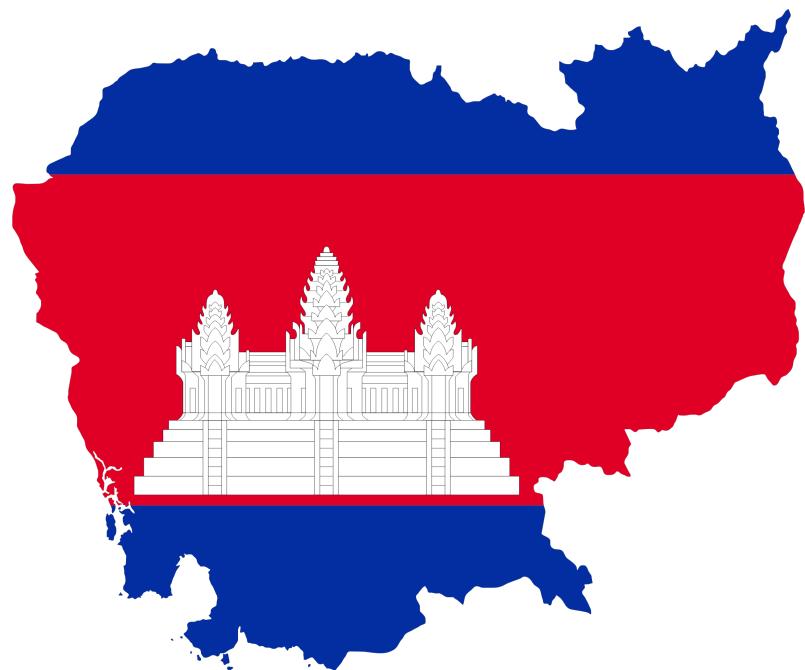


Student's Handbook

2017





Content Page

The Team -----	3
Packing List -----	4-5
Packing Guidelines -----	6
Money Matters -----	7-8
General Protocol -----	9
Infection Control SOP -----	10-13
Trip Overview -----	14
Manpower Allocation -----	15
Daily Schedule -----	16-45
PCV Clinic Flow -----	46-47
KSV Clinic Flow -----	48-49
PVV Clinic Flow -----	50
TT School Clinic Flow -----	51-52
TT Village Clinic Flow -----	53
TK Clinic Flow -----	54
PC Clinic Flow -----	55
Needs Assessment 2017 -----	56-59
Basic Khmer -----	60-62
Important Contacts -----	63-64
Notes -----	65-67



My Friends

"Ram is my only friend"
- Shuhui



Lisa



Fabian



Hong Zhi



Uogen



Shu Ying



Walter



Cheryl



Ram



Shauna



Joshua



Shu Hui



Delphina



Natalie



Jun Leng



Vanessa



Christine



Ding Heng



Isrin



Jason



Jia Xuan



Zhi Xian



Yu De



Yi Jing



Jocelyn



Priya



Wan Xin



Steven



Rei



Jun Tao



Ming Wei



Packing List

"Eh don't play mother
leh" – Joshua

	ITEM	REMARKS	QTY	✓
Essentials	Sa'Bai T-shirts		2	
	T-shirts		*	
	Bottoms	At least knee length	*	
	Sleepwear			
	Underwear		*	
	Jacket		*	
	Shoes	+1 extra pair in case of rain	*	
	Socks		*	
	Slippers		*	
Personal Stuff	Hangers			
	Detergent/Febreeze			
	Personal Medication		*	
	Toiletries	Toothbrush/ paste/ facial wash/ contact lenses solution/ shaver	*	
	Toiletries	Soap/ Shampoo/ Conditioner		
	Plastic bags	For own clothes/ referral patients	*	
	Tissue/ Wet Wipes			
	Glasses	If necessary		
	Nail clipper			
	Hand sanitiser			
eOthers	Sleeping bag/ Air mattress		*	
	Pillow			
	Torchlight		*	
	Plasters			
	Mosquito Coil			
	Mosquito Repellent/ Patches		*	
	Umbrella	To share e.g. usher patients	*	
	Raincoat	For self	*	
	Day Bag		*	
	Stickers/ Sweets	For the kids		
	Souvenirs	For translators		
	Notebook & Stationery			
	Games/ Playing cards			
	Black trash bags	For waterproofing/ trash	*	

	Cleaning materials	Cloth, small broom, wet wipes	*	
	Red Pen	For indication of febrile patients	*	
Electronics	Hand phone charger		*	
	Laptop	Label with name + number of hours it can survive for ¹	*	
	Laptop charger	Label with name	*	
	Tool to insert SIM card			
	Portable charger		*	
	Camera			
	Extension cord	Label with name	*	
	Travel Adaptor		*	
Important!	Passport		*	
	Photocopy of passport		*	
	Flight ticket	If applicable	*	
	Doxycycline		*	
	800ml-1L water bottle		*	
	Allocated Pharm + Logs		*	
	Team fund contribution ²		*	
	Matric card	For R&R discounts	*	

¹Please remove your password for your laptop, or change it to something easy (e.g. Sabai) and label it at the top of your laptop where it is easy for the doctors to see

²Team fund contribution: USD 150 for Med, USD 130 for SMU, and bring along extra \$\$\$ for R&R (refer to Pg. 7-8)

* Starred items are compulsory



Packing Guidelines

For check-in luggage, each M2 has a **12kg personal baggage allowance** while M1s have **10kg**. In addition, each person is allowed a carry-on luggage i.e. **7kg allowance of only 1 main item that cannot exceed 56cm (height) x 36cm (width) x 23cm (depth)** and **1 small item***.

There will be drugs and medical logistics for each person to bring to Cambodia. More details on the plan for packing of luggage for the team will be provided nearer the trip.

In general, drugs and medical logistics are to be packed in the **check-in baggage** that will be checked in at the airport counter (this will not raise as much suspicion when we go through customs). This bag should be **labelled with your name**. Try to pack the drugs/logistics with clothing to minimise suspicion. If possible, try to pack all the drugs/logistics into the black duffel bags as they will be collected on the first day of arrival to minimise repacking on the day of arrival.

Do note that items prohibited by law to be carried on board, such as scissors, **MUST** be packed in the check-in baggage or risk being confiscated. Items that are restricted to be carried on board, such as liquids, aerosols and gels, should also be packed in the check-in baggage.

For exact guidelines on the items that can and cannot be brought on board the plane, please refer to <http://www.jetstar.com/sg/en/help/articles/carry-on-baggage-what-can-i-bring-on-board>

**Small item must fit under the seat in front of you and could be a handbag, a pocket book or purse, a laptop computer in thin case, an umbrella or a small camera.*

Fill me up!

"

" – Priya

Fill me up!

"

" – Yi Ting



Money Matters

There are 2 main sources of money – the **Project Fund** and the **Team Fund** used for project-related and personal expenses respectively (see table on next page). Members will be asked to **contribute ~\$150 USD to the team fund**, sufficient to cover food, water, SIM cards and other personal expenses for all working days. In addition, you should **bring additional USD for the 2 days of RnR**, as expenses during RnR are not accounted for in the team fund collection. The amount of money you wish to bring for RnR is up to personal discretion. If you are intending to splurge, a meal can go up to \$20 USD, but this is up to your own discretion as well!

Members will not need to contribute to the Project Fund out of their own pockets. In the rare case that you do use your personal money to pay for project expenses, do keep the receipt in order for you to claim your money back after the trip.

All receipts submitted for claim must have

- i) Shop name & address
- ii) Item, quantity, cost
- iii) Mode of Payment & Date of purchase

For informal purchases and handwritten receipts, obtain the above along with the vendor's name and signature.

No personal purchases should be made in the same receipt. Behind the receipt, write your **Name, Committee and Purpose of purchase**.

Cambodia transacts in US dollars, but change that is less than 1 USD in value is given in Cambodian riels (KHR), which are not recognised as official currency outside of Cambodia. Most places use a conversion rate of 1USD = 4000 KHR. So \$1.50 USD would equate to 1 USD and 2000 riels in change. At the end of the trip, you might be holding on a lot of riels. Do try to spend them during RnR!

It is also recommended that you bring extra money for emergency (~100USD).



Money Matters

Project Fund	Team Fund
<ul style="list-style-type: none">• Project related expenses• Money from fundraising, donations, etc.• Transport for all working days• Food for non-Sa'Bai members (doctors, translators, drivers, patients)• Drugs, logistics <p># In rare circumstances, you might need to use your own money to pay for project expenses first (e.g. buying a patient's lunch) and then claim the money back later.</p> <p>NB: please <u>keep receipts</u> if you have used personal money to buy project items, so you can claim the money back. No receipt = no claim ☹</p>	<ul style="list-style-type: none">• Personal expenses• Personal money from each team member• Collected at the start of the trip for ease of payment for meals, etc. <p>SGD (\$400-\$450)</p> <ul style="list-style-type: none">- Plane ticket, vaccines, insurance, doxycycline <p>USD (~\$150)</p> <ul style="list-style-type: none">• Food, water for working days (i.e. does not cover RnR)• Transport for RnR• SIM cards• Team expenses – soap, shampoo, etc. <p>NB: Individual spending will be recorded and excess amount reimbursed</p>

(Attempting to sing Beauty & the Beast)
"Both a little strange" – Del



General Protocol

Fill me up!

"

- Steven

Safety

- ✓ Always let an M2 know of your whereabouts
- ✓ Travel in groups or at least in pairs
- ✓ Sling/ carry your bags in front of you and hold them firmly near roads or crowds to protect yourself from snatch thieves and pickpockets
- ✗ DO NOT exchange currency: there are fake US bills in circulation
- ✗ DO NOT give anything to beggars, you risk being mobbed by street kids and other beggars if you do so
- ✗ DO NOT accept food from strangers because it might be drugged
- ✗ DO NOT flaunt cash or expensive jewellery around (or anything that makes you look rich)
- ✗ DO NOT buy pirated VCDs, wildlife souvenirs or ancient artefacts that may be illegal in Singapore

Attire

- ✓ No indecent clothing (e.g. short shorts, sleeveless etc.) around the school that we are staying in
- ✓ During clinics: wear t-shirt or long-sleeved shirt with jeans or track pants and covered shoes
- ✓ Girls: tie hair up during clinical hours
- ✓ Take note of tourist attractions with specific dressing requirements

Health

- ✓ You are responsible for your own health – bring your medications around if necessary
- ✓ Do not feel pressured to continue working if unwell, inform heads **immediately**



Infection Control SOP

Using Respirators (3M Model 9210)



Wash your Hands
Select a respirator of your size (S, M, L).



Place thumb at center of nosepiece and unfold the respirator by pulling top part (with nosepiece) up and bottom part down so the respirator is open all the way.
Straps should be held on the top panel.
Bend nosepiece slightly around thumb at center of nosepiece



Place respirator against your face with the bottom under your chin, and the nosepiece across the bridge of your nose.
Hold respirator on your face with one hand. With your other hand pull the bottom securely under your chin

(Attempting to say the word pus)
'Puss' – Jun leng



Infection Control SOP

Pull one strap over your head and position it around the neck below your ears.

Pull second strap over your head and position it high on the back of your head.

If desired, tabs on side of respirator can be used to adjust for a comfortable fit.



Make certain facial hair, hair; jewelry, tissue paper and clothing (e.g. handkerchief, towel) are not between your face and the respirator as they will interfere with fit and break the seal.

Make certain respirator is completely opened and edges lay flat against the face.

Adjust for a comfortable fit by pulling bottom edge under chin while holding top edge on nose.



Place your fingertips from both hands at the top of the nosepiece. Use both hands to bend the nosepiece to fit snugly against your nose and face.

The respirator may not fit as well if you pinch the nosepiece using one hand. Use two hands.

Slide fingers down both sides of the nosepiece to seal it against your nose and face.



Perform a User Seal Check. To check the respirator-to-face seal, place both hands completely over the respirator and exhale. Be careful not to disturb the position of the respirator.

If air leaks around the nose, readjust the nosepiece as described in step 4. If air leaks around respirator edges, adjust position of straps and make certain respirator edges fit snugly against the face.



Infection Control SOP

FAQs

(1) How do I perform a respirator user-seal check?

Performing a user-seal check (formerly called “fit check”) after redonning the respirator each time is critical to ensure adequate respiratory protection. The seal checks for respirators are described below.

The two types of user-seal checks usually are:

(i) Positive pressure check (not for respirators with exhalation valve)

The wearer should cover the surface of the respirator with their hands or with a piece of household plastic film **and exhale gently**. If air is felt escaping around the face piece, the respirator should be repositioned, and the user-seal check should be performed again. If the wearer does not feel air escaping around the face piece, the positive pressure user-seal check was successful.

(ii) Negative-pressure checks

The wearer should **gently inhale**, creating a vacuum, causing the respirator to be drawn in toward the face. If the respirator is not drawn in toward the face or if the wearer feels air leaking around the face seal, the respirator should be removed and examined for any defects. If no holes are found, the respirator should be repositioned and readjusted, and a second attempt at negative pressure user-seal check should be made. If the check is not successful, try a new respirator.

Fill me up!
— Jocelyn



Infection Control SOP

"I suck at FIFA" – Hong Zhi

(2) What kind of respiratory protection should HCWs use when transporting patients with suspected or confirmed infectious TB disease?

Drivers, HCWs and other staff who are transporting patients with suspected or confirmed infectious TB disease in an enclosed vehicle should consider wearing an N95 disposable respirator.

If the patient has symptoms or signs of infectious TB disease (e.g. productive cough or positive AFB sputum smear result), the patient should wear a surgical or procedure mask, if possible, during transport, in waiting areas, or when other persons are present. Patients who cannot tolerate masks because of medical conditions should observe strict respiratory hygiene and cough etiquette procedures.

(3) Who should not wear an N95 respirator?

Any HCW who is restricted from using a respirator because of medical reasons should not wear one nor should persons who cannot pass a fit test because of the presence of facial hair or other condition that interferes with the seal of the respirator to the face.

(4) How long can I use my respirator for infectious aerosols (e.g. exposures) before I discard it?

Disposable respirators can be functional for weeks to months and reused by the same HCW. Reuse is limited by hygiene, damage, and breathing resistance, and manufacturer instructions should be considered.



Trip Overview

MON	TUES	WED	THURS	FRI	SAT	SUN
4	5	6	7 DAY -2	8 DAY -1	9 DAY 1	10 DAY 2
			# M2 Advance Party # Hospital Meetings # KSV Recee	# M2 Advance Party # Hospital Meetings # KSV Recee	# Translator Bootcamp # PCV Setup # PVN Recee	# PCV Day 1/2
11	DAY 3	12	DAY 4	13	DAY 5	14
# KSV Day 1/3 # PCV Referrals	# KSV Day 2/3 # KSV Referrals	# KSV Day 3/3 # KSV Referrals	# TK Christmas Party # KSV Referrals # TT Appreciation Dinner # UP Lectures	# DAY 6 # TK Christmas Party # KSV Referrals # TT Appreciation Dinner # UP Lectures	# DAY 7 # PVN GCC # PVN Day 1/2	# DAY 8 # PVN Day 2/2 # PVN Referrals
18	DAY 10	19	DAY 11	20	DAY 12	21
# TT Day 2/3 # TK Day 2/2 # PC Day 2/2 # School Referrals # PCV Referrals # TT Health Ed # PC Health Ed	# TT Day 2/3 # PC Day 2/2 # School Referrals # TT Health Ed # PC Health Ed	# TT Day 3/3 # School Referrals	# DAY 13 # TT Referrals # PCV GCC # Pharmlogs Packing # Translator Appreciation Party # CARE	# DAY 14 # R&R Day 1/2	# DAY 15 # R&R Day 2/2	# DAY 16

| Junleng it's time to peel you" – Walter |



Manpower Allocation

"Everybody
LamJeng,"
- Yogen

Name	7 Dec	8 Dec	9 Dec	10 Dec	11 Dec	12 Dec	13 Dec	14 Dec	15 Dec	16 Dec	17 Dec	18 Dec	19 Dec	20 Dec	21 Dec	22 Dec	23 Dec			
Cheryl Chong	Arrive	TT/KSV	PCV/IBC	PCV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	TT	TT	R	R&R	R&R	R&R			
Delphina Yeo	Arrive	Phm/KSV	PCV/IBC	PCV	KSV	KSV	KSV	KSV	UP	PVV	PCV	TK	TT	GCC	R&R	R&R	R&R			
Fabian See	Arrive	Hosp/KSV	PVV/IBC	PCV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	R	PC	R	GCC	R&R	R&R			
Goh Jun Leng	Arrive	Phm/TT	PVV/AP/BC	PCV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	R	TT	PL	R&R	R&R	R&R			
Joshua Kuek	Arrive	TT/KSV	PCV/IBC	PCV	KSV	KSV	KSV	KSV	R	PVV	PCV	PC	TK	TT	PL	R&R	R&R	R&R		
Kwek Shu Ying		BC	PCV	KSV	KSV	KSV	KSV	KSV	R	PVV	PCV	TK	TK	TT	GCC	R&R	R&R	R&R		
Lisa Ngiam	Arrive	Hosp/KSV	PVV/IBC	PCV	KSV	KSV	KSV	KSV	UP	PVV	PCV	TT	TK	TT	CARE	R&R	R&R	R&R		
M.Ramkumar	Arrive	Hosp/KSV	PVV/IBC	PCV	KSV	KSV	KSV	KSV	R	UP	PVV	R	TK	TT	R	R&R	R&R	R&R		
Natalie Chan	Arrive	Phm/KSV	PCV/IBC	PCV	KSV	KSV	KSV	KSV	R	TKAP	PVV	R	PCV	PC	TT	GCC	R&R	R&R	R&R	
Ngoh Shu Hui	Arrive	Hosp/KSV	TK/BC	PCV	KSV	KSV	KSV	KSV	UP	PVV	PCV	TK	TK	R	CARE	R&R	R&R	R&R		
Shauna Soh	Arrive	Phm/TT	PVV/AP/BC	PCV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	TT	R	TT	PL	R&R	R&R	R&R	R&R	
Vanessa Chen		BC	PCV	R	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	PC	PC	TT	R	R&R	R&R	R&R	R&R	
Walter Lam	Arrive	TT/PNm/KSV	PCV/IBC	PCV	KSV	R	KSV	KSV	TKAP	PVV	PCV	TT	TT	TT	PL	R&R	R&R	R&R	R&R	
Yogen Thever	Arrive	Hosp/KSV	PCV/IBC	PCV	KSV	KSV	KSV	KSV	R	PVV	R	PCV	PC	R	TT	GCC	R&R	R&R	R&R	
Zhu Hongzhi	Arrive	Hosp/KSV	PCV/IBC	PCV	R	KSV	KSV	KSV	TKAP	PVV	PCV	R	TT	R	GCC	R&R	R&R	R&R	R&R	
Anwarddeen Isrin		BC	PCV	KSV	KSV	KSV	KSV	KSV	TKAP	PVV	R	PCV	TT	TK	TT	GCC	R&R	R&R	R&R	R&R
Christine Wong		BC	PCV	KSV	R	KSV	KSV	KSV	TKAP	PVV	PCV	TK	TT	TT	GCC	R&R	R&R	R&R	R&R	
Fang JunTao		BC	PCV	KSV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	TT	TK	R	GCC	R&R	R&R	R&R	R&R	
Goh Ming Wei		BC	PCV	KSV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	TK	TT	R	GCC	R&R	R&R	R&R	R&R	
Ho Ding Heng		BC	PCV	KSV	R	KSV	KSV	KSV	R	PVV	PCV	TT	PC	TT	GCC	R&R	R&R	R&R	R&R	
Jason Cher		BC	PCV	R	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	PC	TT	TT	GCC	R&R	R&R	R&R	R&R	
Jocelyn Yeo		BC	PCV	KSV	KSV	KSV	KSV	KSV	R	PVV	PCV	TT	PC	TT	GCC	R&R	R&R	R&R	R&R	
Kok Yu De		BC	PCV	R	KSV	KSV	KSV	KSV	UP	PVV	R	PCV	TK	TT	CARE	R&R	R&R	R&R	R&R	
Lai Yi Ting		BC	PCV	R	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	TT	PC	TT	GCC	R&R	R&R	R&R	R&R	
Ong Zhi Xian		BC	PCV	KSV	KSV	R	TKAP	PVV	PVV	PCV	PC	TT	TT	GCC	R&R	R&R	R&R	R&R	R&R	
Priya Darshini		BC	PCV	KSV	KSV	KSV	KSV	KSV	TKAP	PVV	R	TK	PC	TT	GCC	R&R	R&R	R&R	R&R	R&R
Steven Liu		BC	PCV	KSV	KSV	KSV	KSV	KSV	R	PVV	PCV	TK	TT	TT	GCC	R&R	R&R	R&R	R&R	R&R
Tan Rei		BC	PCV	KSV	KSV	KSV	KSV	KSV	UP	PVV	PCV	R	TK	TT	CARE	R&R	R&R	R&R	R&R	R&R
Wu Jiaxuan		BC	PCV	KSV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	PC	R	TT	GCC	R&R	R&R	R&R	R&R	R&R
Yew Wan Xin		BC	PCV	KSV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	R	PC	TT	GCC	R&R	R&R	R&R	R&R	R&R
Pei Jun Ming		PCV	KSV	KSV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	TT	PC	TT						
Tam Kei Wen		PCV	KSV	KSV	KSV	KSV	KSV	KSV	TKAP	PVV	PCV	PC	TT							



9 Dec, Sat

"Omg my eyebrows faded from my sweat" - Cheryl

DAY ONE: Arrival into Phnom Penh + Translator Bootcamp

Time	Event
1030	Meet at Changi Airport Terminal 1
1325 - 1425	Flight 3K593 from SIN-PNH
1425	Arrive at Phnom Penh Airport
1500 - 1530	Travel to TT
1530 - 1600	Unpack and settle down at TT
1600 - 1630	Travel to UP (University of Puthisastra)
1700 - 2000	Translator Bootcamp <ul style="list-style-type: none">• Introduction• Icebreakers• Pioneering briefing• Health Education training
2000 - 2030	Dinner at UP
2030 - 2100	Travel to TT
2100 - 2200	PharmLogs packing
2200 - 2300	Briefing for 10 December Sisterhood Interaction



Name	AM	PM	Name	AM	PM
Anwardeen Isrin		T-BC	Cheryl Chong	HE	T-BC
Christine Wong		T-BC	Delphina Yeo	PCV	T-BC
Fang JunTao		T-BC	Fabian See	PVV	CARE
Goh Ming Wei		T-BC	Goh Jun Leng	PVV	AP/T-BC
Ho Ding Heng		T-BC	Joshua Kuek	HE	T-BC
Jason Cher		T-BC	Kwek Shu Ying		T-BC
Jocelyn Yeo		T-BC	Lisa Ngiam	PVV	CARE
Kok Yu De		T-BC	M.Ramkumar	PVV	CARE
Lai Yi Ting		T-BC	Natalie Chan	PC	T-BC
Ong Zhi Xian		T-BC	Ngoh Shu Hui	TK	CARE
Priya Darshini		T-BC	Shauna Soh	PVV	AP/T-BC
Steven Liu		T-BC	Vanessa Chen		T-BC
Tan Rei		T-BC	Walter Lam	PCV	T-BC
Wu Jiaxuan		T-BC	Yogen Thever	PCV	CARE
Yew Wan Xin		T-BC	Zhu Hongzhi	PCV	CARE
Pei Jun Ming			Tam Kei Wen		



10 Dec, Sun



DAY TWO: PCV Clinic

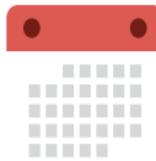
Time	Event
0700 - 0730	Breakfast
0730 - 0800	Travel to PC
0800 - 0900	Set up PCV Final briefing
0900 - 1700	PCV Clinic
1700 - 1800	Pack up PCV
1800 - 1830	Travel to TT
1830 - 1930	Dinner
1930 - 2100	PharmLogs packing
2100 - 2200	Briefing for 11 December Sisterhood Interaction

Name	PCV		Name	PCV	
	AM	PM		AM	PM
Anwardeen Isrin	REG	USHER	Cheryl Chong	VE	REG
Christine Wong	VITALS	REG	Delphina Yeo	HEAD	HEAD
Fang JunTao	CONSULT	VITALS	Fabian See	HEAD	HEAD
Goh Ming Wei	USHER	CONSULT	Goh Jun Leng	CONSULT	CONSULT
Ho Ding Heng	VE	CONSULT	Joshua Kuek	VE	VITALS
Jason Cher	CONSULT	VE	Kwek Shu Ying	REG	VE
Jocelyn Yeo	VE	WOMENS	Lisa Ngiam	HEAD	HEAD
Kok Yu De	CONSULT	VE	M.Ramkumar	REF BOOTH	REF BOOTH
Lai Yi Ting	WOMENS	USHER	Natalie Chan	VITALS	VE
Ong Zhi Xian	REF BOOTH	USHER	Ngoh Shu Hui	WOMENS	CONSULT
Priya Darshini	PHARM	CONSULT	Shauna Soh	PHARM	PHARM
Steven Liu	USHER	PHARM	Vanessa Chen	CONSULT	VE
Tan Rei	USHER	REF BOOTH	Walter Lam	CONSULT	USHER
Wu Jiaxuan	VE	USHER	Yogen Thever	USHER	CONSULT
Yew Wan Xin	USHER	WOMENS	Zhu Hongzhi	HEAD	HEAD
Pei Jun Ming	REG	CONSULT	Tam Kei Wen	CONSULT	REG



Fill me up!

" - Yu De



11 Dec, Mon

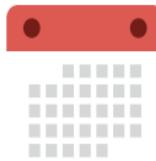
"Frogs are so ugly eh. Look at it they're so ugly. I cannot. I cannot ah this one I cannot" – Junleng

DAY THREE: KSV Clinic + PCV Referrals

Time	Event
0600 - 0630	Breakfast
KSV Clinic	0630 - 0800 Travel to KSV
	0800 - 0900 Set up KSV Final briefing
	0900 - 1700 KSV Clinic
	1700 - 1730 Pack up KSV
	1730 - 1900 Travel to TT
PCV Referrals	0730 - 0800 Travel to PCV
	0800 - 0900 Gather patients at PCV
	0900 - 1700 Bring patients to referral hospitals
	1700 - 1800 Travel to TT
	1800 - 1900 Review by Dr Pris
Everyone	1900 - 2000 Dinner
	2000 - 2100 PharmLogs packing
	2100 - 2200 Briefing for 12 December Sisterhood Interaction

Name	KSV		Name	KSV	
	AM	PM		AM	PM
Anwardeen Isrin	CONSULT	VE	Cheryl Chong	VE	VITALS
Christine Wong	VE	WOMENS	Delphina Yeo	WOMENS	VE
Fang JunTao	REG	CONSULT	Fabian See	HEAD	HEAD
Goh Ming Wei	VE	REG	Goh Jun Leng	CONSULT	CONSULT
Ho Ding Heng	USHER	TB	Joshua Kuek	HEAD	HEAD
Jason Cher	REF PARTY	REF PARTY	Kwek Shu Ying	WOMENS	VE
Jocelyn Yeo	TB	PHARM	Lisa Ngiam	HEAD	HEAD
Kok Yu De	REF PARTY	REF PARTY	M.Ramkumar	TB	USHER
Lai Yi Ting	REF PARTY	REF PARTY	Natalie Chan	VE	TB
Ong Zhi Xian	VITALS	USHER	Ngoh Shu Hui	REF BOOTH	REF BOOTH
Priya Darshini	REF BOOTH	VITALS	Shauna Soh	PHARM	PHARM
Steven Liu	USHER	VE	Vanessa Chen	REF PARTY	REF PARTY
Tan Rei	VE	WOMENS	Walter Lam	VITALS	USHER
Wu Jiaxuan	PHARM	REF BOOTH	Yogen Thever	HEAD	HEAD
Yew Wan Xin	USHER	VE	Zhu Hongzhi	REF PARTY	REF PARTY
Pei Jun Ming	REG	USHER	Tam Kei Wen	USHER	REG





12 Dec, Tues

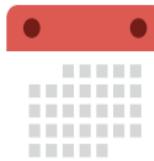
Yogen (lies on cake): "Ji
Dan Gao"
Josh: "What ji dan gao
it's MY dan gao!"

DAY FOUR: KSV Clinic + KSV Referrals

Time	Event
0630 - 0700	Breakfast
KSV Clinic	0700 - 0830 Travel to KSV
	0830 - 0900 Set up KSV
	0900 - 1600 KSV Clinic
	1600 - 1630 Pack up KSV
	1630 - 1800 Travel to TT
	0700 - 0830 Travel to KSV
KSV Referrals	0830 - 0900 Gather patients at KSV
	0900 - 1600 Bring patients to referral hospitals
	1600 - 1700 Travel to TT
	1700 - 1800 Review by Dr Pris
	1800 - 2200 Dinner
Everyone	2200 - 2300 PharmLogs packing
	2300 - 0000 Briefing for 13 December Sisterhood Interaction

Name	KSV		Name	KSV	
	AM	PM		AM	PM
Anwardeen Isrin	VITALS	CONSULT	Cheryl Chong	USHER	VE
Christine Wong	REF PARTY	REF PARTY	Delphina Yeo	REG	TB
Fang JunTao	VE	USHER	Fabian See	HEAD	HEAD
Goh Ming Wei	WOMENS	VITALS	Goh Jun Leng	CONSULT	CONSULT
Ho Ding Heng	REG	VE	Joshua Kuek	HEAD	HEAD
Jason Cher	TB	REG	Kwek Shu Ying	TB	VE
Jocelyn Yeo	USHER	VE	Lisa Ngiam	HEAD	HEAD
Kok Yu De	REF BOOTH	PHARM	M.Ramkumar	VE	REG
Lai Yi Ting	VE	REF BOOTH	Natalie Chan	VITALS	USHER
Ong Zhi Xian	USHER	CONSULT	Ngoh Shu Hui	REF PARTY	REF PARTY
Priya Darshini	WOMENS	VE	Shauna Soh	PHARM	PHARM
Steven Liu	USHER	TB	Vanessa Chen	VE	VITALS
Tan Rei	CONSULT	WOMENS	Walter Lam	REF PARTY	REF PARTY
Wu Jiaxuan	VE	USHER	Yogen Thever	HEAD	HEAD
Yew Wan Xin	CONSULT	WOMENS	Zhu Hongzhi	REF BOOTH	REF BOOTH
Pei Jun Ming	PHARM	REG	Tam Kei Wen	REG	USHER





13 Dec, Wed

Josh chases frog away
Shauna: "Wah the moment Josh comes it runs away eh"
Josh: "ya that's like most girls"

DAY FIVE: KSV Clinic + KSV Referrals

Time	Event
0630 - 0700	Breakfast
KSV Clinic	0700 - 0830 Travel to KSV
	0830 - 0900 Set up KSV
	0900 - 1700 KSV Clinic
	1700 - 1800 Pack up KSV
	1800 - 1930 Travel to TT
	0700 - 0830 Travel to KSV
KSV Referrals	0830 - 0900 Gather patients at KSV
	0900 - 1700 Bring patients to referral hospitals
	1700 - 1800 Travel to TT
	1800 - 1900 Review by Dr Pris
	1930 - 2030 Dinner
Everyone	2030 - 2130 PharmLogs packing
	2130 - 2230 Briefing for 14 December Sisterhood Interaction

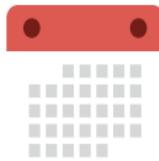
Name	KSV		Name	KSV	
	AM	PM		AM	PM
Anwardeen Isrin	WOMENS	USHER	Cheryl Chong	VE	USHER
Christine Wong	WOMENS	TB	Delphina Yeo	USHER	CONSULT
Fang JunTao	TB	REF BOOTH	Fabian See	HEAD	HEAD
Goh Ming Wei	PHARM	VE	Goh Jun Leng	CONSULT	CONSULT
Ho Ding Heng	CONSULT	VE	Joshua Kuek	HEAD	HEAD
Jason Cher	VE	USHER	Kwek Shu Ying	REG	VE
Jocelyn Yeo	REG	WOMENS	Lisa Ngiam	HEAD	HEAD
Kok Yu De	VE	REG	M.Ramkumar	REF PARTY	REF PARTY
Lai Yi Ting	USHER	VITALS	Natalie Chan	REF PARTY	REF PARTY
Ong Zhi Xian	REF PARTY	REF PARTY	Ngoh Shu Hui	REF BOOTH	REF BOOTH
Priya Darshini	USHER	CONSULT	Shauna Soh	PHARM	PHARM
Steven Liu	REF BOOTH	VITALS	Vanessa Chen	VE	REG
Tan Rei	VE	USHER	Walter Lam	TB	VE
Wu Jiaxuan	VITALS	WOMENS	Yogen Thever	HEAD	HEAD
Yew Wan Xin	USHER	VE	Zhu Hongzhi	VITALS	TB
Pei Jun Ming	REG	PHARM	Tam Kei Wen	CONSULT	REG



Fill me up!

11

" - Rei



14 Dec, Thurs

"I suck at FIFA"
- Hong Zhi

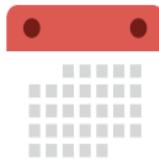
DAY SIX: KSV Referrals + TK Christmas Party + CARE UP Sharing + TT Appreciation Dinner

Time	Event
0630 - 0700	Breakfast
KSV Referrals	0700 - 0830 Travel to KSV
	0830 - 0900 Gather patients at KSV
	0900 - 1700 Bring patients to referral hospitals
	1700 - 1800 Travel to TT
	1800 - 1900 Review by requesting doctor
TK Christmas Party	0800 - 0900 Travel to TK
	0900 - 1200 TK Christmas Party
	1200 - 1300 Lunch
	1300 - 1400 Travel to TT
	1400 - 1800 Dance practice
CARE UP Sharing	0900 - 1000 Travel to UP
	1030 - 1130 ACTS UP Lecture
	1130 - 1200 CARE UP Sharing
	1200 - 1300 Lunch
	1300 - 1400 Travel to TT
	1400 - 1800 Dance practice
	1500 - 1700 Pioneering & SCW Meeting

Everyone	1800 - 2100	TT Appreciation Dinner M1 Dance Performance
	2100 - 2200	PharmLogs packing
	2200 - 2300	Briefing for 15 December Sisterhood Interaction

Name	TKCP		Name	TKCP	
	AM	PM		AM	PM
Anwardeen Isrin	TKAP	TTAP	Cheryl Chong	REF PARTY	REF PARTY
Christine Wong	TKAP	TTAP	Delphina Yeo	TKAP	TTAP
Fang JunTao	TKAP	TTAP	Fabian See	UP	TTAP
Goh Ming Wei	TKAP	TTAP	Goh Jun Leng	TKAP	TTAP
Ho Ding Heng	REF PARTY	REF PARTY	Joshua Kuek	REF PARTY	REF PARTY
Jason Cher	TKAP	TTAP	Kwek Shu Ying	REF PARTY	REF PARTY
Jocelyn Yeo	REF PARTY	REF PARTY	Lisa Ngiam	UP	TTAP
Kok Yu De	UP	TTAP	M.Ramkumar	UP	TTAP
Lai Yi Ting	TKAP	TTAP	Natalie Chan	TKAP	TTAP
Ong Zhi Xian	TKAP	TTAP	Ngoh Shu Hui	UP	TTAP
Priya Darshini	TKAP	TTAP	Shauna Soh	TKAP	TTAP
Steven Liu	REF PARTY	REF PARTY	Vanessa Chen	TKAP	TTAP
Tan Rei	UP	TTAP	Walter Lam	TKAP	TTAP
Wu Jiaxuan	TKAP	TTAP	Yogen Thever	REF PARTY	REF PARTY
Yew Wan Xin	TKAP	TTAP	Zhu Hongzhi	TKAP	TTAP
Pei Jun Ming	TKAP	TTAP	Tam Kei Wen	TKAP	TTAP





15 Dec, Fri

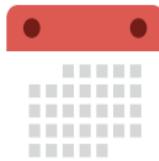
"Can is can la" – Ding!

DAY SEVEN: PVV GCC + PVV Clinic

Time	Event
0630 - 0700	Breakfast
0700 - 0830	Travel to PVV
0830 - 1130	PVV GCC
1130 – 1230	Set up PVV Final Briefing
1230 – 1330	Lunch
1330 - 1700	PVV Clinic
1700 - 1730	Pack up PVV
1730 - 1900	Travel to TT
1900 - 2200	Dinner
2200 - 2300	PharmLogs packing
2300 - 0000	Briefing for 16 December Sisterhood Interaction

Name	PVV		Name	PVV	
	AM	PM		AM	PM
Anwardeen Isrin	GCC	REF BOOTH	Cheryl Chong	GCC	USHER
Christine Wong	GCC	PHARM	Delphina Yeo	GCC	VITALS
Fang JunTao	GCC	TRIAGE	Fabian See	GCC	HEAD
Goh Ming Wei	GCC	VITALS	Goh Jun Leng	GCC	HEAD
Ho Ding Heng	GCC	USHER	Joshua Kuek	GCC	REG
Jason Cher	GCC	USHER	Kwek Shu Ying	GCC	USHER
Jocelyn Yeo	GCC	USHER	Lisa Ngiam	GCC	HEAD
Kok Yu De	GCC	USHER	M.Ramkumar	GCC	HEAD
Lai Yi Ting	GCC	VE	Natalie Chan	GCC	CONSULT
Ong Zhi Xian	GCC	REG	Ngoh Shu Hui	GCC	REF BOOTH
Priya Darshini	GCC	VE	Shauna Soh	GCC	HEAD
Steven Liu	GCC	CONSULT	Vanessa Chen	GCC	VE
Tan Rei	GCC	USHER	Walter Lam	GCC	PHARM
Wu Jiaxuan	GCC	FEBRILE	Yogen Thever	GCC	VE
Yew Wan Xin	GCC	VE	Zhu Hongzhi	GCC	USHER
Pei Jun Ming	GCC	CONSULT	Tam Kei Wen	GCC	PHARM





16 Dec, Sat

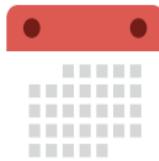
"Ye Boi" – Zhi Xian

DAY EIGHT: PVV Clinic + PVV Referrals

Time	Event
0630 - 0700	Breakfast
PVV Clinic	0700 - 0830 Travel to PVV
	0830 - 0900 Set up PVV
	0900 - 1700 PVV Clinic
	1700 - 1800 Pack up PVV
	1800 - 1930 Travel to TT
PVV Referrals	0700 - 0830 Travel to PVV
	0830 - 0900 Gather patients at PVV
	0900 - 1600 Bring patients to referral hospitals
	1600 - 1630 Travel to PVV
	1630 - 1700 Review by requesting doctor
Everyone	1930 - 2030 Dinner
	2030 - 2130 PharmLogs packing
	2130 - 2230 Briefing for 17 December Sisterhood Interaction

Name	PVV		Name	PVV	
	AM	PM		AM	PM
Anwardeen Isrin	REF PARTY	REF PARTY	Cheryl Chong	USHER	USHER
Christine Wong	VE	CONSULT	Delphina Yeo	PHARM	VE
Fang JunTao	PHARM	VE	Fabian See	HEAD	HEAD
Goh Ming Wei	REF BOOTH	TRIAGE	Goh Jun Leng	HEAD	HEAD
Ho Ding Heng	VITALS	PHARM	Joshua Kuek	FEBRILE	VE
Jason Cher	CONSULT	USHER	Kwek Shu Ying	REF PARTY	REF PARTY
Jocelyn Yeo	USHER	REF BOOTH	Lisa Ngiam	HEAD	HEAD
Kok Yu De	REF PARTY	REF PARTY	M.Ramkumar	HEAD	HEAD
Lai Yi Ting	USHER	VE	Natalie Chan	REF PARTY	REF PARTY
Ong Zhi Xian	VE	PHARM	Ngoh Shu Hui	VE	REG
Priya Darshini	REG	USHER	Shauna Soh	HEAD	HEAD
Steven Liu	CONSULT	REG	Vanessa Chen	TRIAGE	CONSULT
Tan Rei	VE	USHER	Walter Lam	REG	PHARM
Wu Jiaxuan	USHER	VITALS	Yogen Thever	REF PARTY	REF PARTY
Yew Wan Xin	VITALS	FEBRILE	Zhu Hongzhi	REF BOOTH	REF BOOTH
Pei Jun Ming	CONSULT	VITALS	Tam Kei Wen	PHARM	CONSULT





17 Dec, Sun

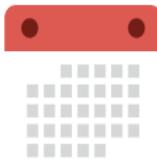
'Weird Accent' – Jason

DAY NINE: PCV Clinic + PVV Referrals

Time	Event
0630 - 0700	Breakfast
PCV Clinic	0730 - 0800 Travel to PCV
	0800 - 0900 Set up PCV Final briefing
	0900 - 1700 PCV Clinic
	1700 - 1730 Pack up PCV
	1730 - 1800 Travel to TT
PVV Referrals	0700 - 0830 Travel to PVV
	0830 - 0900 Gather patients at PVV
	0900 - 1630 Bring patients to referral hospitals
	1630 - 1800 Travel to TT
Everyone	1800 - 2200 Dinner
	2200 - 2300 PharmLogs packing
	2300 - 0000 Briefing for 18 December Sisterhood Interaction

Name	PCV		Name	PCV	
	AM	PM		AM	PM
Anwardeen Isrin	PHARM	VE	Cheryl Chong	VE	CONSULT
Christine Wong	USHER	REF BOOTH	Delphina Yeo	HEAD	HEAD
Fang JunTao	VE	USHER	Fabian See	HEAD	HEAD
Goh Ming Wei	USHER	VE	Goh Jun Leng	CONSULT	CONSULT
Ho Ding Heng	REF BOOTH	PHARM	Joshua Kuek	REF PARTY	REF PARTY
Jason Cher	VITALS	USHER	Kwek Shu Ying	VE	VITALS
Jocelyn Yeo	CONSULT	VITALS	Lisa Ngiam	HEAD	HEAD
Kok Yu De	PHARM	USHER	M.Ramkumar	REF PARTY	REF PARTY
Lai Yi Ting	CONSULT	PHARM	Natalie Chan	REG	VE
Ong Zhi Xian	PHARM	VE	Ngoh Shu Hui	VITALS	USHER
Priya Darshini	REF PARTY	REF PARTY	Shauna Soh	PHARM	PHARM
Steven Liu	VE	PHARM	Vanessa Chen	USHER	REG
Tan Rei	REG	CONSULT	Walter Lam	CONSULT	VE
Wu Jiaxuan	PHARM	REG	Yogen Thever	REF BOOTH	REF BOOTH
Yew Wan Xin	VE	CONSULT	Zhu Hongzhi	HEAD	HEAD
Pei Jun Ming	REG	PHARM	Tam Kei Wen	USHER	REG





18 Dec, Mon

Fill me up!
" - Isrin

DAY TEN: School Clinics + PCV Referrals

Time	Event
0700 - 0730	Breakfast
TT Clinic	0800 - 0900 Set up TT Clinic Final briefing
	0900 - 1200 Screening (K1/K3)
	0900 - 1000 Health Education (G1A/G1B/G2A)
	1000 - 1100 Health Education (G2B/G3A/G3B)
	1200 - 1300 Lunch
	1300 – 1700 Screening (G1/G3)
	1300 - 1400 Health Education (G4A/G4B/G5A)
	1400 - 1500 Health Education (G5B/G6A/G6B)
	1600 - 1730 Teacher's Education
	1700 - 1800 Pack up TT
TK Clinic	0730 - 0800 Travel to TK
	0800 - 0900 Set up TK Clinic Final briefing
	0900 - 1200 Screening (VG1)
	1200 - 1300 Lunch
	1300 - 1600 Screening (VG2)
	1600 - 1700 Pack up TK
	1730 - 1800 Travel to TT

PC Clinic	0730 - 0800	Travel to PC
	0800 - 0900	Set up PC Clinic Final briefing
	0900 - 1130	Screening (G6)
	1130 - 1230	Lunch
	1230 - 1600	Screening (G4/K1)
	1400 - 1445	Health Education (G1/G2)
	1600 - 1700	Pack up PC
	1730 - 1800	Travel to TT
PCV Referrals	0730 - 0800	Travel to PC
	0800 - 0900	Gather patients at PC
	0900 - 1600	Bring patients to referral hospitals
	1600 - 1700	Travel to PC
	1700 - 1800	Review by PC doctors
Everyone	1800 - 1900	Dinner
	1900 - 2000	PharmLogs packing
	2000 - 2100	Briefing for 19 December Sisterhood Interaction



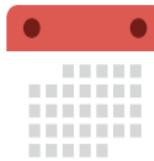
Name	TT		TK		PC	
	AM	PM	AM	PM	AM	PM
*Anwardeen Isrin	COF	REG				
Christine Wong			CONSULT	REG		
Fang JunTao	VA	CONSULT				
Goh Ming Wei			VITALS	CONSULT		
*Ho Ding Heng	VA	COF				
Jason Cher					PHARM	VA
Jocelyn Yeo	REG	CONSULT				
Kok Yu De					VA	PHARM
Lai Yi Ting	CONSULT	VA				
*Ong Zhi Xian					VA	COF
Priya Darshini			REG	VA		
Steven Liu			VA	VITALS		
Tan Rei			REF PARTY			
Wu Jiaxuan					COF	REG
Yew Wan Xin			REF PARTY			
Cheryl Chong	TT HEAD	TT HEAD				
Delphina Yeo			REF PARTY			
Fabian See			PHARM	CONSULT		
Goh Jun Leng			REF PARTY			
Joshua Kuek					PHARM	CONSULT
Kwek Shu Ying			TK HEAD	TK HEAD		
Lisa Ngiam	CONSULT	REG				
M.Ramkumar			CONSULT	PHARM		
Natalie Chan					PC HEAD	PC HEAD
Ngoh Shu Hui			TK HEAD	TK HEAD		
Shauna Soh	PHARM	PHARM				
Vanessa Chen					PC HEAD	PC HEAD
Walter Lam	TT HEAD	TT HEAD				
Yogen Thever					CONSULT	PHARM
Zhu Hongzhi			REF PARTY			
Pei Jun Ming	REG	VA				
Tam Kei Wen					REG	VA

*Please refer to next page for Health Education Allocations

Venue	Session	Timing	Class	Translator	I/C
TT	AM	9 am - 10 am	G1A	Khet Sophany	Anwardeen Isrin
			G1B	Linna Chinh Chinh	
			G2A	Chuong Chanboromey	
		10 am - 11 am	G2B	Chuong Chanboromey	
			G3A	Linna Chinh Chinh	
	PM	1 pm - 2 pm	G3B	Khet Sophany	Ho Ding Heng
			G4A	Chhun Kadavid	
			G4B	Sok Khom Tara	
		2 pm - 3 pm	G5A	Try Ralin	
			G5B	Try Ralin	
PC	PM	2 pm - 2.45 pm	G6A	Sok Khom Tara	Ong Zhi Xian
			G6B	Chhun Kadavid	
			G1	Heng Yeakfang	
			G2	Khai Lila	

NOTE: HE is to be done on top of your allocated clinic jobs. As such, only after HE is done do you return to your allocated clinic duty.





19 Dec, Tues

Fill me up!
" - Fabian

DAY ELEVEN: School Clinics + School Referrals

Time	Event
0700 - 0730	Breakfast
TT Clinic	0800 - 0900 Set up TT Clinic Final briefing
	0900 - 1200 Screening (G7/G9)
	0900 - 1000 Health Education (G7A/G7B/G8A)
	1000 - 1100 Health Education (G8B/G9A/G9B)
	1200 - 1300 Lunch
	1300 - 1700 Screening (G9/G11/VG)
	1300 - 1400 Health Education (G10A/ G10B/ G11A)
	1400 - 1500 Health Education (G11B/G12A/G12B)
	1700 - 1800 Pack up TT
TK Clinic	0730 - 0800 Travel to TK
	0800 - 0900 Set up TK Clinic Final briefing
	0900 - 1200 Screening (K1/K2)
	1200 - 1300 Lunch
	1300 - 1600 Screening (K2/K3)
	1600 - 1700 Pack up TK
	1730 - 1800 Travel to TT

PC Clinic	0730 - 0800	Travel to PC
	0800 - 0900	Set up PC Clinic Final briefing
	0900 - 1130	Screening (K3)
	0900 - 0945	Health Education (G3/G4)
	1130 - 1230	Lunch
	1230 - 1530	Screening (G2)
	1400 - 1445	Health Education (G5/G6)
	1530 - 1630	Teacher's Education Pack up PC
	1730 - 1800	Travel to TT
School Referrals	0800 - 0900	Travel to PC & TK
	0900 - 1600	Bring students to referral hospitals
	1600 - 1730	Travel to TK, PC & TT
	1630 - 1800	Review by respective doctors
Everyone	1800 - 2000	Dinner
	2000 - 2100	PharmLogs packing
	2100 - 2200	Briefing for 20 December Sisterhood Interaction



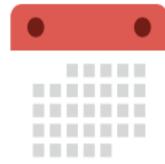
Name	TT		TK		PC	
	AM	PM	AM	PM	AM	PM
Anwardeen Isrin			PHARM	VA		
Christine Wong	VA	PHARM				
Fang JunTao			CONSULT	REG		
*Goh Ming Wei	COF	REG				
Ho Ding Heng					VA	REG
Jason Cher	CONSULT	REG				
Jocelyn Yeo					VA	PHARM
Kok Yu De			REG	VITALS		
Lai Yi Ting					REG	VA
Ong Zhi Xian	REG	CONSULT				
*Priya Darshini					PHARM	COF
*Steven Liu	VA	COF				
Tan Rei			VITALS	CONSULT		
Wu Jiaxuan	REF PARTY					
*Yew Wan Xin					COF	CONSULT
Cheryl Chong	TT HEAD	TT HEAD				
Delphina Yeo					PHARM	PHARM
Fabian See	PHARM	VA				
Goh Jun Leng	CONSULT	CONSULT				
Joshua Kuek			VA	CONSULT		
Kwek Shu Ying			TK HEAD	TK HEAD		
Lisa Ngiam			CONSULT	PHARM		
M.Ramkumar	CONSULT	PHARM				
Natalie Chan					PC HEAD	PC HEAD
Ngoh Shu Hui			TK HEAD	TK HEAD		
Shauna Soh	REF PARTY					
Vanessa Chen					PC HEAD	PC HEAD
Walter Lam	TT HEAD	TT HEAD				
Yogen Thever	REF PARTY					
Zhu Hongzhi	REG	CONSULT				
Pei Jun Ming					CONSULT	VA
Tam Kei Wen	PHARM	VA				

*Please refer to next page for Health Education Allocations

Venue	Session	Timing	Class	Translators	I/C
TT	AM	9 am - 10 am	G7A	Dim Dane	Goh Ming Wei
			G7B	Linna Chinh Chinh	
			G8A	Ann Sopheak	
		10 am - 11 am	G8B	Ann Sopheak	
			G9A	Linna Chinh Chinh	
	PM	1 pm - 2 pm	G9B	Dim Dane	
			G10A	Tat Ratchha	Steven Liu
			G10B	Heng Navin	
		2 pm - 3 pm	G11A	Heng Yeakfang	
			G11B	Heng Yeakfang	
PC	AM	9 am – 9.45 am	G12A	Heng Navin	Yew Wan Xin
			G12B	Tat Ratchha	
	PM	2 pm - 2.45 pm	G3	Khai Lila	Priya Darshini
			G4	Kang Leangpov	
			G5	Hong Sekmuy	
			G6	Sok Monirith	

NOTE: HE is to be done on top of your allocated clinic jobs. As such, only after HE is done do you return to your allocated clinic duty.





20 Dec, Wed

Fill me up!

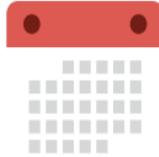
" - Lisa

DAY TWELVE: TT Clinic + School Referrals

Time	Event
0730 - 0800	Breakfast
TT Clinic	0800 - 0900 Set up TT Clinic Final briefing
	0900 - 1045 Screening (G5)
	1045 - 1700 TT Clinic
	1700 - 1800 Pack up TT Clinic
School Referrals	0800 - 0900 Travel to PC & TK
	0900 - 1600 Bring students to referral hospitals
	1600 - 1630 Travel to TT
	1630 - 1700 Review by requesting doctors
	1700 - 1800 Travel to PC & TK
Everyone	1800 - 1900 Dinner
	1900 - 2300 PharmLogs packing
	2300 - 0000 Briefing for 21 December Sisterhood Interaction

Name	TT		Name	TT	
	AM	PM		AM	PM
Anwardeen Isrin	USHER	VE	Cheryl Chong	HEAD	HEAD
Christine Wong	VE	USHER	Delphina Yeo	REF PARTY	REF PARTY
Fang JunTao	REF PARTY	REF PARTY	Fabian See	HEAD	HEAD
Goh Ming Wei	REF PARTY	REF PARTY	Goh Jun Leng	CONSULT	CONSULT
Ho Ding Heng	USHER	REG	Joshua Kuek	VE	CONSULT
Jason Cher	REF BOOTH	VE	Kwek Shu Ying	VITALS	VE
Jocelyn Yeo	PHARM	CONSULT	Lisa Ngiam	HEAD	HEAD
Kok Yu De	VITALS	PHARM	M.Ramkumar	CONSULT	REG
Lai Yi Ting	VE	USHER	Natalie Chan	VE	VITALS
Ong Zhi Xian	CONSULT	REF BOOTH	Ngoh Shu Hui	REF PARTY	REF PARTY
Priya Darshini	REG	VE	Shauna Soh	PHARM	PHARM
Steven Liu	VE	VITALS	Vanessa Chen	REG	VE
Tan Rei	CONSULT	PHARM	Walter Lam	HEAD	HEAD
Wu Jiaxuan	REF BOOTH	CONSULT	Yogen Thever	REF BOOTH	REF BOOTH
Yew Wan Xin	PHARM	REF BOOTH	Zhu Hongzhi	REF PARTY	REF PARTY
Pei Jun Ming			Tam Kei Wen		





Fill me up!

" - Jun Tao

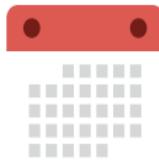
21 Dec, Thurs

DAY THIRTEEN: PCV GCC + CARE Home Visits + PharmLogs Packing + TT
Referrals + Translator Appreciation Party + SCW Closing Dinner

	Time	Event
	0730 - 0800	Breakfast
PCV GCC	0800 - 0830	Travel to PC
	0830 - 1130	PCV GCC
	1130 - 1200	Travel to TT
CARE Home Visits	0800 - 0830	Travel to PC
	0830 - 1130	CARE Home Visits
	1130 - 1200	Travel to TT
Pharm Logs	0800 - 1200	PharmLogs packing
TT Referrals	0800 - 0900	Gather patients at TT
	0900 - 1500	Bring patients to referral hospitals
	1500 - 1600	Travel to TT
Everyone	1200 - 1300	Lunch
	1300 - 1500	PharmLogs packing
	1500 - 1600	Clean up JACAM
	1600 - 1630	Travel to UP

	1700 - 1930	<p>Translator Appreciation Party</p> <ul style="list-style-type: none"> • Heads Speech • CARE Sharing • M1 Dance Performance • Translator Sharing • SCW Speech • Certificate Presentation <p>Dinner & Bonding</p>
	1930 - 2000	Travel to Fox Wine Bistro
	2000 - 2200	SCW Closing Dinner
	2200 - 2230	Travel to The Mou Hotel
	2230 - 2300	Check-in and settle down
	2300 - 0000	Briefing for 22 December Sisterhood Interaction

Name	TT		Name	TT	
	AM	PM		AM	PM
Anwardeen Isrin	GCC	PL / TAP	Cheryl Chong	REF PARTY	REF PARTY
Christine Wong	GCC	PL / TAP	Delphina Yeo	GCC	PL / TAP
Fang JunTao	GCC	PL / TAP	Fabian See	GCC	PL / TAP
Goh Ming Wei	GCC	PL / TAP	Goh Jun Leng	PL	PL / TAP
Ho Ding Heng	GCC	PL / TAP	Joshua Kuek	PL	PL / TAP
Jason Cher	GCC	PL / TAP	Kwek Shu Ying	GCC	PL / TAP
Jocelyn Yeo	GCC	PL / TAP	Lisa Ngiam	CARE	PL / TAP
Kok Yu De	CARE	PL / TAP	M.Ramkumar	REF PARTY	REF PARTY
Lai Yi Ting	GCC	PL / TAP	Natalie Chan	GCC	PL / TAP
Ong Zhi Xian	GCC	PL / TAP	Ngoh Shu Hui	CARE	PL / TAP
Priya Darshini	GCC	PL / TAP	Shauna Soh	PL	PL / TAP
Steven Liu	GCC	PL / TAP	Vanessa Chen	REF PARTY	REF PARTY
Tan Rei	CARE	PL / TAP	Walter Lam	PL	PL / TAP
Wu Jiaxuan	GCC	PL / TAP	Yogen Thever	GCC	PL / TAP
Yew Wan Xin	GCC	PL / TAP	Zhu Hongzhi	GCC	PL / TAP
Pei Jun Ming			Tam Kei Wen		



22 Dec, Fri

Fill me up!
"

" - Christine

DAY FOURTEEN: R&R

Time	Event
0830 - 0900	Breakfast
0900 - 2300	R&R
2300 - 0000	Briefing for 23 December Sisterhood Interaction



23 Dec, Sat

Fill me up!
"

" - Ming Wei

DAY FIFTEEN: R&R + Departure to Singapore

Time	Event
0830 - 0900	Breakfast
0900 - 1500	R&R
1500 - 1600	Check-out of The Mou Hotel
1600 - 1700	Travel to Airport
1700 - 1800	Dinner
2015 - 2320	Flight 3K592 from PNH-SIN
2320	Arrive at Changi Airport Terminal 1

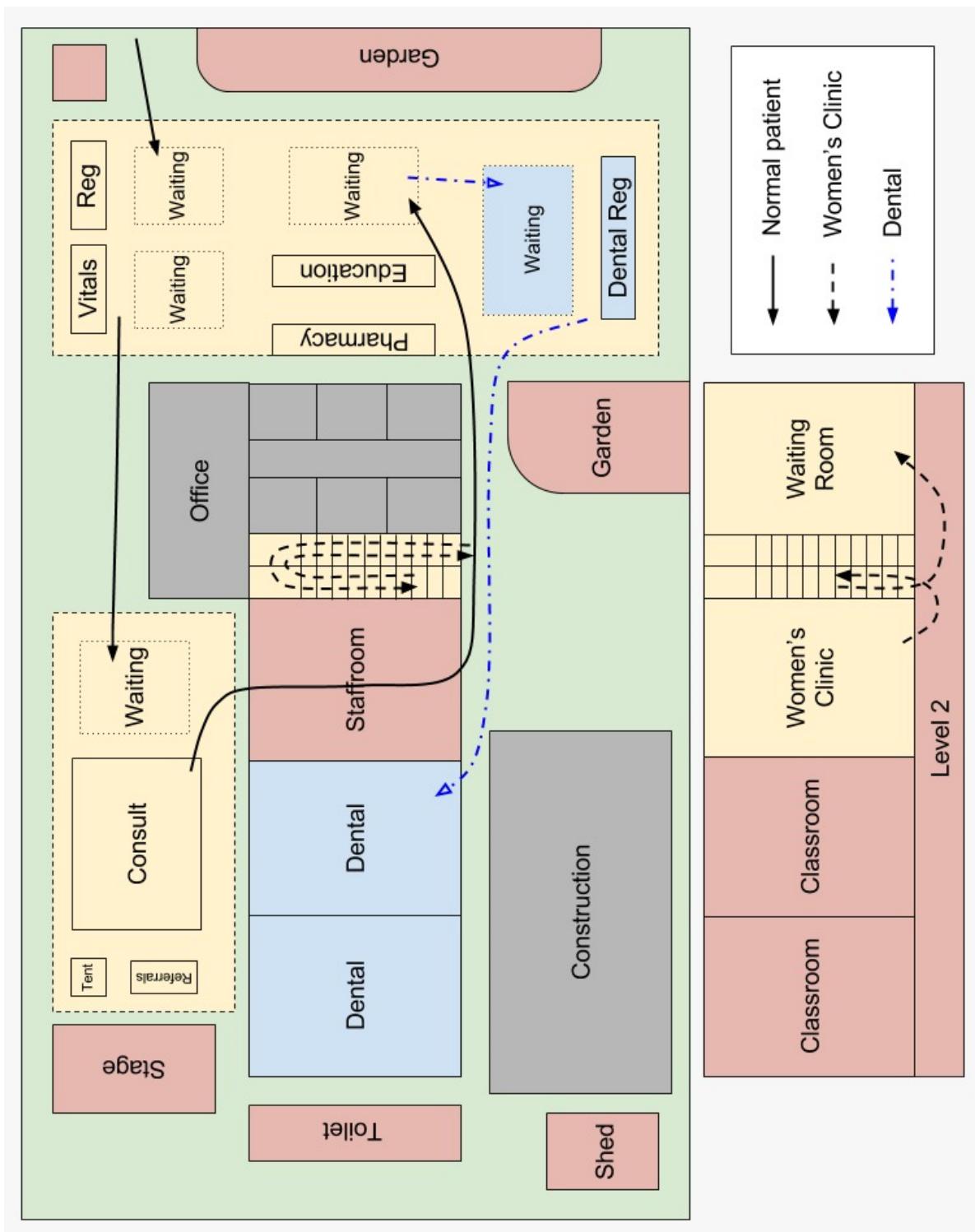
Fill me up!

"

" - JiaXuan



PCV Clinic Flow





PCV Clinic Flow

Medicine Only:

Registration → Consultation → VE + Pharmacy

- If consult is crowded they will go to the M4s for Triage (Only on 17 Dec)

Dental (10 Dec only) + Women's Clinic:

- Dental Registration
- Medicine Registration for Women

Medicine + Dental:

Registration → Consultation → VE + Pharmacy → Dental

- If there is a bottleneck, = direct patients to Dental even if they have medicine, thereafter, usher redirects them back to medicine consult
- At the start of clinic on 10 Dec, direct to Dental FIRST (send as much to Dental as possible), then they will go back to queue for medicine consultation after Dental

Medicine + Women's Clinic + Dental:

Registration → Consultation → Women's Clinic → VE + Pharmacy → Dental

- At the start of clinic on 10 Dec, direct to Dental FIRST (send as much to Dental as possible), then they will go back to queue for medicine consultation after Dental

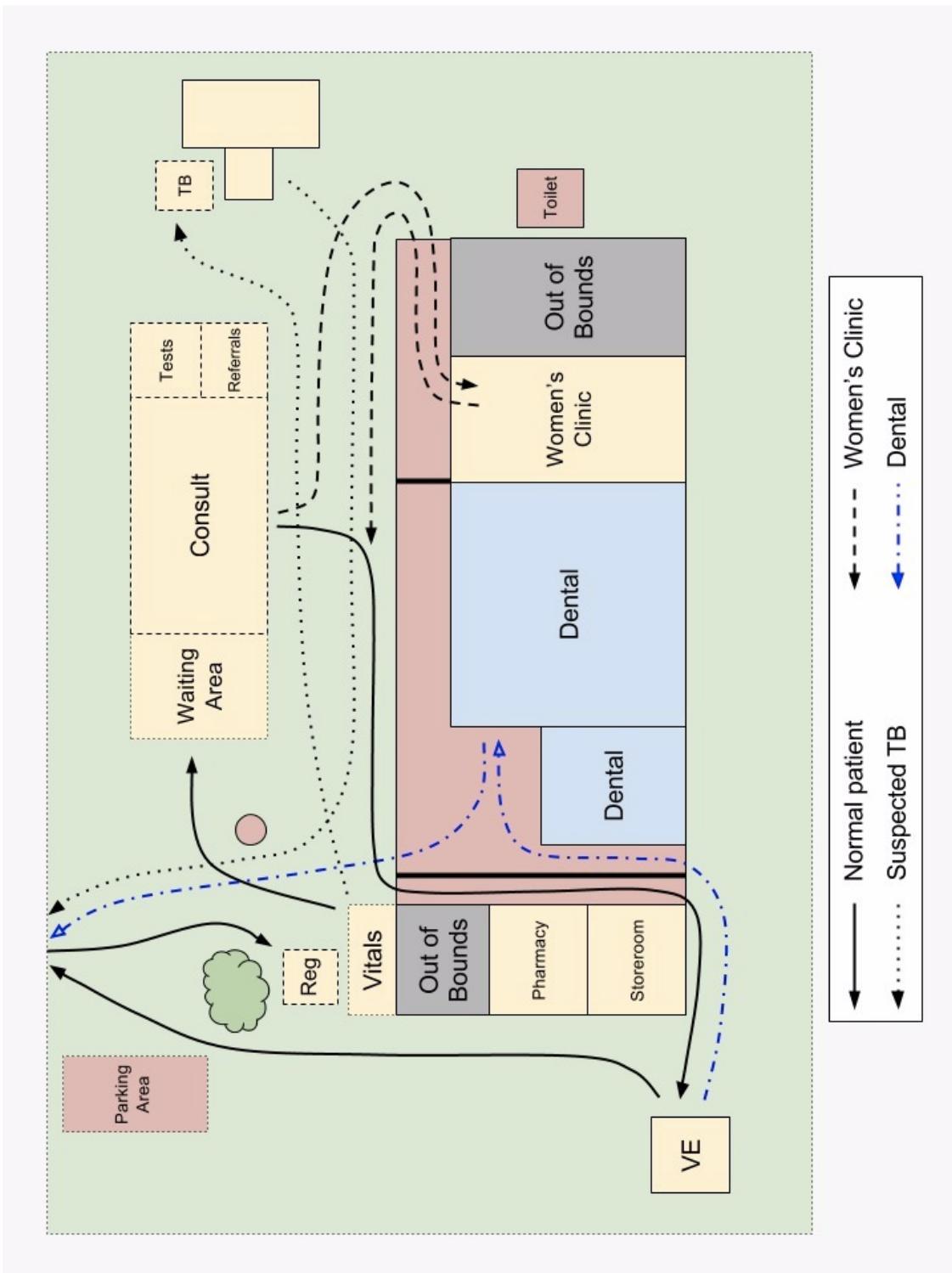
Fill me up!

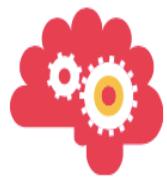
"

" – Wan Xin



KSV Clinic Flow





KSV Clinic Flow

Normal Patient:

Registration + Vitals —> Consultation —> VE + Pharmacy

Women's Clinic:

Registration + Vitals —> Consultation —> Women's Clinic —> VE + Pharmacy

Suspected TB/ Febrile:

Registration + Vitals —> TB

Dental:

Registration + Vitals —> Consultation —> VE + Pharmacy —> Dental

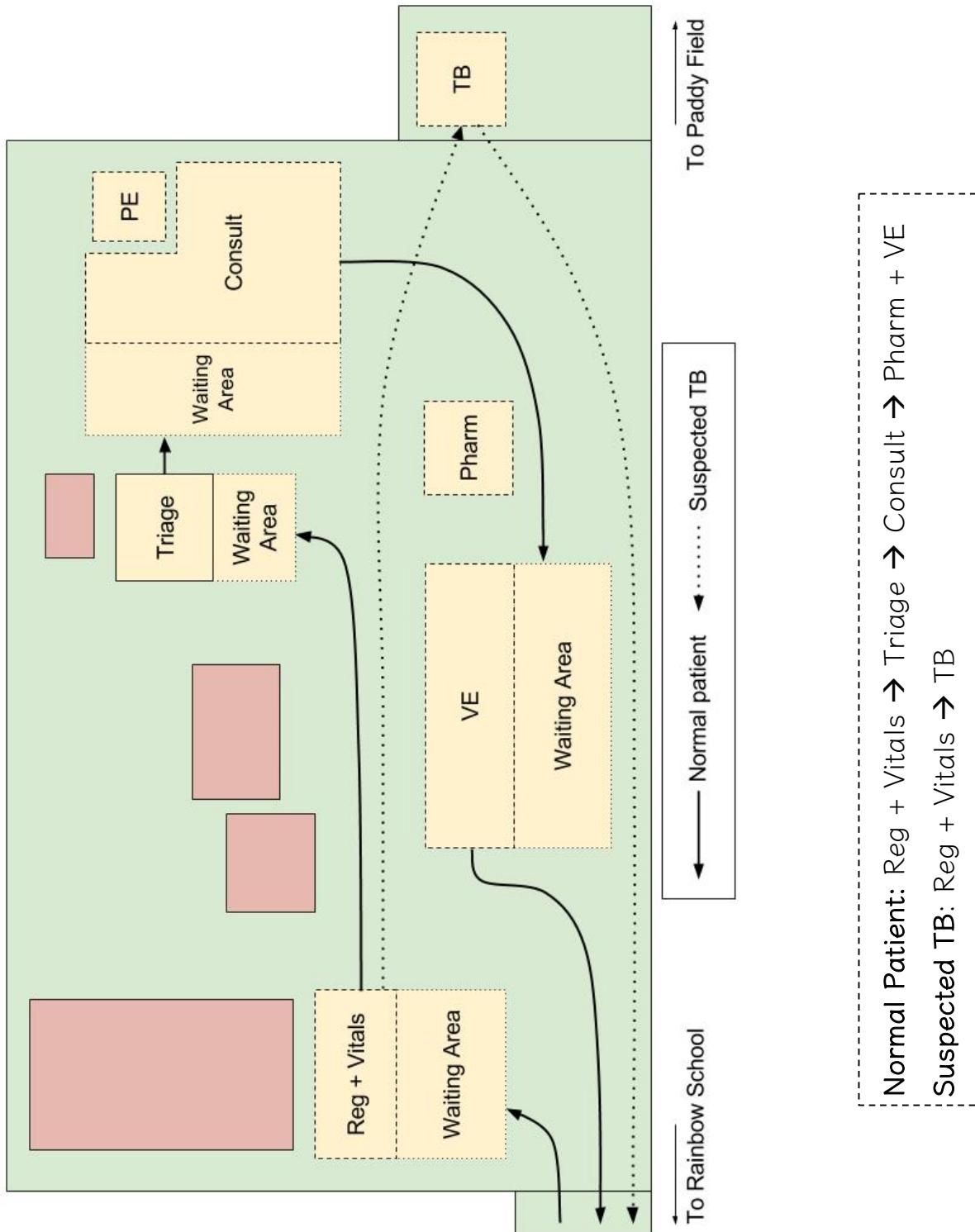
Fill me up!

"

" – Shu Ying

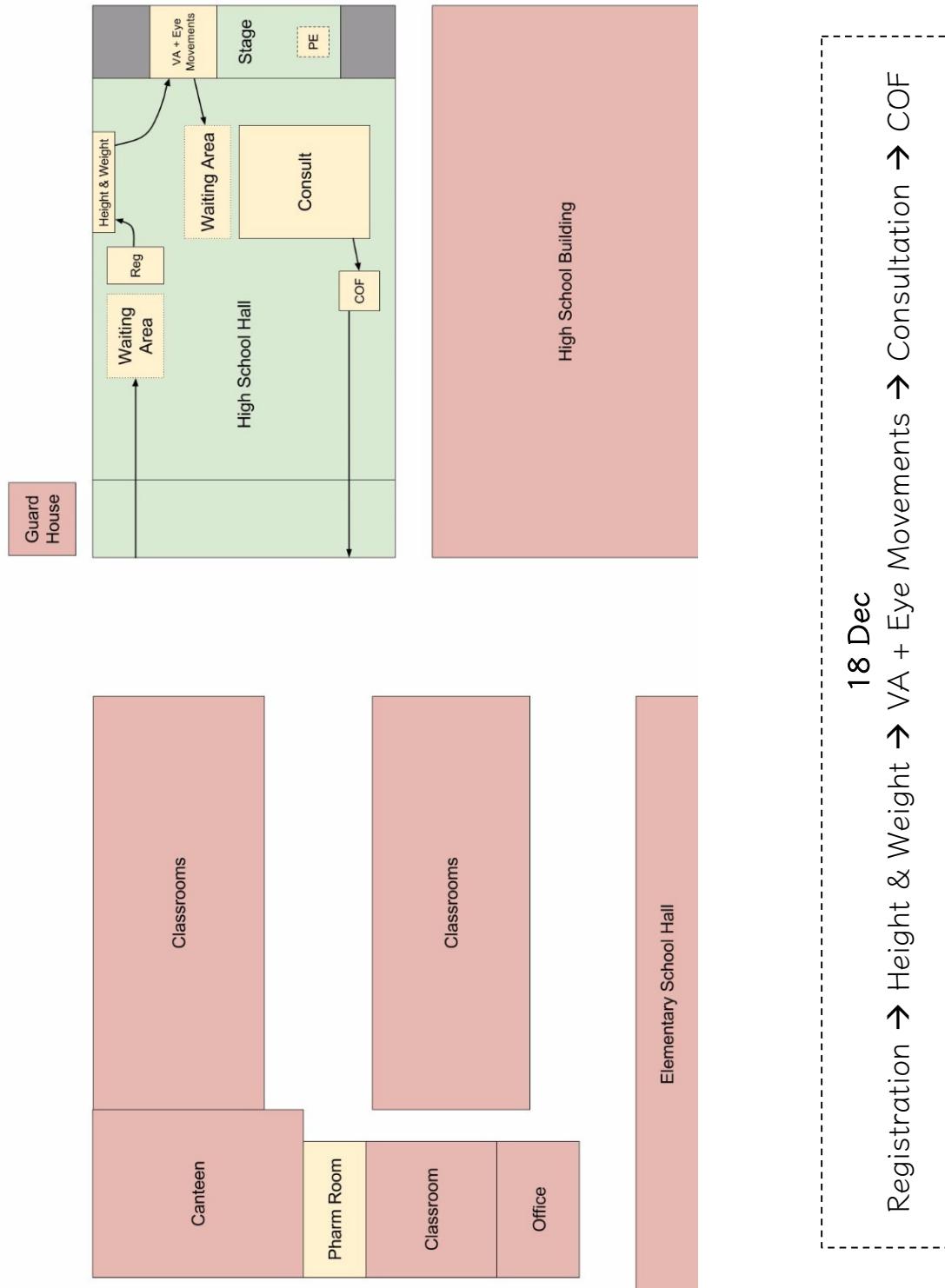


PRV Clinic Flow



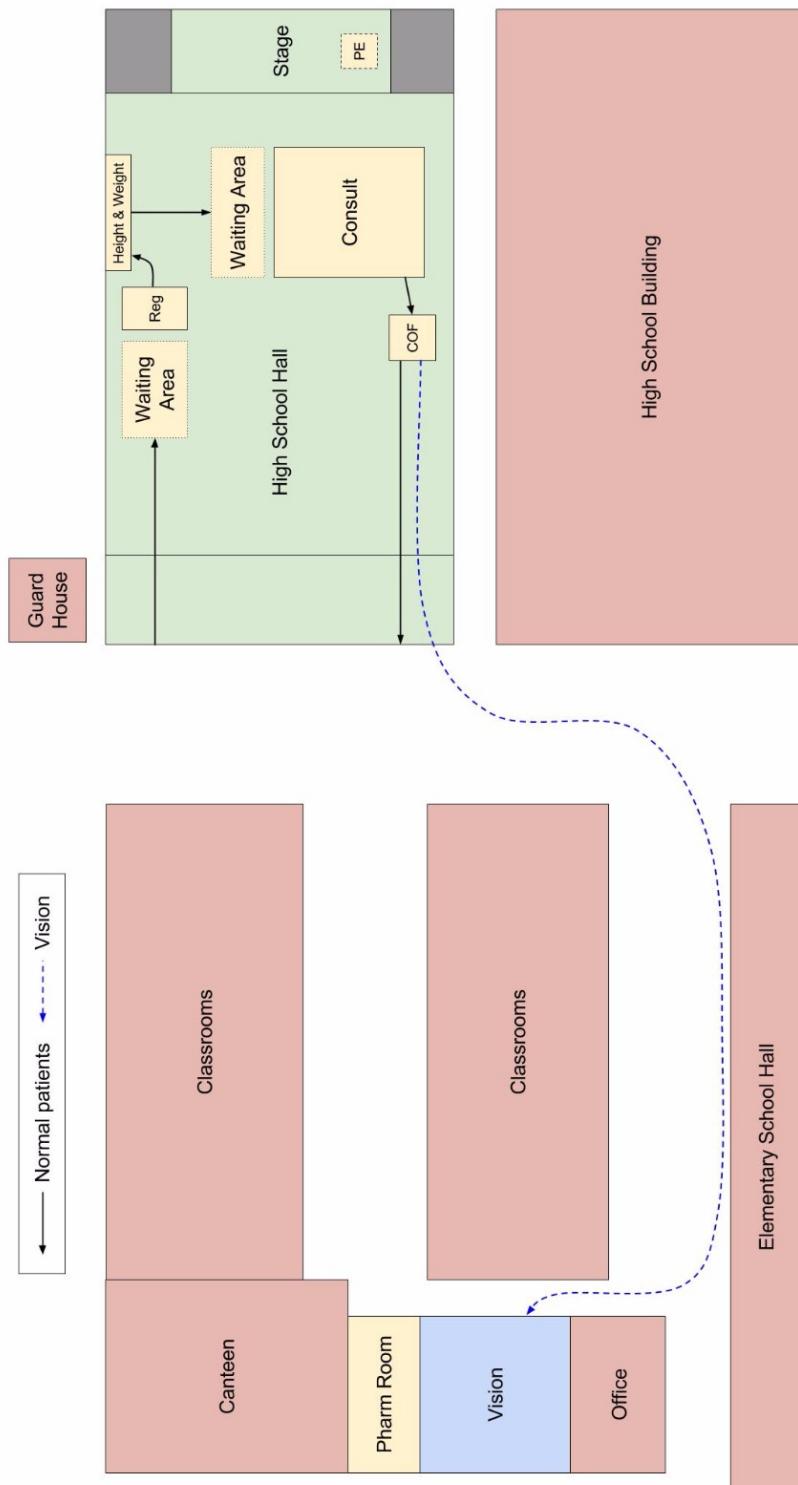


School Clinic Flow





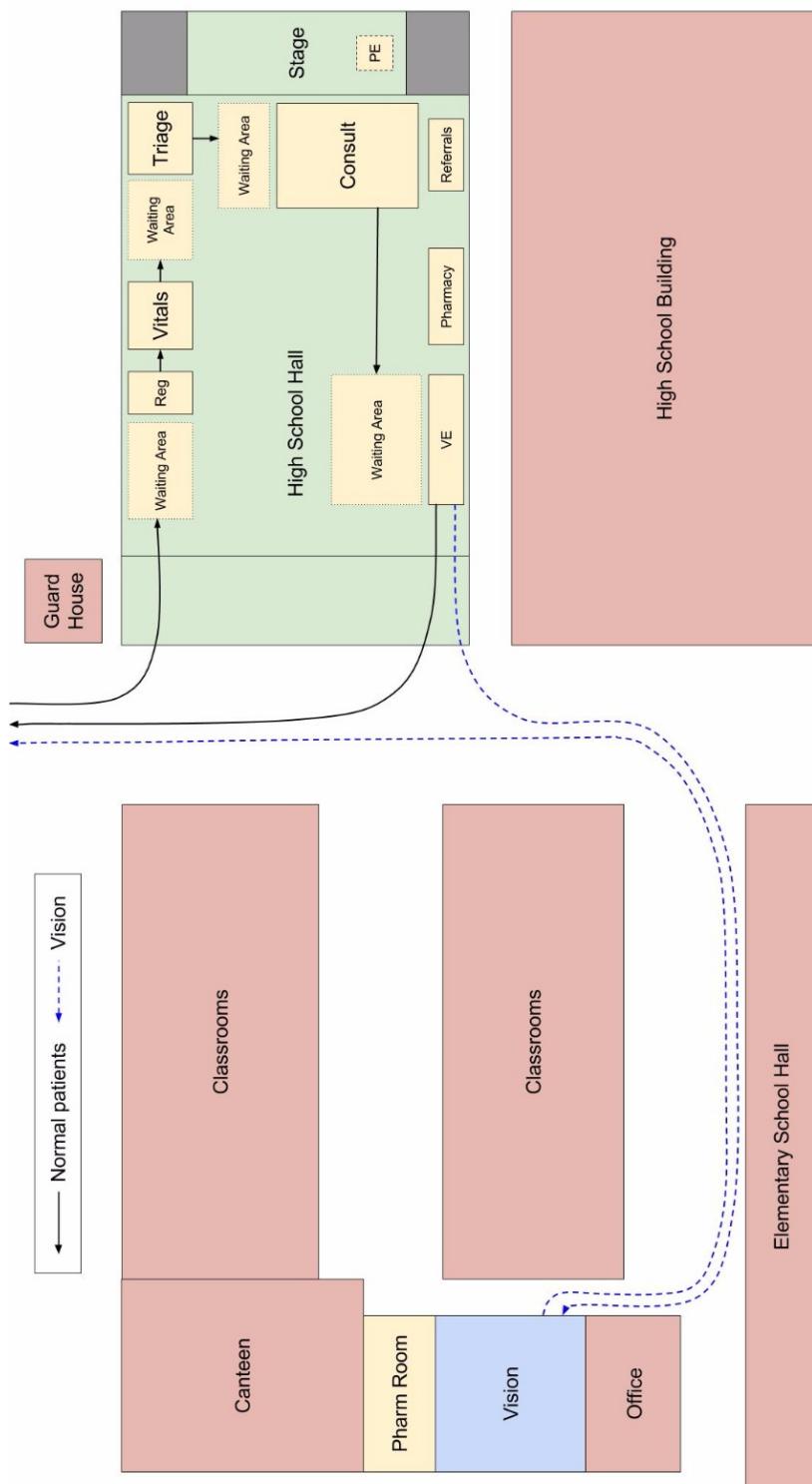
JT School Clinic Flow



19 Dec
Normal Patient: Registration → Height & Weight → Consultation → COF
Vision Patients: Registration → Height & Weight → Consultation → COF → Vision



Village Clinic Flow



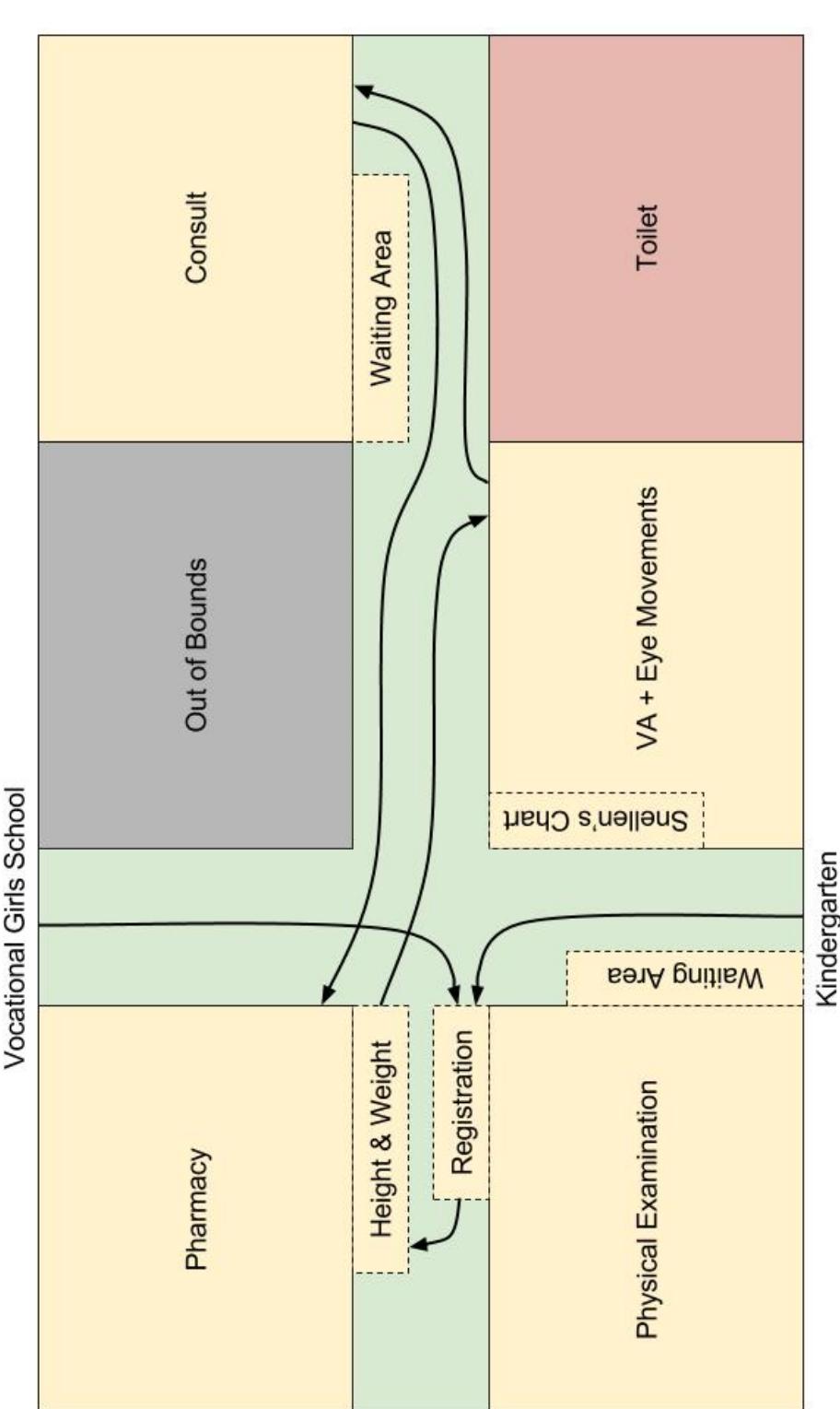
20 Dec

Normal Patient: Registration → Vitals → Triage → Consultation → VE

Vision Patients: Registration → Vitals → Triage → Consultation → VE → Vision



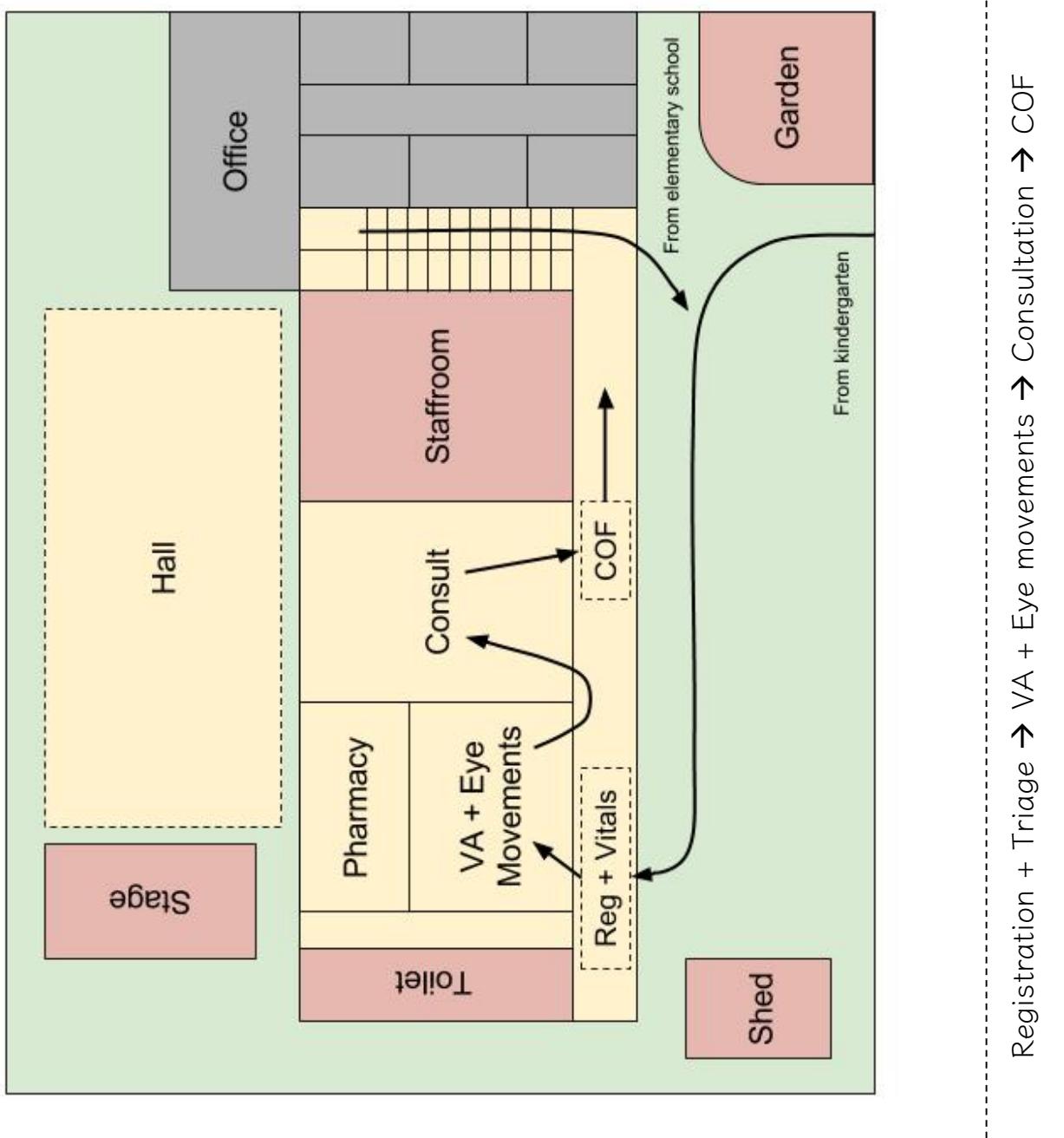
TK School Clinic Flow



Registration → Height & Weight → VA + Eye movements → Consultation → Pharmacy + COF



PC School Clinic Flow





Needs Assessment 2017

Overall Objectives

- Needs assessment exercise via survey during clinics
- Interviewing villagers in their homes on health issues that they may be facing; potential for CARE
- Visiting the villagers in their homes for M1s to observe the conditions that the villagers we serve live in so that we can truly appreciate the challenges they face
- Grants us a better perspective of the problems faced by the villagers when paired with the survey responses
- Gather essential data for evaluating our initiatives and measurements of KPIs
- Allows us to modify our initiatives or to engage in new interventions to meet the needs of the villagers
- Ensures exit plan is followed

Ground Chit Chat

PVV

- 15 Dec (8.30am – 11.30am)
- 8 groups of 4, 1 translator each
- Publicity + standard GCC questions

PCV

- 21 Dec (8.30am – 11.30am)
- Area 6
- 6 groups of 3, 1 translator each
- Standard GCC questions

Fill me up!
" - Ram



Needs Assessment 2017

Protocol

1. Greet the villagers and ask if you can enter their homes and interview them
2. Tell them you are from Project Sa'Bai and give a short intro about the health screenings we do annually
3. Proceed to ask the interview questions with the help of the translators (ensure that the translators translate the questions as originally intended without skewing the meaning)
4. Meanwhile, make observations of the villagers' homes
5. Take down their answers and your observations
6. Move on to next household

Things to Note

- Encourage villagers to answer the questions truthfully
- Ask the questions in a conversational way instead of a formal interview style; go with the flow naturally
- Try to start off with general questions relevant to the topic in order to get as much information as possible by letting the villager talk more (guide below is more specific)
- Use the questions below as guides but not necessary to adhere to the order strictly

Fill me up!
"
" – Vanessa



Needs Assessment 2017

Interview Questions

Demographics

- a. Age
- b. Gender
- c. Occupation
- d. Total number of people in household
- e. Total number of people working in household

To evaluate the publicity efforts and efficacy of Sa'Bai Clinics

- a. Have you heard about our Sa'Bai clinic?
- b. Have you visited our Sa'Bai clinic before?
- c. If yes to (b), how would you rate your experience at our clinic?
- d. If yes to (b), Did the doctor solve your problem/attend to your needs?
- e. If yes to (b), what can be improved in our clinic?

To ascertain the villager's views on healthcare in Cambodia and their health-seeking behaviour

- a. How would you rate your health condition? Scale of 1(Very Bad) to 4(Very Good)
- b. Do you go see a doctor when you are sick? If not, why?
- c. How would you rate the doctor you usually see? Scale of 1(Very Unsatisfied) to 4(Very Satisfied)
- d. Are you satisfied with the services provided by the doctor you usually see?
Scale of 1(Very Unsatisfied) to 4(Very Satisfied)
- e. Do you visit traditional healers for your health problems? If yes, how do they treat your health problems?



Needs Assessment 2017

To determine whether the villager's sanitation is linked to their health complaints and their receptiveness to further intervention

- a. Where do you get your water from?
- b. Do you have to walk very far to get water?
- c. Is there water all the time?
- d. Tell me about how you use your water daily?

How do you store your water?

What do you use the stored water for?

Do you boil your water before drinking?

- e. Do you think there are any problems with drinking the water?
Do you get diarrhoea/stomach-ache from the water you drink?
- f. Will you use a water filter to help you clean your drinking water?

To find out the villagers' occupation and their occupational health

- a. Do you get injured from your work?
- b. If yes, what kind of injury?
- c. How do you get injured from your work?
- d. Do you still work when you are injured/sick?

Observations

1. Type of house
2. General cleanliness of the house
3. Storage of food and water
4. Cleanliness of living quarters
5. Washing area
6. Any other pertinent observations



Basic Khmer

Greetings

Hello	Suos' dai/ suosdey (polite=joomripsy)
Good Morning	Aroon suos' dai
How are you?	Tauneaksoksapbaiythe?
What is your name?	Dahniakch'mooarwai?
How old are you?	Dahniakaryukpoonmahn?
My name is	K'nyomch'mooah
Nice to meet you	Reakreaydaeahnskoalloak
Thank you	Or-koon
You're welcome	Munayte/ unjuhn
Sorry	Somdoh
Please	Soum
Goodbye	Joom-reapleah (formal)/ Leehai (informal)

Basic Words & Crowd Control

Yes	Baat (male)/ Jaah (female)	Help!	Joo-ay!
No	A-dtay	Please wait	Soumcham
Good	La-or	Follow me	Tondarmkhngnium
Bad	Otla-or	Good children	Guunlokall (guun=children, lokall=good)
You	Niak	Children listen	Guunsdap
I/Me	Knyom	Please go to the back of the queue	Soum chaul towkean kar tralbmokvih nei chuor nih
How much	Muaypoon man	Please queue	Soum Chuor



Basic Khmer

Pharmacy

Two times a day (bd)	Bi dongmuaykerngai
Three times a day (tds)	Bai dongmuaykerngai
Before food	Moon bail buy
After food	Kerlaoyibail buy
Morning	Perak/ per-rerk
Afternoon	Ngai
Night	Youp

Counting

One	Mooay	Twenty	M'pay
Two	Bpee	Thirty	Saamseup
Three	Bai-ee	Forty	Saiseup
Four	Boo-un	Fifty	Haseup
Five	Bpram	Sixty	Hokseup
Six (5+1)	Brapm mooay	Seventy	Jehtseup
Seven (5+2)	Brapm bpee	Eighty	Bpaitseup
Eight (5+3)	Brapm bai-ee	Ninety	Gaoeup
Nine (5+4)	Bpram boo-un	Hundred	Moo-ayroy
Ten	Dob	Thousand	Moo-aybpaon



Basic Khmer

Screening Assistance

Where is the pain?	Dah niak chi gerng nai nah?/ Chi mi nah?
Pain?	Chi dey? (chi=pain)
Look up	Mer kengle (mer=look)
Open your mouth	Bak muat (muat=mouth)
Close your mouth	Berd muat
Open bigger	Ha toom toom
Open smaller	Ha tik tik
Cough	Kerorh
Fever	Kertdal kluun
Stomach ache	Chi booer
Headache	Chi kerbail
Runny nose	Berdah sai
How long	Naw yiak bail poon man
Show me your hands	Som meri dai (dai=hand)
Show me your feet	Som meri cherng
Write what you see	Say say arwai darl niak kern



Important Contacts

Heads

Fabian See: 8318 1788

Lisa Ngiam: 9129 0118

Accommodation

1. Don Bosco School, Teuk Thla Elementary & Vocational School

Salesian Sisters of Don Bosco Foundation

Northbridge Street, Teuk Thla, Russey Keo

Phnom Penh, Cambodia

Contact: +855 023 811 772

2. The Mou Hotel

41 Street 125 Sangkat Veal Vong

Khan 7Makara

Phnom Penh, Cambodia

Contact: +855 12 708 208

Embassy of the Republic of Singapore

129 Norodom Boulevard Sangkat Chaktomuk, Khan Daun Penh

12207 Phnom Penh, Kingdom of Cambodia

Office Contact: +855 23 221 875

Email: singemb_pnh@mfa.sg

Working Hours: Mon – Fri (0800 – 1230hr, 1400 – 1700hr)

Emergency Contact: +855 23 220914 or +855 0 977017371

MFA Duty Office Contact: +65 6379 8800



Important Contacts

Sa' Baes

Hong Zhi		Delphina		PCV
Yogen		Joshua		KSV
Shu Ying		Shu Hui		TK
Walter		Cheryl		TT
Vanessa		Natalie		PC
Jun Leng		Shauna		PVV
Ram				PVV

Sa' Babies

Christine		Priya	
Ding Heng		Rei	
Isrin		Steven	
Jason		Wan Xin	
Jiaxuan		Yi Ting	
Jocelyn		Yu De	
Juntao		Zhi Xian	
Ming Wei		Jun Ming	
Kei Wen			



Notes



Notes



Notes

