

## **Instruction for 50/75/100 gram Oral Glucose Tolerance Test**

NOTE:

1. **50-gram** oral glucose tolerance test :
  - 1.1 **No need of fasting.**
  - 1.2 Come to the phlebotomy room with the examination sheet. Receive **5 bottles** of glucose solution(Concentration: 50%, 20ml per bottle).
  - 1.3 Drink all 5 bottles of glucose solution within 5 minutes and then **DO NOT** eat anything. (Drink water is acceptable)
  - 1.4 You will have a blood draw at the **60 mins** mark.
2. **75-gram** oral glucose tolerance test :
  - 2.1 **Fasting for 8hrs.** You will have a blood draw first to measure fasting blood glucose.
  - 2.2 Come to the phlebotomy room with the examination sheet. Receive **8 bottles** of glucose solution(Concentration: 50%, 20ml per bottle).
  - 2.3 Drink **7 and half bottles** of glucose solution within 5 minutes and then **DO NOT** eat anything. (Drink water is acceptable)
  - 2.4 Come to the counter and our staffs will write down the specific time for blood draw after drinking of glucose solution.
  - 2.5 You will have a blood draw at the **30, 60, 90 and 120 mins** mark.
3. **100-gram** oral glucose tolerance test :
  - 3.1 **Fasting for 8hrs.** You will have a blood draw first to measure fasting blood glucose.
  - 3.2 Come to the phlebotomy room with the examination sheet. Receive **10 bottles** of glucose solution(Concentration: 50%, 20ml per bottle).
  - 3.3 Drink all 10 bottles of glucose solution within 5 minutes and then **DO NOT** eat anything. (Drink water is acceptable)
  - 3.4 Come to the counter and our staffs will write down the specific time for blood draw after drinking of glucose solution.
  - 3.5 You will have a blood draw at the **30, 60, 120 and 180 mins** mark.

Our service and opening hours :

	Monday to Friday	Saturday	Telephone
E-Da Hospital	08 : 00~21 : 30	08 : 00~12 : 00	886-7-6150011 ext.2803
E-Da Cancer Hospital	07 : 00~16 : 00	07 : 00~12 : 00	886-7-6150022 ext.6285
E-Da DaChang Hospital	08 : 00~21 : 00	08 : 00~12 : 00	886-7-5599123 ext.7216