**Home**

Fresh Chicken - Awesome Sides - Fried Desserts

**Hot Wing Challenge**

Contest Rules

10 of the hottest wings

Competition held at restaurant discretion

Must be 18 years old to sign disclaimer

No napkins

No drinks

No utensils or aids

Start time determined by restaurant staff

Wings must be cleaned of meat to the bone

5 minutes to consume all 10 wings

5 minute after burn Once All Wings Have Been Consumed

**Hours**

Monday - Saturday 11 AM - 10 PM

Sunday - Closed

**Info**

12226 Corporate Blvd. Suite 166 Orlando, FL 32817

(407) 281-0960

[https://www.facebook.com/pages/Tenders-UCF/128887653813705](https://www.facebook.com/pages/Tenders-UCF/128887653813705" \t "_blank)

[https://twitter.com/TendersUCF](https://twitter.com/TendersUCF" \t "_blank)

TENDERS

Fried/Grilled

* 3 Piece/One Side/Garlic Bread/One Sauce
* 5 Piece/Two Sides/Garlic Bread/One Sauce
* 8 Piece/Two Sides/Garlic Bread/Two Sauce

Toss your tenders in your favorite sauce for 15¢ each.

JUST TENDERS

* 7 Tenders/Two Sauces
* 15 Tenders/Four Sauces
* 25 Tenders or more, ask for details

BASKETS

* Popcorn Chicken/One Side/Garlic Bread/One Sauce
* Fried Shrimp/One Side/Garlic Bread/One Sauce

SALADS/WRAPS

**House**

Field Greens, Cranberries, Walnuts, Feta Cheese, Homemade Balsamic Vinaigrette

**Caesar**

Romaine Lettuce, Parmesan Cheese, Croutons, Caesar Dressing

**Garden**

Romaine Lettuce, Tomatoes, Cucumber, Cheddar Jack Cheese, Ranch Dressing

**Thai**

Romaine Lettuce, Shredded Cheese, Peanuts, Avocado, Lime Dressing

(Salad or Wrap)  
Wraps available in white or wheat  
Fried/Grilled Chicken (Upgrade to Shrimp - $1.50 extra)

WRAPS ONLY

**Tenders Wrap**

Romaine Lettuce, Cheddar Jack Cheese, Tenders Sauce

**Buffalo Wrap**

Romaine Lettuce, Cheddar Jack Cheese, Buffalo and Bleu Cheese Dressing

Wraps available in white or wheat  
Fried/Grilled Chicken (Upgrade to Shrimp - $1.50 extra)

TRINI ROTI

**Chicken/Goat/Shrimp/Potato**

Curried meat with potatoes

SIDES

* Side Salad
* French Fries
* Potato Chips
* Coleslaw
* Garlic Bread
* Tater Tots
* Hush Puppies
* Onion Rings
* Mashed Potatoes
* Macaroni Salad
* Extra Tender
* Extra Sauce

SPECIALTY SIDES

* Fried Mac N Cheese
* Fried Pickles
* Jerk Fries
* Sweet Potato Fries
* House Seasoned Fries
* Jalapeño Corn Nuggets

SAUCES

* Tenders Sauce
* Bleu Cheese
* Honey Mustard
* Ranch
* BBQ
* Chipotle Ranch
* Sweet and Sour
* Chipotle BBQ
* Curry Mustard
* Mild Buffalo
* Hot Buffalo
* Chipotle Lime
* Teriyaki
* Jalapeño Ranch

SANDWICHES

**Original Tender Sandwich**

Chicken Tender Bites in a warm buttery bread with lettuce and tender sauce

**Buffalo Chicken Sandwich**

Chicken Tender Bites in a warm buttery bread with lettuce, buffalo and ranch sauce

**Tenders Po' Boy**

Chicken Tender in a warm buttery bread with our homemade po'boy sauce

**Spicy Chicken Sandwich**

Fried chicken tenders, spicy mayo, jalapeños, lettuce, and cheese

**BBQ Chicken**

Grilled chicken tossed in BBQ sauce, melted cheese on a homemade coconut bread

**Chicken Burger**

Grilled homemade chicken patty served on a toasted bun with cheese and house butter sauce

**Jerk Chicken**

Hot 'n spicy jerk chicken with our homemade garlic sauce served on homemade coconut bread

**Philly Cheesesteak**

Thin sliced rib eye steak grilled with onions, peppers, and cheese served on a toasted sub roll

**Chicken Philly**

Grilled chicken with onions, peppers, and American cheese on a toasted rub roll

**Island Pulled Beef**

Slow cooked brisket pulled with our island BBQ sauce on a homemade coconut bread

MAKE ANY SALAD, SANDWICH, OR WRAP A COMBO

REGULAR SIDE AND FOUNDATIN DRINK

$2.30

DESSERTS

* Fried Oreos©
* Fried Milky Way©
* Fried Snickers©
* Fried Cookie Dough©
* Fried Reese's Peanut Butter Cup©