{Bilva}

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{Aegle marmelos}

{Rutaceae}

|  |  |
| --- | --- |
| Tamil | {Vilvam} |
| Malayalam | {Koovalam} |
| Hindi | {Bel} |
| English | {Golden apple} |

Description

{Bilva, botanically known as Aegle marmelos and commonly called Bael or Golden Apple, is a sacred and medicinal tree from India, belonging to the Rutaceae family. It holds significant spiritual importance, especially in Hinduism, where its trifoliate leaves, called "Tri-patra," are offered to Lord Shiva during prayers. In traditional Ayurveda, the tree's bark, leaves, roots, and fruit are used to treat various ailments, possessing anti-toxic, digestive, and anti-microbial properties, and recent research highlights its potential anti-cancer and liver-protective effects due to compounds like coumarins and scoparone.}

Useful Parts

{Root}

Benefits

1. {1. Sangrahi  
   2. Deepana  
   3. Chardighna}

Pharmacological Action

* {1. Anti inflammatory   
  2. Anti pyretic  
  3. Laxative }

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Katu, tikta, kashaya } |
| Guna | {Snigdha} |
| Virya | {Ushna} |
| Vipaka | {Katu} |
| Karma | {Kapha,vata hara} |