

What is a motto?

What is a motto? A motto describes what is important for a person. It is a short sentence, but it says a lot. Alissa wanted to make her motto. Here is what she said:

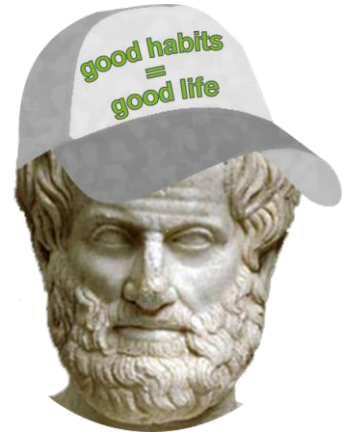
“Vincent helped me make a motto. He asked me about my job. Then he asked me about the things I enjoy. Vincent also asked me about the things that are important to me. For me, learning new things is important. It is also important to meet new people. I love to visit different cities and countries. I travel to a new place every year. So, my motto is, ‘Travel often.’”

Alissa’s motto helps us understand her. It tells us what is important to her.

Schools, countries, companies, and famous people also have mottos. The famous Greek thinker Aristotle, for example, had a personal motto. His motto was, “Good habits for a good life.” In other words, Aristotle thought that happy people have good habits. Their lives are good and happy because they do good things, like working hard, telling the truth, and being kind. For Aristotle, a good life was important.

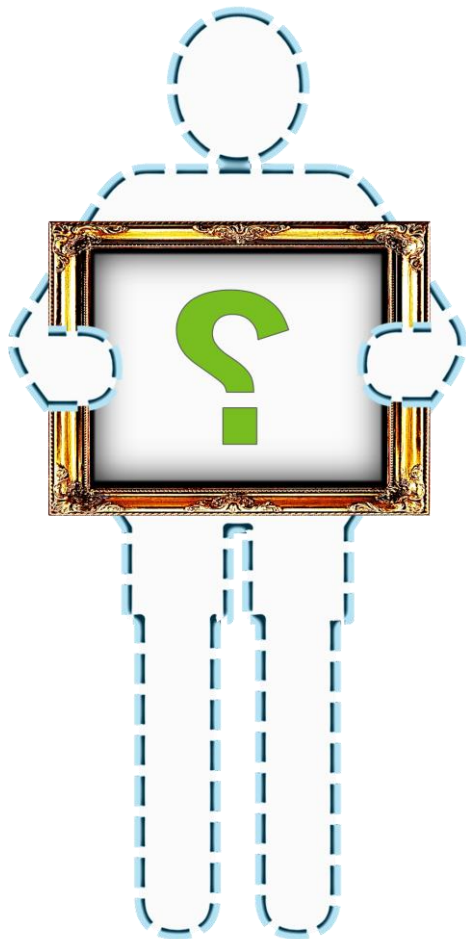
Do you like Aristotle’s motto?

What is your motto? What is important for you?



Aristotle

Art: Prepare for the Conversation Cafe



Follow 4 instructions to prepare for the Conversation Cafe.

- Choose.** Alissa is an artist. She makes YouTube videos. She shared art she makes. Shane is not an artist, but he likes art. He shared a dance called the hora. Vincent is not an artist, but he has a favorite artist. He shared his favorite artist, Vik Muniz. Now, choose what you will do:
- 1

- I am an artist. I will share art I make.
- I am not an artist, but I like art. I will share art I like.
- I am not an artist, but I have a favorite artist. I will share my favorite artist.

Write. What did you choose? Write your ideas in your notebook. Maybe write your ideas in your first language. Remember that in the Conversation Cafe, you will:

2

- Use Week 2 vocabulary words
- Make an invitation
- Describe the art or artist
- Ask your classmates a question

Create. You wrote down your thoughts. Now you are ready to create your 1 minute (or 2) of amazing! Maybe use these sentences: "Would you like to...My art is...I like...My favorite artist is...Let me tell you about...I make this art because...I like this art because...I like this artist because...Here is an example of..." And ask your classmates a question about art they make or an artist they like.

4

Prepare to share. Practice speaking. Speak out loud. Then go to the next activity.

Health: Prepare for the Conversation Cafe

Follow 4 instructions to prepare for the Conversation Cafe.

- 1 Think about your lifestyle.** What is your favorite healthy activity? Why? What is your favorite unhealthy activity? Why?

Write about your lifestyle. Write in your notebook. Answer these 8 questions with the words *never*, *sometimes*, *usually*, or *always*.

- 2**
- 1.How often do you wake up early in the morning?
 - 2.How often do you eat breakfast?
 - 3.Do you walk or ride your bike to work or school?
 - 4.Do you do exercise or play sports?

5. Do you eat foods that are high in sugar, like candy and sports drinks?
6. Do you eat foods that are high in salt, like chips and sandwich meat?
7. Do you get 8 hours of sleep a night?
8. What new activity could you try to be more healthy?

3 Create your presentation about your lifestyle. Now look at your answers. Write your 1 minute (or two) of amazing to share! Remember to use the helpful vocabulary and grammar from this week. Maybe use these sentences: "I always...I never...I sometimes...I usually...I could..."

4 Prepare to share. Practice speaking. Speak out loud. Then go to the next activity.

Travel: Prepare for the Conversation Cafe



Follow 4 instructions to prepare for the Conversation Cafe.

- Remember.** Vincent went to New York City. He almost missed his flight. The airport lost his luggage, and his taxi broke down. When he finally got to the hotel, it was on fire. That was a terrible trip. In fact, that was the worst trip Vincent has ever taken in his life!
- 1

Write. Think about your worst trip ever.

Answer these questions in your

- 2** notebook: Where did you go? Why was the trip bad? Who was with you? What happened?

Create. You wrote down your thoughts.

Now you are ready to create your 1 minute (or 2!) of amazing. Remember: Use the present perfect simple to start your story and talk about events with no specific time (ever, never, in my life). Use the past simple to describe what happened on your trip.

3

Maybe use these sentences: "The worst trip I've ever taken...The trip was bad because...I have never..."

And ask your classmates a question: "Have you ever...? Have you traveled...? Why was your trip bad? What happened?"

Prepare to share. Practice speaking.

- 4** Speak out loud. Then go to the next activity.



Fun in the Sun?

Most of the year, when they are not studying or working, people in Arizona, USA enjoy being outdoors. **Hiking, jogging**, and running in the beautiful desert countryside are very popular recreational activities. In winter, Arizonans love to go **skiing** in the snowy mountains. In spring and fall, people like to go **sightseeing** and **camping** in the Grand Canyon, Monument Valley, and other famous national parks.

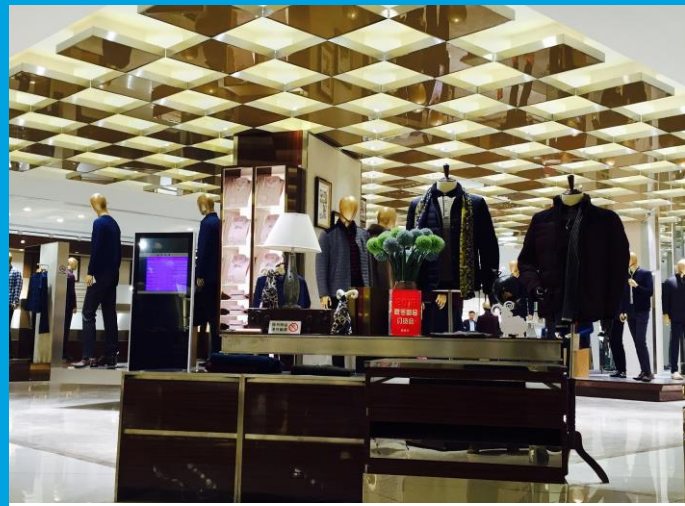
In the summer, recreation is a different story. Arizona's summer weather is very hot, with temperatures as high as 50 degrees Celsius. Arizonans hate to be outside and prefer to stay cool indoors. In summer, they enjoy relaxing hobbies such as reading, doing **yoga**, going to the movies, and playing **cards, board games**, and video games. Most of all, they love to travel to the beaches of California and Mexico. Do you have some of the same hobbies as the people of Arizona?



Alissa's Claim to Fame

My claim to fame is that I am the **best** salsa dancer in my family. My mother doesn't dance. My father is **good at** salsa dancing, but he is the **slowest** dancer in the family. My brother dances, but I am **better than** him because I practice a lot.

Vincent wanted to learn how to dance. I took Vincent to my favorite dance club last Saturday. Everyone at the dance club knows that I am the **cutest, fastest, and best** dancer in the club. Vincent tried to dance, but he wasn't very **good at** it. He was the **funniest** dancer there, and it made me laugh a lot. At the end of the night, he was a **better** dancer **than** before.



Vincent's Claim to Fame

My **claim to fame** is that I am the **best-dressed** man in the office. I shop at the **best** clothing stores in town, and I always wear the newest **fashions**. Everyone tells me I look like a famous person because I wear the **nicest** clothes.

Alissa wants to be the **best-dressed** woman in the office. So, I took her to the **best** clothing store in town. She wasn't very **good at** choosing the **newest** fashions, but I helped her. I found her the **coolest** sunglasses, the **tallest** high-heeled shoes, the **biggest** hat, and the **fanciest** shirt in the store. Then she **looked like** a famous actor, too.



Vincent's Favorite Artist

There are many kinds of artists. Some examples of artists are **photographers**, **singers**, **dancers**, **actors**, and **writers**. My new favorite artist is Vik Muniz. He is a famous photographer from Brazil. I like him because his photographs show problems in the world. I put photographs by Vik Muniz on my Facebook page. Would you like to see Vik Muniz's art?

Vik Muniz went to a place in Brazil where people find trash and sell it to make money. Muniz asked these people to find trash for him. Then Muniz used the trash in his photographs. He put the trash into shapes. The shapes are the faces of the people who gave him the trash.

Trash isn't usually beautiful, but I think the photographs are beautiful. The photographs have many colors. They show strong people, people in love, and people with families. They show people who work hard. Vik Muniz helps people to find something beautiful in strange places.

Would you like to find photographs by Vik Muniz? You should visit his website <http://vikmuniz.net/gallery/garbage>.



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Instructions

Read the words and definitions. These words will help you talk about health.

Then use the Quizlet app below to study and play games to learn.

Word	Definition
exercise (n)	physical activity that you do to make your body strong and healthy
healthy (adj)	good for your health
unhealthy (adj)	opposite of healthy, not good for your health
hurt (v)	to cause someone pain or to injure them
fit (adj)	physically healthy and strong
accident (n)	something bad that happens that is not planned and that causes injury
sick (adj)	when a person doesn't feel well
heart (n)	the organ inside your chest that sends blood around your body
look after somebody/something (v)	to take care of somebody or something by keeping them healthy or in good condition

Instructions

Read this list of questions and answers. These questions and answers show how to:

- say hello
- have a conversation
- say goodbye

Then use the Quizlet app below to study and play games to learn.

Saying Hello

Question	Answer
What's up?	1) Nothing much. 2) Not too much.
What's going on?	1) Nothing much. 2) Not too much.
How's it going?	1) Pretty good. 2) Great, thanks!

Having a Conversation

Question	Answer
Where do you live?	Examples: I live in Mexico. I live in Egypt. I live in _____.
What do you do?	Examples: I'm a student. I'm a teacher. I'm a lawyer. I'm a _____.
Do you have a hobby?	1) Yes, I do. 2) No, I don't.
Do you have a motto?	1) Yes, I do. 2) No, I don't.

Saying Goodbye

Goodbye from Person 1	Goodbye from Person 2
Catch you later!	See you!
Talk to you later!	Ok. Take care.
Take care!	You too!
Have a good one!	You too!

Instructions

Read this list of vocabulary words. These words will help you talk and write about recreation.

Then use the Quizlet app below to study and play games to learn.

Word	Definition
skiing (n)	moving over snow with skis
jogging (n)	running slowly for exercise
hiking (n)	going for a long walk in the countryside
sightseeing (n)	the activity of visiting places that are interesting because they are historical, famous, etc.
camping (n)	the activity of staying in a tent for a holiday
cards (n)	one of a set of 52 pieces of stiff paper with numbers and pictures used for playing games
board game (n)	a game such as chess that is played on a board
musical instrument (n)	an object, such as a piano, guitar, or flute, which is played to produce musical sounds
yoga (n)	a set of exercises for the mind and body, based on the Hindu religion

Instructions

Read the words and definitions. These words will help you talk about famous people. Then use the Quizlet app below to study and play games to learn.

Word	Definition
be good at (phrasal verb)	able to do something well
look like (phrasal verb)	to have the same appearance
claim to fame (noun phrase)	a reason why someone is famous
best-dressed (adj)	wearing the nicest clothes
fancy (adj)	expensive, high-quality
special (adj)	unusual, better, more important
cool (adj)	describes a person who is attractive and fashionable
friendly (adj)	nice and kind to other people
talent (n)	a natural ability to do something
fashion (n)	a popular style of clothes, appearance, or behavior

Instructions

Read the words and definitions. These words will help you talk about art.

Then use the Quizlet app below to study and play games to learn.

Word	Definition
photographer (n)	a person who takes photographs
singer (n)	a person who sings
dancer (n)	a person who dances
actor (n)	a person who acts in plays or movies
writer (n)	a person who writes books, stories, or articles
video (n)	a recording of visual images
creative (adj)	good at thinking of new ideas, good at using imagination