

Steel on Steel

Welcome to Steel on Steel. My name is _____, and I'm an addict/alcoholic.

"As iron sharpens iron, so one person sharpens another."

Let's start the meeting with ten minutes of silence to clear our minds.

Thank you. Please join me in the Set-Aside prayer.

Help me to set aside
Everything I think
About myself,
My disease,
The twelve steps,
And especially you,
That I may have an open mind
And a new experience of all these things.
Please let me see the truth.

_____ will now read from the Big Book. Please follow along from "Our troubles ..." on page 62, concluding by joining in the Third Step Prayer.

[Sharing]

We will now share around the room. Each of us will start off with:

- What came to us during our meditations around the previous meeting's considerations.
- What, if any, actions that we have taken as a result.

Following that, the member will share for up to 10 minutes about where they are now, using the list of questions.

After the member has shared, we'll go around the room, offering considerations and possible corrective measures to them in the form of sentences starting with "Is it possible that...?". During this feedback, the member should just still in silence, taking notes in their "considerations" notebook.

This process will repeat, until each of us has shared.

We'll start with _____ to my left.

[After sharing]

Thank you all for committing to the Steel on Steel process with me. During the month to come, we suggest using the considerations that have been shared with you by the other members in your meditation and then bring that back to the next meeting.

I'll now lead us out in the Serenity Prayer.