

1993 Girls Track Class A State Championships

Class A Team Scores

Bellevue East	75	Grand Island	21	North Platte	6
Millard North	64	Lincoln High	20	Lincoln East	6
Scottsbluff	43	Omaha Westside	20	Bellevue West	6
Lincoln Southeast	32	South Sioux City	18	Omaha North	4
Omaha Burke	26	Papillion-LaVista	15	Columbus	2
Omaha Northwest	26	Norfolk	12	Lincoln Pius X	2
Fremont	24	Millard South	11	Omaha South	1
Gering	22	Kearney	9		

Class Individual Medalists

100 Meter Dash

1 Mikaela Perry	Omaha Northwest	11.86
2 Tina Ellis	Bellevue East	12.31
3 Kristie Miller	South Sioux City	12.50
4 Kahilya Ellis	Lincoln High	12.55
5 Amanda Jurgenson	Fremont	12.56
6 Denise Thomas	Omaha South	12.58

200 Meter Dash

1 Mikaela Perry	Omaha Northwest	24.55
2 LaTisha Croom	Bellevue East	25.45
3 Kahilya Ellis	Lincoln High	26.33
4 Amanda Jurgenson	Fremont	26.71
5 Stephanie Sharp	Gering	26.79
6 Sandra Lawton	Grand Island	26.96

400 Meter Dash

1 LaTisha Croom	Bellevue East	:56.53
2 Amanda Jurgenson	Fremont	:58.09
3 Jen Hellings	Scottsbluff	:59.25
4 Sheri Hames	South Sioux City	:59.64
5 Denise Koziol	Norfolk	:59.65
6 Courtney Layman	Lincoln Pius X	1:00.21

800 Meter Run

1 Denise Koziol	Norfolk	2:17.22
2 Kristin Whitted	Omaha Westside	2:20.85
3 Kelly Bare	Lincoln Southeast	2:21.00
4 Jen Hellings	Scottsbluff	2:21.29
5 Kathy Kearns	Millard North	2:21.30
6 Melissa Buechler	Papillion-LaVista	2:21.82

1600 Meter Run

1 Kathy Kearns	Millard North	5:15.93
2 Melissa Wilson	Scottsbluff	5:18.99
3 Pam Krallman	Bellevue West	5:22.62
4 Kristin Whitted	Omaha Westside	5:24.41
5 Teri Carlson	Lincoln East	5:27.25
6 Andrea Baker	Lincoln Southeast	5:27.83

3200 Meter Run

1 Carla Sudbeck	Millard South	11:29.06
2 Melissa Wilson	Scottsbluff	11:37.46
3 Kathy Kearns	Millard North	11:40.62
4 Katherine Shaner	Lincoln Southeast	11:41.54
5 Kelly Alsup	Millard North	11:43.21
6 Megann Walker	Lincoln Pius X	11:49.54

100 Meter High Hurdles

1 Tonya McMillion	Bellevue East	14.60
2 Yolanda Young	Omaha Burke	15.02
3 Jenny Reinke	Millard North	15.05
4 Erin John	Grand Island	15.38
5 Kristie Miller	South Sioux City	15.50
6 Stephanie Streeks	Gering	15.71

300 Meter Low Hurdles

1 Tonya McMillion	Bellevue East	44.93
2 Jenny Reinke	Millard North	45.55
3 Amy Cooper	Omaha Burke	46.20
4 Kristie Miller	South Sioux City	46.97
5 Erin John	Grand Island	47.49
6 Jennifer Elliott	Columbus	47.66

Long Jump

1 Charmaine Galloway	Grand Island	17-05.25
2 KD Smith	Omaha Westside	17-02
3 Trasi Martin	Millard North	17-01.5
4 Christina Witt	Lincoln Southeast	17-00.5
5 Yoland Young	Omaha Burke	16-11.75
6 Sarah Grotelueschen	Gering	16-07.75

High Jump

1 Stephanie Streeks	Gering	5-09
2 Laura Martin	Fremont	5-05
3 Amberg Hoppe	North Platte	5-05
4 Yolanda Young	Omaha Burke	5-05
5 Andrea Zins	Lincoln East	5-04
6 Cinda Wheeler	Bellevue East	5-04

Shot Put

1 Unhwa Running	Millard North	41-08
2 Melissa Gantt	Bellevue East	41-04.25
3 Michelle Soucie	Millard North	39-08.5
4 Cassie Illian	Lincoln Southeast	39-05.75
5 Andrea Dodge	Fremont	38-08
6 Rhonda Brumer	Columbus	38-03.75

Discus

1 Jen Kamtz	Scottsbluff	140-06
2 Marcie Scharton	Lincoln High	136-10
3 Unhwa Running	Millard North	127-06
4 Cassie Illian	Lincoln Southeast	123-05
5 Michelle Soucie	Millard North	123-00
6 Angie Nolte	Lincoln Southeast	118-08

400 Meter Relay

1 Bellevue East		48.84
2 Gering		50.57
3 Omaha Burke		50.64
4 Omaha North		50.67
5 Lincoln High		50.89

1600 Meter Relay

1 Bellevue East		3:58.06
2 Kearney		4:00.19
3 Omaha Northwest		4:01.39
4 Papillion-LaVista		4:07.78
5 South Sioux City		4:08.49

6	Millard South	50.92			6	Scottsbluff	4:10.76	
3200 Meter Relay								
1	Papillion-LaVista	9:37.05						
2	Lincoln Southeast	9:45.87						
3	Scottsbluff	9:47.22						
4	Grand Island	9:49.79						
5	Lincoln East	9:54.63						
6	Kearney	9:54.79						