## **Weekly Meeting**

Agenda	Weekly Meeting 2
Objective	Research on topics
Date	18 March 2022
Time	1pm
Location	Microsoft Teams
Chair	William
Attendees	ТВА

Agenda Items	Key Points/Actions	Led by	Duration
1: Welcome	<ul><li>Welcome by chair</li><li>Introduce the member in the meeting</li></ul>	CHAIR	1-2 mins
2: Introduction	<ul> <li>Discuss issues in relation to research topics assigned in the first week</li> </ul>	CHAIR	3 mins
3: Sharing information	<ul> <li>Each leader from research teams presents their progress (4 groups)</li> </ul>	Team	45 mins
4: Discussion	<ul> <li>Viability in creating own database</li> <li>Viability in algorithms as a stepping to stone to create algorithm models</li> <li>Advice and recommendations</li> </ul>	CHAIR	10 mins
5: Wrap up	■ Next week's research topic	CHAIR	5 mins

Minutes	Weekly Meeting 2			
Date	18 March 2022			
Time	1pm – 2pm			
Location	Microsoft Teams			
Chair	William			
Attendees	ТВА			
Point (Item)	<b>Discussion</b> (Record main points)	Action (Initials & due date)		
Open Source	<ul> <li>Gouri:         <ul> <li>Kaggle/Fitness Data Trends/Fitness Exercise data (gifURL)</li> </ul> </li> <li>Showing movements; considered useful potentially for dashboard</li> </ul>	Research viability of linking databases without breaking them Create own database using randomized data based on features of "Fitness Exercise data"		
Database (Storage)	<ul> <li>Researched examples of opensource databases including SQL service (community edition),         Microsoft Azure (useful for startup companies),         Google data structure, Workflow86</li> <li>Showcase/ran through how Workflow86 works (user friendly &amp; all-in-one platform)</li> </ul>	MySQL/Spark MongoDB/NoSQL Exploring more platforms focused on long-term Exploring whether the company is financially capable of hosting a platform		
Benchmark	<ul> <li>Presented how Zwift collects, analyses riders' data</li> <li>Presented GAM model &amp; ERG Mode (algorithm)</li> <li>Presented limitations of ERG algorithm</li> <li>Discussed about how/where to make improvements</li> </ul>	Use GAM in R to provide accurate feedback depends on aggregated data which will then be tailored to individual riders rather than professionals/athletes Useful for IoT teams to get the project going		
Generalised Research	Presented in-depth research on how data analytics can improve effectiveness and efficiency of exercise     Highlighted/pinpointed importance of exercise composition	William mentioned he will be sharing the documentation with other teams		
Research Algo.  – Oxygen  Uptake in  cyclist	Presented Oxygen Uptake (VO2) method used in increasing O2 deficit and obligate a greater contribution from anaerobic mechanism of ATP production.	Use algorithm to provide a more efficient working prototype model  Identify what limits the algo might pose		

## **Redback Operation**

	<ul> <li>Data exploration on Wingate and incremental test</li> <li>Explored relation between target and other feature variable</li> <li>Explored correlation among various feature by using cor() and visualization using heat map</li> </ul>	Search more algorithms in health/well-being and update documentation.
Discussion for next week	William:  • Need further research on algorithms (presented by Shashvat, Chris and Lucy)  Created a new group for up sales of exercise/health games	Join the groups by end of week Sunday the 21 <sup>st</sup> Otherwise, members will be assigned randomly