Nutrition

**Nutrition** is a critical part of health and development. Better **nutrition** is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases (such as diabetes and cardiovascular disease), and longevity. Healthy children learn better.

**What kinds of vitamin that majority of the animals make in their bodies?**

**[A](https://www.bing.com/ck/a?!&&p=9b9abc850b90f1dbJmltdHM9MTY4OTU1MjAwMCZpZ3VpZD0wNjQ3OWJmMi04Yjc3LTZkZmItMjcwYi04OGIzOGFjNTZjNDImaW5zaWQ9NTYzMQ&ptn=3&hsh=3&fclid=06479bf2-8b77-6dfb-270b-88b38ac56c42&u=&ntb=1" \t "_blank)**

[vitamin C](https://www.bing.com/ck/a?!&&p=9b9abc850b90f1dbJmltdHM9MTY4OTU1MjAwMCZpZ3VpZD0wNjQ3OWJmMi04Yjc3LTZkZmItMjcwYi04OGIzOGFjNTZjNDImaW5zaWQ9NTYzMQ&ptn=3&hsh=3&fclid=06479bf2-8b77-6dfb-270b-88b38ac56c42&u=&ntb=1" \t "_blank)

**[B](https://www.bing.com/ck/a?!&&p=18c55434ec22c81dJmltdHM9MTY4OTU1MjAwMCZpZ3VpZD0wNjQ3OWJmMi04Yjc3LTZkZmItMjcwYi04OGIzOGFjNTZjNDImaW5zaWQ9NTYzMg&ptn=3&hsh=3&fclid=06479bf2-8b77-6dfb-270b-88b38ac56c42&u=&ntb=1" \t "_blank)**

[Vitamin D](https://www.bing.com/ck/a?!&&p=18c55434ec22c81dJmltdHM9MTY4OTU1MjAwMCZpZ3VpZD0wNjQ3OWJmMi04Yjc3LTZkZmItMjcwYi04OGIzOGFjNTZjNDImaW5zaWQ9NTYzMg&ptn=3&hsh=3&fclid=06479bf2-8b77-6dfb-270b-88b38ac56c42&u=&ntb=1" \t "_blank)

**[C](https://www.bing.com/ck/a?!&&p=a8d3dfc5fbfcc7a8JmltdHM9MTY4OTU1MjAwMCZpZ3VpZD0wNjQ3OWJmMi04Yjc3LTZkZmItMjcwYi04OGIzOGFjNTZjNDImaW5zaWQ9NTYzMw&ptn=3&hsh=3&fclid=06479bf2-8b77-6dfb-270b-88b38ac56c42&u=&ntb=1" \t "_blank)**

[Vitamin A](https://www.bing.com/ck/a?!&&p=a8d3dfc5fbfcc7a8JmltdHM9MTY4OTU1MjAwMCZpZ3VpZD0wNjQ3OWJmMi04Yjc3LTZkZmItMjcwYi04OGIzOGFjNTZjNDImaW5zaWQ9NTYzMw&ptn=3&hsh=3&fclid=06479bf2-8b77-6dfb-270b-88b38ac56c42&u=&ntb=1" \t "_blank)