users

id 🔑		bigserial
created_at	timestamp	NN
name	varchar	NN
username	varchar	NN
email	varchar	
avatar_url	varchar	
last_login_at	timestamp	

contacts

id 🔑		bigserial
from_user_id	bigint	NN
to_user_id	bigint	NN
status	varchar	NN
requested_at	timestamp	NN
accepted_at	timestamp	

chats

id 🔑		bigserial
from_user_id	bigint	NN
to_user_id	bigint	NN
last_message_received_at	timestamp	

messages

id 🔑		bigserial
chat_id	bigint	NN
from_user_id	bigint	NN
to_user_id	bigint	NN
body	varchar	NN
sent_at	timestamp	NN