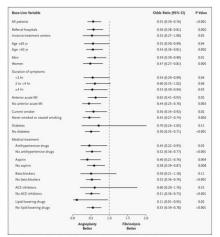
# Risk-based assessment of treatment effect heterogeneity

From subgroups to individuals

Alexandros Rekkas

# Subgroup analyses

- ▶ Generalizing overall treatment effects is often problematic
- Subgroup analyses rarely adequately powered



Power for the detection of interaction effect



# Subgroup analyses

Subgroup analyses can be divided into 4 categories (*Varadhan et al, 2013*):

- Confirmatory heterogeneity of treatment effect analysis
- Exploratory heterogeneity of treatment effect analysis
- Descriptive heterogeneity of treatment effect analysis
- Predictive heterogeneity of treatment effect analysis

## Risk modeling

- A multivariate regression model f that predicts the risk of an outcome y based on the predictors  $x_1 \ldots x_p$  is identified or developed.
- The expected outcome of a patient receiving treatment T (where T=1, when patient is treated and 0 otherwise) based on the linear predictor

$$lp(x_1,\ldots x_p)=a+\beta_1x_1+\ldots\beta_px_p$$

from a previously derived risk model can be described as

$$E\{y|x_1,\ldots,x_p\}=f(Ip+\gamma_0T+\gamma T\times Ip)$$

# Risk modeling (continued)

▶ When the assumption of constant relative treatment effect across the entire risk distribution is made (risk magnification), the previous equation takes the form:

$$E\{y|x_1,\ldots,x_p\}=f(Ip+\gamma_0T)$$

## Treatment effect modeling

The expected outcome of a patient with measured predictors  $x_1, \ldots, x_p$  receiving treatment T can be derived from a model containing predictor main effects and potential treatment interaction terms:

$$E\{y|x_1,\ldots,x_p\}=f(\alpha+\beta_1x_1+\cdots+\beta_px_p+\gamma_0T+\gamma_1Tx_1+\cdots+\gamma_pTx_p)$$

#### Optimal treatment regimes

A treatment regime  $T(x_1, \ldots, x_p)$  is a binary treatment assignment rule based on measured predictors. The optimal treatment regime maximizes the overall expected outcome across the entire target population:

$$T_{optimal} = argmax_T E\{E\{y|x_1, \dots, x_p, T(x_1, \dots, x_p)\}\}$$

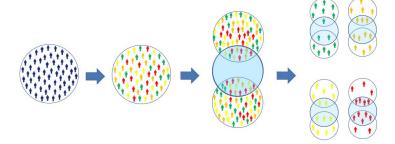
#### Risk-based HTE

## Reasoning

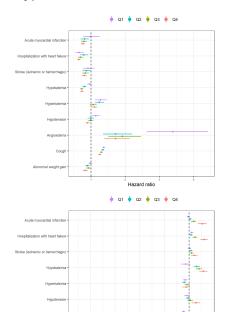
- When risk is described through a combination of factors the control event rate will typically vary considerably across the trial population.
- ► The absolute risk difference will generally vary across risk strata even if the relative risk is the same
- When a trial population has substantial variation in outcome risk, important differences often exist in harm-benefit tradeoffs

# Risk-based HTE in observational data

#### Framework

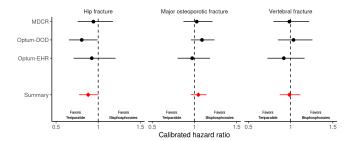


# Applications *Hypertension*



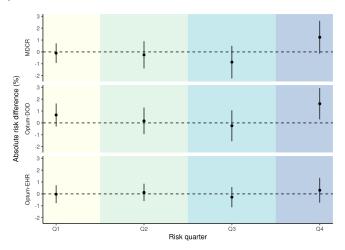
# **Applications**

# Osteoporosis



# **Applications**

# Osteoporosis



# Individualized approaches

- Stratification approach may not provide adequate prediction of benefit
- "Jumps" at cut-offs are not realistic
- ▶ Implement a risk-based smoothing approach

# Individualized approaches

Merging treatment arms, we develop prediction models including a constant relative treatment effect:

$$E\{y|x,T\} = P(y|x,T) = f(\alpha + \beta_1 x_1 + \dots + \beta_p x_p + \gamma_0 T)$$

Individualized predictions are derived setting T = 0.

$$f_{benefit}(Ip|x, \beta) = f_{smooth}(Ip|x, \beta, T = 0) - f_{smooth}(Ip|x, \beta, T = 1)$$

# Individualized approaches

