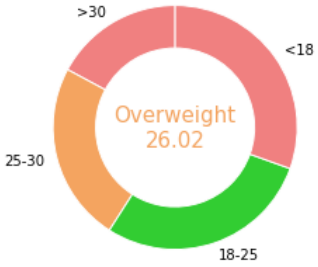
Your results

The tracker users had been grouped according to their age, bmi and activity level. Similar users belongs in the same group. In the following you will see an overview of your group, as well as your results inside of your own group.

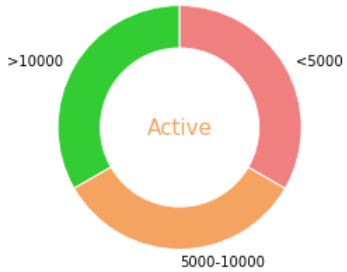
Group overview

That's how the group that best fits to your own results looks like:

BMI



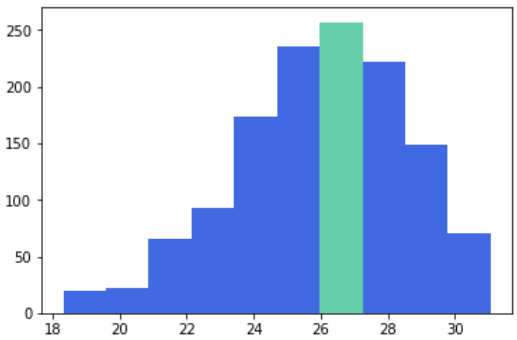
Activity Level

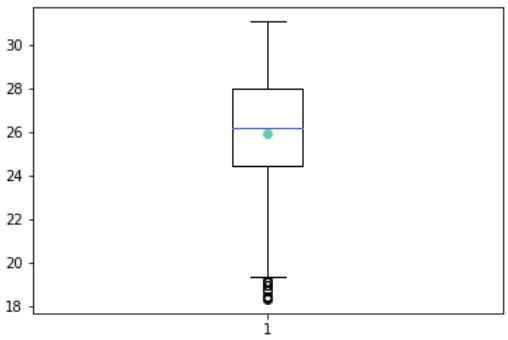


Your results compared to your group

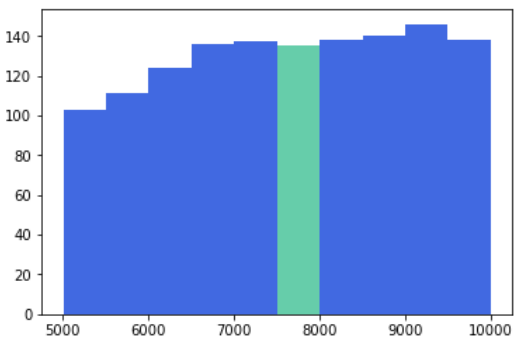
That's how the group that best fits to your own results looks like:

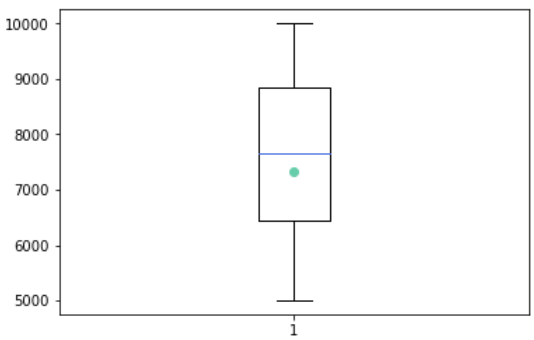
Your BMI compared to your group



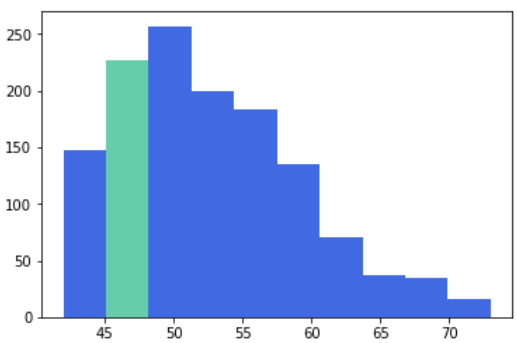


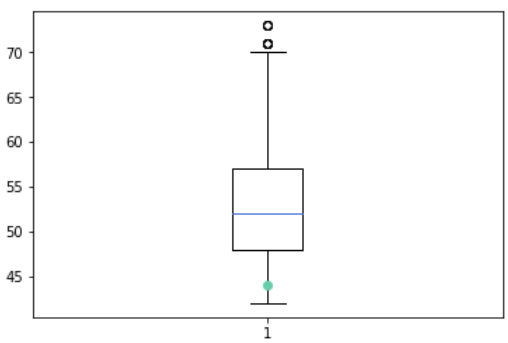
Your Activity Level ompared to your group





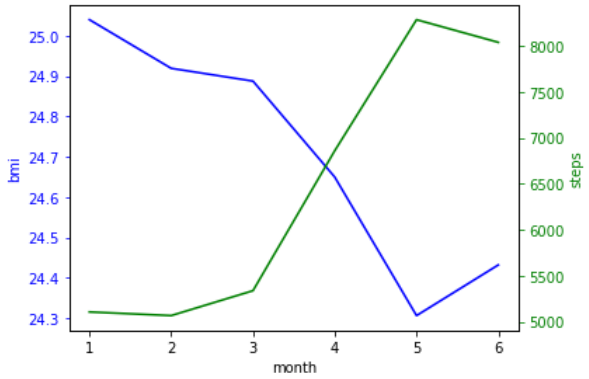
Your Age compared to your group





Step increase reccomendation for weight lost in your group

Your Age compared to your group


25.0
24.9
24.8
24.7
24.6
24.5
24.4
24.3
bmi
8000
7500
7000
6500
6000
5500
5000
steps
1
2
3
4
5
6
month