

1990 Girls Track Class D State Championships					
Class D Team Scores					
Wilcox	40	Lawrence	12	Douglas	4
Eustis	34	Santee	10	Potter-Dix	3
Winside	34	Clarks	10	Beaver Valley	2
Big Springs-Brule	28	Campbell	10	Sargent	2
Niobrara	27	Arcadia	8	Fairmont	2
Wheeler Central	22	Loomis	8	Pleasanton	2
Coleridge	20	Arthur	8	Bartley	2
Elwood	20	Trenton	7	Wynot	2
Farnam	18	Maywood	6	McPherson County	1.5
Stickley	17	Stapleton	6	Clarkson	1.5
Humphrey SF	16	Milligan	5	Cody-Kilgore	1
Amherst	15	Greeley	5	Humboldt	1
Cedar Rapids	14	Wheatland	4	Benedict	1
Falls City SH	14	Hay Springs	4	Sumner E-M	1
Hampton	12	Callaway	4	Marquette	1
Class D Individual Medalists					
100 Meter Dash		200 Meter Dash			
1 Julie Kiekhaefer	Falls City SH	12.83	1 Jenny Jacobsen	Winside	26.64
2 Jennifer Guthrie	Wilcox	12.89	2 Paula Beiermann	Humphrey SF	26.81
3 Jenny Jacobsen	Winside	12.94	3 Nicole Mauser	Big Springs/Brule	26.91
4 Nicole Mauser	Big Springs/Brule	12.96	4 Julie Kiekhaefer	Falls City SH	27.06
5 Jennifer Walkowiak	Greeley	13.04	5 Denis Johnson	Potter-Dix	27.09
6 Denis Johnson	Potter-Dix	13.15	6 Jessica Reiners	Trenton	27.22
400 Meter Dash		800 Meter Run			
1 Janet Olson	Niobrara	1:01.31	1 Tirsten Brockmeier	Eustis	2:17.94
2 Jenny Jacobsen	Winside	1:01.31	2 Amy Cautrell	Coleridge	2:22.83
3 Cindy Salisbury	Elwood	1:01.56	3 Tami Kruntorad	Wheeler Central	2:23.02
4 Tirsten Brockmeier	Eustis	1:01.62	4 Janine Ramaekers	Humphrey SF	2:24.09
5 Jennifer Walkowiak	Greeley	1:01.95	5 Rochelle Ahlers	Cedar Rapids	2:25.07
6 Leah Quiring	Hampton	1:01.97	6 Leah Quiring	Hampton	2:25.87
1600 Meter Run		3200 Meter Run			
1 Tami Kruntorad	Wheeler Central	5:26.85	1 Jody Ferguson	Santee	12:17.04
2 Michelle Patterson	Loomis	5:34.22	2 Lynette Taubenheim	Amherst	12:26.13
3 Rochelle Ahlers	Cedar Rapids	5:34.39	3 Jan Joedeman	Stapleton	12:42.31
4 Janine Ramaekers	Humphrey SF	5:35.60	4 Tracee Uldrich	Milligan	12:42.59
5 Natausha Frecks	Beaver Valley	5:37.83	5 Brenda Bauer	Pleasanton	12:48.41
6 Lynette Taubenheim	Amherst	5:40.54	6 Jody Jansky	Milligan	12:48.51
100 Meter High Hurdles		300 Meter Low Hurdles			
1 Jennifer Guthrie	Wilcox	15.84	1 Jennifer Guthrie	Wilcox	47.15
2 Janet Olson	Niobrara	15.89	2 Janet Olson	Niobrara	47.24
3 Debbie Jewett	Wilcox	16.38	3 Debbie Jewett	Wilcox	48.47
4 Roxanne Grove	Callaway	16.66	4 Jennifer Carr	Maywood	48.92
5 Nicki Bettger	Fairmont	16.82	5 Sheri Heimes	Wynot	49.60
6 Crystal Larson	Humboldt	16.84	6 Peggy Swanson	Marquette	49.64
Long Jump		High Jump			
1 Jenny Jacobsen	Winside	17-09	1 Gretchen Kotschwar	Farnam	5-03
2 Teri Sherbeck	Stickley	16-05.25	2 Chris Johnson	Arthur	50-1
3 Nicole Long	Amherst	16-02.25	3 Sharon Stansberry	Hampton	5-01
4 Christine Regin	Wheatland	15-10.75	4 Lynn Smith	Wheeler Central	5-01
5 Sonnia Bottorf	Sargent	15-09.25	5 tie Ellen Gosnell	McPherson County	4-11
6 Cheryl Stout	Niobrara	15-07.5	Carla Hunstad	Clarkson	4-11
Shot Put		Discus			
1 Corenna Simonton	Campbell	39-01.25	1 Molly Brown	Clarks	123-07
2 Cindy Ohme	Arcadia	37-09.25	2 Gretchen Kotschwar	Farnam	115-08
3 Carol Menke	Lawrence	37-03.5	3 Carol Menke	Lawrence	115-03
4 Lisa Hartman	Douglas	36-08	4 Danielle Terwilliger	Hay Springs	112-00
5 Teresa Gugelman	Maywood	36-00.75	5 Christa Morris	Bartley	111-08

6	Lisa Fedderson	Sumner E-M	34-07.75		6	Erin Wobig	Cody-Kilgore	110-03
	<b>400 Meter Relay</b>					<b>1600 Meter Relay</b>		
1	Big Springs/Brule	51.73			1	Eustis	4:10.43	
2	Shickley	52.26			2	Big Springs/Brule	4:12.28	
3	Trenton	52.50			3	Elwood	4:14.49	
4	Elwood	53.12			4	Hampton	4:16.73	
5	Coleridge	53.41			5	Coleridge	4:18.75	
6	Greeley	53.46			6	Benedict	4:18.99	
	<b>3200 Meter Relay</b>							
1	Eustis	9:54.59						
2	Coleridge	10:14.49						
3	Cedar Rapids	10:18.70						
4	Elwood	10:19.20						
5	Wheeler Central	10:20.12						
6	Shickley	10:38.22						