Boxing Sparring Event Saturday Dec. 3, 2011



Come in and get some good sparring. All weight classes, kids and adults. Great opportunity to spar with boxers from other gyms.

Check-in starts at 9am

Invite your family ad friends to come and watch as you show off your skills.

Sparring starts at 11 am

We want to be able to continue these training events, so a \$5.00 donation will be asked from spectators.

3907 Oceanic Dr.

Oceanside, CA 92056 760-966-0776

www.thecompoundmma.com