

# Meta-analysis of Mendelian randomization studies

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Case control study information

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Summary

# Introduction

- ▶ Mendelian randomization is an active area of research in genetic-epidemiology.
- ▶ Aim: To extend existing meta-analysis models

## Mendelian Randomization

- ▶ Dates back to [Katan, 1986]
- ▶ Recent interest due to the increasing use of genetic data in epidemiology [Katan, 2004]
- ▶ Bi-allelic polymorphism - receive one allele from each parent
- ▶ Mendel's 2<sup>nd</sup> law: genes segregate independently
- ▶ Therefore individuals randomized to a genotype at conception
- ▶ Randomization by genotype is independent of confounding factors

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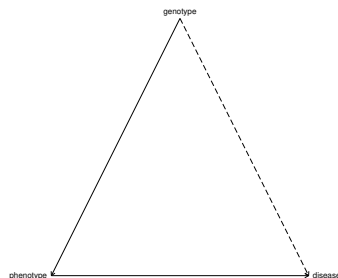
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- ▶ Estimate phenotype-disease effect
- ▶ Confounding
- ▶ Reverse causation
- ▶ [Davey Smith et al., 2005]; phenotype - C-Reactive Protein, disease - hypertension, genetic polymorphism - in the human CRP gene
- ▶ Statistically the genotype used as an instrumental variable
- ▶ Economics, IVs also applied to;
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- ▶ Use gene-disease & gene-phenotype effect estimates to estimate the phenotype-disease relationship
- ▶ Standard IV technique if they were all linear - TSLS
- ▶ gene-disease log odds-ratio:  $\theta$ , difference in mean phenotypes:  $\delta$ , phenotype-disease log odds-ratio:  $\eta$
- ▶ Ratio of coefficients approach [Thomas and Conti, 2004], for a  $k$ -unit change in the mean phenotype difference,

$$\eta_{[k]} \approx \frac{k\theta}{\delta}$$

# Information from a case-control study

- ▶ A biallelic polymorphism (g,G)  
g: common allele    G: risk allele
- ▶ 3 genotypes: gg, Gg, GG;  $j = 1, 2, 3$
- ▶ Observed cases and controls  $y_{dj}$ ,  $d = 0, 1$ ; control/case
- ▶ cell probabilities  $p_{dj}$

	Genotype		
	gg	Gg	GG
Controls	$y_{01}, p_{01}$	$y_{02}, p_{02}$	$y_{03}, p_{03}$
Cases	$y_{11}, p_{11}$	$y_{12}, p_{12}$	$y_{13}, p_{13}$
Mean phenotype levels	$\mu_1$	$\mu_2$	$\mu_3$

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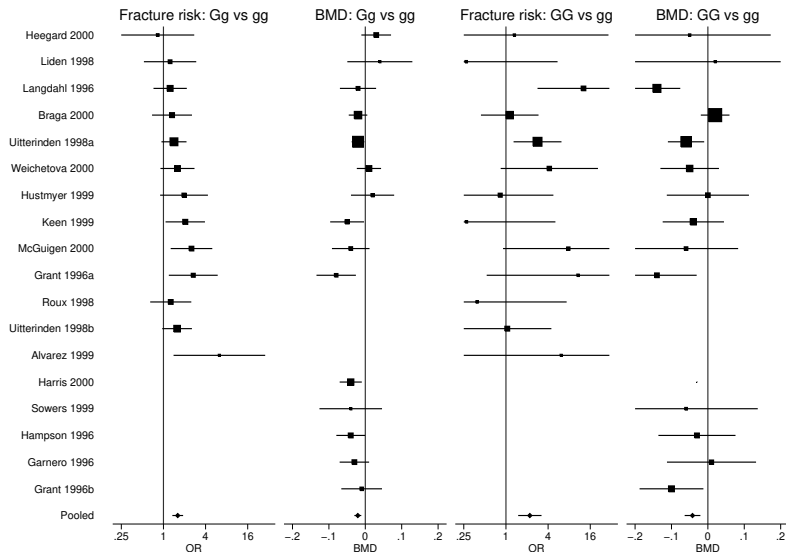
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## Example meta-analysis

- ▶ Mann (2001): Bone mineral density (BMD) & risk of osteoporotic fracture
- ▶ *COL1A1* gene: codes for collagen
- ▶ Average BMD lower for GG versus gg
- ▶ Risk of fracture increased for GG versus gg

# Meta-analysis results in a four column forest plot



# Approach

- ▶ Existing meta-analysis models estimate  $\eta$  based on either the Gg versus gg genotype comparison or the GG versus gg comparison, [Thompson et al., 2005].
- ▶ Gg vs gg: Bigger sample size; smaller difference in disease risk
- ▶ GG vs gg: Smaller sample size; bigger difference in disease risk
- ▶ Proposed approach: Estimate  $\eta$  across both genotype comparisons

## Modelling assumptions

- ▶ phenotype-disease relationship common across studies
- ▶ phenotype-disease relationship common across genotype comparisons

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# Multivariate meta-analysis models

- ▶ Genotype comparison 2:(Gg,gg), 3:(GG,gg)  
for study  $i$   
 $(\theta_{2i}, \theta_{3i})$ : gene-disease log odds-ratios  
 $(\delta_{2i}, \delta_{3i})$ : difference in mean phenotypes
- ▶ Inference at the population level
- ▶ Marginal distribution: combine within and between study distributions

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$$\begin{bmatrix} \theta_{2i} \\ \delta_{2i} \\ \theta_{3i} \\ \delta_{3i} \end{bmatrix} \sim \text{MVN} \left( \underline{\psi} = \begin{bmatrix} \eta\delta_2 \\ \delta_2 \\ \eta\delta_3 \\ \delta_3 \end{bmatrix}, \mathbf{V}_i + \mathbf{B} \right).$$

$$\mathbf{V}_i = \begin{bmatrix} v(\theta_{2i}) & 0 & v(\theta_{2i}, \theta_{3i}) & 0 \\ 0 & v(\delta_{2i}) & 0 & v(\delta_{2i}, \delta_{3i}) \\ v(\theta_{3i}, \theta_{2i}) & 0 & v(\theta_{3i}) & 0 \\ 0 & v(\delta_{3i}, \delta_{2i}) & 0 & v(\delta_{3i}) \end{bmatrix}.$$

$$\mathbf{B} = \begin{bmatrix} \eta^2\tau_2^2 & \eta\tau_2^2 & \eta^2\tau_2\tau_3\rho & \eta\tau_2\tau_3\rho \\ \eta\tau_2^2 & \tau_2^2 & \eta\tau_2\tau_3\rho & \tau_2\tau_3\rho \\ \eta^2\tau_2\tau_3\rho & \eta\tau_2\tau_3\rho & \eta^2\tau_3^2 & \eta\tau_3^2 \\ \eta\tau_2\tau_3\rho & \tau_2\tau_3\rho & \eta\tau_3^2 & \tau_3^2 \end{bmatrix}.$$

$\tau_2^2$  between-study variance of the  $\delta_{2i}$ 's

$\tau_3^2$  between-study variance of the  $\delta_{3i}$ 's

$\rho$  between-study correlation between the  $\delta_{2i}$ 's and the  $\delta_{3i}$ 's

# Maximum likelihood estimation

- ▶ Log-likelihood of the multivariate Normal distribution,

$$\log L \propto \sum_{i=1}^n -\frac{1}{2} \log(\det(\mathbf{V}_i + \mathbf{\Sigma})) - \frac{1}{2} (\underline{x}_i - \underline{\psi})^T (\mathbf{V}_i + \mathbf{\Sigma})^{-1} (\underline{x}_i - \underline{\psi})$$

- ▶ Maximisation using the Newton-Raphson algorithm
- ▶ Argument for using REML form of the likelihood for marginal models

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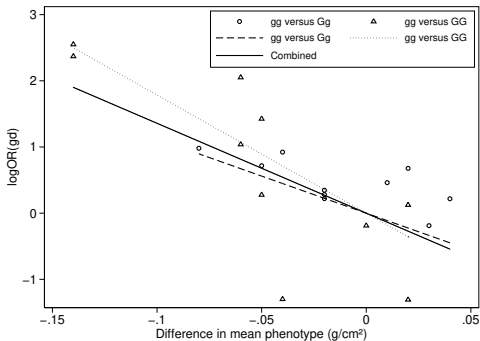
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# Results

Method of estimation	$OR_{pd,0.05}$	95% C.I./Cr.I.	
Gg vs gg	0.57	0.42	0.77
GG vs gg	0.40	0.28	0.57
Combined	0.50	0.39	0.62

- ▶ Gg vs gg expecting narrower CI - but wider
- ▶ GG vs gg bigger difference in disease risk -  $OR_{pd}$  further from 1
- ▶ combined model - weighted average of the separate estimates, with a narrower CI due to increased number of studies
- ▶ All results qualitatively the same
- ▶ 0.05 unit increase in BMD, implies typical patient at 40% risk of Osteoporotic fracture

# Assessment of a common phenotype-disease odds-ratio



- ▶ MR assumptions fit straight line through the origin
- ▶  $\eta$  gradient of the line

# Incorporating the genetic model-free approach

$$\lambda = \frac{\theta_2}{\theta_3} = \frac{\delta_2}{\delta_3}$$

► Interpretation of  $\lambda$

$\lambda$	Genetic model
0	Recessive
0.5	Co-dominant
1	Dominant
$> 1$	Over-dominant, heteresis

► Meta-analysis models to estimate  $\lambda$ , [Minelli et al., 2005].



$$\begin{bmatrix} \theta_{2i} \\ \delta_{2i} \\ \theta_{3i} \\ \delta_{3i} \end{bmatrix} \sim \text{MVN} \left( \begin{bmatrix} \eta\lambda\delta \\ \lambda\delta \\ \eta\delta \\ \delta \end{bmatrix}, \mathbf{V}_i + \mathbf{\Sigma} \right),$$

$$\mathbf{\Sigma} = \begin{bmatrix} \eta^2\lambda^2\tau^2 & \eta\lambda^2\tau^2 & \eta^2\lambda\tau^2 & \eta\lambda\tau^2 \\ \eta\lambda^2\tau^2 & \lambda^2\tau^2 & \lambda\eta\tau^2 & \lambda\tau^2 \\ \eta^2\lambda\tau^2 & \lambda\eta\tau^2 & \eta^2\tau^2 & \eta\tau^2 \\ \eta\lambda\tau^2 & \lambda\tau^2 & \eta\tau^2 & \tau^2 \end{bmatrix}$$

- $\tau^2$  the between-study variance of the difference in mean phenotypes of the GG versus gg comparison

# Bayesian estimation

- ▶ Product Normal Formulation [Spiegelhalter, 1998]
- ▶ 4 outcomes - univariate Normal distributions

$$\theta_{2i} \sim N(\eta\lambda\delta_i, v(\theta_{1i})),$$

$$\delta_{2i} \sim N(\lambda\delta_i, v(\delta_{1i}))$$

$$\theta_{3i} \sim N(\eta\delta_i, v(\theta_{2i})),$$

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- ▶ The correct covariances are induced in the model due to the relationships between the means and the sequential parameter updating under Gibbs sampling
- ▶ Prior distributions - vague

$$\delta_i \sim N(0, 1 \times 10^6), \quad \eta \sim N(0, 1 \times 10^6), \quad \lambda \sim \text{Beta}(0.5, 0.5)$$

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# Results

Method of estimation	$OR_{pd,0.05}$	95% C.I./Cr.I.		$\lambda$	95% C.I./Cr.I.	
ML	0.42	0.28	0.61	0.33	0.19	0.47
Bayesian	0.46	0.32	0.61	0.30	0.17	0.45

- Genetic model between recessive and co-dominant

# Summary

- ▶ Mendelian randomization - depends on random allocation of an individual's genotype
- ▶ Genotype used as an instrumental variable
- ▶ Meta-analysis model - joint analysis of two genotype comparisons
- ▶ Meta-analysis model - incorporating the genetic model-free approach



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