

Mandrake Disclaimer (iOS)

Mandrake is a self-management tool for urges.

Not a replacement for therapy or professional care.

Safety features are always free, never tied to subscriptions.

Mandrake is intended for users aged 16 and above.

If you feel unsafe or at risk, call 999 in the UK or use local crisis services (NHS 111, Samaritans 116 123).