

New Life Recovery Solutions

Substance Use Disorder Assessment

Summary Short Form

SEALED

Patient Name: Robert Moyer

DOB: 01/05/1967

Date of Assessment: 10/11/2023

Diagnosis: F10.20 Alcohol Use Disorder, In Full Sustained Remission. Mr. Moyer does not currently meet diagnostic criteria for an active substance use disorder (SUD) as established by *American Society of Addiction Medicine PPC (2013)*; *Diagnostic Statistical Manual-(DSM-V, 2013)*.

Data Notes: The purpose of the present assessment was to determine Mr. Moyer current and historical involvement with alcohol and other drugs and to recommend appropriate treatment if indicated. This assessment is provided on behalf of Mr. Moyer who completed a drug and alcohol evaluation at this facility on October 11, 2023. As part of the assessment process, Mr. Moyer underwent a diagnostic interview based in-part on the self-report of Mr. Moyer a full review of Mr. Moyer use history, previous treatment/detox history, family history.

Collateral information procured: Defendant Criminal History, driving abstract reviewed.

Clinical methods of assessment applied: the application of standardized methods of testing utilized ACES, MAST/DAST-10 screening tools and 8-panel urinalysis w/ETG.

This counselor met with Mr. Moyer at the offices of New Life Recovery Solutions (NLRS) to complete the present evaluation for SUD. Any pertinent information derived from the before stated review process was applied to criteria established by the *American Psychiatric Association (DSM-V, 2013; Pg. 490-491)* and the *American Society of Addiction Medicine PPC (ASAM, 2013)*.

Throughout the assessment process, Mr. Moyer observed behavior was consistent with his response. Mr. Moyer was oriented times three (person, place, and time). Mr. Moyer over-all affect (expression of feelings through body language, tone of voice, and facial expression) was consistent/appropriate to the subject matter and assessment process. Mr. Moyer is self-described as a 56-year-old male, currently living in Seattle, WA. Mr. Moyer reported no history of suicidal ideation (SI) or attempts, no history of homicidal ideation (HI) / attempts and denied any history of military service.

Presenting Problem: Mr. Moyer is completing an assessment preemptively for family court reasons.

History of Drug Use:

Alcohol: Mr. Moyer reported his first use of alcohol occurred at or about the age of 24 with regular use starting at age 26. Mr. Moyer reported that between the ages of 26-29 he would consume alcohol 1-3 times per week and 2-4 drinks per occasion. Mr. Moyer reported that between the ages of 30-40 he would consume alcohol. 1-5 times per week consuming 1-5 drinks per occasion. Mr. Moyer reported that between the ages of 41-50 he would consume alcohol 1-2 times per week consuming 1-3 drinks per occasion. Mr. Moyer reported that between the ages of 51-52 he would consume ½ a fifth of vodka per night, 5 times per week. Mr. Moyer reported that after he completed inpatient in 2018, he was sober for approximately 1 year. Mr. Moyer reported that in 2019 he relapsed for 1 day and he had gotten a DUI charge. Mr. Moyer entered outpatient treatment on 8/20/2019 and was sober until July 2021 where he again had another 1-day relapse. Mr. Moyer reported that his sober date is July 4, 2021.

Marijuana: Mr. Moyer reported his first use of cannabis occurred at or about the age of 19 with regular use starting at age 19. Mr. Moyer reported he had regular use between the ages of 19-20. Mr. Moyer denied any regular use of cannabis between the ages of 21-53. Mr. Moyer reported between the ages of

This notice accompanies a disclosure of information concerning Mr. Moyer in chemical dependency treatment, made to you with the consent of such Mr. Moyer. This information has been disclosed to you from records protected by Federal confidentiality rules (42 CFR Part 2). The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part2.

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54-56 he has consumed CBD/THC gummies 5-7 days per week for sleep. Mr. Moyer reported his last use of a CBD/THC gummy was 10/10/2023.

Mr. Moyer denied the use of any other psycho-active drugs.

DCH History: Mr. Moyer DCH contained 2 DUI charges, which is consistent with his self report.

Detox/Treatment History: Mr. Moyer reported that he completed inpatient treatment at Driftwood in Austin Texas in approximately 2019. Mr. Moyer reported that he completed 14 months of outpatient treatment at New Life Recovery Solutions in 2020.

MAST Scoring and interpretation: A score value of “1-5” is given for each YES response, except for items 4, 5, and 7, for which a NO response is given a score of “1-2.” Scores range from 1-53. Any score above 12 is indicative of an alcohol problem. **Mr. Moyer scored a 9.**

DAST-10 Scoring and Interpretation: A score of “1” is given for each YES response. A score of three or higher indicates potential substance use disorder requiring further investigation / intensive assessment. **Mr. Moyer scored a 1.**

UA Results: As part of the assessment process, Mr. Moyer was administered a urinalysis (UA) w/ETG test. UA tested **positive for Cannabis**, negative for all other psycho-active drugs. This was consistent with the self-report of Mr. Moyer.

Current Medications: Mr. Moyer reported that he is currently prescribed escitalopram, Xanax, and testosterone.

ASAM PPC:

Dimension One (Acute Withdrawal): No Reported History/None Observed: **L 0.0**

Dimension Two (Bio-medical Conditions): None Reported/None Observed: **L 0.0**

Dimension Three (Cognitive, Emotional, and Behavioral Conditions):

Cognitive: Denied any history of cognitive conditions

Emotional: Mr. Moyer denied any history of SI/attempts, HI/or attempts. Mr. Moyer reported that he has been diagnosed with anxiety, depression, and PTSD. Mr. Moyer reported that he has been seeing a mental health provider weekly.

Behavioral: Denied any history of behavioral conditions. **L-0.0**

Dimension Four (Readiness to Change): Mr. Moyer reported that he had completed prior treatment due to legal interactions due to his substance use as well as familial pressures. Mr. Moyer reported that he is internally motivated to continue to maintain his sobriety from alcohol. **L-0.0**

Dimension Five: (Relapse Risk): Mr. Moyer acknowledged a history of periods of problematic substance use. Without clinical intervention, Mr. Moyer relapse risk may be high. Mr. Moyer will benefit from gaining understanding / insight into Mr. Moyer personal relapse pattern and furthering coping mechanisms. **L 0.0**

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Dimension Six: (Living Environment): Mr. Moyer's living environment is stable and conducive to recovery. Mr. Moyer reported that he engages in sober support community meetings at least 2 times per week and feels well supported in his recovery efforts. - **L 0.0**

Diagnostic Criteria Applied (DSM V, 2013; Pg. 490-491)

- A. A problematic pattern of alcohol / drug use leading to clinically significant impairment or distress, as manifested by at least two of the following, occurring within a 12- month period:
1. Substance is often taken in larger amounts over a longer period than intended.
 2. There is a persistent desire or unsuccessful efforts to cut down or control substance use.
 3. A great deal of time is spent to obtain, use or recover from a substance.
 4. Craving or a strong desire/urge to use a substance.
 5. Recurrent substance use resulting in a failure to fulfill obligations at work, home or school.
 6. Continued substance use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the substance use.
 7. Important social, occupational, or recreational activities are given up or reduced because of substance use.
 8. Recurrent substance use in situations in which it is physically hazardous.
 9. Substance use is continued despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by substance.
 10. **Tolerance:** as defined by either of the following.
 - a. A need for markedly increased amounts of the drug/alcohol intoxication / desired effect.
 - b. A markedly diminished effect with continued use of the same amount of drug/alcohol.
 11. **Withdrawal:** as manifested by either of the following:
 - a. The characteristic withdrawal syndrome for alcohol (refer to Criteria A and B of the criteria set for alcohol withdrawal, pp. 499-500).

Diagnostic Criteria Met: Mr. Moyer reported no alcohol use in 12+ months.

Treatment Recommendation: Mr. Moyer does not have any SUD treatment recommendations. Mr. Moyer reported that he has been sober from alcohol since July 2021. Mr. Moyer denies any concerns or consequences in his life due to his use of marijuana. Mr. Moyer is recommended to continue to engage in mental health services and address any concerns with his established provider.

The data derived from the above-mentioned resources / screening methods was applied to this assessment and does support a diagnosis of SUD. Falsification of information or failing to report all relevant and pertinent information could nullify this evaluation report resulting in an additional assessment and ensuing financial obligation.

Kaelyn Hewson SUDP

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