

Applicant: Miss I – S Spalletti  
EXHIBITS to Statement n°: 1  
**Exhibit n° ISS-10**  
**Exhibit dated:** 02, 04/03/2024

**IN THE FAMILY COURT AT EDMONTON**  
**IN THE MATTER OF THE FAMILY LAW ACT 1996**

**BETWEEN:**

**Miss Irene Sara Spalletti**

Applicant

**- and -**

Respondent

**Mr Alexander Michael Luke Wolf Walker**

---

**Exhibit n° ISS-10 • MY 1st FIRST MORNING IN OUR NEW HOME**  
dated [02, 04/03/2024], referred to in the **Section 5.4.6**

---

This cover sheet is for:

- (A) **MY 1st MORNING IN OUR NEW HOME.mp3** (*voice recording*)
- (B) **1st MORNING IN OUR NEW HOME (FRIEND).mp3** (*voice recording*)
- (C) **REPORTING ABUSE TO FRIENDS & THERAPIST** (*signal, email*)
- (D) **"I'M AT MY LIMIT WITH YOUR SHOUTING" (AGAIN)** (*signal conversation*)

File location → exhibit folder → 5.0 → audio files → 10 → 10/A  
→ 10/A - abuse - my 1st morning in our new home.mp3

Applicant: Miss I - S Spalletti

EXHIBITS to Statement n°: 1

**Exhibit n° ISS-10/A**

**Exhibit dated:** 02/03/2024

**IN THE FAMILY COURT AT EDMONTON**  
**IN THE MATTER OF THE FAMILY LAW ACT 1996**

**BETWEEN:**

**Miss Irene Sara Spalletti**

Applicant

- and -

Respondent

**Mr Alexander Michael Luke Wolf Walker**

---

**Exhibit n° ISS-10/A • MY 1st MORNING IN OUR NEW HOME.mp3**  
*voice recording, dated [02/03/2024], referred to in the **Section 5.4.6***

---

Audio recording, where the respondent, having to do me a favour because I couldn't drive to my old flat due to my scooter accident, **states that "I do fuck all", gaslights me by accusing me of instigating fights, of being manipulative, of being the gaslighter, repeatedly says I am a horrible person and that he hates me.**



[play audio file](#)



[link to file](#)

File location → exhibit folder → 5.0 → audio files → 10 → 10/B  
→ 10/B - abuse - my 1st morning in our new home (telling friend).mp3

Applicant: Miss I - S Spalletti

EXHIBITS to Statement n°: 1

**Exhibit n° ISS-10/B**

**Exhibit dated:** 02/03/2024

**IN THE FAMILY COURT AT EDMONTON**  
**IN THE MATTER OF THE FAMILY LAW ACT 1996**

**BETWEEN:**

**Miss Irene Sara Spalletti**

**- and -**

**Mr Alexander Michael Luke Wolf Walker**

Applicant

Respondent

---

**Exhibit n° ISS-10/B • MY 1st MORNING IN OUR NEW HOME (FRIEND).mp3**  
*voice recording, dated [02/03/2024], referred to in the **Section 5.4.6***

---

Signal audio recording, sent to my friend Claudia, in which I document the events of the  
same day abuse.



[play audio file](#)



[link to file](#)

Applicant: Miss I – S Spalletti  
EXHIBITS to Statement n°: 1  
**Exhibit n° ISS-10/C**  
**Exhibit dated:** 02, 04/03/2024

**IN THE FAMILY COURT AT EDMONTON**  
**IN THE MATTER OF THE FAMILY LAW ACT 1996**

**BETWEEN:**

**Miss Irene Sara Spalletti**

Applicant

**- and -**

Respondent

**Mr Alexander Michael Luke Wolf Walker**

---

**Exhibit n° ISS-10/C • REPORTING ABUSE TO FRIENDS & THERAPIST**  
*signal & email, dated [02, 04/03/2024], referred to in the **Section 5.4.6***

---

Screenshot of Signal messages sent to my friends Claudia and Manuele, as well as an email sent to our therapist, dated [02/03/2024 and 04/03/2024]. In these messages, I document the anger outburst the respondent had on my first morning in our new home.

Honey what's your situation this weekend? I can't handle Alex 22:51

It took me 18hr today just to clean the flat "professionally end of tenancy" I can't feel my hands

I'm exhausted and I couldn't stop crying for ages at the end when the flat was looking this empty 4:20 🎧

We are in and out. Fridge is full though and we will see you when we are in. 7:07

Oh thank you hon I'm literally paralysed from the cleaning. I'm crying he's shouting ALL RHE TIME 10:44

He's shouting outside the house all the neighbours are hearing 10:48

The keys are in the lockbox so you can just let yourself in

**You**  
He's shouting outside the house all the neighbours are hearing


He's so abusive 10:54

I'm recording it he's still shouting

We locked ourselves out of the house 🙄 10:58 🔒

Our houses are so far away id honestly ask you to pick me up I can't move I won't don't worry 11:17

0:44

That's him shouting 11:31 

25:46

No idea of the recording worked can't listen to it 11:33

I can't listen to it at the moment but will in a bit.

X 11:52

I can't come and collect you as Sienna has Italian and then we are in teddington this evening - we have a lock box though if you wanted to come you can just let your self in

How is it going? 12:52

No rush it's long 12:14

No no it's too far I wouldn't expect you to

Driving back home called the locksmith

I'm in pieces I can't drive I think I'll just sleep today and come tomorrow if I can drive 12:51

Bloody hell 12:56



Yeah babe 8:47

*He's telling me not to cry that we will make nice memories in our new home -  
But I can't trust that when he's shouting at me this way -  
I think that's the main reason why I'm crying -*

Re: Shouting > Inbox x


0 **Olena Baeva** <olena.baeva@leonecentre.com>  
to me ▾

Mon, 4 Mar, 10:27 ☆ ☺ ↶ ⓘ

Thank you for the update

With best regards,  
**Olena**

**Olena** Baeva Æ

 **LEONE CENTRE**

Associate Counselling Practitioner  
BPsych MA MBACP CSAccred  
Neurodiversity Affirmative Framework  
tel: 07919258921  
email: [Olena.Baeva@LeoneCentre.com](mailto:Olena.Baeva@LeoneCentre.com)  
<http://www.LeoneCentre.com>

Leone Centre Ltd - Incorporated Limited Company No. 6908830

The information contained in the message is confidential. It is intended solely for the use of the person to whom it is addressed. If you are not the intended recipient, you are hereby notified that any use, copying, dissemination or disclosure of this information is strictly prohibited.

On 4 Mar 2024, at 09:24, Irene Spalletti <[irene.spalletti@gmail.com](mailto:irene.spalletti@gmail.com)> wrote:

Good morning **Olena**,

I won't be attending the session today as o have to take the cat to the vet i'm hoping Alex could do with a 1 to 1.

I have been moving home for the past 3 weeks and I fell off my vespa 10 days ago.

Since then i've had to ask Alex to help me. He's been shouting at me every single day. And when he shouts he says i'm the one shouting when Im not even saying a word. He's going too far now i'm a bit scared i'm going to stay with my friend for a few days.

This was Friday morning where he started shouting at me and then he said i was the one shouting so i've told him to stop gaslighting me. The recording is the consequence of me saying this.

Please don't tell him i've recorded this...

I think he's turning schizo from all the weed he's smoking.

I'm wondering if you would be able to suggest to him to go onto setraline? i'm too scared to suggest anything like to him it wouldn't go down well at all...

Thank you so much,  
i'll speak to you in out next session.

Best,

Applicant: Miss I – S Spalletti  
EXHIBITS to Statement n°: 1  
**Exhibit n° ISS-10/D**  
**Exhibit dated:** 02, 04/03/2024

**IN THE FAMILY COURT AT EDMONTON**  
**IN THE MATTER OF THE FAMILY LAW ACT 1996**

**BETWEEN:**

**Miss Irene Sara Spalletti**

Applicant

**- and -**

Respondent

**Mr Alexander Michael Luke Wolf Walker**

---

**Exhibit n° ISS-10/D • "I'M AT MY LIMIT WITH YOUR SHOUTING" (AGAIN)**  
*signal conversation, dated [02, 04/03/2024], referred to in the **Section 5.4.6***

---

In these messages, I express to the respondent that I have reached my limit regarding his abuse.



Good idea

Alex I'm really at my limit with your shouting I can't anymore

It's abusive I don't deserve that. Not even an effort around your birthday. I go miles to please you and that's how I'm thanked? I think I've switched off the relationship I'm not sure I still love you after the way you treat me and the things you say to me 11:15

well this is why i want you to have a private session with the therapist

because i feel the same about you, but we seem incapable of understanding that we both have the same feelings about the other at the moment and there is no recovery until we do understand that. So please discuss this with the therapist because i think its the last hope. The only thing i hope now is that you understand its not just you who feels this way and there are legitimate reasons for it.

I'm going to go to Mums on Sunday for a bit, please have a think about the best plan for the cats in the meantime

You  
Alex I'm really at my limit with your shouting I can't anymore

ultimately i can't deal any longer with not being able to communicate with you about anything at all. I know that the shouting is bad, i've mentioned this a gazillion times but what i fail to get across to you is that is a reaction. What i am reacting to, for me, has to change otherwise this is futile, so please have a good session with the therapist tomorrow and listen to what she has to say. After that we can chat.

i can only say one thing. We both need to do things if we want this to work it will not come from just me stopping shouting. Put it this way, if i fixed ALL my issues, \_we\_ would still have issues, because it requires you to do things too if we want this to work.

lets not speak today please. The idea was you are going to Claudia's for space, so please dont spend it messaging me. Use the opportunity to think.

you are not innocent.

i'll speak to you when i see you and if you are capable of it, we can have an honest conversation but storming off when you hear something you don't like, that won't get us anywhere.

please lets not speak for the day, we have a lot of thinking to do

You  
It's abusive I don't deserve that. Not even an effort around your birthday. I go miles to please you and that's how I'm thanked? I think I've switched off the relationship I'm not sure I still love you after the way you treat me and the things you say to me

ultimately i think you don't understand what you say to me. To use words like "liar" or "gaslighting" in a relationship is horrendous and just to win an argument.

lets stay offline.

You  
Pleqse can you leave me some chicken for tomorrow?

i find it very odd that you ask me this

You  
It's abusive I don't deserve that. Not even an effort around your birthday. I go miles to please you and that's how I'm thanked? I think I've switched off the relationship I'm not sure I still love you after the way you treat me and the things you say to me

followed by this. And again comes down to your definitions of "favours". Why ask me to do something to then send that message straight after. What makes you think i want to help you if you do that>

Alex Walker  
I'm going to go to Mums on Sunday for a bit, please have a think about the best plan for the cats in the meantime

What? I booked Italy around your Brussels dates so that the cats wouldn't be alone 11:48

its mothers day. 11:51

Ok I'll cancel Italy 11:48

what are you talking about anyway 🤔

you booked them at the same time as i was in brussels

so how is that making it so the cats wont be alone?

we would both be away?

thats the opposite

You  
Ok I'll cancel Italy

stop being like this Irene 11:51

You can't even take on you the disgusting way you speak to me 11:49

i dont have to go for very long, 2 nights etc...

You  
You can't even take on you the disgusting way you speak to me

why are you bringing this up now?

Alex Walker  
well this is why i want you to have a private session with the therapist

...

It's disgusting how you treat me 11:49

i think the same about you. Happy now? 11:52

I'm never EVER EVER DOING ANYTHING NICE FOR YOU EVER AGAIN

For me you and i are over 11:50

please can you explain to me how you going to italy at the same time as me going to brussels means the cats wouldn't be alone? 11:52

You think it's ok to treat me like that 11:50

hello?

please talk to me about the cats 11:53

You  
You think it's ok to treat me like that

and you think its ok to use gaslighting as a weapon in an arguemnt. Same same. 11:53

It's ok that you're shouting at me and tell me i'm the one shouting 11:50

Alex Walker  
please can you explain to me how you going to italy at the same time as me going to brussels means the cats wouldn't be alone?  
No you were leaving on the 18th 11:50

You  
It's ok that you're shouting at me and tell me I'm the one shouting  
Its a reaction to you. 11:53

ahh i see what you mean 11:53

And I was coming back then 11:51

Alex Walker  
Its a reaction to you.  
Oh yeah you justify it 11:51

You  
Oh yeah you justify it  
I can yeah. because if i stopped shouting and never raised my voice again, you wouldn't change. 11:53

Of course it's ok to treat me like you do because you always have a reason to justify how disgusting you are to me 11:51

oh and btw if you want me to do the "favour" of driving you to heathrow on saturday, i would stop this attitude.

You  
Of course it's ok to treat me like you do because you always have a reason to justify how disgusting you are to me  
if you hadn't acted the way you do, i wouldn't have shouted. If I stop shouting, you will still act the way you do, so i would still be unhappy, just not shouting. how is that fair?  
I am going to go to mums on sunday morning until tuesday morning. I will leave the cats 48 hours of food and water and clean litter. They will be absolutely fine.  
but if you want to keep fighting, do so after you have spoken to the therapist. Nothing i say will get you to see you are just as responsible so i am not interested in trying any more..  
if i say I am guilty of shouting, can you tell me what you think you are guilty of?  
anyway, have a good time, please stop messaging me about this it gets us no where. 11:57  
This message was deleted.  
This message was deleted.  
lets not speak over text anymore. Don't ask me for anything like chicken or heathrow drives and then expect me to actually want to do those things. I will speak to you after therapy in person but no other way. 12:08  
This message was deleted. 12:15  
I just really would love to hear that you are aware of what you do, which i have never heard. I have said so many times my shouting is bad, but not once have i heard you say that you are also part of the problem. We won't progress if you believe you are innocent.

You  
Of course it's ok to treat me like you do because you always have a reason to justify how disgusting you are to me  
i also think you might be deaf. How many times have i said my shouting is bad? Are you able to answer this question perhaps?  
So when have i ever said its ok to shout ? Answer me this. Stop being manipulative with your words. Its poison to communication.  
there is no progress until we both accept are parts in this. Perhaps stay at Claudia's until you understand that so we can progress and communicate. 12:38

I think we should keep the house as friends and make it a fun project but i don't want to stay in an abusive relationship 12:44

Nor do I but I do want to fix it however I can't fix it on my own  
As I say shall we speak after your therapy?  
But just to be clear, so I understand, you accept no responsibility for the issues in our relationship then? Just so I know, you think I'm 100% responsible for everything that is not good? 12:48  
Please let's just speak on Thursday or something I cant deal with these text conversations. We can barely keep a conversation in real life let alone in text 12:51  
Please can you add your purchases to the spreadsheet today  
I don't want this to end if we can both learn what we need to do to be better. But I understand that if we can't do that this is not sustainable. I know I can stop shouting but we both have to commit otherwise there's no point 13:00

You are abusive textbook.. "I've hit you but you made me do it"  
There's nothing that can be fixed until you stop holding me responsible for the things you do. I don't deserve to be treated the way you do. I don't trust you anywhere as bad 13:40

> "I've hit you but you made me do it"  
but these were literally your words  
like you said this to the therapist "he drives me to shouting at him" 13:43

You shout and say I'm the one shouting. There's nowhere to go from here  
Please leave me alone  
Il out  
I'm out 13:41