PRE-EMPLOYMENT HEALTH ASSESSMENT

Examiner: * Check that the questionnaire has been completed correctly.
* Check that an explanation has been given for every positive response.
* Add any further comments to this form.

Family Name 11 Given Names 11

Photo – ID has been sighted (compulsory) Confirmed Not sighted

Hand Dominance Right ☐ Left ☐

Height 123 cms Weight 44 kgs

Urinalysis

Protein Nil ☐ Trace ☐ + ☐ ++ ☐ +++ ☐
Comment:

Glucose Nil ☐ Trace ☐ + ☐ ++ ☐ +++ ☐
Comment:

Blood Nil ☐ Trace ☐ + ☐ ++ ☐ +++ ☐
Comment:

Instant Drug Screen

	-ve	+ve		-ve	+ve
Cannabis	☐	☐	Benzo's	☐	☐
Opiates	☐	☐	Cocain	☐	☐
Amphet's	☐	☐	Methamph	☐	☐
Alcohol	☐	☐			

Audiogram (please complete OR ☐ attach audio readout)

	500Hz	1000Hz	1500Hz	2000Hz	3000Hz	4000Hz	6000Hz	8000Hz
Right Ear								
Left Ear								

Spirometry (please complete OR ☐ attach spiro readout - use actual values not %)

	FEV1	FVC	PERFR
Pre-Br/dilator			
Pre-Br/dilator			

Is Spirometry satisfactory? Y ☐ N ☐

Candidate ever used a puffer? Y ☐ N ☐

If Yes to either of above, was there any respiratory problem? Y ☐ N ☐

Examiners Comments

Vision

Visual Acuity:	Uncorrected:	L		R		Corrected:	L		R
		6/		6/			6/		6/
Near Vision:		N		N			N		N

Visual Fields:

	Left	Right
Normal	☐	☐
<45°	☐	☐

Ishihara responses: Number wrong (ONLY IF APPLICABLE TO JOB)

Cardiovascular

Systolic BP 1 Diastolic BP 2 Pulse 3

Heart Rhythm: Normal ☐ AF ☐ Occ. Ectopics ☐ Freq. Ectopics ☐

Heart Sounds: Normal ☐ Abnormal ☐

Pacemaker: Y ☐ N ☐

Respiratory

Chest: Normal ☐ Reduced (<5cm) ☐

Air Entry: Upper Zones Normal ☐ Reduced (<5cm) ☐

Lower Zones Normal ☐ Reduced (<5cm) ☐

Added Sounds: Nil ☐ Widespread crackles ☐ Basal crackles ☐ Wheeze ☐ Rub ☐

Ears

External Canals: Normal ☐ Dermatitis ☐ Fungal infection ☐ Structural abnormality ☐ Wax ☐

Tympanic Membranes: Normal ☐ Effusion ☐ Wet perforation ☐ Dry perforation ☐

Skin

External Canals:	Nil	Mild	Moderate	Severe
Eczema/dermatitis	☐	☐	☐	☐
Psoriasis	☐	☐	☐	☐
Tinea	☐	☐	☐	☐
Solar damage	☐	☐	☐	☐
Folliculitis	☐	☐	☐	☐
Other	☐	☐	☐	☐

Examiners Comments

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Abdomen

Scars: Nil ☐ Appendix ☐ Gallbladder ☐ Hernia ☐ Other ☐

Hernial orifices: Normal ☐ Inguinal hernia ☐ R ☐ L ☐

Rectus muscles: Normal ☐ Weak/bulging ☐

CNS

Muscle tone: Normal ☐ Reduced ☐

Muscle power: Normal ☐ Reduced ☐

Muscle wasting: Nil ☐ Present ☐

Tremor: Nil ☐ Resting ☐

Gait: Normal ☐ Reduced ☐

Lower limb reflexes: Normal ☐ Left Reduced ☐ Normal ☐ Right Reduced ☐

Detail .....

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Neck Function

Posture:	Normal ☐	Scoliosis ☐			
Rhythm:	Normal ☐	Jerky/painful ☐			
Flexion:	Normal ☐	>75% ☐	50-75% ☐	25-50% ☐	<25% ☐
Extension:	Normal ☐	>75% ☐	50-75% ☐	25-50% ☐	<25% ☐
Lateral flexion:	Normal ☐	>75% ☐	50-75% ☐	25-50% ☐	<25% ☐
Rotation:	Normal ☐	>75% ☐	50-75% ☐	25-50% ☐	<25% ☐

Back Function

Posture:	Normal	Scoliosis	Kyphosis		
Rhythm:	Normal	Jerky/painful			
Flexion:	Normal	>75%	50-75%	25-50%	<25%
Extension:	Normal	>75%	50-75%	25-50%	<25%
Lateral flexion:	Normal	>75%	50-75%	25-50%	<25%
Rotation:	Normal	>75%	50-75%	25-50%	<25%

Examiners Comments

Limb Function

Mobility:	Normal	Reduced	Painful
Shoulder	☐	☐	☐
Elbows	☐	☐	☐
Wrists	☐	☐	☐
Knees	☐	☐	☐
Ankles	☐	☐	☐

	Normal	Abnormal
Grip Strength	☐	☐
Epicondyles	☐	☐

	Normal	Abnormal
Heel walk:	☐	☐
Duck walk:	☐	☐
Toe walk:	☐	☐

(walk in HALF squat position)

	Normal	Abnormal
Rhomberg's	☐	☐

Any Further Comments on Questionnaire

Comments on Examination

gdf

Examiner's Name/Stamp

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SIGNATURE

Signature

Date