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Website Report for www.aspireclinics.org

This report grades your website based on the strength of various SEO factors such as On Page Optimization, O Page Links, Social and more. The overall Grade is on a A+ to F- scale, with most major, industry leading websites in the A range. Improving your grade will generally make your website perform better for users and rank better in search engines. There are recommendations for improving your website at the bottom of the report. Feel free to reach out to us if you'd like us to help with improving your website's SEO!

Audit Results for www.aspireclinics.org



Your page needs improvement

Recommendations: 29





Recommendations

Execute a Link Building Strategy

nks

High Priority

Include a meta description tag

On-Page SEO

High Priority

Implement a XML sitemaps file

On-Page SEO

Medium Priority

Implement a robots.txt file	On-Page SEO	Medium Priority
Reduce your total page file size	Performance	Medium Priority
Add Canonical Tag	On-Page SEO	Medium Priority
Add Alt attributes to all images	On-Page SEO	Low Priority
Create and link your Facebook Page	Social	Low Priority
Create and link your Twitter profile	Social	Low Priority
Use your main keywords across the important HTML tags	On-Page SEO	Low Priority
Increase page text content	On-Page SEO	Low Priority
Optimize your images to reduce their file size	Performance	Low Priority
Optimize your page for Mobile PageSpeed Insights	Usability	Low Priority
Optimize your page for Desktop PageSpeed Insights	Usability	Low Priority
Implement an analytics tracking tool	On-Page SEO	Low Priority
Add Schema Markup	On-Page SEO	Low Priority
Please add Facebook Open Graph Tags	Social	Low Priority
Add Twitter Cards	Social	Low Priority
Create and link associated Instagram profile	Social	Low Priority
Create and link an associated YouTube channel	Social	Low Priority
Create and link an associated LinkedIn profile	Social	Low Priority

Setup & Install a Facebook Pixel	Social	Low Priority
Remove any Deprecated HTML	Performance	Low Priority
Add business address and phone number	Other	Low Priority
Add Local Business Schema	Other	Low Priority
Create Google Business Profile	Other	Low Priority
Review and Increase Font Sizes across devices	Usability	Low Priority
Improve the size of tap targets	Usability	Low Priority
Make better use of website compression	Performance	Low Priority

On-Page SEO Results



Your On-Page SEO could be better

Your page has some level of On-Page SEO optimization but could be improved further. On-Page SEO is important to ensure Search Engines can understand your content appropriately and help it rank for relevant keywords. You should ensure that HTML Tag Content is completed correctly and align text content to target keywords.

Title Tag



You have a title tag of optimal length (between 10 and 70 characters).

Aspire Clinics

Length: 14

Meta Description Tag



Your page appears to be missing a meta description tag.

A meta description is important for search engines to understand the content of your page, and is often shown as the description text blurb in search results.

SERP Snippet Preview

This illustrates how your page may appear in Search Results. Note, this is intended as a guide and Search Engines are more frequently generating this content dynamically.

Hreflang Usage

Your page is not making use of Hre ang attributes.

Language

Your page is using the lang attribute.

Declared: English

H1 Header Tag Usage

Your page has a H1 Tag.

H2-H6 Header Tag Usage

Your page is making use multiple levels of Header Tags.

Header Tag	Frequency	
H2	6	
Н3	14	
H4	16	
H5	0	
H6	0	

Keyword Consistency

Your page's main keywords are not distributed well across the important HTML tags.

Your page content should be focused around particular keywords you would like to rank for. Ideally these keywords should also be distributed across tags such as the title, meta and header tags.





Individual Keywords

Keyword	Title	Meta Description Tag	Headings Tags	Page Frequency	
services				4	
team				4	
home				3	
consultation				3	
fee				3	
gallery				3	
aspire				3	
clinics				3	
		Ph	rases		
Phrase	Title	Meta Description Tag	Headings Tags	Page Frequency	
Phrase consultation fee	Title	Description	Headings Tags		
		Description Tag		Frequency	
consultation fee		Description Tag		Frequency 3	
consultation fee aspire clinics services		Description Tag		Frequency 3	
consultation fee aspire clinics services consultation		Description Tag .		Frequency 3 3 2	
consultation fee aspire clinics services consultation fee team		Description Tag		Frequency 3 3 2 2	
consultation fee aspire clinics services consultation fee team team gallery		Description Tag		Frequency 3 3 2 2 2	

Amount of Content

X

Your page has a low volume of text content which search engines can interpret as 'thin content'.

Word Count: 130

It has been well researched that higher text content volumes are related to better ranking ability in general.

Image Alt Attributes You have images on your page that are missing Alt attributes. We found 17 images on your page and 16 of them are missing the attribute. Alt attributes are an often overlooked and simple way to signal to Search Engines what an image is about, and help it rank in image search results. **Canonical Tag** Your page is not using the Canonical Tag. The Canonical Tag tells Search Engines the primary URL of a page. Google recommends all pages specify a Canonical. **Noindex Tag Test** Your page is not using the Noindex Tag which prevents indexing. **Noindex Header Test** Your page is not using the Noindex Header which prevents indexing. SSL Enabled Your website has SSL enabled. **HTTPS Redirect** Your page successfully redirects to a HTTPS (SSL secure) version. Robots.txt We have not detected or been able to retrieve a robots.txt le successfully. A robots.txt le is recommended as it can provide important instructions to a search engine for how to most appropriately crawl your website as well as site areas that should be ignored. **Blocked by Robots.txt** Your page does not appear to be blocked by robots.txt. **XML Sitemaps** We have not detected or been able to retrieve a XML sitemaps le successfully. Sitemaps are recommended to ensure that search engines can intelligently crawl all of your pages. **Analytics** We could not detect an analytics tool installed on your page. Website analytics tools like Google Analytics assist you in measuring, analyzing and ultimately

improving tra c to your page.

Schema.org Structured Data We have not detected any usage of Schema.org on your page.

Schema.org is a structured data markup for webpages which helps Search Engines understand your site better and provide rich snippets directly in their search results.

Rankings

Top Keyword Rankings

This shows your top 10 Keyword Rankings in the speci c location. The list is ordered by the keywords that drive the most tra c to your page.

Keyword	Country & Language	Position	Total Searches	Estimated Tra c	
aspire clinic	■ EN	3	480	46	
aspire clinic	<u>■</u> HI	3	480	46	
aspire hospitals	<u></u> EN	10	1,300	14	
aspire hospital	. EN	20	1,300	3	1
aspire care clinic	. ◆■EN	57	880	1	1
aspire hospitals	EN	17	390	1	T
aspire clinic	EN	86	320	0	
aspire health care	■ HI	35	210	0	
aspire clinic	. ■ EN	70	140	0	
aspire clinic	♦ FR	74	140	0	

Total Traffic From Search

This shows you the Estimated Tra c Volume your page receives from it's Keyword Rankings



Keyword Positions

This shows you a summary of the positions for your Keyword Rankings. The higher you rank, the more likely you are to capture tra c, with recent research showing that as much as 92% of clicks happen on the rst page.

Position	Keywords	5
Position 1	0	
Position 2-3	2	
Position 4-10	1	-
Position 11-20	3	
Position 21-30	0	
Position 31-100	9	

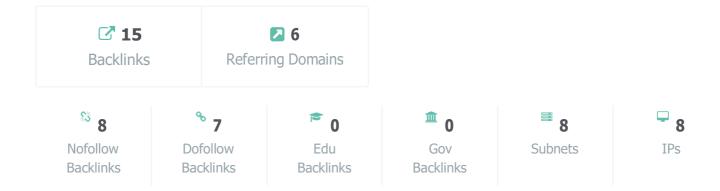
Links

Backlink Summary

You have a reasonably weak level of backlink activity to this page.

Search Engines use backlinks as a strong indicator of a page's authority, relevance and ranking potential. There are various strategies available to gain links to a page to improve this factor





Top Backlinks

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These are the highest value external pages we have found linking to your site.

Domain Referring Page URL strength

5	https://life-healthy.net/aspire-behavioral-healthcare/
4	https://assc.es/aspire-clinic-mejores/
3	https://headquartersdirectory.com/a-companies/aspire-skin-and-wellness-clinic-llc-headquarters. html

2 https://beauty-health-news.info/aspire-integrated-health/

Top Pages by Backlinks

These are the pages on your site with the most the backlinks from other sites.

URL	Backlink	S
https://www.aspireclinics.org/	8	
https://aspireclinics.org/	4	
http://www.aspireclinics.org/	3	

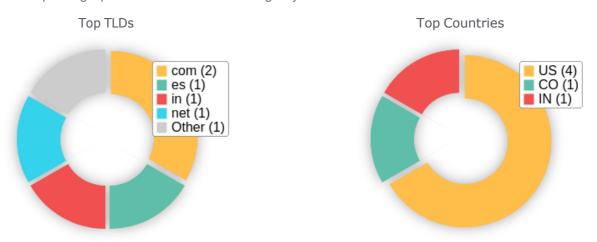
Top Anchors by Backlinks

These are the top pieces of Anchor Text we found used to link to your site.

Anchor	Backlink	S
https://www.aspireclinics.org/	4	
Aspire Clinics	3	
Captura de pantalla de www.aspireclinics.org	2	
Show details	1	

Top Referring Domain Geographies

These are the Top Geographies we have found linking to your site.



On-Page Link Structure

We found 1 total links. 100% of your links are external links and are sending authority to other sites. 0% of your links are nofollow links, meaning authority is not being passed to those destination pages.

Friendly Links

Your link URLs appear friendly (easily human or search engine readable).



1

Usability

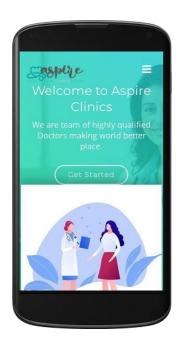


Your usability could be better

Your page is OK but could be more usable across devices. Usability is important to maximize your available audience and minimize user bounce rates (which can indirectly a ect your search engine rankings).

Device Rendering

This check visually demonstrates how your page renders on different devices. It is important that your page is optimized for mobile and tablet experiences as today the majority of web traic comes from these sources.





Google's Core Web Vitals

Google is indicating that they do not have 'su cient real-world speed data for this page' in order to make a Core Web Vitals assessment. This can occur for smaller websites or those that are not crawlable by Google.

Use of Mobile Viewports

Your page speci es a viewport matching the device's size, allowing it to render appropriately across devices.



1

Google's PageSpeed Insights - Mobile



Google is indicating that your page is scoring poorly on their Mobile PageSpeed Insights evaluation.

Note that this evaluation is being performed from US servers and the results may di er slightly from an evaluation carried out from Google's PageSpeed Web Interface as that reporting localizes to the region in which you are running the report.

Google has indicated that the performance of a webpage is becoming more important from a user and subsequently ranking perspective.



Lab Data	Value
First Contentful Paint	4.5 s
Speed Index	14.1 s
Largest Contentful Paint	7.6 s
Time to Interactive	18.7 s
Total Blocking Time	0.15 s
Cumulative Layout Shift	0.001

Opportunities	Estimated Savings
Serve images in next-gen formats	4.92 s
Eliminate render-blocking resources	2.86 s
Enable text compression	2.37 s
Defer o screen images	1.36 s
Reduce unused CSS	1.36 s
E ciently encode images	1.36 s
Avoid multiple page redirects	0.63 s
Reduce unused JavaScript	0.51 s
Properly size images	0.17 s

Google's PageSpeed Insights - Desktop



Google is indicating that your page is scoring poorly on their Desktop PageSpeed Insights evaluation.

Google has indicated that the performance of a webpage is becoming more important from a user and subsequently ranking perspective.



Lab Data	Value	Opportunities	Estimated Savings	
First Contentful Paint	1.1 s			
Speed Index	4.2 s	Serve images in next-gen formats	0.7 s	
Largest Contentful Paint	5 s	Eliminate render-blocking	0.56 s	
Time to Interactive	1.3 s	resources		
Total Blocking Time	0 s	Enable text compression	0.26 s	
Cumulative Layout Shift	0.004	Properly size images	0.19 s	
		Avoid multiple page redirects	0.19 s	

Flash Used?

No Flash content has been identi ed on your page.

iFrames Used?

There are no iFrames detected on your page.

Favicon

Your page has speci ed a favicon.

Email Privacy

No email addresses have been found in plain text on your page.

Legible Font Sizes

There is some text on your page that is small and may not be legible enough for particular users.

We recommend reviewing all text on your page in di erent devices to ensure that it is of appropriate size.

Tap Target Sizing

Some of the links or buttons on your page may be too small for a user to easily tap on a touchscreen.

Consider making these tap targets larger to provide a better user experience.

Performance Results



Your performance could be better

Your page's performance has some issues and room for improvement. Performance is important to ensure a good user experience, and reduced bounce rates (which can also indirectly a ect your search engine rankings). We recommend addressing the highlighted factors below.

Page Speed Info

Your page loads in a reasonable amount of time.



























































































All Page Content Loaded

All Page Scripts Complete







Download Page Size

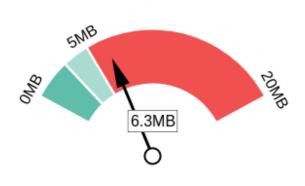
X

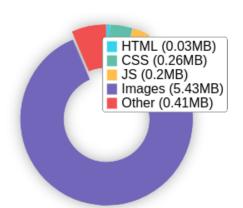
Your page's le size is quite large which, regardless of other optimizations, can reduce load speed and impact user experience.

A general rule is to keep your page under 5MB in total le size.

Download Page Size







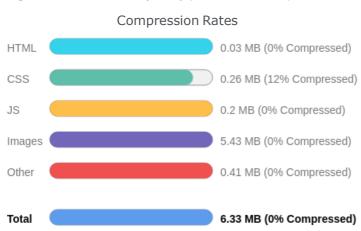
Total 6.33 MB

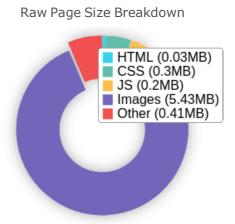
Website Compression (Gzip, Deflate, Brotli)



Your website appears to be using a reasonable level of compression.

We recommend reviewing server compression settings, as e ective compression can represent a signi cant and relatively easy performance improvement for websites.





Total 6.37 MB

Number of Resources

This check displays the total number of les that need to be retrieved from web servers to load your page.











1

1

Total Objects

Number of **HTML Pages**

Resources

Number of JS Number of CSS Resources

Number of **Images**

Other Resources

Google Accelerated Mobile Pages (AMP)

This page does not appear to have AMP Enabled.



Your page is not reporting any JavaScript errors.



Your website is using the recommended HTTP/2+ protocol.



Your page appears to include images which are poorly optimized.

Properly formatting and compressing images can have a signi cant impact on page load performance.

Minification

All your JavaScript and CSS les appear to be mini ed.

Deprecated HTML

Deprecated HTML tags have been found within your page.

These tags are no longer o cially supported in modern web browsers, and hence are recommended to be removed as they could cause display issues.

Inline Styles

No inline styles have been found within your page's HTML tags.

Social Results



Your social needs improvement

You appear to have a weak social presence or level of social activity (or we may just not be able to see your pro les!). Social activity is important for customer communication, brand awareness and as a marketing channel to bring visitors to your website. We recommend that you list all of your pro les on your page for visibility, and begin to build a following on those networks.

Facebook Connected

No associated Facebook Page found as a link on your page.

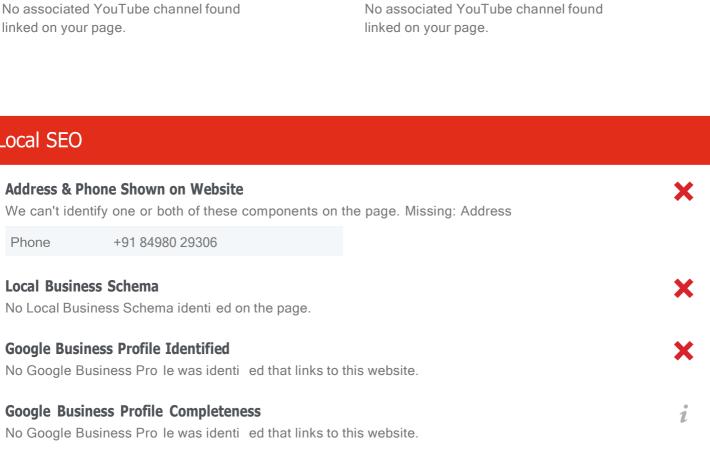


Facebook Open Graph Tags We have not found Facebook Open Graph Tags on your page. Facebook Open Graph Tags are a type of structured data that can be placed on your page to control what content is shown when a page is shared on Facebook. **Facebook Pixel** We have not detected a Facebook Pixel on your page. Facebook's Pixel is a useful piece of analytics code that allows you to retarget visitors if you decide to run Facebook Ads in future. **Twitter Connected Twitter Activity** 1 No associated Twitter pro le found as a No associated Twitter pro le found as a link on your page. link on your page. **Twitter Cards** We have not detected Twitter Cards on your page. Twitter Cards are a type of structured data that can be placed on your page to control what content is shown when a page is shared on Twitter. **Instagram Connected** No associated Instagram pro le found linked on your page LinkedIn Connected No associated LinkedIn pro le found linked on your page.



YouTube Activity

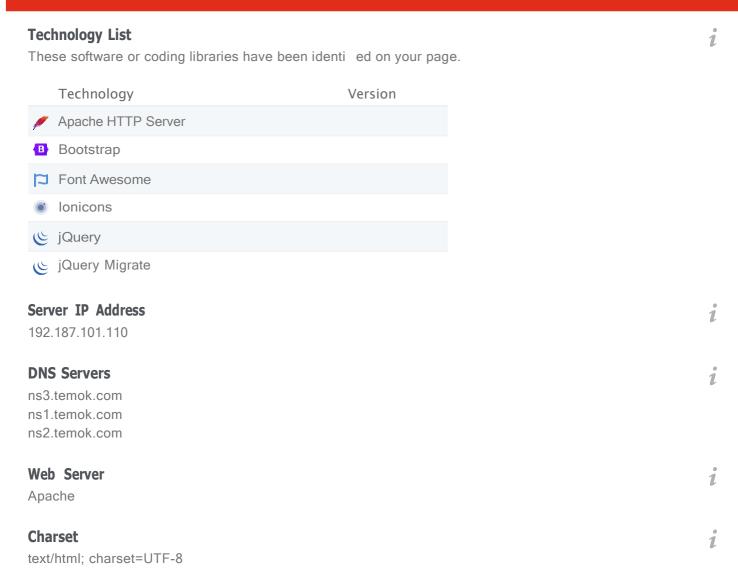
YouTube Connected



Google Reviews

No Google Business Pro le was identi ed that links to this website.

Technology Results



https://www.thepatternscompany.com/

The Purpose of a Business is to create a Customer Who Creates Customer's

Thank you