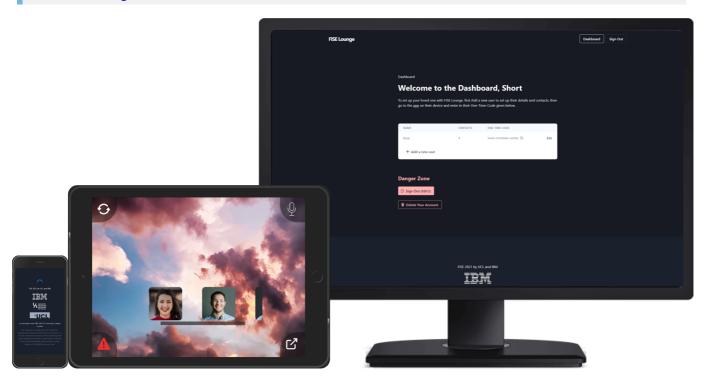
IBM FISE Lounge - an interactive and privacy safe video-calling platform for those in social isolation

License AGPL v3 contributions welcome

IBM FISE Lounge is an application that acts as a smart, privacy-safe, and interactive video-calling platform for the elderly and others to use in the current pandemic, and other situations where social isolation is a major issue. It provides a simple interface with a standalone administrative dashboard for more tech-savvy relatives to set up the Lounge app and preferences on the elderly relative's behalf.

The application is a part of the integrated FISE Ecosystem that includes FISE AskBob and FISE Concierge.



Key Features:

- 1. Option to Privacy. Use IBM Watson (cloud) or FISE AskBob (localized and privacy-safe) for voice commands.
- 2. Reliable video-calling using the open-soruce Jitsi API.
- 3. Accessible invites through SMS or Email users contacts do not need an account.
- 4. Emergency messages via SMS.
- 5. Extendable plugins (games, BBC news feed, etc.)
- 6. Interactive and customizable 360-VR, static or URL backgrounds.
- 7. Simple interface suitable for elderly the UI is based on modern gerontological studies

Contributors:

This project has been developed by a group of students at University College London, supervised by Dr Dean Mohamedally (UCL) and John McNamara (IBM)

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Project Structure

This repository contains both the web app for FISE (in /app) as well as the administrative dashboard and API (in /server).

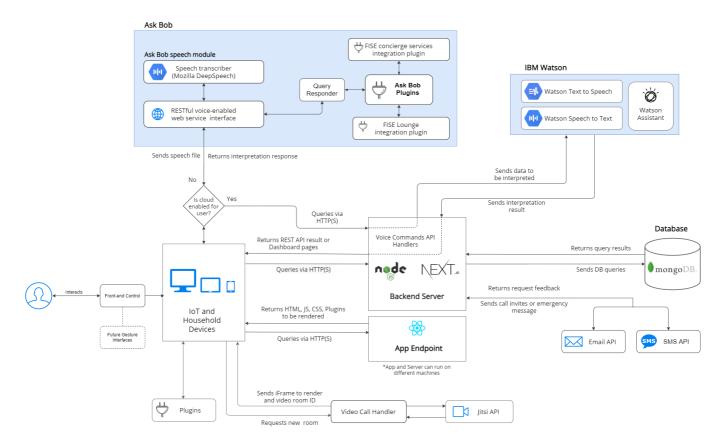
Application is a React app (/app/)

- static assets in ./public/
- frontend pages available ./src/pages/
- components in ./src/components/
- utility functions in ./src/utils/
- CSS styles in ./src/styles/
- component tests with Jest and Enzyme in ./test/
- environment file example ./.env.local.example (must be renamed to .env.local on deployment)

Server is a Next.js app (/server/)

- static assets in ./public/
- UI pages available ./src/pages/ and ./src/pages/dashboard
- components in ./src/components/
- API Endpoints in ./src/pages/api
- utility functions in ./src/utils/
- shared library files in ./src/lib/
- environment file example ./.env.local.example (must be renamed to .env.local on deployment)

Below is the System Architecture Diagram:



Installation

Docker Installation

We recommend you to use docker for production deployment on user devices as it is privacy-safe due to all services running locally. Docker will install the app, server, FISE AskBob and FISE concierge together. If you're on a Windows device we have provided a batch file that will get everything up and running with one-click. You can find our guide on how to install and deploy docker here in the docker branch. If the link doesn't work, switch to the docker branch and enter docs/docker_installation/docker_installation.md.

If you are currently in the docker branch, and you have docker installed, you can either run the docker.bat (Windows only), or write the following commands in your terminal:

```
docker-compose up
```

Note: don't forget that you need to fill in the environment variables (.env.files) for both the /server and /app before running docker. You can create the .env.files that need to be filled in by running create-env-files.bat (Windows only) or you can write the following in your terminal

```
cd app
cp cp .env.local.example .env.local
cd ..
```

```
cd server
cp .env.local.example .env.local
```

If you want to use the MongoDB database that is built inside the container the following credentials in \server\env.local

```
MONGODB_URI="mongodb://mongo:27017"
MONGODB_DB="mongo"
```

Server Installation

Note: Our documentation uses yarn commands, but npm will also work. You can compare yarn and npm commands in the yarn docs, here.

Ensure you have yarn installed (or npm)

- cd server
- yarn install
- cp .env.local.example .env.local (This file should never be tracked, only the example)
- Fill in all the missing details in server/.env.local, follow the Environment Variables guide
- To begin development: yarn dev
- To build for production: yarn build
- To serve production build: yarn start

App Installation

Ensure you have yarn installed (or npm)

- cd app
- yarn install
- cp .env.local.example .env.local (This file should never be tracked, only the example)
- Fill in all the missing details in app/.env.local, follow the Environment Variables guide
- To begin development: yarn dev
- To build for production: yarn build
- To serve production build: yarn start

Deployment

Note: There are many ways to deploy both the app and server, you are not restricted to using the services we mention.

Deploying the Server

Easiest way (local): Docker

Easiest way (cloud): Vercel

- Sign up / in to your Vercel account
- Create a new project
- Select "Import Git Repository" and import your copy of this repository.
- Select the server folder (you should see a Next JS logo by the folder)
- Add all env variables that are in /server/.env.local.example
- (NB: Adding VERCEL_URL will autopopulate based on whether the build is production or preview)

Otherwise (cloud): Azure, DigitalOcean, AWS, IBM Cloud etc.

Deploying the App

Easiest way (local): Docker

Easiest way (cloud): Vercel

- Connect repo to Vercel
- Add all env variables that are in /app/.env.local.example

Otherwise (local):

• Follow the above instructions for App Installation and expose port of choice

Otherwise (cloud): Azure, AWS, IBM Cloud (Virtual Machines) and similiar

Follow the above instructions for App Installation and expose port of choice

Environment Variables

Env variables follow the KEY=VALUE format. A VALUE that contains white-spaces must be wrapped in quotes (i.e. KEY="VALUE WITH WHITESPACE").

Server:

- JITSI MEET URL: URL of Jitsi Meet instance (can use meet.jit.si).
- SESSION_COOKIE_SECRET: a 32-digit base 10 number, used for encrypting the session cookie.
- NEXT_PUBLIC_APP_URL: URL of running app instance (used for adding link to app from dashboard pages).
- · Database Env Variables:
 - MONGODB_URI: URI of MongoDB database instance (i.e. for Docker mongodb://mongo:27017). Might need to add database name at the end of the URI path as such mongodb://mongo:27017/databaseName.
 - MONGODB DB: MongoDB Database name (in HTML URL Encoding format).

- SMS & Email Env Variables:
- EMAIL HOST: email service provider host URL.
- EMAIL PROVIDER USERNAME: email from the service provider (i.e. example@example.uk).
- EMAIL_PROVIDER_PASS: password of the email account or external password from the service provider.
- EMAIL_FROM: email sender name, appears as sender in emails.
- SMS ENDPOINT: SMS API endpoint (we recommend using D7SMS).
- SMS API KEY: SMS API key provided
- SMS_FROM: sender name, appears as sender in sent SMS messages.
- IBM Watson Env Variables:
 - STT ENDPOINT: Watson Speech to Text endpoint URL.
 - STT API KEY= Watson Speech to Text API key.
 - WATSON ENDPOINT: Watson Assistant enpoint URL.
 - WATSON API KEY: Watson Assistant API key.
 - WATSON_ASSISTANT_ID: Watson Assistant instance ID (find how to get the Watson Assistant instance ID, here).
 - TTS ENDPOINT: Text to Speech endpoint URL.
 - TTS API KEY="48Lqv3DPHQzjbc9pVP7IU kVIY0UPngbiiQ flyUWMbg"

IBM Watson Docs on how to get started with Watson services:

- Watson Assistant
- Text to Speech
- Speech to Text
- Askbob Env Variables:
 - ASKBOB_ENDPOINT: URL of Ask Bob running instance (i.e. with Docker http://localhost:8000)

Application:

- REACT_APP_SERVER_URL: URL of server (used as target URL for Server API request)
- REACT_APP_ASKBOB_URL: URL of running Ask Bob instance (used as target URL for voice command requests)

Application Documentation

Features Overview

- Modern technologies Running on React.
- No complex login Consumers only need to enter their One-Time Code, which will be cached to the browser.
- **Personalize your Lounge** Customizable and interactive 360-VR, static or URL backgrounds, custom profile images for contacts.
- **Research grade UI** UI design based on gerontological research, optimized for improving elderly's experience.
- Voice commands Responsive voice commands that provide consumers their personal AI
 assistant. The Ask Bob assistant option provides additional functionality while also
 implementing privacy measures.
- **Extensible Plugins** The lounge experience enables consumers to access BBC live news feed, online games such as chess, checkers, 70's TV Show Quiz, embedded videos and website pages from the Plugins panel. Moreover, plugins have been designed to allow further development and enable clients to modify the application to suit their needs.
- **Reliable videocalling** Consumers can call contact their dearest through the Jitsi videocalling API.
- **Privacy-safe** Privacy features that keep user data locally, far from cloud and external sources by running the application locally together with its services. If Ask Bob and local speech synthesis are enabled by the administrator, data will not leave the device.
- Integrated in FISE ecosystem Voice commands enhale consumers to access the feature rich APIs of the FISE ecosystem such as Concierge while also keeping privacy first.
- **Simple installation process** We provide detailed installation guide for deploying the application locally on devices. In addition, "one-click" installation scripts are provided to facilitate this process.

Server Documentation

Overview

- **Modern technologies** Running on NextJS 9 (different to Express, look it up and be familiar with ES5/ES6 syntax).
- Option rich dashboard Consumers' experience is easily customizable by the account administrator from the dashboard. Options include using Ask Bob or IBM Watson assitant services, using IBM Watson Text-to-Speech features or the WebAPI Speech Synthesizer available in most browsers, easily customize backgrounds and contacts data or profile images, etc.

• **Privacy-safe** - Encrypted session cookies for holding sensitive information locally.

Authentication handled by Passport and sign-up by the Crypto Node.js module. Storage in MongoDB can be deployed as a local service on the device, removing data exposure.

- API Enables option configuration and account creation by proxying client requests to our database.
- **Email & SMS API** Send SMS and email invitations for videocalling on consumer demand. In addition, our emergency system can alert the contacts of a consumer who is in need of help through the SMS & email API.

Data Types

User

- The actual account administrator
- They manage the Consumer's FISE account and set it up on the Consumer's device
- They can add multiple Consumers and add multiple Contacts per Consumer
- This is the only person who ever accesses the Dashboard

Consumer

- The elderly person with difficulty contacting their relatives (example)
- This person's data will show up on the FISE app
- Can be related to multiple Contacts

Contact

- Someone the Consumer can call
- · Will receive an email when called through the app
- Will receive an email containing emergency voice-clip when sent through the app

If phone number provided:

- Will receive an sms when called through the app
- Will receive an sms containing emergency voice-clip when sent through the app

Server API Routes

/api/login

POST

Parameters:

- email=[string]
- password=[string]

Success:

```
Code: 200Content: { "done": true }/api/logout
```

POST

Parameters: None

Success:

- Code 304
- response with Location header redirects root URL /

/api/signup

POST

Parameters:

- email=[string]
- password=[string]
- name=[string]

Success:

```
• Code: 200
```

• Content: { "done": true }

/api/user

GET

Gets the current (based on session) user's data

Success:

```
• Code: 200
```

• Content: { data: { user: { name, email, consumers }}}

User not found or no database access:

```
• Code: 200
```

• Content: { data: null, message: "Unauthorized" }

/api/user/delete

DELETE

Revokes the current user's session

Success:

```
• Code: 200
```

• Content: { message: "Deleted successfully" }

/api/consumer

POST

Create a new consumer

Paramaters:

- name=[string]
- isCloudEnabled=[boolean | string]
- isSnowEnabled=[boolean | string]
- isWatsonTtsEnabled=[boolean | string]

Success:

```
• Code: 200
```

• Content: { message: "Consumer added successfully", data: consumer }

/api/consumer/:consumer_id

GET

Get the corresponding consumer data

Success:

```
• Code: 200
```

• Content: { message: "Consumer Data found", data: consumer }

PUT

Update the corresponding consumer's data

Parameters:

- name=[string]
- isCloudEnabled=[boolean | string]
- isSnowEnabled=[boolean | string]
- isWatsonTtsEnabled=[boolean | string]

Success:

```
• Code: 200
```

Content: { message: "Consumer updated successfully", data: { ...consumer, consumer_id }, }

DELETE

Delete the corresponding consumer

Success:

```
• Code: 200
```

• Content: { message: "Consumer Deleted successfully" }

POST

Refreshes one-time-code of the corresponding consumer

Success:

```
• Code: 200
```

Content: { message: "Consumer updated successfully", data: { ...consumer, consumer_id }, }

/api/contact

POST

Create a new contact

Parameters:

- consumer id=[string]
- name=[string]
- email=[string]
- profileImage=[string] (should be Base64 encoded)
- relation=[integer 0-10]
- phone=[string, valid phone number] (JS regex: /^\+[1-9]\d{1,14}\$/)

Success:

```
• Code: 200
```

• Content: { message: "Contact added successfully", data: newContact }

Contact already exists:

```
    Code: 400
```

• Content: { message: "A contact with that email already exists" }

/api/contact/:contact_id

GET

Get the corresponding contact data

Success:

```
• Code: 200
```

Content: { message: "Contact Data found", data: { contact, consumer_id, consumer_name }

PUT

Update the corresponding contact's data

Parameters:

- consumer_id=[string]
- name=[string]
- email=[string]
- profileImage=[string] (should be Base64 encoded)
- relation=[integer 0-10]
- phone=[string, valid phone number] (JS regex: /^\+[1-9]\d{1,14}\$/)

Success:

```
• Code: 200
```

```
    Content: { message: "Contact updated successfully", data: { newContact, consumer_id }
```

DELETE

Delete the corresponding contact

Success:

```
• Code: 200
```

• Content: { message: "Contact Deleted successfully", data: { consumer_id }}

/api/otc/:otc

GET

Get the corresponding consumer's data

Success:

```
• Code: 200
```

```
• Content: { message: "Data found", data: consumer }
```

POST

Sends a call notification email and/or SMS to the desired contact

Parameters:

- contact_id=[string]
- Optional:
 - sms=[boolean]

Success:

```
• Code: 200
```

• Content: { message: "Invite email Sent successfully" }

On both email and SMS services error:

```
• Code: 500
```

• Content: { message: "Both email and sms services are not responding" }

/api/otc/watson/:otc

POST

Parse audio through IBM Watson API

Parameters:

req.body should be Base64 encoded audio/mp3

Success:

- Code: 200
- Content: { data: { action, contact id, text, reply }}

 - contact id: if action is "startCall", the contact id of the callee
 - text: string text resulted from transcribing the speech
 - reply: text reply from Watson Assistant

No intent recognized by Watson Assistant:

```
• Code: 200
```

Content: { message: "Watson couldn't recognize intents", data: { action, contact_id, text, reply }}

/api/otc/text-to-speech/:otc

POST

Synthesize speech from text

Parameters:

text=[string]

Success:

- Code: 200
- Content: body containing the synthesized speech as audio/wav

/api/otc/emergency/:otc

POST

Send emergency message to all contacts

Parameters:

text=[string]

Success:

```
• Code: 200
```

```
• Content: { message: "Invite Sent successfully" }
```

On both email and SMS services error:

```
• Code: 500
```

```
• Content: { message: "No emergency message was sent" }
```

/api/backgrounds/

POST

Adds corresponding background to consumer's backgrounds

Parameters:

- imageFile=[string] (should be Base64 encoded or URL string)
- imageName=[string]
- isVR=[boolean]
- consumer id=[string]

Success:

```
• Code: 200
```

```
    Content: { message: "New background uploaded successfully" }
```

DELETE

Deletes the corresponding background

Parameters:

- image_id=[string]
- consumer_id=[string]

Success:

```
• Code: 200
```

```
• Content: { message: "Background deleted successfully", }
```

IBM Watson Voice Commands

Setup

- · Register an IBM Cloud account
- Create Watson Assistant, Speech-To-Text and Text-To-Speech resources
- Add service credentials for respective resource in server .env.local.
- Launch Watson Assistant inside IBM Cloud
- Create dialog skill by uploading watson_skill.json that you find in the /server folder

Valid commands

- · Change background
- Call [contact name]

If you want any other *custom* commands, you can create using IBM watson dialogues. Read this guide to get started.

AskBob voice commands

Setup

- Follow AskBob's installation guide here or use above mentioned docker instalaltion
- Ensure that the required deepspeech models are downloaded
- · Ensure that FISE plugins are downloaded
- Add the AskBob instance URL in app/.env.local

Valid commands

Default

- · Change background
- Call [contact name]

FISE Concierge Utilities

- · What's the weather at different locations
- What's the air quality at different locations
- · What's the defintion of words
- What's the synonym of words

FISE Concierge Food

- · Tell me a recipe for certain food
- Tell me a recipe by ingredient
- · Tell me random recipe

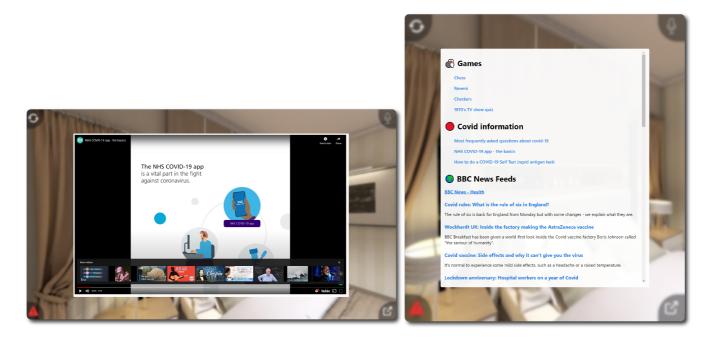
FISE Concierge Food

- Value of a stock
- · Charities in a location

FISE Concierge Food

- Value of a stock
- · Charities in a location

Plugins



The Plugin component is app/components/Plugin.jsx. This is wrapped by the app/components/PluginComponent.jsx component in an iframe.

To add new plugins, modify the return value of the <u>Plugin</u> component by adding your custom html and JS. If any variable initialization is needed, it can be added to the <u>useEffect</u> hook of the component.

We have provided an example of the things you can achieve with Plugin, these include online games (chess, checkers, 70's TV Show, etc.), live BBC news feed, Coronavirus informational videos, etc.