{Paashaanabheda }

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{Aerva lanata}

{Amaranthaceae}

|  |  |
| --- | --- |
| Tamil | {சிறுபீளை} |
| Malayalam | {Cherula} |
| Hindi | {Gorakhbuti} |
| English | {Moutain knot grass } |

Description

{Habit :creeping or climbing annual herb , leaves : small, ovate to heart shaped , slightly hairy ,2- 5 cm long , stem : Thin , trailing or climbing with tendrils Flowers : small ,yellowish -Green , unisexual ,appearing along leaf axils.Fruits : small,globose berries ,green when immature and black when ripe .roots : Fibrous ,shallow }

Useful Parts

{Leaves , whole plant , fruits }

Benefits

1. {1.Helps to treat skin disorders   
   2.Helps to treat urinary disorders}

Pharmacological Action

* {1.Anti inflammatory   
  2.Anti microbial   
  3.Anti oxidant   
  4.Diuretic }

Rasapancakam

|  |  |
| --- | --- |
| Rasa | {Tikta , kashaya } |
| Guna | {Laghu , Ruksha } |
| Virya | {Sheeta } |
| Vipaka | {Katu } |
| Karma | {Tridoshahara } |