{Narayani}

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{Eleutherine bulbosa}

{Iridaceae}

|  |  |
| --- | --- |
| Tamil | {விஷநாராயணி} |
| Malayalam | {nan} |
| Hindi | {Visha narayani } |
| English | {Dayak onion } |

Description

{Perennial herb with red colour onion like buds,  
Lance shaped hairless leaves ,white / yellow flowers that bloom with a short night window }

Useful Parts

{Underground bulb}

Benefits

1. {1.Used to treat diabetes and hypertension   
   2.Used to treat wooping cough ,jaundice }

Pharmacological Action

* {1.Anti inflammatory   
  2.Anti bacterial  
  3.Anti fungal   
  4.Anti oxidant   
  }

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Tikta , kashaya } |
| Guna | {Laghu,Ruksha ,Tikshna } |
| Virya | {Ushna } |
| Vipaka | {Katu} |
| Karma | {Vata kaphahara , pitta vardhaka } |