



PRE-EMPLOYMENT HEALTH ASSESSMENT							
Examiner: * Check that the questionnaire has been completed correctly. * Check that an explanation has been given for every positive response. * Add any further comments to this form.							
Family Name John Given Names Smith							
Photo – ID has been sighted (compulsory) Confirmed ✓	Not	sighte	ed \square				
Hand Dominance Right			eft 🗌				
Height 180 cms Weight	80 kgs						
Urinalysis	Instant Dru	ıg Scr	een				
Protein Nil □ Trace □ + ☑ ++ □ +++ □		-ve	+ve		-ve	+ve	
Comment: dsad	Cannabis	✓		Benzo's	✓		
Glucose Nil ☐ Trace ☐ + ☑ ++ ☐ +++ ☐ Comment: dasda	Opiates	✓		Cocain	✓		
Blood Nil ☐ Trace ☐ + ☑ ++ ☐ +++ ☐	Amphet's	✓		Methamph	✓		
Comment: dasd	Alcohol	✓					
Audiogram (please complete OR ✓ attach audio readout)							
500Hz 1000Hz 1500Hz 2000Hz	3000Hz	<u>7</u>	4000Hz	6000Hz	80	00Hz	
Right Ear							
Left Ear							
				_			
Spirometry (please complete OR ✓ attach spiro readout - use	actual values	not 9	6)				
FEV1 FVC PERFR							
Pre-Br/dilator							
Pre-Br/dilator							
Is Spirometry satisfactory? Y ✓ N □							
Candidate ever used a puffer? Y □ N ☑							
If Yes to either of above, was there any respiratory problem? Y □ N ☑							
Examiners Comments							





Vision									
Visual Acuity:	Uncorrected: L		R	Corrected	: L	R			
	6/ 6	6/	6		6/ 6	6/ 6			
Near Vision:	N 6	N	6		N 6	N 6			
Visual Fields:	_	ght •							
	Normal ✓ <45° □	<u>▼</u> □							
Ishihara response	s: Number wrong		(ONLY IF	APPLICABLE TO JC	DB)				
Cardiovascular									
Systolic BP 100		Diastolic	BP 100	P 100 Pulse 100					
Heart Rhythm:	Normal 🗹	AF \square		Occ. Ectopics	Freq.	Ectopics			
Heart Sounds:	Heart Sounds: Normal ☑ Abnormal □								
Pacemaker:	Y □ N 🗹								
Respiratory	Respiratory								
Chest:	Chest: Normal ☑ Reduced (<5cm) □								
Air Entry:	Upper Zones	Normal	Reduced (<5cm)						
	Lower Zones Normal ☑ Reduced (<5cm) □								
Added Sounds: Nil ☐ Widespread crackles ☑ Basal crackles ☐ Wheeze ☐ Rub ☐									
Ears									
External Canals:	Normal Der	matitis	Funga	al infection 🗹 Str	ructural abnorma	ality 🗌 Wax 🗎			
Tympanic Membranes: Normal ☑ Effusion ☐ Wet perforation ☐ Dry perforation ☐						perforation \square			
Skin									
External Canals:		<u>Nil</u>	<u>Mild</u>	<u>Moderate</u>	<u>Severe</u>				
	Eczema/dermatitis	✓							
	Psoriasis	✓							
	Tinea	✓							
	Solar damage	✓							
	Folliculitis	✓							
	Other	✓							





Examiners Comments						
Abdomen						
Scars:	Nil ☐ Appe	ndix 🗆 Gallblado	der 🗆	Hernia 🗌	Other \square	
Hernial orifices:	Normal In	guinal hernia 🗌	R 🗆 L 🗆			
Rectus muscles:	Normal W	eak/bulging				
CNC						
CNS						
Muscle tone:	Normal 🗹					
Muscle power:	Normal L	Reduced 🗹				
Muscle wasting:	Nil L	Present ✓				
Tremor:	Nil _	Resting 🗹				
Gait:	Normal _	Reduced 🗹				
Lower limb reflexes:	Normal \square	Left Reduced	Norma	l □ Right Re	duced \square	
Detail						
Neck Function		_				
Posture:	Normal 🗹	Scoliosis				
Rhythm:	Normal 🗹	Jerky/painful				
Flexion:	Normal 🗹	>75%	50-75%	25-50%	<25%	
Extension:	Normal 🗹	>75%	50-75%	25-50%	<25%	
Lateral flexion:	Normal 🗹	>75%	50-75%	25-50%	<25%	
Rotation:	Normal 🗹	>75%	50-75%	25-50%	<25%	
Back Function						
Posture:	Normal 🗹	Scoliosis	Kyphosis			
Rhythm:	Normal 🗹	Jerky/painful □				
Flexion:	Normal 🗹	>75%	50-75%	25-50%	<25%	
Extension:	Normal 🗹	>75%	50-75%	25-50%	<25%	
Lateral flexion:	Normal 🗹	>75%	50-75%	25-50%	<25%	
Rotation:	Normal 🗹	>75%	50-75%	25-50%	<25%	





Examiners Comments							
Limb Function							
Mobility:	<u>Normal</u>	Reduced	<u>Painful</u>			<u>Normal</u>	<u>Abnormal</u>
Shoulder	✓		✓		Grip Strength	✓	
Elbows	✓		✓		Epicondyles	✓	
Wrists	✓		✓				
Knees	✓		✓				
Ankles	✓		✓				
	<u>Normal</u>	Abnormal —				<u>Normal</u>	<u>Abnormal</u>
Heel walk:	✓				Rhomberg's	✓	
Duck walk:	✓		(walk in HAl	LF squat position)		
Toe walk:	✓						
Any Further Comm	ents on Que	stionnaire					
Comments on Exa	mination						
dwdfe							
Examiner's Name/S	Stamp						
John							
SIGNATURE							
-	Sign	ature				Date	