{Bhargi}

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{Clerodendrum indicum }

{Verbinaceae}

|  |  |
| --- | --- |
| Tamil | {சிறு தேக்கு} |
| Malayalam | {Kankabharani} |
| Hindi | {Babhanaiti} |
| English | {Blue glory} |

Description

{A shrub , 1.5 - 3 m high ,glabrous ,hollow branches .leaves 3-4 or opposite,lanceolate ,Flowers - elongated terminal panicles ,bracts linear ,calyx campanulate,corolla white , glabrous.Fruits - drupes ,blue .seeds - oblong}

Useful Parts

{Root }

Benefits

1. {1.Given orally to treat inguinal hernia   
   2.To treat thyroid related problems like goitre   
   3.To treat respiratory related problems }

Pharmacological Action

* {1.Anti inflammatory   
  2.Anti allergic   
  3.Anti asthmatic   
  4.Anti oxidant }

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Katu ,tikta ,kashaya} |
| Guna | {Ruksha , Lagu} |
| Virya | {Ushna} |
| Vipaka | {Katu} |
| Karma | {Kapha vata shamaka } |