

Maternal General Guidelines

Objective:

To outline the general care of the maternal patient during transport.

Protocol:

History and Assessment:

1. Targeted history and physical examination including:
 - a. Age
 - b. Weight
 - c. Last meal
 - d. Allergies
 - e. Medications
 - f. Treatment prior to AirLink arrival
 - g. Significant medical history
 - h. Labs
 - i. Bleeding
 - j. Trauma
 - k. Respiratory status
 - l. Circulatory status
 - m. Neurologic status
 - n. Cervical exam (pelvic)
2. Vital signs, to include pain and / or sedation scale and temperature
3. Gestational age
4. Previous maternal history
5. Onset and pattern of labor, if any
6. Fundal height, Leopold's maneuvers
7. Fetal assessment, including:
 - a. Fetal heart rate
 - b. Electronic fetal monitoring strip
 - c. Fetal position

Management:

1. Airway/Breathing
2. Establish IV Access
3. Monitor VS q 15 minutes if stable, q 5 minutes if unstable
4. Monitor EKG and SPO2
5. In the event of cardiac arrest, treat as per ACLS protocols
6. Foley if needed, to monitor urine output
7. NG/OG if needed
8. Transport in side-lying or left-tilt position

Reference:

1. Maternal – Newborn Nursing. Third Edition 2008
2. ASTNA Patient Transport, Renee Semonin Holleran. Fourth Edition. 2010
3. Emergency Medicine, A Comprehensive Study Guide. Sixth Edition. American College of Physicians. Tintinalli et. al. 2008.