

# Training Schedule

## Timezones

The world is split into timezones. Each timezone follows a different time.

Search “What is my timezone?” on [Google](#) to find your timezone.

If you are in a different timezone than the ones listed, use a [Timezone Converter](#) to know when trainings are scheduled.

## Schedule

These training times are hosted daily at the [Training Center](#).

|            | Eastern<br>Time<br>(ET) | Pacific<br>Time<br>(PT) | Greenwich<br>Mean Time<br>(GMT) |
|------------|-------------------------|-------------------------|---------------------------------|
| Training 1 | 6:00 AM                 | 3:00 AM                 | 10:00 AM                        |
| Training 2 | 9:00 AM                 | 6:00 AM                 | 1:00 PM                         |
| Training 3 | 12:00 PM                | 9:00 AM                 | 4:00 PM                         |
| Training 4 | 3:00 PM                 | 12:00 PM                | 7:00 PM                         |
| Training 5 | 6:00 PM                 | 3:00 PM                 | 10:00 PM                        |
| Training 6 | 9:00 PM                 | 6:00 PM                 | 1:00 AM                         |

## Notes

- Trainees to Senior Operators should join the Training Center 20 minutes before the training begins.
- Shift Leaders and above should join 30 minutes before the training begins to have a chance at receiving a role.
- Trainings take about 45 minutes.