{Musta}

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{Cyperus rotundus Linn.}

{Cyperaceae}

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| --- | --- |
| Tamil | {கோரைக்கிழங்கு} |
| Malayalam | {Karimuttan} |
| Hindi | {Korehi - jhar} |
| English | {Nut grass} |

Description

{Cyperus rotundus, or purple nutsedge, is a perennial sedge recognized for its extensive underground rhizome and tuber system that allows for prolific reproduction and makes it a notoriously difficult weed to control. It features dark green, grass-like leaves that are typically shorter than its erect, three-sided stems, which support a reddish-purple inflorescence. The tubers, a distinctive feature, are dark brown, fibrous, and aromatic, containing numerous bioactive compounds used in traditional medicine for various ailments, despite its reputation as one of the world's worst weeds. }

Useful Parts

{Tuber}

Benefits

1. {1. Acts as a Best digestant.  
   2. A very effective anti-pyretic.  
   3. Improves taste and appetite.  
   4. Acts as an anti infectant.  
   5. Effective to control diarrhoea.}

Pharmacological Action

* {Appetizer, digestant, astringent and Anthelmintic.}

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Tikta, kayasa, katu.} |
| Guna | {Laghu, Ruksha.} |
| Virya | {Katu} |
| Vipaka | {Sita } |
| Karma | {Pitta kapha samaka.} |