{Kashmari}

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{Gmelina arboreal Linn}

{Verbinaceae}

|  |  |
| --- | --- |
| Tamil | {கம்பரிக்கு} |
| Malayalam | {Kumbil} |
| Hindi | {Gambhara} |
| English | {White teak} |

Description

{A large deciduous tree,20 m high ,leaves - large , tomentose under Neath ,cordate -ovate ,acuminate.Flowers - yellow ,tinged with brown,in terminal and axillary racemiform panicles,composed of lateral cymes.Fruits -drupes,yellow when ripe.seeds - oblong .Flowering in February - April and fruiting in April - July .}

Useful Parts

{Root bark,fruit ,flower ,leaves }

Benefits

1. {1.shothahara   
   2. Depana   
   3.pachana   
   }

Pharmacological Action

* {1.stomachic   
  2.Refrigerant   
  3.Demulcent   
  4.Laxative }

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Tikta ,kashaya ,madhura } |
| Guna | {Laghu , Ruksha } |
| Virya | {Usna } |
| Vipaka | {Katu} |
| Karma | {Tridosha shamaka} |