eTable 25. Mean Values and Effect of Wellness Program on Primary Care Physician (PCP) Utilization[a]

Outcome	Mean Value		Effect of Wellness Program Eligibility			Effect of Wellness Program Participation		
	Treatment	Control	Effect (95% CI)	P Value	Adjusted P Value[b]	Effect (95% CI)	P Value	Adjusted P Value[b]
PCP utilization, 2017								
Continuous measures								
Total PCP visits	1.0 (2.2)	1.1 (2.3)	−0.06 (−0.22 to 0.11)	0.50	0.96	−0.09 (−0.34 to 0.17)	0.50	0.96
Total PCP office visits	0.5 (2.0)	0.6 (2.2)	−0.08 (−0.22 to 0.06)	0.27	0.78	−0.13 (−0.35 to 0.10)	0.27	0.77
Binary measures, %								
Any PCP visits	37.2 (48.3)	38.4 (48.7)	−0.52 (−3.98 to 2.94)	0.77	0.99	−0.83 (−6.28 to 4.62)	0.77	0.99
Any PCP office visits	11.6 (32.1)	11.6 (32.0)	−0.36 (−2.37 to 1.65)	0.72	0.99	−0.58 (−3.74 to 2.59)	0.72	0.99
PCP utilization, 2018								
Continuous measures								
Total PCP visits	2.1 (4.1)	2.1 (4.2)	−0.01 (−0.30 to 0.28)	0.95	0.99	−0.01 (−0.47 to 0.44)	0.95	0.99
Total PCP office visits	1.1 (3.8)	1.1 (4.0)	−0.07 (−0.33 to 0.19)	0.59	0.97	−0.11 (−0.52 to 0.29)	0.59	0.97
Binary measures, %								
Any PCP visits	52.6 (49.9)	52.9 (49.9)	0.69 (−2.91 to 4.29)	0.71	0.99	1.09 (−4.57 to 6.76)	0.70	0.99
Any PCP office visits	15.0 (35.7)	15.1 (35.8)	−0.65 (−2.85 to 1.55)	0.56	0.97	−1.03 (−4.49 to 2.43)	0.56	0.97
Standardized treatment effect[c]								
PCP utilization			−0.01 (−0.07 to 0.05)	0.76		−0.01 (−0.10 to 0.08)	0.86	

[a] This table reports effects of program eligibility and local mean treatment effects of program participation. All regressions included stratification variables as controls. All regressions included stratification variables and baseline PCP utilization as controls. All regressions and means were weighted by the employee's number of months of insurance coverage in the postintervention period. The 2017 period is defined as August 2016 to July 2017, and the 2018 period is defined as August 2016 to July 2018.

[b] Adjusted P values account for the 8 hypotheses tested in this domain.

[c] The standardized treatment effect gives equal weight to each outcome within a domain and includes both the 2017 and 2018 outcomes.

1