{Lavanga}

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{Syzgium aromaticum Merr.Perry}

{Myrtaceae}

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| --- | --- |
| Tamil | {Krambu} |
| Malayalam | {Karampu} |
| Hindi | {Laung} |
| English | {Clove} |

Description

{  
Lavanga (clove, Syzygium aromaticum) is an evergreen aromatic tree belonging to the Myrtaceae family.  
  
Habitat: Indigenous to the Maluku Islands (Indonesia) and cultivated in India, particularly in Kerala and Tamil Nadu in humid tropical conditions with fertile loamy soils.  
  
Morphology: A medium-sized evergreen tree, growing up to 10–15 m. The leaves are opposite, elliptic, and leathery with a strong aromatic odour. The flower buds are small, initially green, turning bright red on maturity. The dried unopened flower bud is the clove used as spice and medicine.  
  
Grahya Lakṣaṇa: Good quality cloves are plump, brownish-black, and oily, with a strong pungent aroma. They should sink in water when fresh and should not be light, hollow, or without oil.  
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Useful Parts

{Flower bud}

Benefits

1. {1. Dental care – Clove oil (eugenol) is a well-known remedy for toothache, gum infections, and bad breath.  
   2. Digestive stimulant – Improves appetite, relieves indigestion, nausea, and vomiting.  
   3. Respiratory support – Acts as an expectorant in cough, cold, asthma, and bronchitis.  
   4. Pain relief – Oil is applied externally for muscular pain, neuralgia, and arthritis.  
   5. Antimicrobial – Strong antibacterial and antifungal action, useful in infections.  
   6. Circulatory stimulant – Improves peripheral blood flow and warms the body.  
   7. Skin health – Used in acne and fungal skin infections due to antiseptic properties.  
   8. Antioxidant – Helps in reducing oxidative stress and delays aging process.  
   }

Pharmacological Action

* {Dental Analgesic, carminative, stimulant, Aromatic, Antiseptic, Appetizer, Digestive, Aphrodisiac }

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Katu, Tikta } |
| Guna | {Laghu, Snigdha, Tikshna } |
| Virya | {Shita} |
| Vipaka | {Katu} |
| Karma | {Kapha, pitta shamaka} |