Example 1 Just another cat.

```
$ awk '{print $0}' ./data
John 25 john@example.com
Emily 32 emily@example.com
Michael 42 michael@example.com
Sarah 28 sarah@example.com
David 35 david@example.com
Jessica 30 jessica@example.com
```

Example 2

It is why 99% of the people use AWK.

```
$ awk '{print $1}' ./data
John
Emily
Michael
Sarah
David
Jessica
```