|  | Waist circumference in cm | | Hip circumference in cm | | Blood glucose (mmol/l) | | Systolic Blood pressure (mm Hg) | | Diastolic Blood pressure (mm Hg) | | Weight (kgs) | | BMI (kg/m2) | | Waist-to-hip ratio | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Linear Mixed Effects - Random intercept** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** |
| **(Intercept)** | 90.5 [73.6 to 107]\*\*\* | **<0.001** | 105 [92.5 to 118]\*\*\* | **<0.001** | 14.1 [6.63 to 21.5]\*\*\* | **<0.001** | 114 [89.4 to 138]\*\*\* | **<0.001** | 89.8 [77.2 to 102]\*\*\* | **<0.001** | 80.0 [62.8 to 97.2]\*\*\* | **<0.001** | 29.3 [23.2 to 35.4]\*\*\* | **<0.001** | 0.869 [0.759 to 0.980]\*\*\* | **<0.001** |
| **wdf\_q1\_9Six month follow-up** | -0.599 [-5.41 to 4.21] | 0.806 | -0.003 [-2.47 to 2.46] | 0.998 | -0.025 [-2.46 to 2.41] | 0.984 | -5.06 [-9.89 to -0.236]\* | **0.040** | -0.164 [-2.61 to 2.28] | 0.895 | 0.151 [-0.865 to 1.17] | 0.768 | -0.005 [-0.409 to 0.400] | 0.982 | 0.006 [-0.034 to 0.045] | 0.780 |
| **wdf\_q1\_5Male** | -3.91 [-9.08 to 1.25] | 0.136 | -9.22 [-13.3 to -5.15]\*\*\* | **<0.001** | -0.395 [-2.71 to 1.92] | 0.735 | 4.57 [-3.19 to 12.3] | 0.245 | -1.90 [-5.90 to 2.10] | 0.349 | 0.129 [-5.44 to 5.70] | 0.963 | -3.44 [-5.40 to -1.48]\*\*\* | **<0.001** | 0.046 [0.013 to 0.079]\*\* | **0.007** |
| **Age (years)** | 0.172 [-0.051 to 0.396] | 0.129 | 0.071 [-0.102 to 0.243] | 0.418 | -0.047 [-0.145 to 0.051] | 0.341 | 0.428 [0.107 to 0.748]\*\* | **0.009** | -0.022 [-0.187 to 0.143] | 0.787 | -0.001 [-0.227 to 0.225] | 0.990 | 0.055 [-0.025 to 0.135] | 0.177 | 0.001 [0.000 to 0.003] | 0.129 |
| **Duration of diabetes (years)** | 0.038 [-0.332 to 0.409] | 0.838 | 0.024 [-0.257 to 0.304] | 0.867 | 0.051 [-0.112 to 0.214] | 0.534 | -0.140 [-0.679 to 0.399] | 0.608 | -0.358 [-0.636 to -0.081]\* | **0.012** | -0.108 [-0.366 to 0.150] | 0.411 | -0.053 [-0.151 to 0.045] | 0.290 | 0.001 [-0.002 to 0.003] | 0.629 |
| **diabetes\_medication\_typeTablets only** | -3.81 [-14.1 to 6.53] | 0.466 | -5.01 [-13.1 to 3.03] | 0.219 | 0.750 [-3.81 to 5.31] | 0.744 | -4.76 [-20.2 to 10.6] | 0.541 | -4.86 [-12.8 to 3.08] | 0.227 | -7.92 [-18.7 to 2.89] | 0.149 | -3.53 [-7.35 to 0.289] | 0.070 | 0.002 [-0.065 to 0.069] | 0.955 |
| **diabetes\_medication\_typeInsulin Injections only** | -11.3 [-24.1 to 1.53] | 0.083 | -7.45 [-17.4 to 2.53] | 0.141 | 1.25 [-4.37 to 6.87] | 0.658 | -1.88 [-21.0 to 17.2] | 0.846 | -3.84 [-13.7 to 6.00] | 0.440 | -15.3 [-28.3 to -2.18]\* | **0.023** | -5.12 [-9.75 to -0.486]\* | **0.031** | -0.058 [-0.141 to 0.024] | 0.165 |
| **diabetes\_medication\_typeTablets with Insulin Injections** | -4.25 [-19.6 to 11.1] | 0.583 | -3.56 [-15.6 to 8.45] | 0.557 | 3.26 [-3.47 to 9.99] | 0.338 | -5.89 [-28.9 to 17.1] | 0.613 | -4.91 [-16.8 to 6.95] | 0.413 | -5.58 [-21.9 to 10.8] | 0.499 | -1.93 [-7.69 to 3.84] | 0.509 | -0.014 [-0.112 to 0.085] | 0.783 |
| **wdf\_q2\_17fYes** | 6.46 [-11.4 to 24.3] | 0.475 | 13.2 [3.99 to 22.4]\*\* | **0.005** | -2.89 [-11.9 to 6.10] | 0.526 | -17.9 [-36.0 to 0.307] | 0.054 | -8.31 [-17.5 to 0.877] | 0.076 | -0.549 [-4.10 to 3.00] | 0.759 | -0.189 [-1.62 to 1.24] | 0.793 | -0.049 [-0.194 to 0.095] | 0.501 |
| **wdf\_q2\_17iYes** | -7.42 [-17.5 to 2.65] | 0.147 | -7.86 [-13.6 to -2.17]\*\* | **0.007** | 0.083 [-5.08 to 5.25] | 0.975 | -3.57 [-14.7 to 7.60] | 0.529 | -0.204 [-5.88 to 5.47] | 0.943 | -2.57 [-5.06 to -0.073]\* | **0.044** | -0.880 [-1.88 to 0.118] | 0.083 | -0.015 [-0.091 to 0.062] | 0.709 |
| **wdf\_q2\_19aYes** | -1.47 [-9.31 to 6.37] | 0.712 | 2.81 [-1.34 to 6.96] | 0.182 | 3.01 [-1.05 to 7.07] | 0.145 | -6.25 [-14.4 to 1.92] | 0.133 | -2.98 [-7.12 to 1.15] | 0.156 | -0.389 [-2.01 to 1.24] | 0.635 | -0.201 [-0.855 to 0.453] | 0.543 | -0.030 [-0.092 to 0.032] | 0.336 |
| **wdf\_q2\_19bYes** | -0.328 [-4.51 to 3.86] | 0.877 | -0.926 [-3.22 to 1.37] | 0.425 | -0.176 [-2.25 to 1.89] | 0.867 | -1.47 [-5.97 to 3.02] | 0.518 | 0.277 [-2.00 to 2.56] | 0.810 | -0.426 [-1.36 to 0.505] | 0.366 | -0.152 [-0.526 to 0.221] | 0.420 | -0.006 [-0.038 to 0.026] | 0.730 |
| **wdf\_q2\_19eYes** | -1.27 [-7.80 to 5.25] | 0.700 | -1.83 [-5.36 to 1.70] | 0.306 | -1.38 [-4.60 to 1.84] | 0.398 | 0.711 [-6.23 to 7.65] | 0.840 | -1.36 [-4.88 to 2.15] | 0.444 | -1.38 [-2.80 to 0.045] | 0.057 | -0.531 [-1.10 to 0.039] | 0.068 | 0.007 [-0.044 to 0.057] | 0.798 |
| **wdf\_q5\_0aYes** | -4.80 [-13.7 to 4.15] | 0.291 | -4.03 [-8.80 to 0.739] | 0.097 | 1.04 [-3.38 to 5.46] | 0.642 | -5.18 [-14.6 to 4.22] | 0.277 | 0.127 [-4.63 to 4.89] | 0.958 | 0.696 [-1.18 to 2.58] | 0.463 | 0.201 [-0.556 to 0.957] | 0.599 | -0.003 [-0.073 to 0.067] | 0.940 |
| **wdf\_q2\_17b\_c\_dYes** | 0.299 [-12.3 to 12.9] | 0.963 | -0.892 [-7.58 to 5.80] | 0.792 | 0.806 [-6.49 to 8.10] | 0.828 | 0.772 [-12.4 to 14.0] | 0.908 | 6.39 [-0.282 to 13.1] | 0.060 | 0.366 [-2.26 to 2.99] | 0.782 | 0.093 [-0.963 to 1.15] | 0.862 | 0.001 [-0.098 to 0.100] | 0.985 |
| **wdf\_q2\_17e\_19dYes** | -2.44 [-10.7 to 5.85] | 0.561 | 2.93 [-1.56 to 7.42] | 0.198 | 0.627 [-3.44 to 4.69] | 0.761 | 2.93 [-5.90 to 11.8] | 0.513 | 3.82 [-0.653 to 8.29] | 0.093 | 0.644 [-1.15 to 2.44] | 0.477 | 0.243 [-0.479 to 0.965] | 0.505 | -0.037 [-0.101 to 0.027] | 0.260 |
| **wdf\_q2\_19f\_q5\_0cYes** | 4.71 [-1.60 to 11.0] | 0.142 | -1.85 [-5.29 to 1.58] | 0.287 | 1.73 [-1.29 to 4.75] | 0.260 | 0.404 [-6.34 to 7.15] | 0.906 | 1.65 [-1.77 to 5.07] | 0.342 | -1.80 [-3.21 to -0.389]\* | **0.013** | -0.743 [-1.31 to -0.177]\* | **0.011** | 0.045 [-0.003 to 0.093] | 0.067 |
| **wdf\_q2\_9\_17aYes** | 1.70 [-3.90 to 7.30] | 0.548 | 1.88 [-2.13 to 5.89] | 0.356 | -2.48 [-4.97 to 0.004] | 0.050 | 16.9 [9.20 to 24.7]\*\*\* | **<0.001** | 4.92 [0.944 to 8.89]\* | **0.016** | 0.044 [-2.75 to 2.84] | 0.975 | 0.231 [-0.861 to 1.32] | 0.676 | -0.008 [-0.045 to 0.029] | 0.652 |
| **wdf\_q3\_2aYes** | 0.040 [-24.5 to 24.6] | 0.997 | -6.98 [-26.3 to 12.3] | 0.474 | -4.64 [-15.4 to 6.12] | 0.393 | 6.11 [-30.8 to 43.1] | 0.743 | 4.65 [-14.4 to 23.7] | 0.629 | -2.87 [-29.2 to 23.4] | 0.829 | -3.35 [-12.6 to 5.93] | 0.475 | 0.067 [-0.091 to 0.225] | 0.403 |
| **wdf\_q3\_7Yes** | -3.06 [-39.2 to 33.1] | 0.868 | 6.58 [-17.3 to 30.5] | 0.588 |  |  | 3.28 [-43.0 to 49.6] | 0.889 | -5.10 [-28.8 to 18.6] | 0.672 | 1.47 [-25.4 to 28.4] | 0.914 | 2.84 [-6.71 to 12.4] | 0.556 | -0.090 [-0.351 to 0.170] | 0.494 |
| **wdf\_q3\_14Yes** | 9.67 [-3.30 to 22.6] | 0.143 | 1.91 [-5.34 to 9.17] | 0.603 | -0.159 [-6.56 to 6.24] | 0.961 | 4.10 [-10.1 to 18.3] | 0.570 | 0.673 [-6.55 to 7.90] | 0.854 | 0.699 [-2.43 to 3.83] | 0.658 | 0.265 [-0.989 to 1.52] | 0.675 | 0.047 [-0.053 to 0.148] | 0.356 |
| **healthy\_eating\_indexGood** | 2.90 [-1.93 to 7.74] | 0.238 | 3.70 [1.10 to 6.30]\*\* | **0.006** | -0.549 [-2.90 to 1.80] | 0.645 | -1.26 [-6.34 to 3.82] | 0.625 | -2.62 [-5.20 to -0.051]\* | **0.046** | 0.942 [-0.110 to 1.99] | 0.078 | 0.393 [-0.029 to 0.816] | 0.068 | -0.017 [-0.054 to 0.020] | 0.366 |
| **regular\_physical\_activity\_indexYes** | -1.78 [-6.88 to 3.32] | 0.492 | -2.01 [-4.68 to 0.653] | 0.137 | 1.32 [-1.21 to 3.85] | 0.305 | 2.17 [-3.01 to 7.36] | 0.408 | 1.79 [-0.833 to 4.42] | 0.179 | -0.262 [-1.30 to 0.780] | 0.618 | -0.113 [-0.532 to 0.306] | 0.593 | 0.002 [-0.039 to 0.042] | 0.931 |
| *No. Obs.* | 190 |  | 192 |  | 186 |  | 194 |  | 194 |  | 192 |  | 192 |  | 190 |  |
| *Sigma* | 10.2 |  | 4.89 |  | 5.39 |  | 9.69 |  | 4.89 |  | 1.79 |  | 0.722 |  | 0.090 |  |
| *Log-likelihood* | -697 |  | -623 |  | -564 |  | -744 |  | -629 |  | -570 |  | -404 |  | 119 |  |
| *AIC* | 1444 |  | 1297 |  | 1177 |  | 1539 |  | 1309 |  | 1189 |  | 858 |  | -189 |  |
| *BIC* | 1525 |  | 1378 |  | 1254 |  | 1621 |  | 1391 |  | 1271 |  | 940 |  | -108 |  |
| *REMLcrit* | 1394 |  | 1247 |  | 1129 |  | 1489 |  | 1259 |  | 1139 |  | 808 |  | -239 |  |
| *Residual df* | 165 |  | 167 |  | 162 |  | 169 |  | 169 |  | 167 |  | 167 |  | 165 |  |
| 1\*p<0.05; \*\*p<0.01; \*\*\*p<0.001 | | | | | | | | | | | | | | | | |
| 2Beta = Estimate, CI = Confidence Interval | | | | | | | | | | | | | | | | |

|  | Waist circumference in cm | | Hip circumference in cm | | Blood glucose (mmol/l) | | Systolic Blood pressure (mm Hg) | | Diastolic Blood pressure (mm Hg) | | Weight (kgs) | | BMI (kg/m2) | | Waist-to-hip ratio | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Linear Mixed Effects - Random intercept** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** | **Beta (95% CI)**12 | **p-value** |
| **(Intercept)** | 92.5 [81.7 to 103]\*\*\* | **<0.001** | 107 [98.2 to 116]\*\*\* | **<0.001** | 10.9 [6.04 to 15.8]\*\*\* | **<0.001** | 112 [96.0 to 129]\*\*\* | **<0.001** | 89.3 [80.8 to 97.8]\*\*\* | **<0.001** | 75.3 [64.6 to 86.1]\*\*\* | **<0.001** | 28.7 [24.9 to 32.6]\*\*\* | **<0.001** | 0.881 [0.798 to 0.965]\*\*\* | **<0.001** |
| **wdf\_q1\_9Six month follow-up** | 0.306 [-3.00 to 3.61] | 0.856 | 0.525 [-2.16 to 3.21] | 0.700 | -0.729 [-2.34 to 0.884] | 0.375 | -1.49 [-6.17 to 3.18] | 0.530 | -1.44 [-3.82 to 0.932] | 0.233 | -0.667 [-3.64 to 2.31] | 0.660 | -0.476 [-1.35 to 0.402] | 0.286 | 0.021 [-0.009 to 0.050] | 0.166 |
| **wdf\_q1\_5Male** | -2.74 [-5.91 to 0.438] | 0.091 | -6.97 [-9.61 to -4.34]\*\*\* | **<0.001** | -0.384 [-1.83 to 1.06] | 0.602 | 5.33 [0.478 to 10.2]\* | **0.031** | -3.32 [-5.85 to -0.798]\* | **0.010** | 2.43 [-0.737 to 5.60] | 0.132 | -2.55 [-3.68 to -1.42]\*\*\* | **<0.001** | 0.024 [0.000 to 0.049] | 0.051 |
| **Age (years)** | 0.120 [0.000 to 0.240]\* | **0.049** | -0.001 [-0.100 to 0.098] | 0.984 | -0.020 [-0.075 to 0.034] | 0.463 | 0.380 [0.197 to 0.563]\*\*\* | **<0.001** | -0.009 [-0.104 to 0.086] | 0.852 | -0.046 [-0.165 to 0.074] | 0.450 | 0.016 [-0.026 to 0.059] | 0.456 | 0.001 [0.000 to 0.002]\* | **0.049** |
| **Duration of diabetes (years)** | 0.057 [-0.179 to 0.292] | 0.637 | 0.061 [-0.135 to 0.256] | 0.542 | -0.026 [-0.134 to 0.081] | 0.628 | -0.149 [-0.509 to 0.211] | 0.415 | -0.298 [-0.485 to -0.111]\*\* | **0.002** | -0.104 [-0.339 to 0.131] | 0.382 | -0.013 [-0.096 to 0.071] | 0.762 | 0.001 [-0.001 to 0.002] | 0.559 |
| **diabetes\_medication\_typeTablets only** | -5.77 [-13.8 to 2.29] | 0.160 | -6.07 [-12.8 to 0.622] | 0.075 | 2.22 [-1.46 to 5.90] | 0.235 | -2.71 [-15.0 to 9.62] | 0.665 | -4.73 [-11.1 to 1.69] | 0.148 | -7.50 [-15.6 to 0.559] | 0.068 | -3.21 [-6.09 to -0.327]\* | **0.029** | -0.014 [-0.076 to 0.049] | 0.663 |
| **diabetes\_medication\_typeInsulin Injections only** | -12.4 [-21.4 to -3.45]\*\* | **0.007** | -10.1 [-17.6 to -2.64]\*\* | **0.008** | 2.39 [-1.71 to 6.48] | 0.252 | 3.60 [-10.1 to 17.3] | 0.606 | -6.40 [-13.5 to 0.750] | 0.079 | -11.7 [-20.7 to -2.72]\* | **0.011** | -4.16 [-7.37 to -0.950]\* | **0.011** | -0.008 [-0.077 to 0.062] | 0.827 |
| **diabetes\_medication\_typeTablets with Insulin Injections** | -9.65 [-19.5 to 0.210] | 0.055 | -5.74 [-13.9 to 2.44] | 0.168 | 0.840 [-3.66 to 5.34] | 0.713 | -3.18 [-18.3 to 11.9] | 0.677 | -6.45 [-14.3 to 1.39] | 0.106 | -9.04 [-18.9 to 0.811] | 0.072 | -2.98 [-6.50 to 0.538] | 0.096 | -0.001 [-0.078 to 0.075] | 0.978 |
| **wdf\_q2\_17fYes** | 4.00 [-6.46 to 14.5] | 0.452 | 1.38 [-7.23 to 9.99] | 0.753 | -1.18 [-6.05 to 3.69] | 0.633 | -17.6 [-33.2 to -2.06]\* | **0.027** | -4.72 [-12.7 to 3.30] | 0.248 | 2.32 [-7.74 to 12.4] | 0.650 | -0.392 [-3.70 to 2.92] | 0.816 | 0.009 [-0.076 to 0.093] | 0.840 |
| **wdf\_q2\_17iYes** | -2.07 [-9.10 to 4.96] | 0.563 | -2.90 [-8.68 to 2.89] | 0.326 | -0.248 [-3.52 to 3.03] | 0.882 | 0.383 [-10.1 to 10.8] | 0.943 | 2.81 [-2.58 to 8.21] | 0.306 | -2.06 [-8.82 to 4.71] | 0.551 | -1.51 [-3.74 to 0.716] | 0.183 | -0.021 [-0.078 to 0.035] | 0.460 |
| **wdf\_q2\_19aYes** | -2.16 [-7.77 to 3.45] | 0.450 | 0.039 [-4.57 to 4.65] | 0.987 | 1.76 [-0.869 to 4.40] | 0.189 | -2.99 [-11.3 to 5.29] | 0.478 | 0.050 [-4.21 to 4.31] | 0.982 | -2.28 [-7.62 to 3.06] | 0.401 | -1.25 [-2.97 to 0.465] | 0.153 | -0.029 [-0.075 to 0.017] | 0.210 |
| **wdf\_q2\_19bYes** | 0.737 [-2.14 to 3.61] | 0.614 | 0.547 [-1.81 to 2.91] | 0.649 | -0.010 [-1.35 to 1.33] | 0.988 | -1.90 [-6.15 to 2.35] | 0.380 | 0.942 [-1.25 to 3.13] | 0.398 | 2.12 [-0.631 to 4.87] | 0.131 | 0.449 [-0.445 to 1.34] | 0.324 | 0.004 [-0.019 to 0.027] | 0.736 |
| **wdf\_q2\_19eYes** | 0.433 [-3.90 to 4.77] | 0.844 | -1.13 [-4.70 to 2.44] | 0.533 | -1.94 [-3.96 to 0.078] | 0.059 | 0.462 [-5.98 to 6.90] | 0.888 | 0.475 [-2.85 to 3.80] | 0.778 | 2.19 [-1.97 to 6.36] | 0.301 | 0.055 [-1.31 to 1.42] | 0.937 | 0.024 [-0.011 to 0.058] | 0.186 |
| **wdf\_q5\_0aYes** | -6.90 [-13.7 to -0.114]\* | **0.046** | -7.25 [-12.8 to -1.69]\* | **0.011** | 1.41 [-1.78 to 4.60] | 0.386 | -5.34 [-15.3 to 4.63] | 0.293 | -1.13 [-6.25 to 3.99] | 0.665 | -7.98 [-14.4 to -1.56]\* | **0.015** | -3.16 [-5.20 to -1.11]\*\* | **0.003** | -0.026 [-0.082 to 0.030] | 0.359 |
| **wdf\_q2\_17b\_c\_dYes** | 3.13 [-5.26 to 11.5] | 0.463 | -0.359 [-7.26 to 6.54] | 0.919 | 1.99 [-1.93 to 5.91] | 0.319 | 3.59 [-8.83 to 16.0] | 0.570 | 2.98 [-3.41 to 9.38] | 0.360 | 5.60 [-2.42 to 13.6] | 0.170 | 1.95 [-0.653 to 4.56] | 0.141 | 0.055 [-0.013 to 0.123] | 0.114 |
| **wdf\_q2\_17e\_19dYes** | -2.65 [-8.16 to 2.85] | 0.343 | 1.06 [-3.47 to 5.58] | 0.646 | 0.072 [-2.50 to 2.64] | 0.956 | 2.31 [-5.85 to 10.5] | 0.578 | 1.81 [-2.39 to 6.01] | 0.397 | 1.65 [-3.62 to 6.92] | 0.538 | 1.27 [-0.448 to 2.98] | 0.147 | -0.017 [-0.062 to 0.027] | 0.444 |
| **wdf\_q2\_19f\_q5\_0cYes** | 1.17 [-3.02 to 5.37] | 0.583 | -2.58 [-6.04 to 0.871] | 0.142 | -0.106 [-2.06 to 1.85] | 0.915 | -0.250 [-6.49 to 5.99] | 0.937 | -0.201 [-3.42 to 3.02] | 0.902 | 0.583 [-3.46 to 4.62] | 0.777 | -0.404 [-1.73 to 0.926] | 0.551 | 0.022 [-0.012 to 0.056] | 0.199 |
| **wdf\_q2\_9\_17aYes** | 3.42 [0.172 to 6.67]\* | **0.039** | 4.49 [1.80 to 7.19]\*\* | **0.001** | -0.506 [-1.99 to 0.978] | 0.502 | 20.5 [15.6 to 25.5]\*\*\* | **<0.001** | 4.25 [1.67 to 6.82]\*\* | **0.001** | 4.29 [1.06 to 7.52]\*\* | **0.009** | 1.97 [0.827 to 3.11]\*\*\* | **<0.001** | 0.000 [-0.026 to 0.025] | 0.970 |
| **wdf\_q3\_2aYes** | -5.81 [-19.1 to 7.49] | 0.390 | -4.97 [-16.0 to 6.05] | 0.375 | 1.31 [-4.78 to 7.40] | 0.672 | 2.23 [-18.0 to 22.4] | 0.828 | 1.36 [-9.14 to 11.9] | 0.799 | -5.45 [-18.6 to 7.74] | 0.416 | -1.96 [-6.60 to 2.69] | 0.407 | 0.002 [-0.102 to 0.106] | 0.966 |
| **wdf\_q3\_7Yes** | -3.37 [-20.3 to 13.6] | 0.696 | 6.17 [-7.84 to 20.2] | 0.387 | 9.22 [1.39 to 17.1]\* | **0.021** | -0.483 [-26.0 to 25.0] | 0.970 | -5.15 [-18.4 to 8.07] | 0.444 | -3.75 [-20.3 to 12.8] | 0.657 | -1.81 [-7.49 to 3.87] | 0.530 | -0.047 [-0.182 to 0.088] | 0.493 |
| **wdf\_q3\_14Yes** | 4.52 [-6.26 to 15.3] | 0.410 | -0.187 [-9.02 to 8.65] | 0.967 | 1.67 [-3.40 to 6.75] | 0.517 | 0.661 [-15.2 to 16.5] | 0.935 | 1.16 [-6.97 to 9.28] | 0.780 | 2.49 [-7.70 to 12.7] | 0.631 | 2.12 [-1.13 to 5.36] | 0.201 | 0.024 [-0.065 to 0.112] | 0.601 |
| **healthy\_eating\_indexGood** | 1.32 [-1.77 to 4.41] | 0.401 | 2.77 [0.252 to 5.29]\* | **0.031** | 0.049 [-1.43 to 1.53] | 0.948 | -6.84 [-11.3 to -2.39]\*\* | **0.003** | -1.76 [-4.04 to 0.509] | 0.128 | 1.70 [-1.15 to 4.55] | 0.242 | 0.639 [-0.226 to 1.50] | 0.147 | -0.021 [-0.047 to 0.006] | 0.123 |
| **regular\_physical\_activity\_indexYes** | 0.867 [-2.52 to 4.25] | 0.615 | -1.89 [-4.65 to 0.858] | 0.177 | 0.497 [-1.14 to 2.13] | 0.551 | 1.91 [-2.92 to 6.74] | 0.438 | 2.82 [0.363 to 5.28]\* | **0.025** | 0.545 [-2.54 to 3.63] | 0.728 | 0.420 [-0.499 to 1.34] | 0.370 | 0.004 [-0.026 to 0.033] | 0.794 |
| *No. Obs.* | 416 |  | 416 |  | 416 |  | 416 |  | 416 |  | 416 |  | 416 |  | 416 |  |
| *Sigma* | 11.1 |  | 8.96 |  | 5.54 |  | 15.4 |  | 7.77 |  | 9.72 |  | 2.75 |  | 0.103 |  |
| *Log-likelihood* | -1598 |  | -1518 |  | -1307 |  | -1745 |  | -1482 |  | -1571 |  | -1120 |  | 276 |  |
| *AIC* | 3245 |  | 3087 |  | 2663 |  | 3539 |  | 3014 |  | 3191 |  | 2290 |  | -503 |  |
| *BIC* | 3346 |  | 3187 |  | 2764 |  | 3640 |  | 3114 |  | 3292 |  | 2390 |  | -402 |  |
| *REMLcrit* | 3195 |  | 3037 |  | 2613 |  | 3489 |  | 2964 |  | 3141 |  | 2240 |  | -553 |  |
| *Residual df* | 391 |  | 391 |  | 391 |  | 391 |  | 391 |  | 391 |  | 391 |  | 391 |  |
| 1\*p<0.05; \*\*p<0.01; \*\*\*p<0.001 | | | | | | | | | | | | | | | | |
| 2Beta = Estimate, CI = Confidence Interval | | | | | | | | | | | | | | | | |