

Applicant: Miss I – S Spalletti

EXHIBITS to Statement n°: 1

**Exhibit n° ISS-26**

**Exhibit dated:** various dates

**IN THE FAMILY COURT AT EDMONTON**

**IN THE MATTER OF THE FAMILY LAW ACT 1996**

**BETWEEN:**

**Miss Irene Sara Spalletti**

Applicant

**- and -**

Respondent

**Mr Alexander Michael Luke Wolf Walker**

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**Exhibit n° ISS-26 • VERBAL, PSYCHOLOGICAL & COERCIVE ABUSE**

*referred to in the* **Section 6.1.11**

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This cover sheet is for:

(A) **PSYCHOLOGICAL ABUSE - CATS.mp3** *(voice recording)*

(B) **VERBAL, PSYCHOLOGICAL & COERCIVE ABUSE** *(signal conversation)*

File location → exhibit folder → 6.1 → audio files → 26 → 26/A  
→ 26/A - psychological abuse - cats.mp3

Applicant: Miss I – S Spalletti

EXHIBITS to Statement n°: 1

**Exhibit n° ISS-26/A**

**Exhibit dated:** 11/07/2024

**IN THE FAMILY COURT AT EDMONTON**  
**IN THE MATTER OF THE FAMILY LAW ACT 1996**

**BETWEEN:**

**Miss Irene Sara Spalletti**

Applicant

- and -

Respondent

**Mr Alexander Michael Luke Wolf Walker**

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**Exhibit n° ISS-26/A • PSYCHOLOGICAL ABUSE – CATS.mp3**  
voice recording, dated [11/07/2024], *referred to in the* **Section 6.1.11**

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The constant threats directed towards my cats, the controlling decisions he made regarding our home, the persistent insults and lack of respect and appreciation he showed towards my parents, the shouting and yelling, throwing my belongings at me or damaging them against the wall, the ongoing belittling, name-calling, and undermining of me, the humiliating and degrading language he directed at me, the never-ending criticism, the manipulation, the monitoring of my time and making me account for it, the enforced rules and regulations he used to control me, the constant punishments he subjected me to, the threats and violence he used to inflict pain and fear, the restrictions and tension he created in our home, the anxiety and depression that ensued, the repercussions on my health and that of my friends and family, and the negative impact on my social life



[play audio file](#)



[link to file](#)

Applicant: Miss I – S Spalletti

EXHIBITS to Statement n°: 1

**Exhibit n° ISS-26/B**

**Exhibit dated:** various dates

**IN THE FAMILY COURT AT EDMONTON**

**IN THE MATTER OF THE FAMILY LAW ACT 1996**

**BETWEEN:**

**Miss Irene Sara Spalletti**

Applicant

**- and -**

Respondent

**Mr Alexander Michael Luke Wolf Walker**

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**Exhibit n° ISS-26/B • VERBAL, PSYCHOLOGICAL & COERCIVE ABUSE**

signal conversations, *referred to in the* **Section 6.1.11**

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The constant threats directed towards my cats, the controlling decisions he made regarding our home, the persistent insults and lack of respect and appreciation he showed towards my parents, the shouting and yelling, throwing my belongings at me or damaging them against the wall, the ongoing belittling, name-calling, and undermining of me, the humiliating and degrading language he directed at me, the never-ending criticism, the manipulation, the monitoring of my time and making me account for it, the enforced rules and regulations he used to control me, the constant punishments he subjected me to, the threats and violence he used to inflict pain and fear, the restrictions and tension he created in our home, the anxiety and depression that ensued, the repercussions on my health and that of my friends and family, and the negative impact on my social life

I HAVE DONE EVERYTHING IN THIS HOUSE EVERYTHING you've done fuck all but nagging behind me endlessly about not cleaning not putting this or who what else away

FUCK YOU for even dare saying out loud: do I HAVE to do EVERYTHING IN THIS HOUSE??? YOU DO NOTHING NOTHHIIIIING!!!

ooooooooohhhh how dare you

Alex, I don't want to hear your excuses anymore I really am not interested anymore.

3:53

And ALSO... everything is mine around here, you use all if this stuff every day and without my stuff you would have to pay quite a few k to live comfortably.  
SO JUST

SHUT THE FUCK UP about the cost of YOUR lighter  
You're absurd absurd

Or complaining about MY STUFF because it's what makes this HOUSE cos clearly ITS NOT US that do that

So petty about money it's disgusting

Honestly Alex I just don't like who you've become.  
I don't hate you but I just don't like you... At all... As a person. There's nothing nice or kind about you anymore. It's ALL GONE. This is a stranger I'm living with.

4:04

The parmesan comment came after you ate EVERYTHING I BOUGHT FOR 3 PEOPLE without considering anyone else.  
AND EVEN if you thought I only bought it for you with my parents coming or even EVEN JIST ME nowhere in your brain you thought of sharing it????

You're so selfish YOURE SO SELFISB

4:23

You never give me a break do you? You spend your existence putting me down, telling me everything I do, say or simply AM is wrong.

Not even today not even today. Untouched by my results. Not even that gets you to be kind for 6 hours

If so much of what I say or what I do makes you so mad just accept that you hate me and give me a fucking break please

1:06

But there's nothing you like about me so please do me a favour and stop spending your days reminding me of that thanks. Just think of it as a lost battle yeah and just leave me alone please

1:07

27 Mar 2024

I did. Until your actions today. \*\*\*

You can't talk to me like you want and expect me to bend over.

You need to learn a lesson.

If you are like this I will be.

You just say and do whatever to get sex then straight back to the constant attacks. I'm through with you.

Why don't you tell them you spend your time snorting pills and drinking and then I have to clean up after you?

Shall we see how that goes?

Yesterday you did exactly what you did at Julie's wedding. That's a broken promise. Don't expect me to be anything at all.

when you learn your words and actions have consequences, we can talk again. not until then.

I'll probably be back around 7.30

Maybe later

14:36

As I said you can put the stuff that's in the bedframe drawers into bags it will take you 3 minis then you can lift the bed with him

I won't be able to help you with heavy stuff

I need to prioritise my body rather than you 9:47

i'm going to do more training with him later today

i need to get on though, i'll speak to you later

You

As I said you can put the stuff that's in the bedframe drawers into bags it will take you 3 minis then you can lift the bed with him

Irene, please just leave me to get on with it im working this morning and not doing that and then i will be working with them to get the rooms sorted and then i have meetings

You

I need to prioritise my body rather than you

thats fine, but just leave me to get on with the day please

You

As I said you can put the stuff that's in the bedframe drawers into bags it will take you 3 minis then you can lift the bed with him

the room is a complete mess and i will do it later once you have sorted your stuff in there

there's food and cigarettes everywhere

so that will just have to wait now 9:51

Sure but don't expect to clean after you or do anything for you. You still as us as two individuals and completely missing what being a couple is about 9:50

no you do.

being a couple is about working together. not leaving the room a complete mess and asking me to sort it for you when you knew Paul was coming. 9:53

Sorry what have I been doing for the past week and a half 9:51

i'm not asking you to lift heavy stuff, im asking you to sort out your stuff to make it easier for us 9:54

You know what I'll just lie down in bed and watch TV shows going forward 9:51

You

Sorry what have I been doing for the past week and a half

doing the electrical drawings. i know. important but that doesnt give you the excuse to leave the bedroom like a tramp lives in there 9:54

You can do your own measurements and you can stop using my stuff if you still of mine and yours 9:52

what has that got to do with the state of the bedroom?

you think because you measured you can leave it like a shit hole and i'll clean up behind you?

what planet are you on?

ALL ive asked is you to sort your own clothes and shit out.

its not exactly a big ask.

so please leave me alone i have to work and i wil sort things with Paul/

but i'm not going to wade through your shit so please clean up after you and then i can move the bed 9:56

Yes I was sick



Fuck it 16:42

all im trying to do is do my job and i seem to do less of that and more other things 16:45

Just fuck it you're so self centered

Bye 16:43

i would love if my job got some air time 16:46

 Alex Walker 

Wed, 26 Jun

Irene I want a lovely time with you. 11:49

But i have asked you to sort money so many times.  
and its so concerning for me 11:49

so i dont understand why you think i will pay for you if i ask you to keep good records and let me know what is being spent and you just dont do it. i find it really upsetting.


**You**  
I don't want to live like this  
me too  
i want to work together  
i want to have a nice time 11:49


but honestly, if you think that its only me who is making this difficult then we are not going to progress.  
We both make mistakes and we both are accountable.  
if you really believe i do nothing around the house and you do everything then we are sooo far apart in our thoughts.  
greece was a reset for me.  
but until you accept that we are both accountable, how can things get better?  
i need us to work together. I need that and we are not.


**You**  
If you can we can talk  
i want to talk  
but i can't talk to you because if i say anything you don't like you say "well you did this or you did that"  
which is not constructive.


**You**  
Discussions won't go anywhere and I'm done with them. Take a couple of days to think if you will ever be able to treat me with respect  
like this comment.  
This goes two ways.  
i would like this same from you. Its both of us here Irene. Not just you.  
So if you would like respect I would like that too.  
and if you think you are treating me with respect, then sorry i dont think thats fair.  
i even said to you the other day  
"you never have asked why we aren't having sex"  
and still you have not. 11:53


Do you think Ziba keeps robbie awake at night when he has go get up at 7?  
no. 11:53

Because nothing has changed 11:45 

If you can we can talk 11:46 

Alex I'm not talking about that  
I don't want to live like this 11:46 

I don't see you shushing Nick or Robbie like you do to me and mum  
You don't respect women 11:46 

You think Robbie treats Ziba like that? No  
I don't throw things at you  
I don't try to break your laptop your phone one day out of two 11:50 

I don't have have anger explosions at you

Omg

You know why I came to bed? 11:50

You  
Omg

you see, i try to ask you if you think you are accountable for anything and this is your response.

we HAVE to work together.

respect is NOT one direction.

and until you sort the money out and the spreadsheet i believe you have no respect for my concerns.

respect is not just the words we use. 11:54

Because you always say to me you'd rather I come to bed earlier and watch something on the laptop low volume than staying on the couch or in a different room till the morning

So chose where you stand 11:51

you could have been working, you choose not to get "some work" but then you say "i have no money and i shouldn't pay half"/

i told you at Bravington, when you have a job i will pay more. 11:55

You can't change your rules depending on the moon 11:51

You

Because you always say to me you'd rather I come to bed earlier and watch something on the laptop low volume than staying on the couch or in a different room till the morning

right but at 4am you wake me up and then won't put headphones on. when we have 3 hours to sleep. You think that is respectful?

Alex Walker

i told you at Bravington, when you have a job i will pay more.

its very simple.

sort the money situation and life will get easier. 11:55

Frankly you telling me and mum that I did nothing for the house when I overworked myself for two weeks while you were smoking joints on the couch doesn't go down with me 11:52

but stop thinking that i have a duty to pay more than you.

Let me do it because i want to, not because its a duty.

You

Frankly you telling me and mum that I did nothing for the house when I overworked myself for two weeks while you were smoking joints on the couch doesn't go down with me

you do what you want to do irene. you wanted to do the drawings/ Thats all you concentrated on. Who sorted everythign for Brian coming/ And then you said I did nothing.

its not fair that you think you are not accountable for anything.

honestly, LIFE will get better if you sort the money out.

money drives people apart and that is exacly hwat is happening here.

so please. understand this.

i do not udnerstand why you dont do it. The only reason is you dont care.

thats all i can think of.

its 2 hours of work

nothing more.

and i ask and ask

but then when i dont re pot a plant you lose it because you asked 2 months ago.

but when i ask. you dont'

so how is that fair please explain to me

but when i ask. you dont'

so how is that fair, please explain to me.

and i will start paying more when you have a job - as i promised.

but frankly its ridiculous that you still tell me i owe money from bravington and dont tell me how much. i have made it so clear how much money is worrying me and you do nothing to hel pthat

yet you say it is just me who shows no respect.

there are two of us in a relationship.

its not just you who should be happy.

we can agree thoguh,

we are not happy at the moment.

We can carry on being not happy.

Or we can try to be happy.

But for that, we BOTH have to work to help each other.

it will not happen otherwise

and you will see, respect will change.

but dont think that if i do things differnetly and you don't things will be better, they just wont be, thats how a relationship works.

because rigth now, we are not getting on well at all. we both know that and thats not a fun life to have for anyone.

and i want a fun life. 12:00

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if you would like a fun time doing the house and a fun time together then its not just you who needs to be happy and if you understand that then please work with me to that.

The joints smoking is because it numbs my feelings. Its because i am not happy.. You will see if you have faith and help to make this fun.

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12:04

but ultimately if you think you are not accountable then we will always keep coming back to this problem where everything that is wrong is my doing and never yours and that just is not sustainable. If you want this to work you also



i hope

no not only

but i am waiting for you to demonstrate that you realise that i am worried about the thousands of pounds we are spending

2 hours of your life it would take.

but you can't be fucked. 15:43

I have nothing more to demonstrate to you 15:43

You

I have nothing more to demonstrate to you

dont then

leave.

go home. 15:43

It's your time it will never happen 15:43

i dont care. 15:43

I'm done 15:43

go then.

and yuo want to talk about double standards?

if i dont do something you tell me very clearly how many times you asked.

but when its you... 15:44

This message was deleted.

This message was deleted.

This message was deleted.

This message was deleted.

This message was deleted.

I AM SORRY  
that i got angry last night about trying to sleep.

I really really am.

i wish i hadn't i honestly really wish that. 15:46

Ma oooooohhh enough

Your abuses are unforgivable 15:53

ok 15:53

End of

Bye 15:53

so you have no interest in working together?

you just want to tell me what i did wrong all the time and not find solutions?

as you say, if you shout, i drove you to shouting.

if i shout..... it was just all me right?

so i have to apologise in both cases.

i CANNOT make this a better situation on my own. WE ARE TWO. Until we accept that we are in this together there is no solution.

You

Bye

are you leaving?

or are you wanting to fix this.

Don't worry nothing will happen today. Needs. fresh start. Today is not the day. 15:57

All you do is copy paste what I say. I started using coward and look all of a sudden Alex's imagination think to use the same word for me only 3 days later

You're laughable 16:01

irene.

i just want to work with you. 16:01

You should be ashamed of yourself for how you treat women 16:01

im trying to point out we are both doing things wrong

You  
You should be ashamed of yourself for how you treat women

i treat everyone the same. 16:01

And even more your mother 16:01

its just you happen to be a woman who woke me up at 3am 16:01

I've never met anyone who dares disrespecting their parent like that

The problem is you're too far from acknowledging

And from the awareness phase it could take a few years to work on things

But you're not even at the first phase 16:02

You  
The problem is you're too far from acknowledging

you say im the one copy pasting and yet ive told you you have no accountabiliuty and you now say it back to me

unreal. 16:02

Its gonna take you too long if ever for you to get there 16:02

Alex Walker  
as you say, if you shout, i drove you to shouting.

you ignore when i make points

because you wont face the fact you also have to fix things 16:02

You have no experience in relationships yet you're persuaded to be right 16:03

the copy pasting is because we are both doing these things Irene.

not just me. 16:03

Alex you're a narcissist 16:03

you are hearing it because its true for both of us

You  
You have no experience in relationships yet you're persuaded to be right

and you fucked all your relationships. 16:03

You should go get a diagnostic from a professional 16:03

so perhaps it is you.

You  
Alex you're a narcissist

ahh good more constructive insults. 16:03

Alex Walker  
its just you happen to be a woman who woke me up at 3am

i am the only one who has said sorry here.  
so how am I not acknowledging>? 16:03

show me, when did you last say sorry? 16:04

leave my mum out of this, my relationship with her is not our relationship.  
i will talk to my mum about our things and you about ours.  
when did you last say sorry irene>?  
WHEN.  
when did you ever say "i am sorry i did that Alex" 16:04

WHEN.  
NEVER> 16:04

Alex Walker  
its just you happen to be a woman who woke me up at 3am  
Or that didn't put a tea towel away  
Alex are you serious 16:03

Alex Walker  
its just you happen to be a woman who woke me up at 3am  
Or to someone that left the Aircon on  
Alex 16:04

Look at yourself 16:04

Alex Walker  
you ignore when i make points  
Because all you're doing is deflating from your unacceptable behaviour 16:04

Sat, 8 Jun

What time you back? 10:31

Fyi that was for an MRI on suspicion of Parkinson's. I just got home I cancelled all my other appointments  
What's £130 for?  
Its about £900 for the cats 11:04

You  
Fyi that was for an MRI on suspicion of Parkinson's. I just got home I cancelled all my other appointments  
Ok that's the kind of thing with communicating because I can't just know.  
Anyway let's reset because we are going on holiday

You  
What's £130 for?  
Well if you read your message that's half what you said.  
Again. I can't read your mind me 11:30

No it's now two mornings you're insulting me accusing me of shouting and having tantrums when you're the one doing that. You expect me to drop everything on your demand but when I ask for your help I have to wait for months. You treat me like shit.

Alex Walker  
Well if you read your message that's half what you said.  
Again. I can't read your mind me  
Never said that

Btw I will be sleeping at some point don't you dare not allowing me to do so. It took me 3hrs last night to fill in the cats forms 11:30

You  
No it's now two mornings you're insulting me accusing me of shouting and having tantrums when you're the one doing that. You expect me to drop everything on your demand but when I ask for your help I have to wait for mont...

Well maybe ask me what I'm upset about. Something you've never once done.

Anyway, reset. We are going on holiday.

You  
Btw I will be sleeping at some point don't you dare not allowing me to do so. It took me 3hrs last night to fill in the cats forms

As long as you have done everything you need to do for the house and electrician I don't care

I do care that you do your bit

You  
Oh no I paid £260 deposit

What are you talking about.

You said 260 so I sent 130. 11:34

I'm busy see you later 11:34

You  
You should have asked me last night for the tv

You are saying you didn't think we had anything to do?

And we haven't discussed the TV? 11:34

And we didn't discuss doing things this morning? 11:35

Anyway. I'm busy. Please don't text me.  
Let's reset 11:35

Ok so you thought there was nothing to do today. Right. 11:35

Why don't you go sleep now? 11:35

Enough time for a cigarette and lying in bed though.

I need 1 minute.

You had 30 lying in bed.

Anyway.  
Reset!  
Don't text me on any of this again. 11:36

You should have asked me last night for the tv 11:31

I would have planned my timings around that

Clearly my health means fuck all to you 11:31

Alex Walker  
You said 260 so I sent 130.

No I said I already paid £260 deposit 11:32

Plus whatever it's left to pay 11:32

Alex Walker  
And we didn't discuss doing things this morning?

Never

Cos you had your plans I had mine 11:32

Definitely no time to do this at 8.45am before hospital 11:32

Fucking hell

Cos I need to drive the cats 2 hrs 11:32

Don't text me

I don't care anymore.

So stop please and try and be in a better mood for holiday. 11:36

Alex Walker

Well maybe ask me what I'm upset about. Something you've never once done.

I won't when you keep on calling me spoiled brat, bitch or when you're accusing me of shouting or having tantrums when you're the one doing that

.no no no

Doesn't work like that

He wants empathy and treats people like shit

Not even my ex that beat me up treated me the way you do 11:35

No more arguing please

You

I won't when you keep on calling me spoiled brat, bitch or when you're accusing me of shouting or having tantrums when you're the one doing that

Yeah I won't any more. I just want an enjoyable holiday and to reset as you keep saying.  
I don't want to argue and I'm going to stop caring which should minimise or opportunity to argue.  
I'll do my jobs and you can do yours

Anyway.

I'm trying to enjoy this course so please leave me alone and I'll see you at home. 11:42

I called you a bitch because you ignore me when I ask you things and I've asked you to stop that because it's fucking rude.

If you don't want to be considered one, don't act like one 11:45

Where's the car?

Alex Walker

Yeah I won't any more. I just want an enjoyable holiday and to reset as you keep saying.  
I don't want to argue and I'm going to stop caring which should minimise or opportunity to argu...

Which I have been and am doing

Alex my fucking plant

Its over 2 months now

2 months

Please can you just do it

Alex Walker

I called you a bitch because you ignore me when I ask you things and I've asked you to stop that because it's fucking rude. ...

So you shout at me insulting me and I'm the rude one for avoiding talking back at you? Are you serious? 11:48

No the total lack of acknowledgement is rude.

That is why I called you that. Stop doing it and it won't happen it's very simple.

I asked where the bin bags were because I'm trying to sort out the house while you worry about yourself.  
You didn't answer. If I don't understand why that's rude...

You

Where's the car?

Outside in other side of road 11:59

Dude I do stuff around the house daily without asking for your help

Alex Walker

I asked where the bin bags were because I'm trying to sort out the house while you worry about yourself.  
You didn't answer. If I don't understand why that's rude...

I was doing th paperwork for the cats and running late to a brain MRI

if you call that only thinking about myself shows a lot about you 12:49



Dude I do stuff around the house daily without asking for your help

Alex Walker

I asked where the bin bags were because I'm trying to sort out the house while you worry about yourself. You didn't answer. If I don't understand why that's rude...

I was doing th paperwork for the cats and running late to a brain MRI

If you call that only thinking about myself shows a lot about you 12:49

Listen I don't see us ever converging here.  
Can we please just have a nice holiday

Please just reset as you always say

There's no point in trying to get to a conclusion so let's just reset 13:16

Going to sleep now please don't wake me up with your screaming 13:35

Did you see the message about reset?  
That's my plan. Just depends if it's yours. 13:44

Alex Walker

Please can you call them and see if we can drop the car tonight or whether they can collect the car from premier Inn?

Did you do this?

13:49

When???? When????

Forget any sort of reset if you don't apologize which is impossible for you to do..and if and when you do try to not follow up your sorry with a but you

You

When???? When????

You're really clueless when it comes to the amount of work others put into things shocking

Sorry but you're out having fun I've sent you the details you can call yourself..I've been on errands all week while you were smoking joints and watching TV never asked a thing of you

Be a man and at least realise it to yourself 13:50

Fucking megalomaniac 13:54

I called you that because you acted like one. It's quite straight forward, stop acting like one and I'm stop telling you you're acting like that

If you don't want to reset then don't come to Greece

You

When???? When????

I was just asking. What's wrong with you.

You

Sorry but you're out having fun I've sent you the details you can call yourself..I've been on errands all week while you were smoking joints and watching TV never asked a thing of you

Oh ok well good to know what you believe but I'm the clueless one

I'm on my way home. I'll carry on sorting everything so it doesn't get fucked by the building works while you sleep

Don't wake up in a temper please. You are no angel.

I've reset. Anything that happens when I'm home is on you 14:08

I think you 2 should go for now I'll decide what to do afterwards 18:29

536 21:38

We're in the courtyard do you want to bring everything over? 22:46

Can do sure 22:49

Are you coming back down or...?

Are you getting high in the room? 23:48

