

# open source hospital

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[https://kambowarriordetox.com/  
Kambo\\_Warrior\\_Pre-Kambo\\_Information.pdf](https://kambowarriordetox.com/Kambo_Warrior_Pre-Kambo_Information.pdf)

Unique Properties of Kambo: Kambo contains a variety of bioactive peptides that have been shown to have antimicrobial, anti-inflammatory, and immune-boosting properties.: Kambo is often used as part of a holistic detoxification process that addresses not just the symptoms but the overall health and well-being of the individual. People can respond differently to various treatments. What might not work for one person could be highly effective for another due to individual biological variations.



### Cupping hijama

Cupping, also known as Hijama in Arabic, is an ancient healing technique that has been used for centuries to treat various health problems.

It involves using small glass cups to create a vacuum on the skin, which draws out toxins and promotes healing.

The practice of Hijama involves creating a vacuum on specific points of the skin using 9-11 plastic cups on either side of the spine, neck, and shoulder blades. Cuts are made to the skin under the cups, and the cups are suctioned to create a vacuum, which pulls out the blood and other fluids from the skin, removing toxins and promoting healing.

Hijama therapy has historical roots in ancient Egyptian and Chinese medical practices, and it has been documented in various civilizations throughout history.

It is also mentioned in Islamic traditions, with hadiths supporting its recommendation and use by the Islamic prophet Muhammad.

Despite its long history, there is limited evidence to support its effectiveness as a treatment method, with most studies indicating that there is no high-quality evidence for its use except for treating pain.

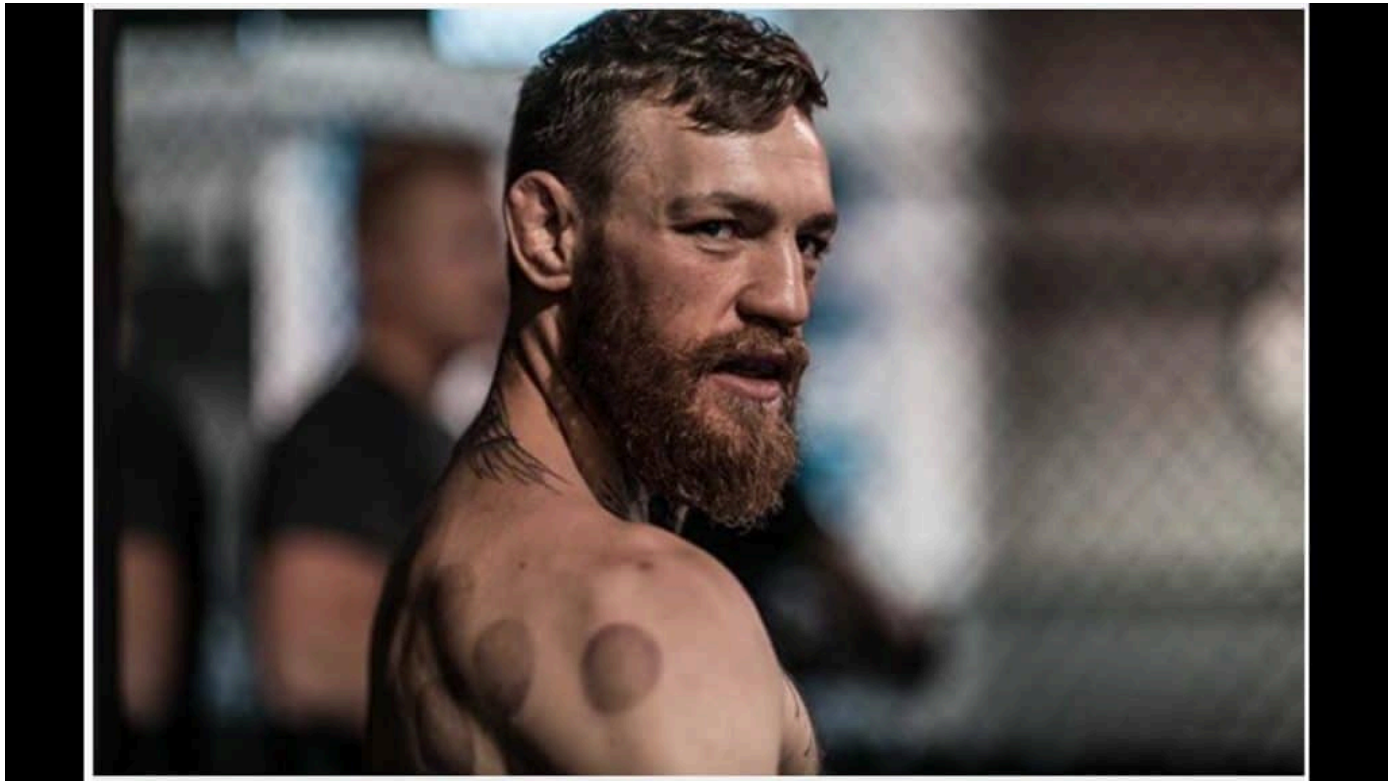
While some traditional perspectives suggest that Hijama therapy can balance the body's humours, improve blood circulation, and strengthen the immune system, modern research indicates that it may stimulate the body's natural healing response.

However, there is no conclusive evidence supporting the claimed health benefits of cupping, and critics have characterized the practice as pseudoscience.

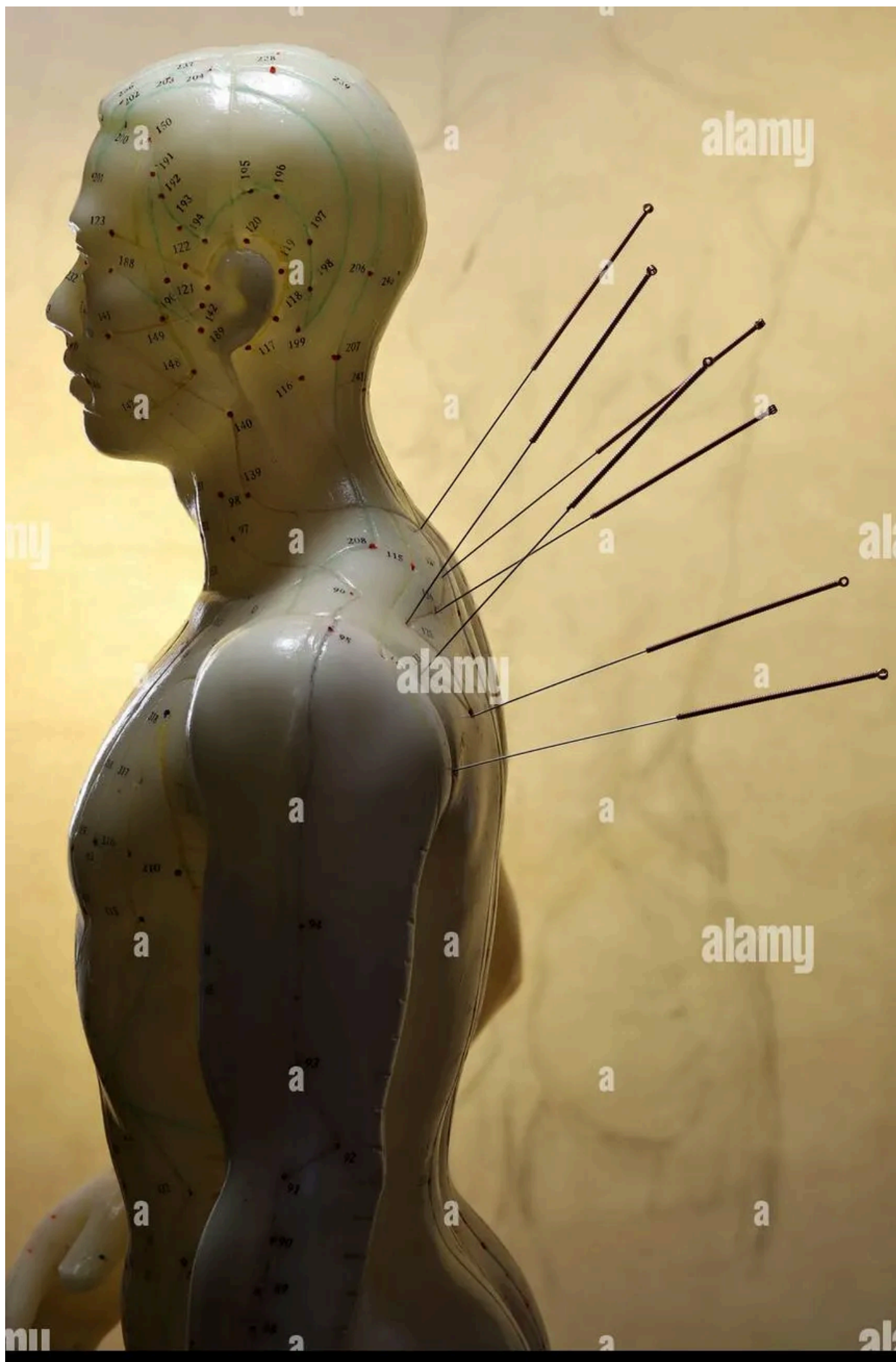
Cupping therapy is generally considered safe for most people, but it can cause bruising and may lead to

skin infections.

<https://www.masnad.com.au/hijama-wet-cupping-therapy-in-the-olympics-the-ancient-healing-technique-for-modern-athletes/>



Acupuncture





<https://en.wikipedia.org/wiki/Acupuncture>

<https://www.hopkinsmedicine.org/health/wellness-and-prevention/acupuncture>

Acupuncture is a form of alternative medicine and a component of traditional Chinese medicine (TCM) in which thin needles are inserted into the body. Acupuncture is a pseudoscience. According to the World Health Organization, acupuncture is used in 103 of 129 countries that reported data. National survey data indicate that in the United States, acupuncture is most commonly used for pain, such as back, joint, or neck pain.

<https://www.nccih.nih.gov/health/acupuncture-effectiveness-and-safety>