



The LUX System

Personalized SAD Treatment Assistant

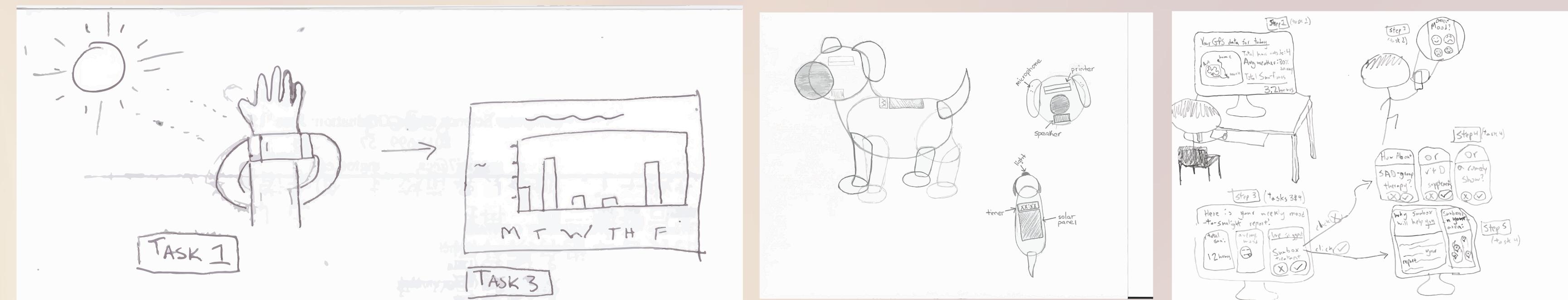
The Problem

People who experience Seasonal Affective Disorder (SAD) fight to self mitigate their symptoms, because they struggle to track and remember the treatments that work best .

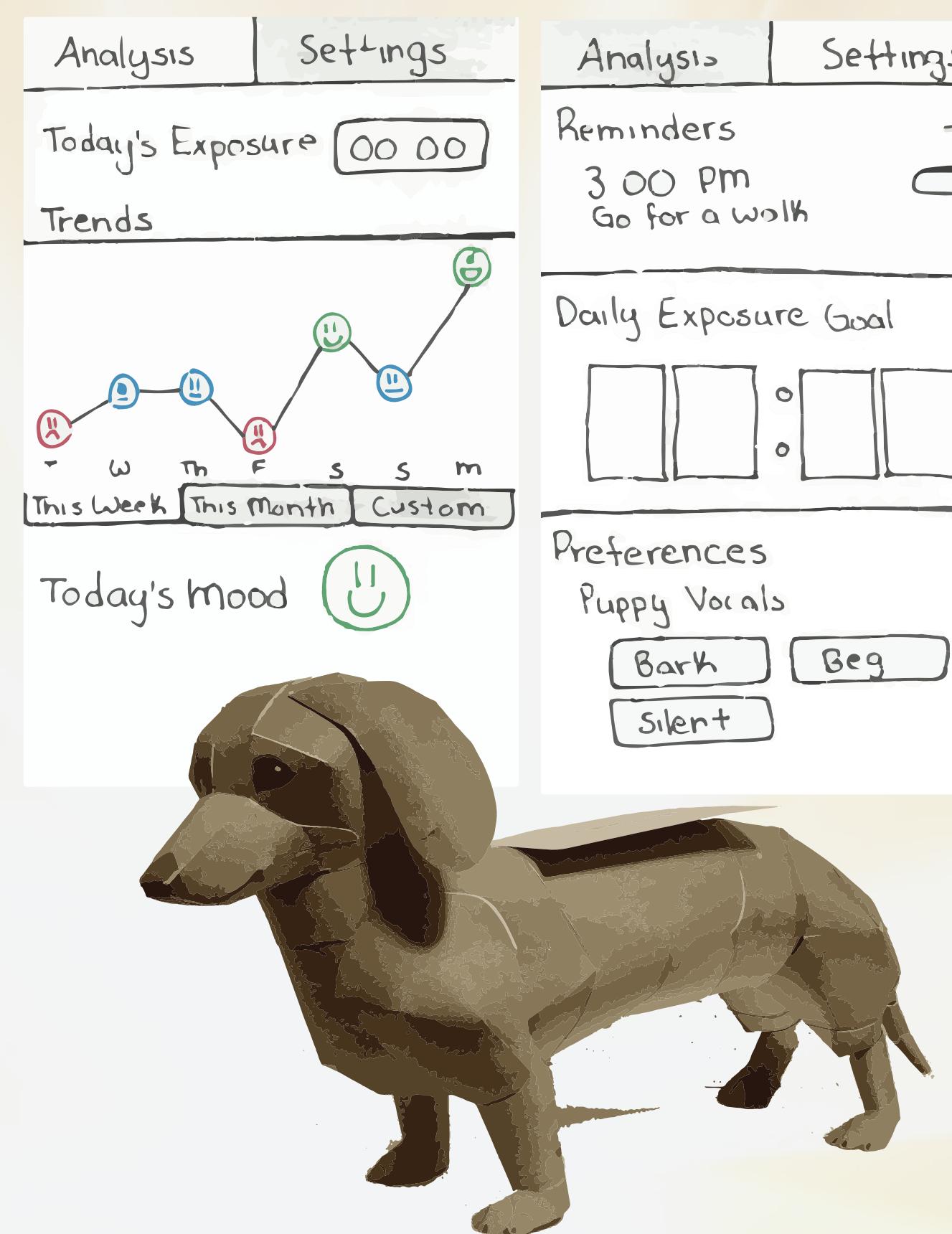
The Value

The LUX System aims to help individuals suffering from SAD symptoms through a series of monitoring, reporting and reminder tasks that revolve around a particular sunlight exposure goal.

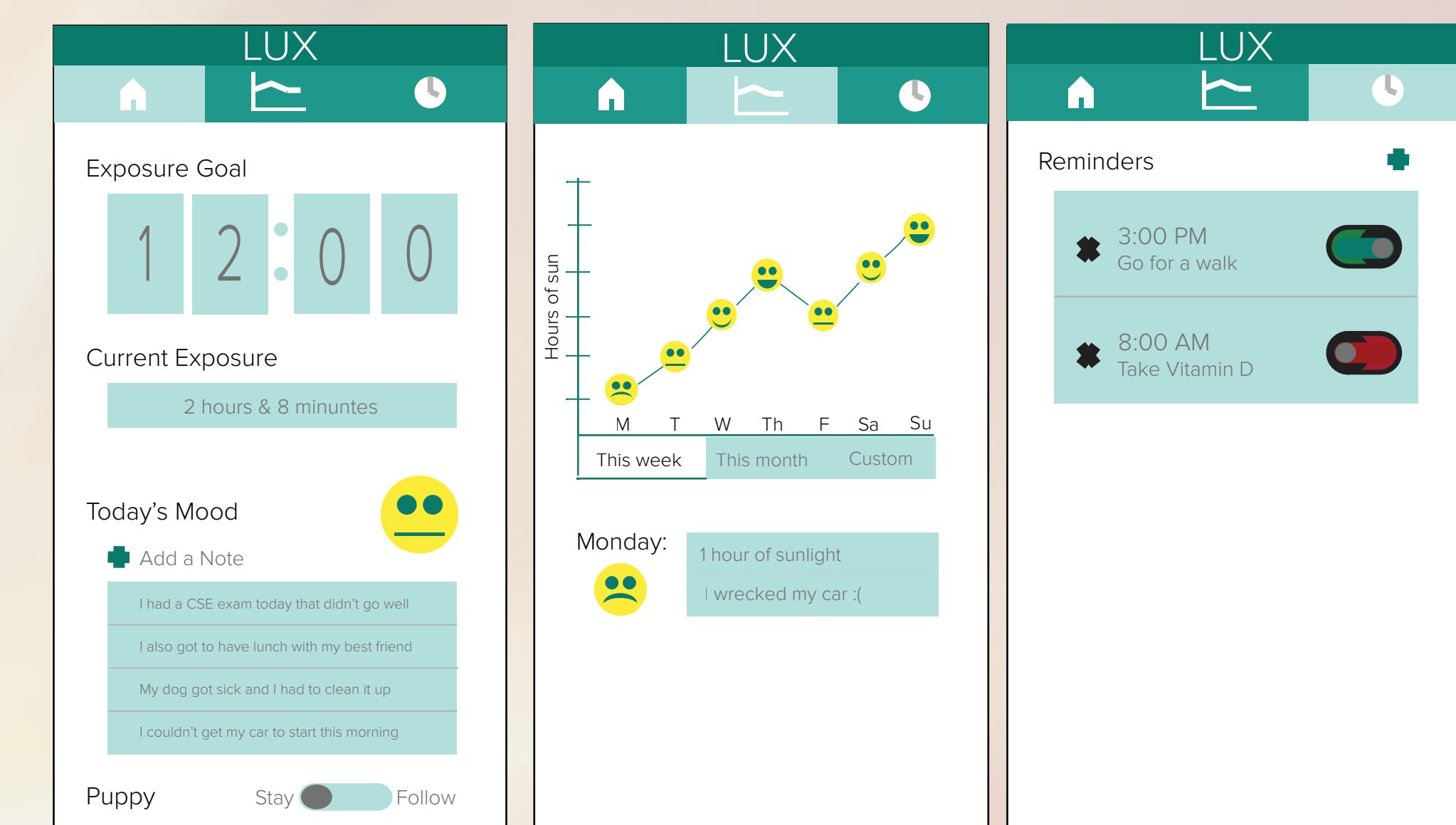
Design Ideas



Paper Prototypes



Initial Mockups



Key Functionality

- Tracks sunlight exposure
- Tracks and records mood
- Correlates sunlight exposure levels to moods
- Visualizes sunlight exposure's effect on mood over time
- Reminds users of their other treatments
- Minimizes user effort in remembering treatments and getting sunlight exposure
- Light Therapy bulb in the puppy's nose
- Leverages local weather for best suggestions on reaching exposure goals



Final Design

