R Markdown pdf example

Hello World

This is a new document.

Subsection

Text
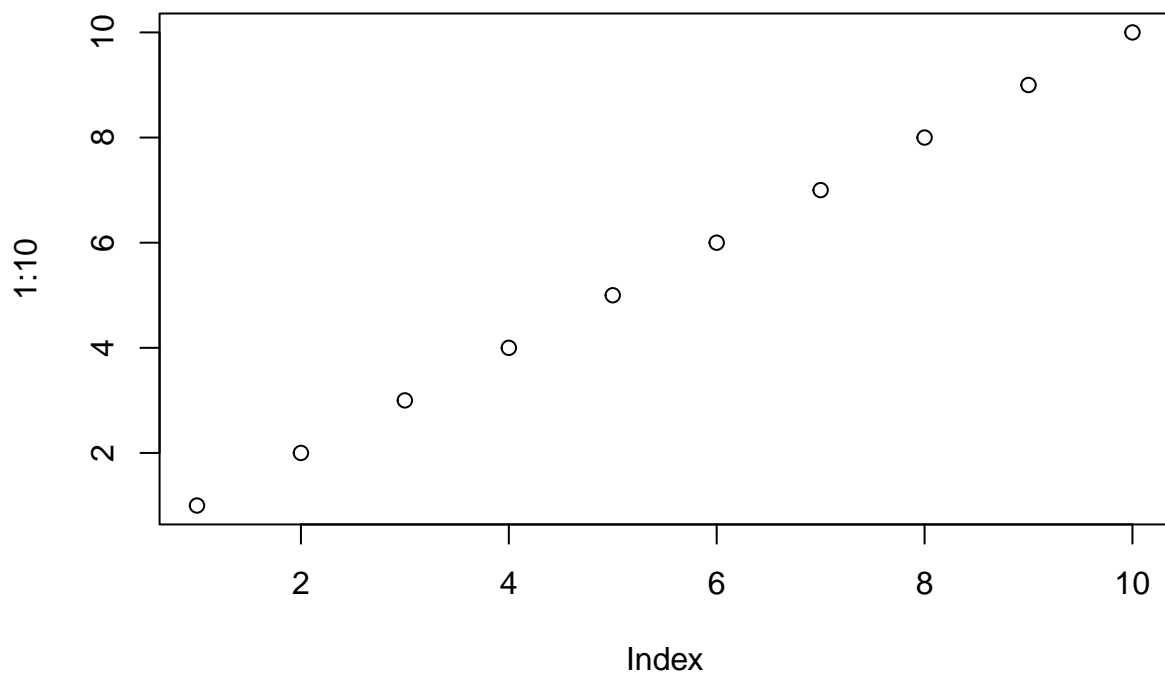More text

```
1 + 1
```

```
## [1] 2
```

Another subsection

```
plot(1:10)
```

Figure 1: A plot of 1 to 10