How You Can Help

Join Us Today!

Your Membership and support help bring us closer to understanding the possible causes of breast cancer and closer to seeing a Healthy Environment for a Living Planet and continuing our programs. All members receive:

- Our newsletters and news releases.
- Invitations to attend free lectures and programs.
- Information on opportunities to learn more and get more involved in projects regarding breast cancer, other cancers and environmental issues.

Yes, I want to join Breast Cancer Help, Inc. and increase my awareness about breast cancer and related environmental issues. Here is my (tax deductible) contribution. \$15 for Annual Membership
Additional Donation \$10 \$20 \$ 50 \$100 \$500 \$1000 Other \$
Name
Address
City/State/Zip
Home PhoneWork Phone



To find out about our Breast Cancer Clothing Recycling Program, please call (631) 580-7092 or visit us at www.breastcancerhelpinc.org.

Chairman of the Board

Allen G. Meek,MD*

Co-Presidents

Reverend Thomas V. Arnao,

J.C.D.*

Lorraine Pace, M.Ed.*

Senior Vice President

Alex Fezza*

Chair, Membership

Committee

Francine Berger

Recording Secretary

Lynda Distler

Secretary/General Counsel

John Pace, Esq.*

Treasurer

Allen G. Meek, MD*

Board Member

Lillian Morales*

Advisory Board Members

Adriane Toscano Ballard

Lauralee Bennett

Antoinette Castiglio-Falciano

Maria Diorio

Dr. Paul Fisher, MD, Medical Advisor

Don Scarcella

Dotti Survilla

- . - . . .

Doris R.Weisman, NP, MS

L.I. Cancer Help and

Wellness Center Executive Director

.... de Dietlen

Lynda Distler

Public Relations

John Zaher, PRMG

*Member, Board of Directors



Breast Cancer Help, Inc.
Long Island Cancer Help and Wellness Center
Lindenhurst Rainbow Center
293 Buffalo Avenue, Lindenhurst
(631) 226-1772

Breast Cancer Help, Inc. 400 Montauk Highway, Suite 100 West Islip, New York 11795-4476 (631) 661-7223 (631) 661-6678-fax Web: www.breastcancerhelpinc.org

Web: www.breastcancerhelpinc.org E-mail: breastcancerinc@optonline.net



Breast Cancer Help, Inc.

Advocacy

Awareness

Research

Ensuring Access to Advanced Medical Diagnosis and Treatment

Long Island Cancer Help and Wellness Center

About Breast Cancer Help

Breast Cancer Help, Inc. is a not-for-profit grass roots organization with a focus on action and advocacy to eradicate breast cancer and other cancers. Founded in 1994 by Lorraine



Pace, a breast cancer survivor, and Father Thomas Arnao, the group promotes education and awareness of breast cancer issues. Pace was also the founder of the West Islip breast cancer mapping project, which pinpointed breast cancer clusters. This original mapping project, which spearheaded the breast cancer environmental movement, has now spread to other parts of

New York, the U.S. and abroad.

Since its inception, Breast Cancer Help, Inc. has taken a multi-pronged approach to combating breast cancer. The organization has worked to mobilize citizens into breast cancer coalitions leading to breast cancer mapping projects, worked to bring cancer education into our schools, served as advocates to change state and local laws to preserve our environment, and worked to strengthen the rights of breast cancer patients. Breast Cancer Help has also worked to ensure that Long Islanders have access to the best possible medical diagnosis and care through the purchase of radiosurgery equipment, lease of a digital mammography unit, and through contributing half of the funds needed to purchase the Confirma CADstream MRI reader at Stony Brook University Hospital.

In March of 2003, Breast Cancer Help launched its Long Island Cancer Help and Wellness Center. In an unique partnership, Breast Cancer Help, Inc. joined with the Village of Lindenhurst to open its Center at the Village of Lindenhurst Rainbow Senior Center. The goal of the Long Island Cancer Help and Wellness Center is to provide increased cancer awareness to promote early detection, while providing patients and survivors with needed support.

Volunteers pictured at Lorraine Pace's dining room process surveys from the West Islip breast cancer mapping project.



Programs

Advocacy

Under the leadership of its Co-President, Lorraine Pace, Breast Cancer Help has worked with community and governmental leaders to ensure that cancer patients, survivors and



concerned citizen's positions are heard and that progress is made in the fight against breast cancer and other forms of cancer. The organization's leadership has fought many successful battles to secure the passage of legislation to enhance insurance coverage for patients, increase awareness, and ensure that cancer research and programs are funded.



Awareness

Knowing that early detection saves lives, Breast Cancer Help has worked to increase awareness of breast cancer and other cancers. These efforts have included breast and tes-

ticular cancer awareness in public schools, establishment of diagosis and treatment hotlines, grassroots awareness campaigns, and working with members of the media to ensure that residents receive accurate and timely information about breast cancer and other cancers.

Research

Breast Cancer Help has worked with various elected officials to ensure that cancer research is a national commitment. It also worked to establish the New York



State Cancer Registry and a federally funded study seeking to learn the causes of breast cancer and other cancers. It has also supported research at Cold Spring Harbor Laboratory.

Ensuring Access to Advanced Medical Diagnosis and Treatment

Breast Cancer Help has worked to ensure that Long Islanders have access to the best medical diagnosis and treatment available. In 2001, it contributed \$100,000 and procured an additional \$250,000 to allow Stony Brook University Hospital to purchase the first two of three modules for the Novalis Radio Surgery system.

Later that year, it guaranteed a 63-month lease for the GE Digital Mammography System and began making lease payments in excess of \$7,000 per month. In 2003, it contributed half of the funds to purchase the Confirma CADstream MRI reader, allowing for improved diagnosis of breast MRIs.



Long Island Cancer Help & Wellness Center



In March of 2003, Breast Cancer Help opened its Long Island Cancer Help and Wellness Center in Lindenhurst with the goal of increasing cancer awareness to promote early detection, while providing patients

and survivors with needed support. Since then it has held numerous lectures to increase early detection, inform Long Islanders about medical advances, and provide information on how to live healthier. It has also developed ongoing programs to provide cancer patients and survivors with the assistance they need to overcome cancer through complementary integrative modalities that meet their psychosocial needs. These include a monthly support group, art therapy, massage therapy, and yoga. Under the guidance of its Executive Director, Lynda Distler, the Center has established one of the region's most active cancer support and wellness programs.



Co-Presidents Father Thomas Arnao and Lorraine Pace at the L.I. Cancer Help and Wellness Center ribbon cutting ceremony in March 2003.