FUNCTIONAL ASSESSMENT



CANDIDATE NAME: qw

D.O.B: 08/09/1983

Section 1: Range of movement

Region	Movement	Me	asureme	<u>nt</u>		Comments
Cervical (visual)	Movement: Flexion		✓			1
	Movement:Extension		•			2
	Movement:Lateral Flexion	L:	•	R:	✓	3
	Movement:Rotation	L:		R:	✓	4
Trunk (measured)	Movement:Extension		5			6
	Movement:Lateral flexion	L	7	R	8	9
Shoulder (visual)	Movement:Flexion	L:	✓	R:		11
	Movement:Abduction	L:		R:	✓	12
Elbow (visual)	Movement:Flexion/extension	L:	✓	R:		1
Wrist (measured)	Movement:Pronation	L:	2	R:	5	8
	Movement:Supination	L:	3	R:	6	9
	Movement:Flexion	L:	4	R:	7	11
	Movement:Extension	L:	1	R:	4	7
	Movement:Ulnar deviation	L:	2	R:	5	8
	Movement:Radial deviation	L:	3	R:	6	9
Hip (visual)	Movement:Flexion	L:	✓	R:		1
	Movement:External rotation	L:		R:	✓	2
	Movement:Internal rotation	L:	✓	R:		3
	Movement:Straight leg raise	L:		R:	✓	4
Knee (visual)	Movement:Flexion/extension	L:	✓	R:	~	1
Ankle (visual)	Movement:Rotation	L:	✓	R:		2
	Movement:Plantar/dorsiflexion	L:		R:	✓	3

Section 2:General Physical Capacity Assessment

Flexibility: Sit and reach test:

TRIAL	MEASUREMENT	
Trial 1	4	
Trial 2	50	
Trial 3	45	
AVERAGE	33	
Rate/Range	Excellent	
Comments qw		