

11.008H 氢	
36.94Li Lithium	49.0121831(5)Be Beryllium
1122.98976928(2)Na Sodium	1224.305Mg Magnesium
1939.0983(1)K Potassium	2040.078(4)Ca Calcium
3785.4678(3)Rb Rubidium	3887.62(1)Sr Strontium
55132.90545196(6)Cs Caesium	56137.327(7)Ba Barium
87Fr Francium	88226Ra Radium

2144.955908(5)Sc Scandium	2247.867(1)Ti Titanium	2350.9415(1)V Vanadium	2451.9961(6)Cr Chromium	2554.938044(3)Mn Manganese	2655.845(2)Fe Iron	2758.933194(4)Co Cobalt	2858.6934(4)Ni Nickel	2963.546(3)Cu Copper	3065.38(2)Zn Zinc
3988.90584(2)Y Yttrium	4091.224(2)Zr Zirconium	4192.90637(2)Nb Niobium	4295.95(1)Mo Molybdenum	4397Tc Technetium	44101.07(2)Ru Ruthenium	45102.90550(2)Rh Rhodium	46106.42(1)Pd Palladium	47107.8682(2)Ag Silver	48112.414(4)Cd Cadmium
71174.9668(1)Lu Lutetium	72178.49(2)Hf Hafnium	73180.94788(2)Ta Tantalum	74183.84(1)W Tungsten	75186.207(1)Re Rhenium	76190.23(3)Os Osmium	77192.217(3)Ir Iridium	78195.084(9)Pt Platinum	79196.966569(5)Au Gold	80200.592(3)Hg Mercury
103Lr Lawrencium	104267Rf Rutherfordium	105270Db Dubnium	106271Sg Seaborgium	107270Bh Bohrium	108277Hs Hassium	109276Mt Meitnerium	110281Ds Darmstadtium	111282Rg Roentgenium	112285Cn Copernicium

510.81B Boron	612.011C Carbon	714.007N Nitrogen	815.999O Oxygen	918.998403163(6)F Fluorine	1020.1797(6)Ne Neon
1326.9815385(7)Al Aluminium	1428.085Si Silicon	1530.973761998(5)P Phosphorus	1632.06S Sulfur	1735.45Cl Chlorine	1839.948(1)Ar Argon
3169.723(1)Ga Gallium	3272.630(8)Ge Germanium	3374.921595(6)As Arsenic	3478.971(8)Se Selenium	3579.904Br Bromine	3683.798(2)Kr Krypton
49114.818(1)In Indium	50118.710(7)Sn Tin	51121.760(1)Sb Antimony	52127.60(3)Te Tellurium	53126.90447(3)I Iodine	54131.293(6)Xe Xenon
81204.38Tl Thallium	82207.2(1)Pb Lead	83208.98040(1)Bi Bismuth	84209Po Polonium	85210At Astatine	86222Rn Radon
113Uut Ununtrium	114289Fl Flerovium	115289Uup Ununpentium	116293Lv Livermorium	117294Uus Ununseptium	118294Uuo Ununoctium

57138.90547(7)La Lanthanum	58140.116(1)Ce Cerium	59140.90766(2)Pr Praseodymium	60144.242(3)Nd Neodymium	61145Pm Promethium	62150.36(2)Sm Samarium	63151.964(1)Eu Europium	64157.25(3)Gd Gadolinium	65158.92535(2)Tb Terbium	66162.500(1)Dy Dysprosium	67164.93033(2)Ho Holmium	68167.259(3)Er Erbium	69168.93422(2)Tm Thulium	70173.054(5)Yb Ytterbium
89Ac Actinium	90232.0377(4)Th Thorium	91231.03588(2)Pa Protactinium	92238.02891(3)U Uranium	93237Np Neptunium	94244Pu Plutonium	95243Am Americium	96247Cm Curium	97247Bk Berkelium	98251Cf Californium	99252Es Einsteinium	100257Fm Fermium	101258Md Mendelevium	102259No Nobelium