$$(x^{3} + 5x^{2} - 1) \div (x+1) = x^{2} + 4x - 4 + \frac{3}{x+1}$$

$$-x^{3} - x^{2}$$

$$-4x^{2}$$

$$-4x^{2} - 4x$$

$$-4x - 1$$

$$-4x + 4$$

$$3$$