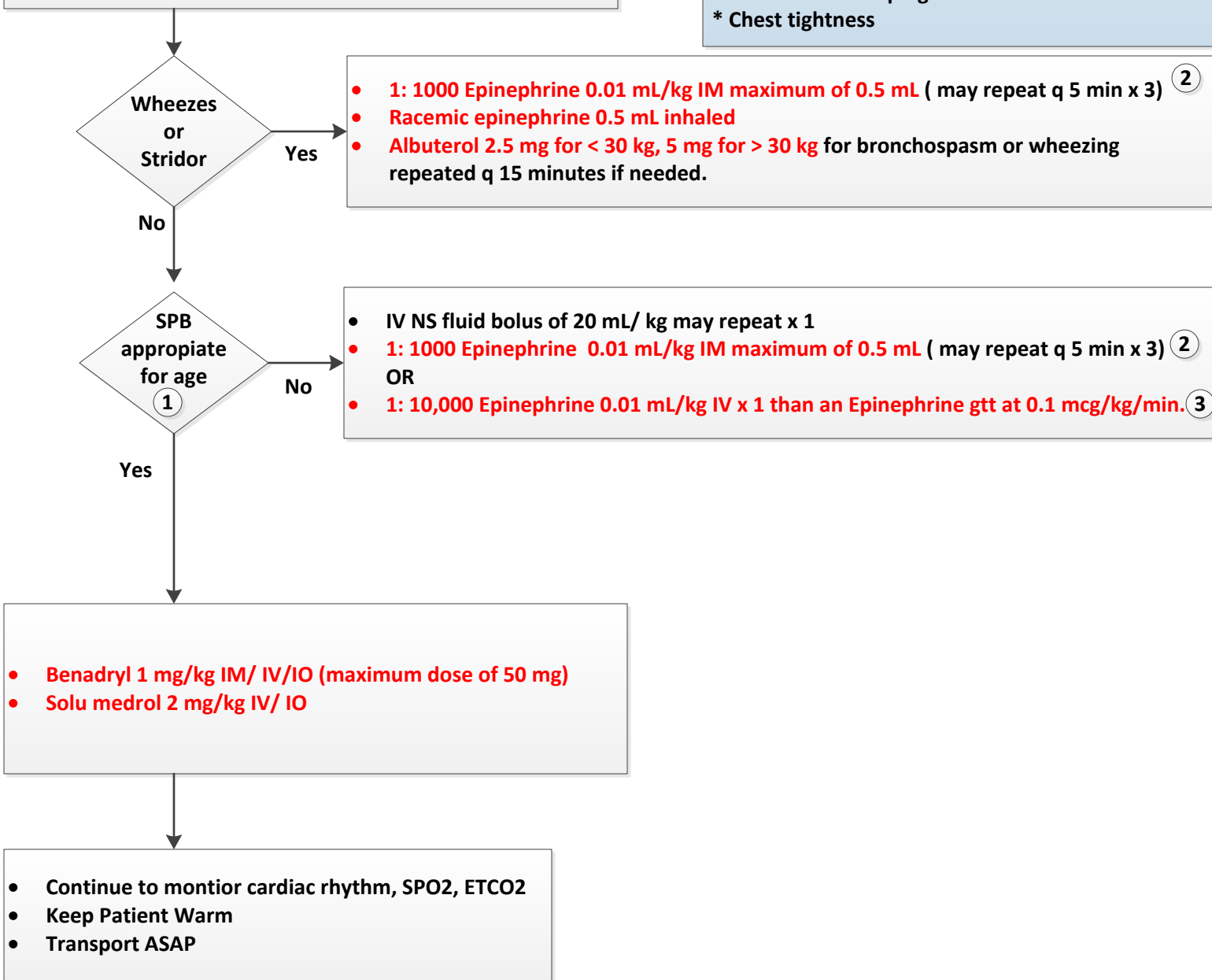


# Pediatric Anaphylaxis

- ABCs
- Oxygen 100%, assist ventilations prn
- Intubate as needed – see Pediatric Intubation protocol
- Start IV / IO <sup>①</sup>
- Monitor Cardiac rhythm, SPO2, ETCO2
- Decontaminate and / or remove allergens if appropriate

## Signs and Symptoms of Anaphylaxis include:

- \* Respiratory distress (laryngeal edema, laryngospasm, or bronchospasm)
- \* Wheezes or stridor
- \* Hypotension
- \* Hives, itching, or flushing
- \* Edema of lips, eyes, face and/ or tongue
- \* Nausea, vomiting or diarrhea
- \* Abdominal cramping
- \* Chest tightness



1. IV fluids to maintain SBP appropriate for age:  $2 \times \text{age in years} + 80$
2. The IM site of choice is the lateral aspect of the thigh due to its vascularity.
3. Increase drip rate gradually. Two (2) dilutions of epinephrine are available: 1:1,000 is appropriate for IM injections. 1 : 10,000 is for IV or ET use. Be sure to use the correct dilution.