{Japa}

[Image fetch failed]

{Hibiscus rosa-sinensis}

{Malvaceae}

|  |  |
| --- | --- |
| Tamil | {Chembaruthi } |
| Malayalam | {Chenbaruthi} |
| Hindi | {Gudhal} |
| English | {China rose} |

Description

{Japa is the meditative repetition of a sacred sound or divine name, or a mantra, a practice found in various spiritual traditions including Hinduism, Buddhism, and Sikhism. }

Useful Parts

{Leaf, Flower}

Benefits

1. {1.Keshya  
   2.sangrahi  
   3.sthambaka}

Pharmacological Action

* {1.Anti fertility   
  2. Analgesic  
  3. Hypotensive}

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Kashaya,Tikta} |
| Guna | {Laghu, Ruksha} |
| Virya | {Sheeta} |
| Vipaka | {Katu} |
| Karma | {Kapha , pitta shamaka } |