{Durva}

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{Cynodon dactylon}

{Poaceae}

|  |  |
| --- | --- |
| Tamil | {அருகம்புல்} |
| Malayalam | {Karuka pullu, Belikaraka.} |
| Hindi | {Doorva} |
| English | {Conch Grass.} |

Description

{Cynodon dactylon, or Bermuda grass, is a perennial, mat-forming grass characterized by its creeping rhizomes and stolons, rough-edged, linear leaves, and distinctive star-like inflorescence of 3-7 slender spikes. The grass produces erect or ascending stems and is known for forming dense turf and is used for lawns, fodder, and in some religious rituals.}

Useful Parts

{Panchanga(whole plant)}

Benefits

1. {1. Coolant in nature pacifies thirst.  
   2. Reduces burning sensation.   
   3. Relieves disease related to skin.   
   4. Also acts as a anti-pyretic.}

Pharmacological Action

* {Antiviral, homeostatic, diuretic and astringent.}

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Tikta, Madura, kasaya.} |
| Guna | {Laghu} |
| Virya | {Sita} |
| Vipaka | {Madura} |
| Karma | {Kapha pitta samaka.} |