

1980 Girls Track Class C State Championships						
Class C Team Scores						
Hastings St. Cecilia	57	Ansley	8	Wakefield	4	
Omaha Cathedral	42	Ponca	8	Bertrand	4	
Laurel	24	Elm Creek	8	Arapahoe	4	
Elkhorn Valley	24	Elgin Pope John	8	Oshkosh	4	
Randolph	20	Bennington	8	Gibbon	2	
Fremont Bergan	20	Pawnee City	7	Waterloo	2	
Imperial	18	Morrill	7	Pender	2	
Omaha Holy Name	18	North Bend	6	Blue Hill	1	
Hebron	17	Hershey	6	Sutton	1	
Harvard	16	Centura	6	Meridian	1	
Hay Springs	13	Conestoga	6	East Butler	1	
Shelton	10.5	Minatare	6	Verdigre	1	
Burwell	10	Centennial	5	Friend	1	
Howells	10	Cedar Bluff	5	Atkinson West Holt	0.5	
Wauneta	8	Grand Island CC	4	Emerson	0	
Class C Individual Medalists						
100 Meter Dash				200 Meter Dash		
1 Crystal Hicks	Omaha Cathedral	12.8		1 Crystal Hicks	Omaha Cathedral	25.7
2 Mindy Nordhausen	Wauneta	13.0		2 Kelli Holton	Elkhorn Valley	25.7
3 Susan Stencel	Hershey	13.0		3 Barb Kindig	Hastings St. Cecilia	26.3
4 Alice Wattier	Randolph	13.1		4 Paula Chace	Laurel	26.5
5 Cammy Weyers	Hay Springs	13.1		5 Robin Beavers	Gibbon	26.6
6 Teresa Oschner	Sutton	13.1		6 Cammy Weyers	Hay Springs	26.8
400 Meter Dash				800 Meter Run		
1 Kelli Holton	Elkhorn Valley	:57.6		1 Paula Chace	Laurel	2:21.4
2 Paula Chace	Laurel	:59.2		2 Marci Wattier	Randolph	2:23.0
3 Marci Wattier	Randolph	:59.3		3 Tina Resh	Shelton	2:23.1
4 Crystal Hicks	Omaha Cathedral	:59.6		4 Jolene Smith	Ponca	2:24.4
5 Teri Buchanan	Waterloo	1:00.7		5 Deb Josoff	Cedar Bluffs	2:25.8
6 Cindy Bostock	Blue Hill	1:01.2		6 Janet Cook	Verdigre	2:26.4

1600 Meter Run				3200 Meter Run			
1	Teri John	Burwell	5:23.8	1	Patty Drey	Omaha Holy Name	11:42.5
2	Patty Drey	Omaha Holy Name	5:27.2	2	Jane Ortmeier	Fremont Bergan	12:00.3
3	Dawn Steffensmeier	Minatare	5:29.6	3	Janelle Weilage	Pawnee City	12:03.3
4	Tina Resh	Shelton	5:43.3	4	Karen Osada	Ponca	12:04.7
5	Deb Josoff	Cedar Bluffs	5:36.1	5	Diann Austin	Imperial	12:07.9
6	Janelle Weilage	Pawnee City	5:39.7	6	Jean Drees	Meridian	12:18.1
100 Meter Low Hurdles				Long Jump			
1	Barb Kindig	Hastings St. Cecilia	14.6	1	Cammy Weyers	Hay Springs	17-02
2	Mary McCarty	Elgin Pope John	15.2	2	Tami Keller	Havard	16-10
3	Kelly Peterson	Conestoga	15.4	3	Donna Chvatal	North Bend	16-09.5
4	Karen Dahlgren	Bertrand	15.7	4	Linda Polston	Arapahoe	16-09
5	Lori Brown	Hastings St. Cecilia	15.8	5	Paula Chace	Laurel	16-05.75
6	Judy Stastny	East Butler	15.9	6	Lori Brown	Hastings St. Cecilia	16-05
High Jump				Shot Put			
1	Stacy Jakubowski	Howells	5-04	1	Jan Frosh	Imperial	42-06.25
2	Tami Keller	Harvard	5-03	2	Karen Gerdes	Hebron	42-03.25
3	Ginny Smith	Elm Creek	5-02	3	Julie Parr	Hastings St. Cecilia	40-03.5
4	Kare Richters	Centennial	5-02	4	Carol Derr	Morrill	38-05
5	Lori Brown	Hastings St. Cecilia	5-00	5	Linda Mabie	Pender	38-01
6 tie	Darla Butterfield	Atkinson West Holt	5-00	6	Shelly Schoolcraft	Morrill	38-00
	Sue Mueller	Shelton	5-00				
Discus				400 Meter Relay			
1	Julie Parr	Hastings St. Cecilia	123-05	1	Hastings St. Cecilia		50.9
2	Karen Gerdes	Hebron	121-07	2	Fremont Bergan		51.4
3	Jan Frosh	Imperial	118-01	3	Ansley		52.0
4	Jan Glissman	Oshkosh	112-11	4	Wakefield		52.4
5	Shelly McKee	Elm Creek	111-00	5	Randolph		52.4
6	LuAnn Soderling	Cedar Bluffs	109-11	6	Centennial		52.4
1600 Meter Relay				3200 Meter Relay			
1	Hastings St. Cecilia	4:09.6		1	Omaha Cathedral	10:03.6	
2	Omaha Cathedral	4:12.7		2	Benington	10:07.9	
3	Elkhorn Valley	4:12.9		3	Centura	10:10.0	
4	Grand Island CC	4:14.0		4	Fremont Bergan	10:15.4	

5	Ansley	4:14.8			5	Morrill	10:15.5	
6	Friend	4:15.0			6	Hebron	10:17.5	

1981 Girls Track Class C State Championships

Class C Team Scores

David City Aquinas	46	Burwell	12	North Bend	2
Hastings St. Cecilia	44	Gibbon	12	Elm Creek	2
Geneva	29	Bertrand	11	Leyton	2
Harvard	28	Arapahoe	11	Shelton	2
Pawnee City	24	Howells	10	Neligh	2
Hebron	22	Logan View	10	Wahoo Neumann	2
Elkhorn Valley	22	Friend	8	Weeping Water	2
Randolph	20	Clarkson	8	Imperial	1
Hartington	16	Omaha Cathedral	8	Ponca	1
Fremont Bergan	15	Stanton	6	Bloomfield	1
Omaha Holy Name	15	Plainview	4	Wausa	1
Morrill	13	Palmyra	4	Sargent	1
Centennial	13	Conestoga	4		

Class C Individual Medalists

100 Meter Dash

1 Ann Polak	David City Aquinas	12.42
2 Sarah Reed	Gibbon	12.90
3 Diane Wiesen	Fremont Bergan	12.91
4 Monica Sayers	Conestoga	13.06
5 Kim Pohlman	Stanton	13.11
6 Dawn Downie	Bloomfield	13.13

200 Meter Dash

1 Ann Polak	David City Aquinas	25.53
2 Vicky Johnson	Geneva	25.99
3 Kelli Holton	Elkhorn Valley	26.43
4 Sarah Reed	Gibbon	26.67
5 Karla Niewedde	Centennial	26.82
6 Diane Wiesen	Fremont Bergan	26.96

400 Meter Dash

1 Vicky Johnson	Geneva	:57.96
2 Kelli Holton	Elkhorn Valley	:58.55
3 Beth Wilson	Harvard	:58.91
4 Kim Thomsen	Stanton	:59.30
5 Cheryl Hughes	Neligh	1:00.18
6 Karen Dahlgren	Bertrand	1:00.28

800 Meter Run

1 Beth Wilson	Harvard	2:21.04
2 Christy Shutts	Friend	2:22.11
3 Regan tenBensel	Arapahoe	2:22.78
4 Julie Dennis	Palmyra	2:23.34
5 Sheila Brown	Hastings St. Cecilia	2:24.23
6 Lori Humphreys	Imperial	2:24.25

1600 Meter Run

3200 Meter Run

1	Janelle Weilage	Pawnee City	5:18.02		1	Janelle Weilage	Pawnee City	11:41.90
2	Pat Stodola	Clarkson	5:19.84		2	Patty Drey	Omaha Holy Name	11:50.05
3	Patty Drey	Omaha Holy Name	5:19.89		3	Jane Ortmeier	Fremont Bergan	12:01.82
4	Terri John	Burwell	5:25.71		4	Terri John	Burwell	12:03.70
5	Tina Resh	Shelton	5:31.45		5	Colleen Hotovy	David City Aquinas	12:10.32
6	Donna Drey	Omaha Holy Name	5:32.97		6	Karen Osada	Ponca	12:11.54
100 Meter Low Hurdles				Long Jump				
1	Karen Dahlgren	Bertrand	15.01		1	Vicky Johnson	Geneva	17-10.5
2	Carol Derr	Morrill	15.17		2	Lori Brown	Hastings St. Cecilia	17-04
3	Barb Kindig	Hastings St. Cecilia	15.25		3	Tami Keller	Harvard	17-02.25
4	Tonda Bessmer	Plainview	15.71		4	Linda Polston	Arapahoe	16-10.75
5	Laurie Martin	Wahoo Neumann	15.74		5	Deb Schmidt	Fremont Bergan	16-07.75
6	Julie Begley	Morrill	15.89		6	Cari Poland	Sargent	16-04.25
High Jump				Shot Put				
1	Stacy Jakubowski	Howells	5-06		1	Inga Broderson	Randolph	40-11.75
2	Kare Richters	Centennial	5-06		2	Karen Gerdes	Hebron	40-07.75
3	Tami Keller	Harvard	5-05		3	Tami Bargstadt	Hartington	39-03.75
4	Martha Crull	Logan View	5-02		4	Carol Derr	Morrill	38-11.25
5	Janice Russell	Leyton	5-02		5	Shelly McKee	Elm Creek	38-00.5
6	Vicki Wamberg	Wausa	5-02		6	Cami Colbert	Weeping Water	37-04
Discus				400 Meter Relay				
1	Tami Bargstadt	Hartington	122-08		1	David City Aquinas		50.19
2	Cindy Parr	Hastings St. Cecilia	121-09		2	Hastings St. Cecilia		50.72
3	Inga Broderson	Randolph	121-03		3	Logan View		50.96
4	Karen Gerdes	Hebron	121-02		4	Randolph		50.99
5	Jolynn Krepel	North Bend	120-04		5	Centennial		51.36
6	Cami Colbert	Weeping Water	119-04		6	Geneva		51.38
1600 Meter Relay				3200 Meter Relay				
1	Hastings St. Cecilia		4:09.06		1	Hebron		9:58.40
2	Elkhorn Valley		4:10.01		2	David City Aquinas		10:01.19
3	David City Aquinas		4:10.55		3	Omaha Cathedral		10:08.44
4	Pawnee City		4:11.87		4	Burwell		10:08.62
5	Omaha Cathedral		4:12.99		5	Hastings St. Cecilia		10:09.36
6	Centennial		4:13.47		6	Arapahoe		10:09.45

1982 Girls Track Class C State Championships						
Class C Team Scores						
David City Aquinas	46	Centennial	11	West Point CC	4	
Geneva	44	Franklin	10	Elgin	2	
Plainview	29	Hebron	10	Bayard	2	
Pawnee City	28	Ponca	8	Omaha Cathedral	2	
Arapahoe	28	Bennington	8	Tri County	2	
Hastings St. Cecilia	26	Palmyra	8	Creighton	2	
Shelton	22	Howells	7	Ravenna	1	
Louisville	18	Elm Creek	6	Fort Calhoun	1	
Randolph	18	Crofton	6	Minatare	1	
Imperial	18	Neligh	6	Morril	1	
Ewing	17	Sandy Creek	4	Kenesaw	1	
Harvard	16	Humphrey SF	4	Logan View	1	
Elkhorn Valley	12	Sutherland	4			
Class C Individual Medalists						
100 Meter Dash		200 Meter Dash				
1 Ann Polack	David City Aquinas	12.01	1 Theresa Siefkes	Waverly	25.50	
2 Kris Uffelman	Geneva	12.43	2 Vicky Johnson	Geneva	25.82	
3 Tonda Bessmer	Plainview	12.43	3 Kris Uffelman	Geneva	26.22	
4 Kelly Fuxa	Louisville	12.63	4 Kelli Holton	Elkhorn Valley	26.32	
5 Lisa Jensen	Ponca	12.64	5 Kim Huck	Bayard	26.81	
6 Karla Niewedde	Centennial	12.65	6 Tonda Bessmer	Plainview	26.92	
400 Meter Dash		800 Meter Run				
1 Vicky Johnson	Geneva	:58.73	1 Shelia Brown	Hastings St. Cecilia	2:18.79	
2 Kelli Holton	Elkhorn Valley	:58.90	2 Mary Spitser	Pawnee City	2:18.87	
3 Mary Spitser	Pawnee City	1:00.14	3 Beth Wilson	Harvard	2:18.97	
4 Beth Wilson	Harvard	1:00.16	4 Lori Humphreys	Imperial	2:22.86	
5 Lori Humphreys	Imperial	1:00.43	5 Regan tenBensel	Arapahoe	2:23.16	
6 Shelia Brown	Hastings St. Cecilia	1:00.68	6 Ann Geiger	Hastings St. Cecilia	2:23.27	
1600 Meter Run		3200 Meter Run				

1	Sammie Resh	Shelton	5:20.04		1	Sammie Resh	Shelton	11:20.97
2	Julie Dennis	Palmyra	5:20.34		2	Janelle Weilage	Pawnee City	11:24.23
3	Janelle Weilage	Pawnee City	5:22.32		3	Jenny Sheldon	Crofton	11:54.01
4	Cheryl Woodford	Ponca	5:32.88		4	Diane Austin	Imperial	11:58.14
5	Deb Wright	Ewing	5:33.89		5	Karen Osada	Ponca	12:01.28
6	Pat Wright	Ewing	5:36.39		6	Kathy Nichols	Minatare	
100 Meter Low Hurdles				Long Jump				
1	Tonda Bessmer	Plainview	14.76		1	Linda Polston	Arapahoe	16-10
2	Vicky Johnson	Geneva	14.83		2	Coleen Regan	Ewing	16-09.75
3	Colleen Regan	Ewing	14.96		3	Robin Wells	Neligh	16-08.75
4	Renee Sandberg	Sutherland	15.35		4	Michelle Wakefield	Bennington	16-05.75
5	Monica Demerath	Plainview	15.60		5	Mary Stokebrand	Tri County	16-03.5
6	Biance Filbin	Kenesaw	15.88		6	Mary Fitzgerald	Fort Calhoun	16-02.5
High Jump				Shot Put				
1	Kristi Fries	Franklin	5-04		1	Inga Broderson	Randolph	42-03.75
2	Beth Fiala	David City Aquinas	5-03		2	Kathy Gottberg	Louisville	40-08.25
3	Tami Keller	Harvard	5-02		3	Kaylene Braddy	Elm Creek	37-06.5
4	Jeanne Ridder	West Point CC	5-01		4	Cheryl Shaw	Sandy Creek	37-06
5	Lisa Wildman	Elgin	5-01		5	Letha Kruger	Shelton	35-09
6	Becky Chramosta	Ravenna	5-01		6	Monic Ream	Morrill	35-07
Discus				400 Meter Relay				
1	Jean Monter	Arapahoe	127-03		1	Plainview		51.53
2	Inga Broderson	Randolph	126-10		2	Centennial		51.77
3	Kathy Gottberg	Louisville	125-11		3	David City Aquinas		52.00
4	Joy Cohrs	Bennington	124-11		4	Geneva		52.01
5	Cindy Parr	Hastings St. Cecilia	122-02		5	Hastings St. Cecilia		52.03
6	Juli Wostrel	Creighton	114-09		6	Logan View		52.52
1600 Meter Relay				3200 Meter Relay				
1	Hastings St. Cecilia		4:04.95		1	Hebron		10:03.42
2	David City Aquinas		4:11.00		2	Imperial		10:10.99
3	Howells		4:11.83		3	Arapahoe		10:12.41
4	Humphrey SF		4:12.22		4	David City Aquinas		10:16.11
5	Centennial		4:12.43		5	Omaha Cathedral		10:18.58
6	Creighton		4:16.39		6	Howells		No Time

1983 Girls Track Class C State Championships					
Class C Team Scores					
Geneva	66	Ewing	10	Pawnee City	4
Wahoo	26	Bennington	9	Wilber-Clatonia	4
Hastings St Cecilia	22	Neligh	8	Humphrey SF	2
Shelton	20	Sutherland	8	Morrill	2
Crofton	20	Tri County	8	Centura	2
Randolph	18	Alma	8	Crawford	2
Centennial	18	Plainview	7	Omaha Cathedral	2
Louisville	18	Sandy Creek	6	Omaha Holy Name	2
Battle Creek	15	Franklin	6	Norfolk Catholic	1
Stromsburg	14	Clarkson	6	Howells	1
Grant	14	Elm Creek	5	Wahoo Neumann	1
Hyannis	12	Pierce	5	West Point CC	1
Harvard	12	Hebron	4	David City Aquinas	1
Ansley	12	Doniphan	4	Tekamah-Herman	0
Madison	10	Ponca	4	Burwell	0
North Platte SP	10	Bayard	4		
Class C Individual Medalists					
100 Meter Dash		200 Meter Dash			
1 Kris Uffelman	Geneva	12.62	1 Vicky Johnson	Geneva	26.15
2 Karla Niewedde	Centennial	12.96	2 Kris Uffelman	Geneva	26.20
3 Tracy Brownlow	Hyannis	13.04	3 Tracy Brownlow	Hyannis	26.56
4 Rita Goc	Doniphan	13.07	4 Kim Huck	Bayard	26.71
5 Lisa Jensen	Ponca	13.11	5 Ann Eisenmenger	Humphrey SF	27.14
6 Tonda Bessmer	Plainview	13.17	6 Jill Timmer	Norfolk Catholic	27.19
400 Meter Dash		800 Meter Run			
1 Vicky Johnson	Geneva	:57.53	1 Karla Christensen	Wahoo	2:20.00
2 Kris Uffelman	Geneva	:58.46	2 Pam Sis	Grant	2:21.00
3 Beth Wilson	Harvard	:59.05	3 Patty Stodola	Clarkson	2:22.25
4 Lisa Frisch	Madison	:59.97	4 Ina Rochelle	Wilber-Clatonia	2:22.41
5 Ruth Evans	Omaha Holy Name	1:00.18	5 Laurie Forrest	Hebron	2:22.54
6 Sheila Brown	Hastings St Cecilia	1:00.25	6 Susan Meiergerd	West Point CC	2:23.58
1600 Meter Run		3200 Meter Run			
1 Tamala Resh	Shelton	5:11.32	1 Tamala Resh	Shelton	10:59.05
2 Karla Christensen	Wahoo	5:13.32	2 Karla Christensen	Wahoo	11:01.36
3 Karla Kube	Crofton	5:15.65	3 Karla Kube	Crofton	11:13.54
4 Debbie Wright	Ewing	5:18.25	4 Debbie Wright	Ewing	11:31.01
5 Janelle Weilage	Pawnee City	5:19.13	5 Janelle Weilage	Pawnee City	11:41.76
6 Karen Osada	Ponca	5:22.45	6 Karen Osada	Ponca	11:44.11
100 Meter Low Hurdles		Long Jump			
1 Vicky Johnson	Geneva	14.48	1 Vicky Johnson	Geneva	17-10.75
2 Renee Sandburg	Sutherland	15.20	2 Denise Walz	Battle Creek	17-09.25
3 Kelly Rouzee	North Platte SP	15.33	3 Linda Schnitzler	Battle Creek	17-05.5
4 Tonda Bessmer	Plainview	15.48	4 Robin Wells	Neligh	16-10
5 Colleen Regan	Ewing	15.49	5 Tricia Smith	Crawford	16-09.25
6 Jeanne Noonan	Wahoo Neumann	15.61	6 Michelle Wakefield	Bennington	16-07.75
High Jump		Shot Put			
1 Dawn Bernt	Stromsburg	5-04	1 Inga Broderson	Randolph	43-06
2 Leinesa Thompson	Alma	5-04	2 Kathy Gottberg	Louisville	43-04.5
3 Kristi Fries	Franklin	5-02	3 Cheryl Shaw	Sandy Creek	39-00.5
4 Coleen Baker	Stromsburg	5-02	4 Sally Hircock	Ansley	37-11.5
5 Sindee Breding	Randolph	5-02	5 Monica Ream	Morrill	37-10
6 Jue Janovy	Pierce	5-00	6 Kaylene Brady	Elm Creek	36-11
Discus		400 Meter Relay			
1 Kathy Gottberg	Louisville	138-04	1 Centennial		51.06
2 Joy Cohrs	Bennington	129-04	2 Tri County		51.27
3 Inga Broderson	Randolph	127-10	3 Harvard		51.60
4 Kaylene Brady	Elm Creek	125-11	4 North Platte St Pat		51.72

5	Ann O'Callaghan	Omaha Cathedral	123-08		5	Plainview	51.86	
6	Cindy Parr	Hastings St Cecilia	114-06		6	Battle Creek	51.98	
	1600 Meter Relay					3200 Meter Relay		
1	Hastings St Cecilia	4:10.75			1	Hastings St Cecilia	9:45.75	
2	Ansley	4:11.07			2	Crofton	9:53.74	
3	Grant	4:11.30			3	Madison	9:56.56	
4	Neligh	4:11.33			4	Pierce	10:01.00	
5	Centura	4:11.84			5	Hebron	10:02.04	
6	Howells	4:12.80			6	David City Aquinas	10:05.02	

1984 Girls Track Class C State Championships

Class C Team Scores

Geneva	59	Wahoo	8	Weeping Water	4
Louisville	36	North Platte SP	7	Arlington	3
Madison	36	Nebraska Christian	6	Omaha Cathedral	2
Hastings St Cecilia	33	Howells	6	Nebraska Lutheran	2
Ansley	30	Humphrey	6	Deshler	2
Centennial	22	Humphrey SF	6	Kearney Catholic	2
Hebron	18	Doniphan	6	Bayard	1
Crofton	18	Hershey	6	Wahoo Neumann	1
Grant	15	Wakefield	6	Stromsburg	1
Pope John	12	Pawnee City	5	Bertrand	1
Battle Creek	11	Fullerton	4	Wisner-Pilger	0
Tri County	10	Hartington	4	Nemaha Valley	0
Cedar Bluffs	8	Burwell	4	Morrill	0

Class C Individual Medalists

100 Meter Dash		200 Meter Dash			
1 Kris Uffelman	Geneva	12.76	1 Vicky Johnson	Geneva	25.87
2 Kelly Fuxa	Louisville	12.79	2 Kelly Fuxa	Louisville	26.09
3 Amy Dobesh	Ansley	12.85	3 Amy Dobesh	Ansley	26.30
4 Jenae Schroeder	Tri County	12.98	4 Rita Goc	Doniphan	26.40
5 Rita Goc	Doniphan	13.00	5 Stassi Spencer	Omaha Cathedral	26.57
6 Karoline Maaske	Arlington	13.06	6 Kris Uffelman	Geneva	26.62

400 Meter Dash		800 Meter Run			
1 Vicky Johnson	Geneva	:57.85	1 Pam Sis	Grant	2:20.60
2 Lisa Frisch	Madison	:58.00	2 Sheila Brown	Hastings St Cecilia	2:21.28
3 Ann Eisenmenger	Humphrey SF	:59.64	3 Lisa Trausch	Hastings St Cecilia	2:21.39
4 Kris Uffelman	Geneva	:59.96	4 Laurie Forrest	Hebron	2:21.67
5 Suzanne Stelling	Wakefield	1:00.21	5 Sammie Resh	Shelton	2:22.34
6 Sheila Brown	Hastings St Cecilia	1:00.68	6 Ina Rochelle	Wilber-Clatonia	2:22.60

1600 Meter Run		3200 Meter Run			
1 Sammie Resh	Shelton	5:18.28	1 Sammie Resh	Shelton	11:30.40
2 Karla Kube	Crofton	5:21.16	2 Karla Kube	Crofton	11:41.20
3 Deb Kathol	Pope John	5:23.85	3 Deb Kathol	Pope John	11:43.08
4 Rochelle Weilage	Pawnee City	5:25.40	4 Holly Boucher	Burwell	11:46.56
5 Sandi Rof	Fullerton	5:27.48	5 Joy Malchow	Nebraska Lutheran	11:46.75
6 Paula West	Shelton	5:30.48	6 Rochelle Weilage	Pawnee City	11:56.10

100 Meter Low Hurdles		Long Jump			
1 Vicky Johnson	Geneva	14.78	1 Vicky Johnson	Geneva	18-01
2 Darcy Siebels	Cedar Bluffs	15.05	2 Linda Schnitzler	Battle Creek	17-09.25
3 Virginia Stahr	Centennial	15.48	3 Virginia Stahr	Centennial	17-00
4 Kelly Rouzee	North Platte SP	15.75	4 Kris Uffelman	Geneva	16-11
5 Linda Schnitzler	Battle Creek	15.82	5 Deb Cunningham	Fullerton	16-08.5
6 Jeannie Noonan	Wahoo Neumann	15.90	6 Kendra King	Stromsburg	16-06.75

High Jump		Shot Put			
1 Virginia Stahr	Centennial	5-03	1 Kathy Gottberg	Louisville	44-10
2 Kris Behring	Hebron	5-03	2 Sally Hircock	Ansley	41-01
3 Diane Hamling	Humphrey	5-02	3 Deb Larsen	Nebraska Christian	39-08.5
4 tie Suzanne Stelling	Wakefield	5-00	4 Michelle Fisher	Hartington	37-03.5
Lisa Standage	Kearney Catholic	5-00	5 Shannon Fisher	North Platte SP	37-03
Sma Holoway	Grant	5-00	6 Teresa Emory	Creighton	36-10.5

Discus		400 Meter Relay			
1 Kathy Gottberg	Louisville	139-06	1 Madison		50.96
2 Sally Hircock	Ansley	123-01	2 Wahoo		51.53
3 Crystal Dike	Hershey	115-08	3 Tri County		51.59
4 Julie Wostrel	Creighton	114-03	4 Weeping Water		52.00
5 Theresa Thieman	Deshler	113-02	5 Arlington		52.14
6 Tammy Bierman	Battle Creek	111-05	6 North Platte SP		52.38

1600 Meter Relay		3200 Meter Relay	

1 Madison	4:07.07			1 Hastings St Cecilia	9:36.41	
2 Hastings St Cecilia	4:06.18			2 Madison	9:55.90	
3 Howells	5:08.61			3 Hebron	9:57.60	
4 Grant	4:08.63			4 Shelton	10:06.95	
5 Ansley	4:11.90			5 Crofton	10:10.72	
6 Bertrand	4:12.09			6 Bayard	10:15.79	

1985 Girls Track Class C State Championships

Class C Team Scores

Howells	38	Fremont Began	8	Tri County	4
Louisville	36	Hebron	8	Milford	4
Shelton	34	Nebraska Christian	8	Alma	4
Ansley	30	North Platte SP	8	Arlington	4
Battle Creek	22	Wisner-Pilger	8	Burwell	3
Hyannis	20	Morrill	7	Bloomfield	2
Cedar Bluffs	19	Omaha Cathedral	6	Osmond	2
Arapahoe	16	Pope John	6	Centennial	2
Wahoo	16	Rushville	6	Sutton	2
Madison	13	Creighton	6	Osceola	1
Elm Creek	12	Crofton	6	Fullerton	1
Grant	12	Centura	6	Wahoo Neumann	1
Wakefield	12	Clarkson	6	Pawnee City	1
Stromsburg	11	Kenesaw	6	Wilber-Clatonia	1
Albion	10	Gibbon	5	Bertrand	1

Class C Individual Medalists

100 Meter Dash

1 Tracey Brownlow	Hyannis	12.47
2 Kelly Fuxa	Louisville	12.53
3 Tammy Holtz	Kenesaw	12.73
4 Karoline Maaske	Arlington	12.79
5 Lisa Wieman	Howells	12.84
6 Jami Schott	Osceola	12.86

200 Meter Dash

1 Tracey Brownlow	Hyannis	25.82
2 Kelly Fuxa	Louisville	26.20
3 Stassi Spence	Omaha Cathedral	26.47
4 Suzanne Stelling	Wakefield	26.65
5 Amy Dobesh	Ansley	26.68
6 Darcy Siebels	Cedar Bluffs	26.71

400 Meter Dash

1 Sue Tomka	Howells	58.24
2 Sheri Rump	Fremont Bergan	58.72
3 Rhonda Prochaska	Creighton	59.04
4 Jenni Tejral	Wahoo	59.57
5 Shawna Sinnen	Sutton	59.65
6 Stephanie DeBoer	Bertrand	59.86

800 Meter Run

1 Fran tenBensel	Arapahoe	2:18.30
2 Pam Sis	Grant	2:20.09
3 Deb Kathol	Pope John	2:20.71
4 Tamala Resh	Shelton	2:20.72
5 Pat Wordell	Osmond	2:21.90
6 Kari Vrooman	Howells	2:21.91

1600 Meter Run

1 Tamala Resh	Shelton	5:06.82
2 Kari Vrooman	Howells	5:15.76
3 Fran tenBensel	Arapahoe	5:21.15
4 Paula West	Shelton	5:24.10
5 Mary Schnitzler	Battle Creek	5:27.68
6 Dawn Yeager	Wilber-Clatonia	5:29.12

3200 Meter Run

1 Tamala Resh	Shelton	11:00.0
2 Kari Vrooman	Howells	11:28.1
3 Karla Kube	Crofton	11:50.4
4 Becky Keller	Gibbon	11:55.6
5 Holly Boucher	Burwell	11:56.5
6 Rochelle Weilage	Pawnee City	11:57.1

100 Meter Low Hurdles

1 Darcy Siebels	Cedar Bluffs	14.38
2 Kari McCallum	Madison	15.07
3 Kelly Rouzee	North Platte SP	15.14
4 Linda Schnitzler	Battle Creek	15.37
5 Kristen Braun	Wahoo	15.48
6 Sue Tompka	Howells	15.49

Long Jump

1 Linda Schnitzler	Battle Creek	17-10.5
2 Darcy Siebels	Cedar Bluffs	17-05.5
3 Leslie Gottier	Rushville	17-05.5
4 Traci Siebels	Alma	17-04.25
5 Carrie Power	Geneva	17-03.75
6 Deb Cunningham	Fullerton	17-02

High Jump

1 Karla Slingsby	Ansley	5-04
2 Suzanne Stelling	Wakefield	5-04
3 Roxanne Brabec	Clarkson	5-03
4 Jodi Bergmeier	Tri County	5-03
5 tie Virginia Stahr	Centennial	5-02
Colleen Baker	Stromsburg	5-02

Shot Put

1 Kathy Gottberg	Louisville	43-02.5
2 Deb Larsen	Nebraska Christian	40-01.5
3 Monice Ream	Morrill	39-05
4 Tina Reichert	Elm Creek	38-00.75
5 Shannon Fisher	North Platte SP	37-10
6 Becki Bolli	Burwell	37-01.75

Discus

1 Kathy Gottberg	Louisville	135-05
2 Kris Pestel	Wisner-Pilger	130-09
3 Johanna Kness	Milford	116-09
4 Tina Reichert	Elm Creek	116-05
5 Angie Schroeder	Elm Creek	115-07
6 Meg Derr	Morrill	112-10

400 Meter Relay

1 Stromsburg		50.88
2 Ansley		51.09
3 Battle Creek		51.26
4 Centura		51.46
5 Howells		51.62
6 Wahoo Neumann		51.82

1600 Meter Relay		3200 Meter Relay	
1 Ansley	4:05.96	1 Albion	10:08.45
2 Wahoo	4:06.14	2 Hebron	10:10.24
3 Howells	4:08.94	3 Shelton	10:11.69
4 Grant	4:11.19	4 Madison	10:15.15
5 Centura	4:11.60	5 Wahoo	10:15.76
6 Madison	4:11.72	6 Gibbon	10:16.90

1986 Girls Track Class C State Championships

Class C Team Scores

Howells	46	Hebron	11	Humboldt	4
Arapahoe	25	Geneva	10	Burwell	4
Centura	22	North Platte SP	10	Crofton	4
Elm Creek	20	Yutan	10	Weeping Water	2
Plainview	20	Hartington	9	Wymore Southern	2
Ponca	20	Wakefield	9	Shelton	2
Wahoo	20	Republican Valley	9	Pope John	1
Doniphan	18	Ansley	8	Milford	1
Osceola	17	Bloomfield	8	Shelby	1
Benkelman	17	Kenesaw	8	Anselmo-Merna	1
Wahoo Neumann	15	Atkinson West Holt	8	Wilber-Clatonia	1
Sutton	14	Norfolk Catholic	6	Kearney Catholic	1
Bertrand	14	Tri County	6	Madison	1
Grant	14	Lincoln Christianf	6	Tekamah-Herman	0
Cedar Bluffs	12	Pierce	4	Homer	0
Battle Creek	12	Bridgeport	4	Bayard	0

Class C Individual Medalists

100 Meter Dash

1 Kathy Janicke	Benkelman	12.69
2 Lisa Wieman	Howells	12.73
3 Jami Schott	Osceola	12.81
4 Tammi Miller	Plainview	12.82
5 Deanne Liess	Republican Valley	12.84
6 Sue Ahrens	Wahoo Neumann	12.98

200 Meter Dash

1 Tammi Miller	Plainview	25.67
2 Rita Goc	Doniphan	25.75
3 Sue Ahrens	Wahoo Neumann	26.16
4 Lisa Wieman	Howells	26.24
5 Kathy Janicke	Benkelman	26.43
6 Deanne Liess	Republican Valley	26.61

400 Meter Dash

1 Rita Goc	Doniphan	:58.32
2 Susie McQuistan	Wakefield	:58.37
3 Deanne Liess	Republican Valley	:58.88
4 Fran tenBensel	Arapahoe	:59.03
5 Shawna Sinnen	Sutton	:59.06
6 Michelle Williamson	Shelby	:59.72

800 Meter Run

1 Fran tenBensel	Arapahoe	2:16.13
2 Jennie Johnson	Ponca	2:20.90
3 Sheryl Andrerson	Lincoln Christian	2:21.79
4 Renee Scheierman	Sutton	2:21.94
5 Jenny Tejral	Wahoo	2:22.87
6 Jane Fraser	Hebron	2:22.88

1600 Meter Run

1 Fran tenBensel	Arapahoe	5:16.56
2 Kari Vrooman	Howells	5:21.93
3 Mary Schnitzler	Battle Creek	5:21.94
4 Dana McDonald	Benkelman	5:29.85
5 Carrie Bennett	Bertrand	5:31.38
6 Ina Rochelle	Wilber-Clatonia	5:32.45

3200 Meter Run

1 Kari Vrooman	Howells	11:51.23
2 Carrie Bennett	Bertrand	11:58.14
3 Amy Brosius	North Platte SP	11:59.03
4 Karla Kube	Crofton	11:59.17
5 Cheryl Bailey	Sutton	12:02.05
6 Lisa Flatt	Osceola	12:02.73

100 Meter High Hurdles

1 Darcy Siebels	Cedar Bluffs	15.13
2 Michelle Kush	Grant	16.01
3 Kris Braun	Wahoo	16.31
4 Ann Railsback	Humboldt	16.52
5 Laurie Young	Weeping Water	16.54
6 Lisa Markus	Arapahoe	16.87

300 Meter Low Hurdles

1 Jami Schott	Osceola	47.19
2 Amy Wattier	Osmond	47.28
3 Michelle Kush	Grant	47.75
4 Lisa Wacker	Battle Creek	48.38
5 Cyndi Savage	Shelton	48.43
6 Karen Weiss	Madison	49.18

Long Jump

1 Carrie Power	Geneva	17-08.25
2 Denis Trumier	Centura	17-00.5
3 Tammi Miller	Plainview	17-00.25
4 Jodi Bergmeier	Tri County	16-11.75
5 Darcy Siebels	Cedar Bluffs	16-11.75
6 Tiffani Jensen	Hartington	16-09.75

High Jump

1 tie Jana Hochsteler	Centura	5-05
Karla Slingsby	Ansley	5-05
3 tie Renee Scheierman	Sutton	5-02
Jeanine Lund	Ponca	5-02
Colleen McDougal	Tri County	5-02
Jennifer Edelman	Anselmo-Merna	5-02

Shot Put

1 Tina Reichert	Elm Creek	42-02.75
2 Michelle Fischer	Hartington	41-10.75
3 Sara Henning	Atkinson West Holt	39-00.5
4 Jackie Dobrinski	Bridgeport	38-11
5 Becky Bolli	Burwell	37-06
6 Theresa Covert	Kearney Catholic	37-04.5

Discus

1 Tina Reichert	Elm Creek	131-02
2 Lisa Fehringer	Bloomfield	121-02
3 Eric Crowley	Norfolk Catholic	119-11
4 Shannon Fisher	North Platte SP	118-11
5 Sarah Henning	Atkinson West Holt	118-02
6 Mary Kathol	Pope John	113-07

400 Meter Relay		1600 Meter Relay	
1 Yutan	51.00	1 Howells	4:08.48
2 Kenesaw	51.18	2 Ponca	4:09.50
3 Howells	51.21	3 Wahoo	4:10.88
4 Centura	51.38	4 Bertrand	4:11.32
5 Battle Creek	51.61	5 Burwell	4:12.41
6 Milford	52.14	6 Wakefield	4:12.47
3200 Meter Relay			
1 Hebron	9:49.11		
2 Wahoo Neumann	9:57.05		
3 Wahoo	10:04.05		
4 Pierce	10:04.62		
5 Wymore Southern	10:07.05		
6 Benkelman	10:11.05		

1987 Girls Track Class C State Championships

Class C Team Scores

Wahoo Neumann	34	Burwell	10	Bertrand	4
Arapahoe	31	North Platte St Patrick	9	O'Neill St. Mary	4
Wakefield	29	Neligh	8	Atkinson West Holt	4
Howells	27	Humboldt	8	Waterloo	3
Cedar Bluffs	26	Crofton	8	Bayard	2
Benkelman	22	Milford	8	East Butler	2
Centura	21	Hebron	6	Fremont Bergan	2
Wymore Southern	20	Harvard	6	Crawford	2
Shelby	18	Hartington	6	Omaha Cathedral	1
Silver Lake	16	Lincoln Christian	6	Doniphan	1
Chappell	16	Osceola	6	Wahoo	1
Lyons-Decatur NE	16	Wisner-Pilger	6	Bloomfield	1
Hastings St Cecilia	15	Pierce	6	Morrill	0
Ponca	14	Oakland-Craig	5		
Battle Creek	14	Osmond	5		

Class C Individual Medalists

100 Meter Dash

1 Lisa Wieman	Howells	12.85
2 Sue Ahrens	Wahoo Neumann	12.86
3 Bobbi Spieker	Neligh	12.87
4 Kathy Janicke	Benkelman	12.88
5 Ann Trausch	Hastings St Cecilia	12.96
6 Traci Theisen	Osmond	13.03

200 Meter Dash

1 Sue Ahrens	Wahoo Neumann	26.36
2 Kathy Janicke	Benkelman	26.51
3 Darcy Siebels	Cedar Bluffs	26.64
4 Ann Trausch	Hastings St Cecilia	26.85
5 Bobbi Spieker	Neligh	26.86
6 Sheri Rump	Fremont Bergan	27.03

400 Meter Dash

1 Sue Ahrens	Wahoo Neumann	:58.32
2 Michelle Williamson	Shelby	:59.50
3 Fran tenBensel	Arapahoe	:59.84
4 Sandy Mayo	Humboldt	1:00.42
5 Crystal Whitehead	Wymore Southern	1:00.51
6 Ann Trausch	Hastings St Cecilia	1:01.09

800 Meter Run

1 Fran tenBensel	Arapahoe	2:15.46
2 Crystal Whitehead	Wymore Southern	2:19.90
3 Sheryl Anderson	Lincoln Christian	2:21.18
4 Theresa Stelling	Wakefield	2:21.38
5 Becki Parr	Silver Lake	2:24.60
6 Debbie Pinkelman	Bloomfield	2:24.63

1600 Meter Run

1 Theresa Stelling	Wakefield	5:05.98
2 Fran tenBensel	Arapahoe	5:14.61
3 Mary Schnitzler	Battle Creek	5:24.68
4 Kari Vrooman	Howells	5:24.85
5 Shelly Luther	O'Neill St Mary	5:26.48
6 Lauri Plendl	Wakefield	5:28.14

3200 Meter Run

1 Theresa Stelling	Wakefield	11:17.67
2 Nancy Farmer	Hastings St Cecilia	11:46.88
3 Mary Schnitzler	Battle Creek	11:49.36
4 Becki Parr	Silver Lake	11:49.60
5 Shelly Luther	O'Neill St Mary	11:50.86
6 Lesha Stineman	Arapahoe	11:53.44

100 Meter High Hurdles

1 Darcy Siebels	Cedar Bluffs	15.10
2 Michelle Kush	Grant	15.69
3 Lisa Chvatal	Wahoo Neumann	16.24
4 Ann Railsbach	Humboldt	17.09
5 Donna Dukesherer	Bayard	17.37
6 Lisa Wacker	Battle Creek	17.42

300 Meter Low Hurdles

1 Darcy Siebels	Cedar Bluffs	44.47
2 Michelle Kush	Grant	45.86
3 Jami Schott	Osceola	456.52
4 Kris Nelson	Atkinson West Holt	47.38
5 Amy Wattier	Osmond	47.69
6 Lisa Wacker	Battle Creek	48.19

Long Jump

1 Kathy Janicke	Benkelman	17-08.25
2 Denise Trumler	Centura	17-05.5
3 Jill Herbolzheimer	Hartington	17-00.25
4 Cathy Raver	Oakland-Craig	16-11.75
5 Tracua tenBensel	Arapahoe	16-11
6 Sheri Rump	Fremont Bergan	16-10.75

High Jump

1 Jeanine Lund	Ponca	5-04
2 Kris Flohr	Chappell	5-03
3 Leslie Grote	Harvard	5-03
4 tie Tammie Andrews	Waterloo	5-00
	Jana Hochstetter	Centura
6 Chris Mumney	Omaha Cathedral	5-00

Shot Put

1 Becky Bolli	Burwell	40-03.75
2 Denise Wiberg	Chappell	40-00.75
3 Kim Hayes	Lyons	39-00.5
4 Dana DeVries	Arapahoe	39-00.5
5 Tina Hergott	Hebron	38-08.25
6 Shannon Fisher	North Platte SP	37-10.25

Discus

1 Kim Hayes	Lyons	138-04
2 Shannon Fisher	North Platte SP	125-00
3 Marci Hass	Wisner-Pilger	123-03
4 Tina Hergott	Hebron	119-05
5 Marie Mitchell	Crawford	116-07
6 Sherri Dreesen	Doniphan	116-06

400 Meter Relay		1600 Meter Relay	
1	Centura	51.65	
2	Milford	51.67	
3	Howells	51.72	
4	Bertrand	51.84	
5	East Butler	51.88	
6	Oakland-Craig	51.98	
3200 Meter Relay			
1	Wymore Southern	10:05.37	
2	Crofton	10:07.97	
3	Pierce	10:14.05	
4	Wakefield	10:17.53	
5	Silver Lake	10:21.09	
6	Howells	10:27.55	

1988 Girls Track Class C State Championships						
Class C Team Scores						
Wahoo Neumann	51	Oakland-Craig	10	Shelton	4	
Lincoln Christian	46	Wood River	9	Albion	4	
Wakefield	32	David City Aquinas	8	Chappell	4	
Wymore Southern	31.5	Deshler	8	Hastings St Cecilia	2	
Lyons-Decatur NE	28	Creighton	8	Fremont Bergan	2	
Hebron	26	Ponca	8	Curtis Medicine Valley	2	
Arapahoe	24	Rushville	8	Bertrand	2	
Leigh	22	Centura	6	Howells	1.5	
Dundy County	22	Sandy Creek	6	Shelby	1	
Battle Creek	19	Silver Lake	6	Genoa	1	
Verdigre	18	Crofton	6	Kearney Catholic	1	
Gibbon	18	Doniphan	5	Bridgeport	1	
Neligh	10	Osmond	4			
Class C Individual Medalists						
100 Meter Dash		200 Meter Dash				
1 Kathy Travis	Lincoln Christian	12.52	1 Kathy Travis	Lincoln Christian	26.13	
2 Sue Ahrens	Wahoo Neumann	12.73	2 Sue Ahrens	Wahoo Neumann	26.40	
3 Lynn Kurpgewit	Leigh	12.93	3 Kathy Janicke	Dundy County	26.95	
4 Cathy Raver	Oakland	12.94	4 Lynn Kurpgewit	Leigh	27.24	
5 Nicky Bryan	Sandy Creek	13.02	5 Bobbi Spieker	Neligh	27.66	
6 Ann Trausch	Hastings St Cecilia	13.15	6 Sheri Rump	Fremont Bergan	27.89	
400 Meter Dash		800 Meter Run				
1 Sue Ahrens	Wahoo Neumann	:58.24	1 Fran tenBensel	Arapahoe	2:18.07	
2 Barb Beguin	Rushville	:59.69	2 Crystal Whitehead	Wymore Southern	2:20.84	
3 Kim Bennett	Lincoln Christain	1:00.01	3 Jennie Johnson	Ponca	2:22.87	
4 Laurie Herbek	Sandy Creek	1:00.53	4 Beckie Gilliland	Wymore Southern	2:23.15	
5 Nicole Kramer	Crofton	1:01.52	5 Theresa Stelling	Wakefield	2:25.40	
6 Jennie Johnson	Ponca	1:02.04	6 Mary Schnitzler	Battle Creek	2:25.45	
1600 Meter Run		3200 Meter Run				
1 Theresa Stelling	Wakefield	5:14.40	1 Theresa Stelling	Wakefield	11:20.04	
2 Fran tenBensel	Arapahoe	5:20.30	2 Jill Anderson	David City Aquinas	12:03.66	
3 Jane Fraser	Hebron	5:34.70	3 Crystal Whitehead	Wymore Southern	12:06.87	
4 Crystal Whitehead	Wymore Southern	5:36.30	4 Tami Wiese	Doniphan	12:06.98	
5 Mary Schnitzler	Battle Creek	5:37.90	5 Lesha Stineman	Arapahoe	12:13.19	
6 Linda Specht	Wahoo Neumann	5:38.10	6 Renee Hawley	Wood River	12:23.76	
100 Meter High Hurdles		300 Meter Low Hurdles				
1 Michelle Kush	Gibbon	15.66	1 Kelley Dworak	Lincoln Christian	46.65	
2 Lisa Chvatal	Wahoo Neumann	15.90	2 Michelle Kush	Gibbon	46.66	
3 Kelly Fujan	Wahoo Neumann	16.45	3 Lisa Wacker	Battle Creek	47.29	
4 Lisa Wacker	Battle Creek	16.55	4 Sandra Connealy	Lyons-Decatur	47.62	
5 Amy Ehlers	Hebron	16.72	5 Lynn Kurpgewit	Leigh	48.38	
6 Jenny Schwanebeck	Genoa	16.82	6 Kristi Wellenstein	Ponca	48.76	
Long Jump		High Jump				
1 Kathy Janicke	Dundy County	18-07	1 Patty Cook	Verdigre	5-06	
2 Pam Largen	Creighton	18-01	2 Penny Cook	Verdigre	5-06	
3 Cathy Raver	Oakland-Craig	17-09.25	3 Jana Hochstetler	Centura	5-05	
4 Kris Flohr	Chappell	17-02.75	4 Kelly Fujan	Wahoo Neumann	5-04	
5 Tracia tenBensel	Arapahoe	16-11.75	5 tie Holly Vrooman	Howells	5-02	
6 Shawn Boersma	Kearney Catholic	16-08.75	Sara Eltiste	Wymore Southern	5-02	
Shot Put		Discus				
1 Tina Hergott	Hebron	42-04.75	1 Kim Hayes	Lyons-Decatur	143-00	
2 Sherri Peters	Wood River	40-11.75	2 Tina Hergott	Hebron	124-10	
3 Kim Hayes	Lyons-Decatur	40-05.5	3 Tiff Fada	Lyons-Decatur	123-06	
4 Cyndi Savage	Shelton	39-10	4 Lisa Howard	Albion	118-08	
5 Tiff Fada	Lyons-Decatur	39-01	5 Dand Lashley	Curtis Medicine Valley	118-03	
6 Landa Vasquez	Bridgeport	37-02.25	6 Sherri Dreeson	Doniphan	116-08	
400 Meter Relay		1600 Meter Relay				
1 Leigh	50.86		1 Lincoln Christian	4:11.96		

2	Deshler	51.65			2	Neligh	4:12.98	
3	Dundy County	52.21			3	Wahoo Neumann	4:13.02	
4	Battle Creek	52.22			4	Osmond	4:15.80	
5	Bertrand	52.41			5	Battle Creek	4:16.54	
6	Fremont Bergan	52.52			6	Shelby	4:17.01	
3200 Meter Relay								
1	Wakefield	9:41.14						
2	Wymore Southern	9:45.43						
3	Silver Lake	9:46.04						
4	Crofton	9:52.52						
5	Arapahoe	9:56.52						
6	Hastings St Cecilia	10:00.61						

1989 Girls Track Class C State Championships

Class C Team Scores

Lincoln Christian	48	Sutton	10	Ponca	6
Hastings St Cecilia	44	Wahoo Neumann	10	Leigh	5
Wymore Southern	36	Bridgeport	10	Crofton	5
Oxford	26	Centura	10	Howells	5
Gibbon	26	Osmond	9	Kenesaw	4
Hebron	25	Bloomfield	9	O'Neill St Mary	3
Oakland-Craig	22	Silver Lake	8	Alma	2
Dundy County	18	Sutherland	8	Bayard	2
Lyons-Decatur	17	Geneva	8	Tecumseh	2
Elmwood-Murdock	17	Nebraska Christian	7	Emerson-Hubbard	2
Bertrand	15	Medicine Valley	7	Allen	2
Wakefield	12	Cambridge	6	Dorchester	2
Chappell	10	Albion	6	Ravenna	1

Class C Individual Medalists

100 Meter Dash

1 Kathy Travis	Lincoln Christian	12.28
2 Ann Trausch	Hastings St Cecilia	12.53
3 Cathy Raver	Oakland-Craig	12.54
4 Jean Monteforte	Geneva	12.70
5 Kathy Janicke	Dundy County	12.73
6 Traci Theisen	Osmond	12.93

200 Meter Dash

1 Kathy Travis	Lincoln Christian	25.03
2 Cathy Raver	Oakland-Craig	25.92
3 Kathy Janicke	Dundy County	26.16
4 Jean Monteforte	Geneva	26.37
5 Kim Bennett	Lincoln Christian	26.45
6 Sarah Nuttelman	Dundy County	26.46

400 Meter Dash

1 Kathy Travis	Lincoln Christian	55.78
2 Kim Bennett	Lincoln Christian	58.04
3 Amy Ochsner	Sutton	58.48
4 Ann Trausch	Hastings St Cecilia	58.56
5 Kimmy Sebade	Emerson-Hubbard	59.40
6 Michelle Armes	Elmwood-Murdock	59.44

800 Meter Run

1 Michelle Armes	Elmwood-Murdock	2:16.97
2 Crystal Whitehead	Wymore Southern	2:18.63
3 Jennie Johnson	Ponca	2:19.59
4 Chastity Wilson	Bertrand	2:19.63
5 Stacey Schroer	Hastings St Cecilia	2:21.72
6 Shelly Luther	O'Neill St. Mary	2:21.88

1600 Meter Run

1 Lesha Stineman	Oxford	5:17.54
2 Laurie Plendl	Wakefield	5:19.90
3 Crystal Whitehead	Wymore Southern	5:27.04
4 Becky Gilliland	Wymore Southern	5:30.40
5 Kim Krentz	Bridgeport	5:32.55
6 Shelly Luther	O'Neill St. Mary	5:34.89

3200 Meter Run

1 Lesha Stineman	Oxford	11:43.62
2 Kim Krentz	Bridgeport	11:57.37
3 Crystal Whitehead	Wymore Southern	12:02.92
4 Laurie Plendl	Wakefield	12:12.27
5 Kristi Bennett	Bertrand	12:15.25
6 Kami Reinwald	Hebron	12:18.12

100 Meter High Hurdles

1 Michelle Kush	Gibbon	15.62
2 Tami Thompson	Sutherland	15.81
3 Kelly Fujan	Wahoo Neumann	16.09
4 Amy Ehlers	Hebron	16.38
5 Kris Flohr	Chappell	16.43
6 Sheri Smeal	Howells	16.61

300 Meter Low Hurdles

1 Michelle Kush	Gibbon	46.76
2 Tracy Kumm	Osmond	47.20
3 Andrea Reusink	Oxford	47.76
4 Keri Arehart	Bertrand	48.02
5 Margo Kubik	Cambridge	48.16
6 Kris Flohr	Chappell	48.44

Long Jump

1 Kathy Janicke	Dundy County	18-11
2 Cathy Raver	Oakland-Craig	17-03.5
3 Kris Flohr	Chappell	17-02.5
4 Shelly Hansen	Kenesaw	16-11
5 Deb Hawley	Alma	16-06.75
6 Kandi Ober	Bloomfield	16-03.5

High Jump

1 Jana Hochstetler	Centura	5-09
2 tie Stacie Strawn	Medicine Valley	5-03
Julie Kremer	Nebraska Christian	5-03
4 Kelly Fujan	Wahoo Neumann	5-03
5 Connie Weible	Tecumseh	5-03
6 Kris Flohr	Chappell	5-03

Shot Put

1 Tina Hergott	Hebron	45-07.25
2 Tiff Fada	Lyons-Decatur	38-09.5
3 Brenda Kiene	Wymore Southern	37-11.5
4 Staci Machmueller	Leigh	37-02.25
5 Michelle Fiscus	Bayard	37-00.25
6 Kate Chramosta	Ravenna	36-11

Discus

1 Tina Hergott	Hebron	133-06
2 Tiff Fada	Lyons-Decatur	124-11
3 Lisa Howard	Albion	124-06
4 Mari Lyn DeVries	Cambridge	121-05
5 Janet Uher	Dorchester	118-05
6 Staci Machmueller	Leigh	118-05

400 Meter Relay

1600 Meter Relay

1 Hastings St Cecilia	50.57			1 Hastings St Cecilia	4:04.39	
2 Bloomfield	51.07			2 Lincoln Christian	4:06.53	
3 Gibbon	51.40			3 Elmwood-Murdock	4:07.84	
4 Howells	51.60			4 Bertrand	4:08.74	
5 Allen	51.63			5 Sutton	4:10.60	
6 Lyons-Decatur	51.69			6 Crofton	4:11.80	
3200 Meter Relay						
1 Hastings St Cecilia	9:47.52					
2 Silver Lake	9:51.40					
3 Wymore Southern	9:51.50					
4 Crofton	9:55.40					
5 Sutton	10:03.10					
6 O'Neill St. Mary	10:06.80					