A standardized framework for risk-based assessment of treatment effect heterogeneity in observational healthcare databases

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# Abstract

**Background**: Treatment effects are often anticipated to vary across groups of patients with different baseline risk. Implementation of a risk-based approach in the RCT setting has shown evidence of increase in statistical power for the evaluation of treatment effect heterogeneity. The aim of this study was to extend this approach to the observational setting using a standardized scalable framework.

**Methods**: The proposed framework consists of five steps: 1) definition of the problem, i.e. the population, the treatment, the comparator and the outcome(s) of interest; 2) identification of relevant databases; 3) development of a prediction model for the outcome(s) of interest; 4) estimation of relative and absolute treatment effect within strata of predicted risk, after adjusting for observed confounding; 5) presentation of the results. We demonstrate our framework by evaluating heterogeneity of the effect of angiotensin-converting enzyme (ACE) inhibitors versus beta blockers on three efficacy and six safety outcomes across three observational databases.

**Findings**: In our demostration, patients at low risk of acute myocardial infarction (MI) received negligible absolute benefits for all three efficacy outcomes, though they were more pronounced in the highest risk quarter, especially for hospitalization with heart failure. However, failing diagnostics showed evidence of residual imbalances even after propensity score adjustment.

**Interpretation**: Application of our framework allows for observing differential risk of outcomes across strata, which offers the opportunity to consider the benefit-harm tradeoff between alternative treatments within targeted subpopulations. Further insights may arise by application to safety and effectiveness questions on a large scale.

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**Keywords**: observational data, heterogeneity of treatment effect, risk stratification, subgroup analysis

# 1 Introduction

Treatment effects can often vary substantially across individual patients, causing overall effect estimates to be inaccurate for a significant proportion of the patients at hand1,2. Understanding heterogeneity of treatment effects (HTE) has been crucial for both personalized (or precision) medicine and comparative effectiveness research, giving rise to a wide range of approaches for its discovery, evaluation and application in clinical practice. A common approach to evaluating HTE in clinical trials is through subgroup analyses, which are rarely adequately powered and can lead to false conclusions of absence of HTE or exaggerate its presence3,4. In addition, patients differ with regard to multiple characteristics simulatneously, resulting in much richer HTE compared to the one explored with regular on-variable-at-a-time subgroup analyses [Kent, BMJ 2018].

Baseline risk is a summary score inherently related to treatment effect that can represent more closely the variability in patient characteristics3,5–8. For example, an invasive coronary procedure—in comparison with medical treatment—improves survival in patients with myocardial infarction at high (predicted) baseline risk but not in those at low baseline risk9. It has also been shown that high-risk patients with pre-diabetes benefit substantially more from a lifestyle modification program than low-risk patients10.

Recently, systematic guidance on the application of risk-based methods for the assessment of HTE has been developed for RCT data11,12. After risk-stratifying patients using an existing or an internally derived prediction model, risk stratum-specific estimates of relative and absolute treatment effect are evaluated. Several methods for predictive HTE analysis have been adapted for use in observational data, but risk-based methods are still not readily available and have been highlighted as an important future research need12.

The Observational Health Data Science and Informatics (OHDSI) collaborative has established a global network of data partners and researchers that aim to bring out the value of health data through large-scale analytics by mapping local databases to the Observational Medical Outcomes Partnership (OMOP) Common Data Model (CDM)13,14. A standardized framework applying current best practices for comparative effectiveness studies within the OHDSI setting has been proposed15. This framework was successfully implemented on a large scale for estimation of average effects of all first-line hypertension treatment classes on a total of 52 outcomes of interest across a global network of nine observational databases16.

We aimed to develop a framework for risk-based assessment of treatment effect heterogeneity in observational healthcare databases, extending the existing methodology developed for the RCT setting. We implemented the framework in a publicly available package providing an out-of-the-box solution for implementing such analyses at scale within any observational database mapped to OMOP-CDM. In a case study we analyzed heterogeneity of the effects of first-line hypertension treatment.

# 2 Methods

The proposed framework defines 5 distinct steps: 1) definition of the research aim; 2) identification of the databases within which the analyses will be performed; 3) prediction of outcomes of interest; 4) estimation of absolute and relative treatment effects within risk strata; 5) presentation of the results. We developed an open-source R-package for the implementation of the proposed framework and made it publicly available (<https://github.com/OHDSI/RiskStratifiedEstimation>). An overview of the entire framework can be found in Figure .

## 2.1 Step 1: General definition of the research aim

The typical research aim is: “to compare the effect of treatment to a comparator treatment in patients with disease with respect to outcomes ”.

We use a comparative cohort design. This means that at least three cohorts of patients need to be defined at this stage of the framework:

* A single treatment cohort () which includes patients with disease receiving the target treatment of interest.
* A single comparator cohort () which includes patients with disease receiving the comparator treatment.
* One or more outcome cohorts () that contain patients developing the outcomes of interest

## 2.2 Step 2: Identification of the databases

Including in our analyses multiple databases representing the population of interest potentially increases the generalizability of results. Furthermore, the cohorts should preferably have adequate sample size with adequate follow-up time to ensure precise effect estimation, even within smaller risk strata. Other relevant issues such as the depth of data capture (the precision at which measurements, lab tests, conditions are recorded) and the reliability of data entry should also be considered.

## 2.3 Step 3: Prediction

Our method relies on adequately separating patients into subgroups based on their baseline risk for the outcomes of interest. Therefore, a model—either an existing external model adequately validated on an internally developed one—assigning patient-level risk is required. For internally developing a risk prediction model we adopt the standardized framework focused on observational data that ensures adherence to existing guidelines17–19.

We first need to define a target cohort of patients, i.e. the set of patients on whom the prediction model will be developed. In our case, the target cohort is generated by pooling the already defined treatment and comparator cohorts. We develop the prediction model on the propensity score-matched (1:1) subset of the pooled sample to avoid differentially fitting between treatment arms, thus introducing spurious interactions with treatment20,21. We also need to define a set of patients that experience the outcome of interest, i.e. the outcome cohort. Finally, we need to decide the time frame within which the predictions will be carried out, i.e. the patients’ time at risk. Subsequently, we can develop the prediction model.

It is important that the prediction models display good discriminative ability to ensure that risk-based subgroups are accurately defined. A performance overview of the derived prediction models including discrimination and calibration both in the propensity score matched subset, the entire sample and separately for treated and comparator patients should also be reported.

## 2.4 Step 4: Estimation

We estimate treatment effects (both on the relative and the absolute scale) within risk strata defined using the prediction model of step 3. We often consider four risk strata, but fewer or more strata can be considered depending on the available power for accurately estimating stratum-specific treatment effects. Effect estimation may be focused on the difference in outcomes for a randomly selected person from the risk stratum (average treatment effect) or for a randomly selected person from the treatment cohort within the risk stratum receiving the treatment under study (average treatment effect on the treated).

Any appropriate method for the analysis of relative and absolute treatment effects can be considered, as long as the this is done consistently in all risk strata. Common statistical metrics are odds ratios or hazard ratios for relative scale estimates and differences in observed proportions or differences in Kaplan-Meier estimates for absolute scale estimates, depending on the problem at hand. We estimate propensity scores within risk strata which we then use to match patients from different treatment cohorts or to stratify them into groups with similar propensity scores or to weigh each patient’s contribution to the estimation process22.

Prior to analyzing results, it is crucial to ensure that all diagnostics are passed in all risk strata. The standard diagnostics we carry out include analysis of the overlap of propensity score distributions and calculation of standardized mean differences of the covariates before and after propensity score adjustment. Finally, we use effect estimates for a large set of negative control outcomes (i.e. outcomes known to not be related with any of the exposures under study) to evaluate the presence of residual confounding not accounted for by propensity score adjustment23–25.

## 2.5 Step 5: Presentation of results

In the presence of a positive treatment effect and a well-discriminating prediction model we expect an increasing pattern of the differences in the absolute scale, even if treatment effects remain constant on the relative scale across risk strata. Due to this scale-dependence of treatment effect heterogeneity, results should be assessed both on the relative and the absolute scale.

## 2.6 Case study

As a demonstration, we evaluated if our proposed method was able to identify treatment effect heterogeneity of ACE inhibitors compared to beta blockers using acute myocardial infarction (MI) risk quarter specific effect estimates, both on the relative and on the absolute scale. We focused on three efficacy outcomes (acute MI, hospitalization with heart failure and ischemic or hemorrhagic stroke) and six safety outcomes (hypokalemia, hyperkalemia, hypotension, angioedema, cough and abnormal weight gain). We used data from three US-based claims databases. The analysis plan was the framework outlined in steps 1 through 5.

# 3 Results

## 3.1 Step 1: General definition of the research aim

We considered the following research aim: “compare the effect of ACE inhibitors () to the effect of beta blockers () in patients with established hypertension with respect to nine outcomes ()”. The cohorts are:

* Treatment cohort: Patients receiving any drug within the ACE inhibitor class with at least one year of follow-up before treatment initiation and a recorded hypertension diagnosis within that year.
* Comparator cohort: Patients receiving any drug within the beta blocker class with at least one year of follow-up before treatment initiation and a recorded hypertension diagnosis within that year.
* Outcome cohorts: We considered three efficacy and six safety outcome cohorts. These were patients in the database with a diagnosis of: acute MI; hospitalization with heart failure; ischemic or hemorrhagic stroke (efficacy outcomes); hypokalemia; hyperkalemia; hypotension; angioedema; cough; abnormal weight gain (safety outcomes). Among the safety outcomes we focus on angioedema and cough which are two known adverse events linked to treatment with ACE inhibitors26. Results on the rest of the safety outcomes are included in the supplement.

All cohort definitions were identical to the ones used in the multinational study that provided overall treatment effect estimates comparing all anti-hypertensive drug classes with each other16. More information can be found in the supplementary material.

## 3.2 Step 2: Identification of the databases

For our demonstration we used data from three US claims databases, namely IBM MarketScan Commercial Claims and Encounters (CCAE), IBM MarketScan Medicaid (MDCD), and IBM MarketScan Medicare Supplemental Beneficiaries (MDCR). Our analyses included a total of 924 459, 107 046, and 106 905 patients initiating treatment with ACE inhibitors and 465 763, 76 546, and 73 213 patients initiating treatment with beta blockers in CCAE, MDCD and MDCR respectively (Table ??). Adequate numbers of patients were included in all strata of predicted acute MI risk (Supplement: Table XX).

## 3.3 Step 3: Prediction

We internally developed separate prediction models for acute MI in all three databases. The prediction models were estimated on the propensity score matched (1:1) subset of the sample, using caliper of 0·2 and after excluding patients having the outcome any time prior to treatment initiation. We chose a 2-year time at risk for patients and developed the prediction models using LASSO logistic regression with 3-fold cross validation for hyper-parameter selection.

The models had moderate discriminative performance (internally validated) with no major issues of overfitting to any cohort except for the case of CCAE, where the derived prediction model performed better in the comparator cohort (Table ??). We also observed lower performance of the prediction model developed in MDCR compared to the other 2 databases.

## 3.4 Step 4: Estimation

We used patient-level predictions to stratify the sample into four acute MI risk quarters. Within risk quarters, relative effects were estimated using Cox regression and absolute effects were derived from the Kaplan-Meier estimate differences at two years after treatment initiation. To adjust for observed confounding within each risk quarter, we estimated propensity scores using the same approach as step 3 and stratified patients into five propensity score strata. The risk quarter-specific effect estimates were derived by averaging over the estimates within the propensity score fifths.

In the lowest acute MI risk quarter of CCAE and MDCD we observed strong separation of the propensity score distributions, therefore, effect estimates derived in these strata are not well-supported (Figure ). This problematic behavior is also visible in the covariate balance plots comparing standardized mean differences of patient characteristics before and afrer PS adjustment, where in many cases the commonly accepted bound of 0·1 is violated (Figure ). This is more pronounced in the lowest acute MI risk quarter of CCAE, but remains an issue for a small number of covariates in all CCAE risk strata. This diagnostic also fails for the two lower acute MI risk quarters of MDCD. Often the persisting imbalances were linked to pregnancy outcomes, which can be explained by the contraindication of ACE inhibitors in this condition. Analyses in MDCR passed all diagnostics.

Finally, the distribution of the estimated relative risks with regard to 30 negative control outcomes indicated unresolved confounding within the lowest acute MI risk quarter of CCAE (Figrue ). Hazard ratios significantly different than 1 (true effect size) were concentrated in the lower right part of Figure : panel Q1. This suggests significant negative effects of ACE inhibitors compared to beta blockers on causally unrelated outcomes, pointing at unresolved differences between the two treatment arms. This was not the case in the other risk quarters of CCAE, or in any risk quarter of MDCD and MDCR (Supplement, Figure XX).

## 3.5 Step 5: Presentation of results

The overall estimated hazard ratios for the main outcomes are presented in Table ??. For hospitalization with acute MI there was an increasing trend in favor ACE inhibitors compared to beta blockers on the relative scale (hazard ratios decreased) with increasing acute MI risk. More specifically, hazard ratios decreased from 1·29 (1·00 to 1·68; 95% CI) and 1·58 (0·78 to 3·28; 95% CI) to 0·77 (0·71 to 0·83; 95% CI), 0·84 (0·76 to 0·94; 95% CI) in CCAE and MDCD respectively (Figure 4). In MDCR hazard ratios increased from 0·93 (0·75 to 1·17; 95% CI) in the lowest MI risk quarter to 1·03 (0·92 to 1·16; 95% CI). Relative treatment effect estimates for hospitalization with heart failure favored ACE inhibitors across all risk strata in all databases. In the case of stroke in CCAE we found quite constant hazard ratios which became weaker in the highest risk quarter patients (0·88 with 95% CI from 0·80 to 0·96). In the other two databases no significant relative treatment effects were observed for stroke. In terms of the safety outcomes, we found an increased ACE inhibitor risk of cough and angioedema on the relative scale across all risk strata. In the case of cough, this effect decreased with increasing risk of acute MI—from 1·41 (1·37 to 1·46; 95% CI), 1·28 (1·18 to 1·38; 95% CI), and 1·38 (1·29 to 1·48; 95% CI) to 1·30 (1·26 to 1·34; 95% CI), 1·06 (1·00 to 1·12; 95% CI), and 1·11 (1·04 to 1·18; 95% CI) in CCAE, MDCD, and MDCR, respectively.

We observed an increasing trend of treatment effect on the absolute scale with increasing acute MI risk in favor of ACE inhibitors in terms of acute MI in all databases except for MDCR—from -0·05% (-0·10% to -0·005%; 95% CI), -0·04% (-0·14% to 0·05%; 95% CI), and 0·08% (-0·19% to 0·34%; 95% CI) in the lowest acute MI risk quarter to 0·47% (0·31% to 0·63%; 95% CI), 0·93% (0·35% to 1·50%; 95% CI), and -0·39% (-0·96% to 0·18%; 95% CI) in the highest acute MI risk quarter in CCAE, MDCD, and MDCR, respectively (Figure 5). We found no difference on the absolute scale for stroke across risk strata. Absolute risk differences did not favor ACE inhibitors compared to beta blockers in terms of cough, even though this effect again diminished with increasing acute MI risk—from -3·97% (-4·40% to -3·54%; 95% CI), -4·54% (-6·97% to -2·12%; 95% CI), and -3·64% (-4·60% to -2·68%; 95% CI) in the lowest acute MI risk quarter to -2·57% (-3·02% to -2·13%; 95% CI), -0·20% (-1·58% to 1·17%; 95% CI), and -1·08% (-2·25% to 0·08%; 95% CI) in the highest acute MI risk quarter in CCAE, MDCD, and MDCR, respectively. In terms of angioedema absolute risk differences were very small due to the rarity of the outcome.

The results of all the analyses performed can be accessed and assessed through a publicly available web application (<https://data.ohdsi.org/AceBeta9Outcomes>).

## 3.6 Interpretation

The overall benefits of ACE inhibitors compared to beta blockers for acute MI and hospitalization with heart failure are driven mainly by the higher acute MI risk patients in CCAE and MDCD, hence the observed increasing patterns of the absolute treatment benefits. In MDCR we found no significant overall difference on the relative scale for acute MI and, cosequently, no differences in acute MI risk strata were observed on any scale. For heart failure, MDCR patients at the lower half of acute MI risk had lower absolute benefits compared to the patients at the upper half. Finally, the small overall relative effect for stroke resulted in smaller absolute benefits of ACE inhibitors across acute MI risk strata in all databases.

For patients at lower acute MI risk, the cough and angioedema risk increase related to treatment with ACE inhibitors may be important factors to consider for medical decision making, given the small benefits observed for the main outcomes. However, diagnostics failed in lower risk patients within CCAE and MDCR which renders these conclusions less dependable.

Note that any conclusions drawn are for demonstration purposes only and should be interpreted under this very limited setting.

# 4 Discussion

The major contribution of our work is the development of a risk-based framework for the assessment of treatment effect heterogeneity in large observational databases. This fills a gap identified in the literature after the development of guidelines for performing such analyses in the RCT setting11,12. As an additional contribution we developed the software for implementing this framework in practice and made it publicly available. We made our software compatible to databases mapped to OMOP-CDM which allows researchers to easily implement our framework in a global network of healthcare databases. In our case study we demonstrated the use of our framework for the evaluation of treatment effect heterogeneity ACE inhibitors compared to beta blockers on three efficacy and six safety outcomes. We propose that this framework is implemented any time treatment effect estimation in high-dimensional observational data is undertaken.

In recent years several methods for the analysis of treatment effect heterogeneity have been developed in the RCT setting27. However, low power and restricted prior knowledge on the mechanisms of variation in treatment effect are often inherent in RCTs, which are usually adequately powered only for the analysis of the primary outcome. Observational databases contain a large amount of information on treatment assignment and outcomes of interest, while also capturing key patient characteristics. They contain readily available data on patient subpopulations of interest for which no RCT has focused before either due to logistical or ethical reasons. However, observational databases can be susceptible to biases, poorly measured outcomes and missingness, which may obscure true HTE or falsely introduce it when there is none28. Therefore, inferences on both overall treatment effect estimates and HTE need to rely on strong, often unverifiable, assumptions, despite the advancements and guidance on best practices. However, well-designed observational studies on average replicate RCT results, even though often differences in magnitude may occur33. Our framework is in line with the recently suggested paradigm of high-throughput observational studies using consistent and standardized methods for improving reproducibility in observational research25.

Our framework highlights the scale dependency of HTE and how it relates to baseline risk. Treatment effect is mathematically determined by baseline risk, if we assume a constant non-zero effect size34. Patients with low baseline risk can only experience minimal benefits, before their risk is reduced to zero. In contrast, high risk patients are capable of displaying much higher absolute benefits. This becomes evident when evaluating the effects of ACE inhibitors on cough and angioedema, compared to treatment with beta blockers. Despite the small relative cough risk increase of ACE inhibitors, the large baseline cough risk resulted in larger absolute risk differences, compared to the other considered outcomes. Conversely, in the case of angioedema, the substantial relative risk increase with ACE inhibitors only translated in a small absolute risk increase due to the quite low baseline angioedema risk.

The application of our framework in the case study is for demonstration purposes and there are several limitations to its conclusions. First, death could be a competing risk. We could expand our framework in the future to potentially support subdistribution hazard ratios and cumulative incidence reductions. Second, we only used the databases readily available to us and not all the available databases mapped to OMOP-CDM. Therefore, the generalizability of our results still needs to be explored in future studies. These studies should also address the particular aspects of the databases at hand, such as their sampling frame, the completeness of the data they capture and many others that were not assessed in our demonstration. Third, we did not to correct for multiplicity when presenting the results. We are interested in presenting trends in the data and not detecting the specific subgroups within which a non-null treatment effect is detected. The implementation of our framework, however, generates all the relevant output required for a researcher to correct for multiple testing, if that is required.

In conclusion, the case study demonstrates the feasibility of our framework for risk-based assessment of treatment effect heterogeneity in large observational data. It is easily applicable and highly informative whenever treatment effect estimation in high-dimensional observational data is of interest.

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# 6 Tables and figures

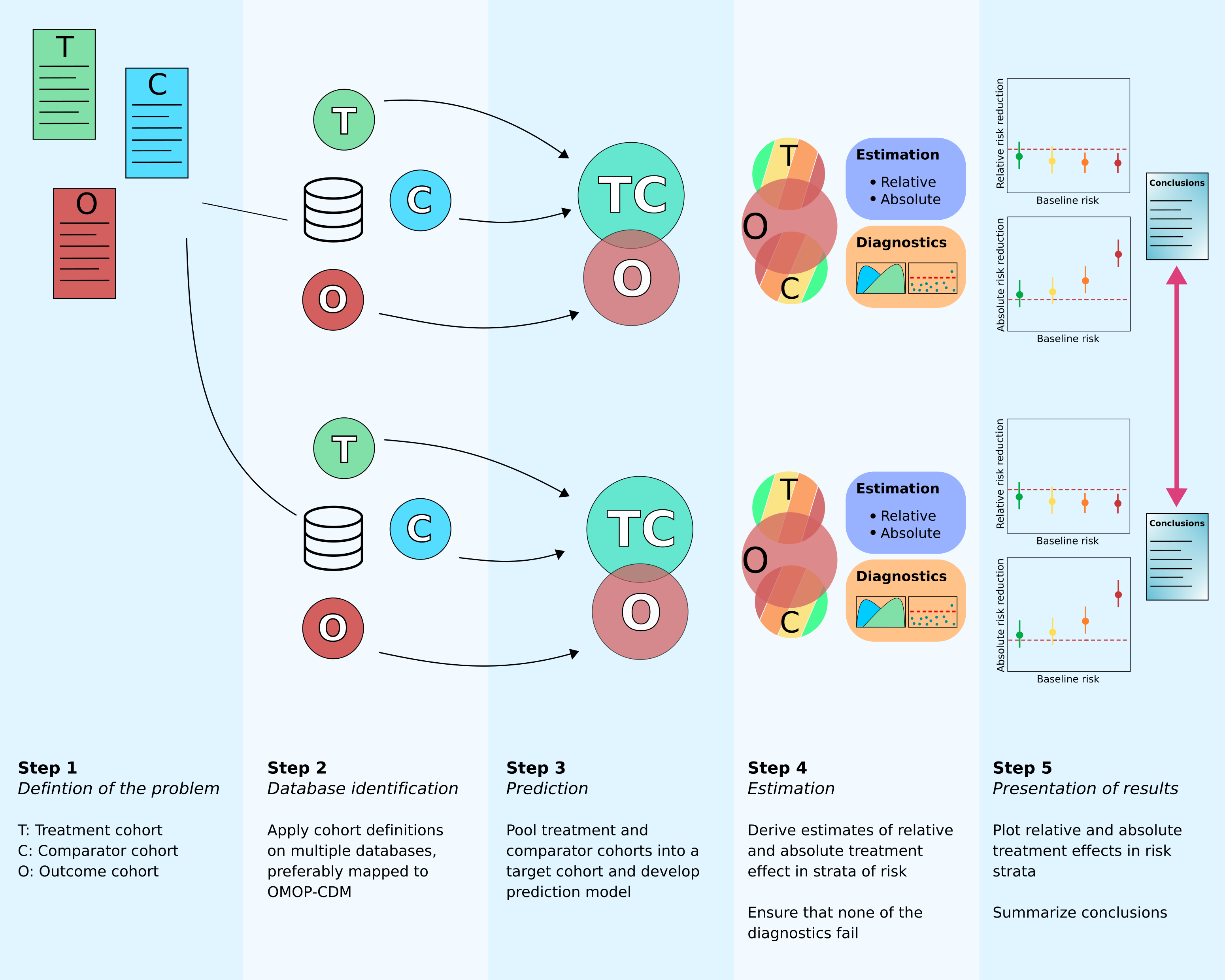


Figure 6.1: Illustration of how the framework is applied on two observational databases, preferably mapped to OMOP-CDM.

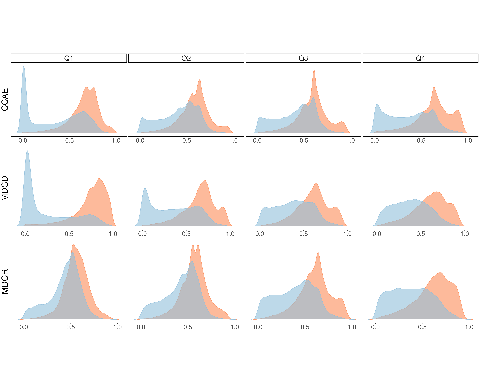


Figure 6.2: Preference score distributions for the evaluation of heterogeneity of the effect of ACE inhibitors compared to beta blockers on acute MI based on quarters of predicted acute MI risk. The preference score is a transformation of the propensity score that adjusts for prevalence differences between populations.

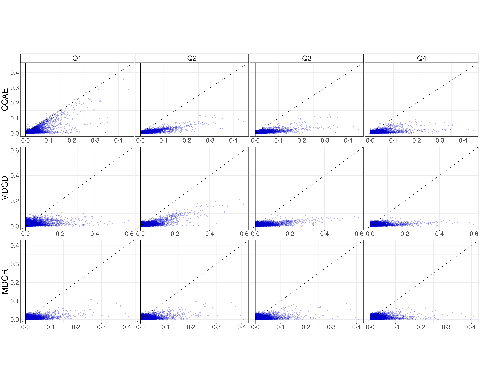


Figure 6.3: Patient characteristic balance for ACE inhibitors and beta blockers before and after stratification on the propensity scores. Each dot represents the standardized difference of means for a single covariate before (x-axis) and after (y-axis) stratification.

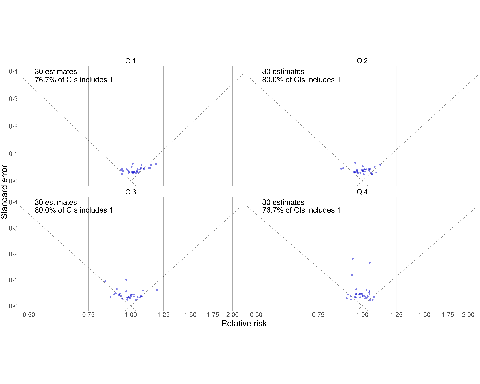


Figure 6.4: Systematic error. Effect size estimates for the negative controls (true hazard ratio = 1). Estimates below the diagonal dashed lines are statistically significant (alpha = 0.05) different from the true effect size. A well-calibrated estimator should have the true effect size within the 95 percent confidence interval 95 percent of times.

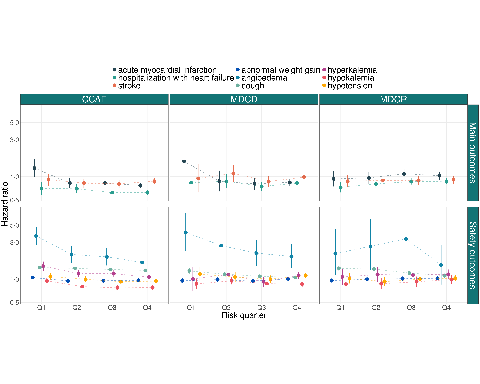


Figure 6.5: Overview of heterogeneity of ACE inhibitors treatment on the relative scale (hazard ratios) within strata of predicted risk of acute MI. Values below 1 favor ACE inhibitors, while values above 1 favor beta blockers.

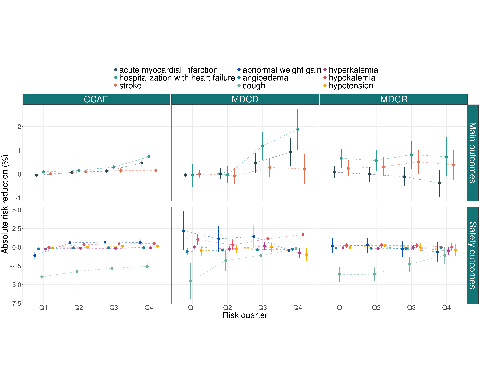


Figure 6.6: Overview of heterogeneity of ACE inhibitors treatment on the absolute scale within strata of predicted risk of acute MI. Estimates of absolute treatment effect are derived as the difference in Kaplan-Meier estimates at two years after inclusion. Values above 0 favor ACE inhibitors, while values below 0 favor beta blockers.