



Using Applied Behavior Analysis to Help Those Who Help Others

The Autism Society of Colorado and Sam Towers present

Understanding and Shaping the Behavior of Individual with a Disability

Providing support to an individual with a disability can be challenging at times. It can be even more difficult if the individual uses problem behavior.

This course is designed for parents, professionals, and other caregivers who wish to decrease problem behavior in individuals who have a disability.

The participants in this course will learn what motivates individuals to use problem behavior and what can be done to decrease the problem behavior.

The following will be taught in this course:

- How your actions, including well-meaning actions, can encourage problem behavior.
- How to change your actions so that you don't encourage problem behavior.
- How situations in the environment can set up your child for problem behavior.
- How to change these situations so that your child is less likely to use problem behavior.
- How problem behavior is triggered.
- How to reduce the number of triggers for problem behavior.
- How to understand what your child is communicating through problem behavior.
- How to respond to this communication so that you don't encourage further problem behavior.
- How to take direct observational data and analyze it. This will include practice during class using video clips of problem behavior.

This course consists of two sessions of about 3 ½ hours each. Each session will last from 1 p.m. until 4:30 p.m. with the first session occurring on November 7, 2009 and the second on November 14, 2009. Please note that you will need to attend both days in order to complete the course.

All sessions will be held in the Autism Society of Colorado's training room, which is in the basement (level 1) of the First Bank building at 550 S. Wadsworth Blvd, Lakewood.

The cost for the course is \$100 per person, if paid in advance. The cost at the door is \$120. The course is limited to 35 participants.

You may register for this course by visiting www.towersbehavior.com and clicking on "Public Courses." To learn more about this course, you may call Sam Towers at 303-803-0045 or e-mail him at sam@towersbehavior.com.

Some scholarships are available through the Autism Society of Colorado. To apply for a scholarship, call the Bridget at the Autism Society of Colorado at (720) 214-0794, extension 10. You may also e-mail Bridget at bridget@autismcolorado.org.

Scholarships are limited, so please apply early.