```latex
\documentclass{article}
\usepackage{floatrow}
\usepackage{caption}
\DeclareCaptionSubType[alph]{figure}
\floatsetup[subfigure]{style=plain,heightadjust=object}
\begin{document}
\begin{figure}[!htb]
\ffigbox[\FBwidth]{%
\begin{subfloatrow}
\ffigbox[\FBwidth]{\caption{dummy 1}}{\rule{3cm}{4cm}}
\ffigbox[\FBwidth]{\caption{dummy 2}}{\rule{4cm}{3cm}}%
\end{subfloatrow}}
{\caption{dummy}}
\end{figure}
\end{document}
```