A State:	37.33 R 2000	Mark Bradley
Overall:	36.80 ! 1998	Sam Glover
Name	School	Finals
Finals		
1 Riner, Ben	Conway	39.64 10
2 Allen, Jazz	Conway	39.78 8
3 Peacock, Trevor	Springdale	40.34 6
4 Hood, Kevin	No. Little Rock	40.77 5
5 Williams, Chris	No. Little Rock	40.95 4
6 Phillips, Greg	FS Southside	41.90 3
7 Miles, Jacario	No. Little Rock	42.27 2
8 Smith, Quinten	Fayetteville	42.30 1

Boys 4x100 Meter Relay		
7A State:	41.27 R 2000	
Overall:	40.90 ! 1990	
Team	Relay	Prelims
Preliminaries		
1 FS Southside	A	42.82 Q
2 No. Little Rock	A	43.23 Q
3 Conway	A	43.10 Q
4 Fayetteville	A	43.89 Q
5 Bryant	A	44.32 q
6 Rogers	A	44.45 q
7 Bentonville	A	44.46 q
8 Rogers Heritage	A	44.62 q
9 Cabot	A	44.83
10 Springdale	A	44.90
11 Van Buren	A	46.32
12 Catholic	A	46.66

Boys 4x100 Meter Relay		
7A State:	41.27 R 2000	
Overall:	40.90 ! 1990	
Team	Relay	Finals
Finals		
1 No. Little Rock	A	42.94 10
2 FS Southside	A	43.01 8
3 Fayetteville	A	43.96 6
4 Bentonville	A	44.00 5
5 Rogers	A	44.29 4
6 Rogers Heritage	A	44.83 3
7 Conway	A	45.66 2
--- Bryant	A	DNF

Boys 4x400 Meter Relay		
7A State:	3:16.90 R 1968	
Overall:	3:14.70 ! 1977	
Team	Relay	Finals
Finals		
1 FS Southside	A	3:27.47 10
2 Conway	A	3:29.41 8
3 No. Little Rock	A	3:30.56 6
4 Bentonville	A	3:31.99 5
5 Cabot	A	3:32.06 4
6 Rogers	A	3:32.80 3
7 Bryant	A	3:33.64 2
8 Rogers Heritage	A	3:34.97 1
9 Springdale	A	3:39.65
10 Van Buren	A	3:45.41

Boys 4x800 Meter Relay		
7A State:	7:57.00 R 1997	
Overall:	7:53.30 ! 2002	
Team	Relay	Finals
Finals		
1 Conway	A	8:10.52 10
2 Rogers	A	8:19.32 8
3 Cabot	A	8:21.31 6
4 FS Southside	A	8:22.76 5
5 Bentonville	A	8:27.28 4
6 Fayetteville	A	8:35.47 3
7 Springdale Har-ber	A	8:36.85 2
8 Bryant	A	8:44.44 1
9 Springdale	A	8:46.05
10 Russellville	A	8:50.35

2009 7A State Track Meet - 5/16/2009**Conway Arkansas****Results**

11 Van Buren A 8:54.07

Boys High Jump

7A State: 7-01 R 2000

Overall: 7-01.50 ! 1996

Mark Bradley

Kenny Evans

Name	School	Finals
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Finals

1	Washington, Micah	FS Southside	6-04.00	10
2	Cirincione, Kameron	Bentonville	6-02.00	8
3	Braddy, Neal	FS Southside	6-00.00	6
4	Hood, Kevin	No. Little Rock	J6-00.00	5
5	Soerens, Stephen	Fayetteville	5-10.00	4
6	Ozuna, Isaiah	LR Central	J5-10.00	3
7	Harmon, Jamarcus	Conway	5-08.00	2
8	Allosado, Gabe	FS Southside	J5-08.00	1
9	Smith, Troy	Bryant	5-06.00	
10	Kerr, Zach	Cabot	5-04.00	
---	Winkle, Sean	Cabot	NH	

Boys Pole Vault

7A State: 16-08 R 2006

Overall: 16-08 ! 2006

Spencer McCorkel

Spencer McCorkel

Name	School	Finals
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Finals

1	Kotch, Ryan	Conway	15-00.00	10
2	Sandusky, Ethan	Bentonville	14-08.00	8
3	Moix, Hunter	Conway	14-04.00	6
4	Horlick, Kaleb	Fayetteville	14-00.00	5
5	Tibbs, Michael	Rogers	13-06.00	4
6	Campbell, Kellen	Fayetteville	13-00.00	3
7	Leonard, Mitchell	Cabot	J13-00.00	2
8	Driver, Grant	Rogers Heritage	J13-00.00	1
9	Bayles, Matt	Cabot	12-00.00	
10	Kotch, Austin	Conway	J12-00.00	

Finals ... (Boys Pole Vault)

Name	School	Finals
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11	Lusby, Joe	Conway	11-06.00	
---	Wright, Alex	FS Southside	NH	
---	Priore, Anthony	Russellville	NH	

Boys Long Jump

7A State: 24-03.50 R 1991

Overall: 24-05.75 ! 1996

Basil Shavazz

Joseph Wright

Name	School	Finals
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Finals

1	Tolbert, Tanner	Bryant	21-11.75	10
2	Braddy, Neal	FS Southside	21-11.50	8
3	Washington, Micah	FS Southside	21-06.00	6
4	Berroa, Joseph	Rogers	21-05.50	5
5	Heard, Terrell	Conway	21-04.25	4
6	Snoderly, Jordan	Rogers Heritage	21-00.50	3
7	Ozuna, Isaiah	LR Central	20-10.75	2
8	Driver, Grant	Rogers Heritage	20-07.00	1
9	Harmon, Jamarcus	Conway	20-04.75	
10	Allen, Jazz	Conway	20-03.50	
11	Hale, Dylain	Fayetteville	19-10.00	
12	Williams, Chris	No. Little Rock	18-01.50	

Boys Triple Jump

7A State: 47-11 R 2006

Overall: 47-11 ! 2006

Donavan Loring

Donovan Loring

Name	School	Finals
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Finals

1	Washington, Micah	FS Southside	44-08.50	10
2	Tolbert, Tanner	Bryant	43-06.75	8
3	Berroa, Joseph	Rogers	42-11.50	6
4	Trudo, Tyler	Bentonville	42-07.00	5
5	Heard, Terrell	Conway	42-03.75	4
6	Snoderly, Jordan	Rogers Heritage	42-01.00	3
7	Ozuna, Isaiah	LR Central	41-11.00	2
8	Harmon, Jamarcus	Conway	41-08.25	1
9	King, Josh	Conway	41-06.00	
10	Soerens, Stephen	Fayetteville	41-05.00	
11	Smith, Quinten	Fayetteville	41-01.00	
---	Terry, Antrell	No. Little Rock	ND	

Boys Shot Put

7A State: 65-10.75 R 1974

Overall: 65-10.75 ! 1974

Paul White

Paul White

Name	School	Finals
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Finals

1	Beltrand, TJ	Cabot	50-03.00	10
2	Lane, Zac	Rogers	49-04.00	8
3	Leslie, Trent	Russellville	47-09.00	6
4	Nolan, Alex	FS Southside	46-01.00	5
5	Dolan, Chris	FS Southside	45-09.00	4
6	Cocanaugher, Brett	Russellville	44-09.50	3
7	Tibbs, Michael	Rogers	44-05.00	2
8	Cartwright, Terrance	Conway	43-02.00	1
9	Demtruis, Dean	Fayetteville	42-05.50	
10	Hill, Caleb	Rogers	40-07.50	
11	Pierce, Grant	Cabot	40-02.50	
12	Jones, Trey	Cabot	39-00.00	

Boys Discus Throw

7A State: 185-00 R 2005

Overall: 187-11 ! 1985

Jesse Williams

Bobby McDaniels

Name	School	Finals
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Finals

1	Alsbaugh, Evan	Conway	134-05	10
2	Rogers, Anthony	No. Little Rock	134-03	8
3	Mortensen, Jonathan	Bentonville	133-10	6
4	Pierce, Grant	Cabot	133-08	5
5	Sturrock, John	FS Southside	131-10	4
6	Marshall, Payton	FS Southside	127-09	3
7	Bunting, Brock	Cabot	123-04	2
8	Wright, Michael	Springdale	122-00	1
9	Duckworth, Terrence	No. Little Rock	117-11	
10	Robinson, Sean	FS Southside	113-05	
---	Beltrand, TJ	Cabot	ND	
---	Tibbs, Michael	Rogers	ND	

Women - Team Rankings - 17 Events Scored

1)	Bentonville	117.5
2)	Conway	105.5
3)	LR Central	64
4)	Fayetteville	54
5)	Bryant	45
6)	No. Little Rock	44
7)	Rogers	41
8)	FS Southside	36
9)	FS Northside	31
10)	Cabot	27
11)	Springdale	21

2009 7A State Track Meet - 5/16/2009**Conway Arkansas****Results**

12) Springdale Har-ber	20
13) Van Buren	18
13) Rogers Heritage	18
15) Russellville	11
16) St. Mary's	9

Men - Team Rankings - 17 Events Scored

1) FS Southside	160
2) Conway	132
3) No. Little Rock	86
4) Rogers	79
5) Bentonville	52
6) Cabot	43
7) Fayetteville	34
8) Bryant	22
9) Catholic	15
10) Rogers Heritage	12
11) Russellville	9
11) LR Central	9
13) Springdale	7
14) Springdale Har-ber	2