

SyncFit Privacy Policy

Last updated: September 2025

Introduction

SyncFit is a fitness and self-care scheduling app developed by Arcturus Digital Consulting Limited, UK. This Privacy Policy explains how we collect, use, and protect your information in line with UK GDPR and EU GDPR.

Information We Collect

We collect only the information needed to provide our services, including:

- Calendar data (read-only access to suggest fitness/self-care slots)
- User preferences and usage patterns (for tailored suggestions)
- Technical diagnostics to improve the app

We do not collect health data, payment information, or unrelated personal details.

How We Use Your Information

We use your data to suggest available time slots, tailor recommendations, and sync scheduled sessions to your calendar. We do not use your data for advertising or tracking.

Data Storage & Security

Your data is stored securely in Google Firestore (UK/EU regions). All data is encrypted in transit and at rest. We do not use third-party advertising SDKs or trackers.

Sharing & Disclosure

We do not sell or share your data. Data is only accessible to you and stored temporarily for the purposes of syncing with your calendar.

Your Rights

You may access, correct, delete, or export your data at any time. You can withdraw consent by deleting your account.

Children's Privacy

SyncFit is intended for users aged 18 and over. No data from children is knowingly collected.

Contact Us

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