Mid-term Exam for Introductory Lectures on Optimization

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Excercise 1. Proof that if $f_i(\boldsymbol{x}), i \in I$, are convex, then

$$g(\boldsymbol{x}) = \max_{i \in I} f_i(\boldsymbol{x})$$

is also convex.

Proof of Excercise 1: Since $f_i(x)$ is convex, for any $x, y \in \mathbb{R}^n$ and $\alpha \in [0, 1]$, we have

$$f_i(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) \le \alpha f_i(\boldsymbol{x}) + (1 - \alpha)f_i(\boldsymbol{y}).$$

Since $g(\mathbf{x})$ is the maximum of $f_i(\mathbf{x})$ for $i \in I$, we have

$$g(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) = \max_{i \in I} f_i(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y})$$

$$\leq \max_{i \in I} (\alpha f_i(\boldsymbol{x}) + (1 - \alpha)f_i(\boldsymbol{y}))$$

$$\leq \alpha \max_{i \in I} f_i(\boldsymbol{x}) + (1 - \alpha) \max_{i \in I} f_i(\boldsymbol{y})$$

$$= \alpha g(\boldsymbol{x}) + (1 - \alpha)g(\boldsymbol{y}).$$

Therefore, g(x) is convex.

Excercise 2. Proof that

- 1. if f is a convex function on \mathbb{R}^n and $F(\cdot)$ is a convex and non-decreasing function on \mathbb{R} , then g(x) = F(f(x)) is convex.
- 2. If $f_i, i = 1, ..., m$ are convex functions on \mathbb{R}^n and $F(y_1, ..., y_m)$ is convex and non-decreasing (component-wise) in each argument, then

$$g(\boldsymbol{x}) = F(f_1(\boldsymbol{x}), \dots, f_m(\boldsymbol{x}))$$

is convex.

Proof of Excercise 2:

1. Since f is convex, for any $x, y \in \mathbb{R}^n$ and $\alpha \in [0, 1]$, we have

$$f(\alpha x + (1 - \alpha)y) \le \alpha f(x) + (1 - \alpha)f(y).$$

Since F is non-decreasing, we have

$$F(f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y})) \le F(\alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y})).$$

Since F is convex, we have

$$F(\alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y})) \le \alpha F(f(\boldsymbol{x})) + (1 - \alpha)F(f(\boldsymbol{y})).$$

Therefore,

$$g(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) = F(f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}))$$

$$\leq F(\alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y}))$$

$$\leq \alpha F(f(\boldsymbol{x})) + (1 - \alpha)F(f(\boldsymbol{y}))$$

$$= \alpha g(\boldsymbol{x}) + (1 - \alpha)g(\boldsymbol{y}).$$

Therefore, q(x) is convex.

2. Since $f_i(\mathbf{x})$ is convex, for any $\mathbf{x}, \mathbf{y} \in \mathbb{R}^n$ and $\alpha \in [0, 1]$, we have

$$f_i(\alpha \boldsymbol{x} + (1-\alpha)\boldsymbol{y}) \le \alpha f_i(\boldsymbol{x}) + (1-\alpha) f_i(\boldsymbol{y}).$$

For any $\boldsymbol{x} \in \mathbb{R}^n$, $\boldsymbol{y} \in \mathbb{R}^m$, and $\alpha \in [0,1]$, we have

$$g(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) = F(f_1(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}), \dots, f_m(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}))$$

$$\leq F(\alpha f_1(\boldsymbol{x}) + (1 - \alpha)f_1(\boldsymbol{y}), \dots, \alpha f_m(\boldsymbol{x}) + (1 - \alpha)f_m(\boldsymbol{y}))$$

$$= F(\alpha(f_1(\boldsymbol{x}), \dots, f_m(\boldsymbol{x})) + (1 - \alpha)(f_1(\boldsymbol{y}), \dots, f_m(\boldsymbol{y})))$$

$$\leq \alpha F(f_1(\boldsymbol{x}), \dots, f_m(\boldsymbol{x})) + (1 - \alpha)F(f_1(\boldsymbol{y}), \dots, f_m(\boldsymbol{y}))$$

$$= \alpha g(\boldsymbol{x}) + (1 - \alpha)g(\boldsymbol{y}).$$

Therefore, $g(\boldsymbol{x})$ is convex.

Excercise 3. Proof that if f(x,y) is convex in $(x,y) \in \mathbb{R}^n$ and Y is a convex set, then

$$g(\boldsymbol{x}) = \inf_{\boldsymbol{y} \in Y} f(\boldsymbol{x}, \boldsymbol{y})$$

is convex.

Proof of Excercise 3: Since $f(\boldsymbol{x}, \boldsymbol{y})$ is convex in $(\boldsymbol{x}, \boldsymbol{y}) \in \mathbb{R}^n$, for any $\boldsymbol{x}_1, \boldsymbol{x}_2 \in \mathbb{R}^n, \boldsymbol{y}_1, \boldsymbol{y}_2 \in \mathbb{R}^n$, and $\alpha \in [0, 1]$, we have

$$f(\alpha x_1 + (1 - \alpha)x_2, \alpha y_1 + (1 - \alpha)y_2) \le \alpha f(x_1, y_1) + (1 - \alpha)f(x_2, y_2).$$

Therefore,

$$g(\alpha \boldsymbol{x}_{1} + (1 - \alpha)\boldsymbol{x}_{2}) = \inf_{\boldsymbol{y} \in Y} f(\alpha \boldsymbol{x}_{1} + (1 - \alpha)\boldsymbol{x}_{2}, \boldsymbol{y})$$

$$= \inf_{\boldsymbol{y}_{1} \in Y, \boldsymbol{y}_{2} \in Y} f(\alpha \boldsymbol{x}_{1} + (1 - \alpha)\boldsymbol{x}_{2}, \alpha \boldsymbol{y}_{1} + (1 - \alpha)\boldsymbol{y}_{2})$$

$$\leq \inf_{\boldsymbol{y}_{1} \in Y, \boldsymbol{y}_{2} \in Y} (\alpha f(\boldsymbol{x}_{1}, \boldsymbol{y}_{1}) + (1 - \alpha)f(\boldsymbol{x}_{2}, \boldsymbol{y}_{2}))$$

$$= \alpha \inf_{\boldsymbol{y}_{1} \in Y} f(\boldsymbol{x}_{1}, \boldsymbol{y}_{1}) + (1 - \alpha) \inf_{\boldsymbol{y}_{2} \in Y} f(\boldsymbol{x}_{2}, \boldsymbol{y}_{2})$$

$$= \alpha g(\boldsymbol{x}_{1}) + (1 - \alpha)g(\boldsymbol{x}_{2}).$$

Therefore, $g(\boldsymbol{x})$ is convex.

Excercise 4. Proof that the following univariate functions are in the set of $\mathcal{F}^1(\mathbb{R})$

$$f(x) = e^{x},$$

$$f(x) = |x|^{p}, \ p > 1,$$

$$f(x) = \frac{x^{2}}{1 + |x|},$$

$$f(x) = |x| - \ln(1 + |x|).$$

Proof of Excercise 4:

1. f(x) is a continuous differentiable function, and for any $x_1, x_2 \in \mathbb{R}$, $\alpha \in [0, 1]$, we have:

$$e^{x_2 - x_1} \ge x_2 - x_1 + 1$$

$$e^{x_2} \ge e^{x_1} (x_2 - x_1 + 1)$$

$$e^{x_2} > e^{x_1} + e^{x_1} (x_2 - x_1)$$

This implies that:

$$f(x_2) \ge f(x_1) + \langle \nabla f(x_1), x_2 - x_1 \rangle$$

Hence, $f \in \mathcal{F}^1(\mathbb{R})$.

2. For any $x \in \mathbb{R}$ with x > 0:

$$\nabla f(x) = px^{p-1}$$

For any $x \in \mathbb{R}$ with x < 0:

$$\nabla f(x) = -p(-x)^{p-1}$$

When x = 0, Since

$$\lim_{x \to 0^{-}} \frac{|x|^{p} - 0}{x} = \lim_{x \to 0^{-}} \left((-1)^{p} x^{p-1} \right) = 0$$

$$\lim_{x \to 0^{+}} \frac{|x|^{p} - 0}{x} = \lim_{x \to 0^{+}} x^{p-1} = 0$$

Then $\nabla f(x) = 0$. Hence, f(x) is a continuous differentiable function.

Then for any $x_1, x_2 \in \mathbb{R}$, assume $x_1 \geq x_2$, we have:

• If $x_2 > 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \left(px_1^{p-1} - px_2^{p-1} \right) \cdot (x_1 - x_2) \ge 0$$

• If $x_2 = 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = px_1^p \ge 0$$

• If $x_1 > 0, x_2 < 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \left(p x_1^{p-1} + p (-x_2)^{p-1} \right) \cdot (x_1 - x_2) \ge 0$$

• If $x_1 = 0, x_2 < 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = p(-x_2)^p \ge 0$$

• If $x_1 < 0, x_2 < 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \left(-p(-x_1)^{p-1} + p(-x_2)^{p-1} \right) \cdot (x_1 - x_2) \ge 0$$

Hence, $f \in \mathcal{F}^1(\mathbb{R})$.

3. For any $x \in \mathbb{R}, x > 0$:

$$\nabla f(x) = \frac{x^2 + 2x}{(1+x)^2}$$

For any $x \in \mathbb{R}, x < 0$:

$$\nabla f(x) = \frac{-x^2 + 2x}{\left(1 - x\right)^2}$$

When x = 0: Since

$$\lim_{x \to 0^{-}} \frac{\frac{x^{2}}{1+|x|} - 0}{x} = \lim_{x \to 0^{+}} \frac{\frac{x^{2}}{1+|x|} - 0}{x} = 0$$

Hence, $\nabla f(x) = 0$. Hence f(x) is a continuous differentiable function.

Then for any $x_1, x_2 \in \mathbb{R}$, assume $x_1 \geq x_2$, we have:

• If $x_2 > 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \left(\frac{x_1^2 + 2x_1}{(1+x_1)^2} - \frac{x_2^2 + 2x_2}{(1+x_2)^2} \right) \cdot (x_1 - x_2)$$

$$= \frac{x_1^2 - x_2^2 + 2x_1 - 2x_2}{(1+x_1)^2 (1+x_2)^2} \cdot (x_1 - x_2) \ge 0$$

• If $x_2 = 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \frac{x_1^3 + 2x_1^2}{(1+x_1)^2} \ge 0$$

• If $x_1 > 0, x_2 < 0$:

$$\left\langle \nabla f\left(x_{1}\right) - \nabla f\left(x_{2}\right), x_{1} - x_{2} \right\rangle = \frac{2x_{1}^{2}x_{2}^{2} - 4x_{1}^{2}x_{2} + 4x_{1}x_{2}^{2} + x_{1}^{2} + x_{2}^{2} - 8x_{1}x_{2} + 2x_{1} - 2x_{2}}{\left(1 + x_{1}\right)^{2}\left(1 - x_{2}\right)^{2}} \cdot \left(x_{1} - x_{2}\right) \geq 0$$

• If $x_1 = 0, x_2 < 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \frac{-x_2^3 + 2x_2^2}{(1 - x_2)^2} \ge 0$$

• If $x_1 < 0, x_2 < 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \left(\frac{-x_1^2 + 2x_1}{(1 - x_1)^2} - \frac{-x_2^2 + 2x_2}{(1 - x_2)^2} \right) \cdot (x_1 - x_2)$$

$$= \frac{-x_1^2 + 2x_1 + x_2^2 - 2x_2}{(1 - x_1)^2 (1 - x_2)^2} \cdot (x_1 - x_2) \ge 0$$

Hence, $f \in \mathcal{F}^1(\mathbb{R})$.

4. For any $x \in \mathbb{R}, x > 0$:

$$\nabla f(x) = \frac{x}{1+x}$$

For any $x \in \mathbb{R}, x < 0$:

$$\nabla f(x) = \frac{x}{1 - x}$$

When x = 0, Since

$$\lim_{x \to 0^{-}} (|x| - \ln(1 + |x|)) = \lim_{x \to 0^{+}} (|x| - \ln(1 + |x|)) = 0$$

Then $\nabla f(x) = 0$. Hence, f(x) is a continuous differentiable function.

Then for any $x_1, x_2 \in \mathbb{R}$, assume $x_1 \geq x_2$, we have:

• If $x_2 > 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \left(\frac{x_1}{1+x_1} - \frac{x_2}{1+x_2}\right) \cdot (x_1 - x_2)$$
$$= \frac{(x_1 - x_2)^2}{(1+x_1)(1+x_2)} \ge 0$$

• If $x_2 = 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \frac{x_1^2}{1 + x_1} \ge 0$$

• If $x_1 > 0, x_2 < 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \frac{x_1 - x_2 - 2x_1x_2}{(1 + x_1)(1 - x_2)} \cdot (x_1 - x_2) \ge 0$$

• If $x_1 = 0, x_2 < 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \frac{x_2^2}{1 - x_2} \ge 0$$

• If $x_1 < 0, x_2 < 0$:

$$\langle \nabla f(x_1) - \nabla f(x_2), x_1 - x_2 \rangle = \frac{(x_1 - x_2)^2}{(1 - x_1)(1 - x_2)} \ge 0$$

Hence, $f \in \mathcal{F}_L^1(\mathbb{R}^n)$.

Excercise 5. For $f \in \mathcal{F}_L^{1,1}(\mathbb{R}^n)$ and function $\phi(\boldsymbol{y}) = f(\boldsymbol{y}) - \langle \nabla f(\boldsymbol{x}_0), \boldsymbol{y} \rangle$, prove that $\phi \in \mathcal{F}_L^{1,1}(\mathbb{R}^n)$, and its optimal point is $\boldsymbol{y}^* = \boldsymbol{x}_0$.

Proof of Excercise 5: Since $f \in \mathcal{F}_L^{1,1}(\mathbb{R}^n)$, f is convex and Lipschitz continuous, which means there exists a constant L such that for any $y_1, y_2 \in \mathbb{R}^n$:

$$\|\nabla f(\boldsymbol{y}_1) - \nabla f(\boldsymbol{y}_2)\| \le L\|\boldsymbol{y}_1 - \boldsymbol{y}_2\|$$

We prove that $\phi(y) = f(y) - \langle \nabla f(x_0), y \rangle$ belongs to $\mathcal{F}_L^{1,1}(\mathbb{R}^n)$ as follows:

$$\|\nabla \phi(\boldsymbol{y}_1) - \nabla \phi(\boldsymbol{y}_2)\|$$

$$= \|\nabla f(\boldsymbol{y}_1) - \nabla ((\nabla f(x_0), \boldsymbol{y}_1)) - (\nabla f(\boldsymbol{y}_2) - \nabla ((\nabla f(x_0), \boldsymbol{y}_2)))\|$$

$$= \|\nabla f(\boldsymbol{y}_1) - \nabla f(\boldsymbol{y}_2)\|$$

$$\leq L\|\boldsymbol{y}_1 - \boldsymbol{y}_2\|$$

Since f(y) is convex and $\langle \nabla f(x_0), y \rangle$ is linear, $\phi(y)$ is convex.

Therefore, $\phi \in \mathcal{F}_L^{1,1}(\mathbb{R}^n)$.

Let y^* be the optimal point of ϕ . From the properties of $\mathcal{F}_L^{1,1}(\mathbb{R}^n)$, we have:

$$\nabla \phi(\boldsymbol{y}^*) = \mathbf{0}$$
$$\nabla f(\boldsymbol{y}^*) = \nabla f(\boldsymbol{x}_0)$$

Since the gradient is monotonic on convex functions, it follows that:

$$\boldsymbol{y}^* = \boldsymbol{x}_0$$

Hence, the optimal point of ϕ is x_0 .

Excercise 6. Proof that, for $f: \mathbb{R}^n \to \mathbb{R}$ and α from [0,1], if

$$\alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y}) \ge f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) + \frac{\alpha(1 - \alpha)}{2L} \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\|^2,$$

then $f \in \mathcal{F}_L^{1,1}(\mathbb{R}^n)$.

Proof of Excercise 6: First, we have

$$\alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y}) - f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) \ge \frac{\alpha(1 - \alpha)}{2L} \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\|^2 \ge 0$$

So, $f \in \mathcal{F}^{1,1}(\mathbb{R}^n)$. Now, we have.

$$f(\alpha \mathbf{x} + (1 - \alpha)\mathbf{y}) \ge f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), (1 - \alpha)(\mathbf{y} - \mathbf{x}) \rangle$$
$$f(\alpha \mathbf{x} + (1 - \alpha)\mathbf{y}) \ge f(\mathbf{y}) + \langle \nabla f(\mathbf{y}), \alpha(\mathbf{x} - \mathbf{y}) \rangle$$

Then, we have

$$\frac{\alpha(1-\alpha)}{2L} \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\|^{2}
\leq \alpha f(\boldsymbol{x}) + (1-\alpha)f(\boldsymbol{y}) - \alpha f(\alpha \boldsymbol{x} + (1-\alpha)\boldsymbol{y}) - (1-\alpha)f(\alpha \boldsymbol{x} + (1-\alpha)\boldsymbol{y})
\leq \alpha (1-\alpha)\langle \nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle
\leq \alpha (1-\alpha) \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\| \|\boldsymbol{x} - \boldsymbol{y}\|
\Leftrightarrow \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\|^{2} - 2L \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\| \|\boldsymbol{x} - \boldsymbol{y}\| \leq 0
\Leftrightarrow (\|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\| - L \|\boldsymbol{x} - \boldsymbol{y}\|)^{2} \leq L^{2} \|\boldsymbol{x} - \boldsymbol{y}\|^{2}
\Leftrightarrow 0 \leq \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\| \leq 2L \|\boldsymbol{x} - \boldsymbol{y}\|$$

Now, we let $\|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\| = k \|\boldsymbol{x} - \boldsymbol{y}\|$. We have known that $\forall \boldsymbol{x}, \boldsymbol{y} \in \mathbb{R}^n, k \leq 2L$. So, k must have upward boundary. We assume that $m = \sup_{\boldsymbol{x}, \boldsymbol{y} \in \mathbb{R}^n} k$. Then, we have $f \in \mathcal{F}_m^{1,1}(\mathbb{R}^n)$

$$\frac{\alpha(1-\alpha)}{2L} \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\|^{2} \leq \alpha f(\boldsymbol{x}) + (1-\alpha)f(\boldsymbol{y}) - f(\alpha \boldsymbol{x} + (1-\alpha)\boldsymbol{y}) \leq \alpha (1-\alpha)\frac{m}{2} \|\boldsymbol{x} - \boldsymbol{y}\|^{2}$$

$$\Rightarrow \|\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y})\| \leq \sqrt{mL} \|\boldsymbol{x} - \boldsymbol{y}\|$$

$$\Rightarrow \sqrt{mL} \geq m$$

$$\Rightarrow m \leq L$$

Therefore, $f \in \mathcal{F}_m^{1,1}(\mathbb{R}^n) \subseteq \mathcal{F}_L^{1,1}(\mathbb{R}^n)$.

Excercise 7. Proof that, for $f: \mathbb{R}^n \to \mathbb{R}$ and α from [0,1], if

$$0 \le \alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y}) - f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y})$$
$$\le \alpha (1 - \alpha) \frac{L}{2} \|\boldsymbol{x} - \boldsymbol{y}\|^{2},$$

then $f \in \mathcal{F}_L^{1,1}(\mathbb{R}^n)$.

Proof of Excercise 7:

1. Since

$$\alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y}) - f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) \ge 0$$

then f is convex

2. Given the inequality:

$$0 \le \alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y}) - f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) \le \alpha (1 - \alpha)\frac{L}{2} \|\boldsymbol{x} - \boldsymbol{y}\|^2$$

we can rearrange it to:

$$f(y) \le \frac{f(\alpha x + (1 - \alpha)y) - \alpha f(x)}{1 - \alpha} + \frac{\alpha L}{2} ||x - y||^2$$

Applying L'Hospital's rule, we find:

$$\lim_{\alpha \to 1} \frac{f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) - \alpha f(\boldsymbol{x})}{1 - \alpha} = f(\boldsymbol{x}) + \langle \nabla f(\boldsymbol{x}), \boldsymbol{y} - \boldsymbol{x} \rangle$$

Thus, we obtain:

$$f(\boldsymbol{y}) \leq f(\boldsymbol{x}) + \langle \nabla f(\boldsymbol{x}), \boldsymbol{y} - \boldsymbol{x} \rangle + \frac{L}{2} \|\nabla f(\boldsymbol{y}) - \nabla f(\boldsymbol{x})\|^2$$

3. For any $\boldsymbol{x} \in \mathbb{R}^n$, fix \boldsymbol{x} , and consider the function $\phi(\boldsymbol{y}) = f(\boldsymbol{y}) + g(\boldsymbol{y})$, where $g(\boldsymbol{y}) = -\langle \nabla f(\boldsymbol{x}), \boldsymbol{y} \rangle$. For any $\boldsymbol{y}_1, \boldsymbol{y}_2 \in \mathbb{R}^n$, we have:

$$f(\mathbf{y}_2) \le f(\mathbf{y}_1) + \langle \nabla f(\mathbf{y}_1), \mathbf{y}_2 - \mathbf{y}_1 \rangle + \frac{L}{2} \|\mathbf{y}_2 - \mathbf{y}_1\|^2$$

 $g(\mathbf{y}_2) = g(\mathbf{y}_1) + \langle \nabla g(\mathbf{y}_1), \mathbf{y}_2 - \mathbf{y}_1 \rangle$

then:

$$\phi(y_2) \le \phi(y_1) + \langle \nabla \phi(y_1), y_2 - y_1 \rangle + \frac{L}{2} ||y_2 - y_1||^2$$

Since f and g are both convex, ϕ is convex.

Let the optimal point of ϕ be y^* , then:

$$\nabla \phi(\boldsymbol{y}^*) = 0$$

$$\nabla f(\boldsymbol{y}^*) = \nabla f(\boldsymbol{x})$$

Since the gradient is monotonic on convex function, then:

$$y^* = x$$

Hence, we have:

$$\begin{split} \phi(\boldsymbol{y}^*) & \leq \phi\left(\boldsymbol{y} - \frac{1}{L}\nabla\phi(\boldsymbol{y})\right) \\ \phi\left(\boldsymbol{y} - \frac{1}{L}\nabla\phi(\boldsymbol{y})\right) & \leq \phi(\boldsymbol{y}) + \langle\nabla\phi(\boldsymbol{y}), \boldsymbol{y} - \frac{1}{L}\nabla\phi(\boldsymbol{y}) - \boldsymbol{y}\rangle + \frac{1}{2L}\|\nabla\phi(\boldsymbol{y})\|^2 \\ \phi(\boldsymbol{y}^*) & \leq \phi(\boldsymbol{y}) - \frac{1}{2L}\|\nabla\phi(\boldsymbol{y})\|^2 \end{split}$$

which means:

$$\begin{split} \phi(\boldsymbol{x}) & \leq \phi(\boldsymbol{y}) - \frac{1}{2L} \|\nabla \phi(\boldsymbol{y})\|^2 \\ f(\boldsymbol{x}) - \langle \nabla f(\boldsymbol{x}), \boldsymbol{x} \rangle & \leq f(\boldsymbol{y}) - \langle \nabla f(\boldsymbol{x}), \boldsymbol{y} \rangle - \frac{1}{2L} \|\nabla \phi(\boldsymbol{y})\|^2 \end{split}$$

Since:

$$\nabla \phi(\boldsymbol{y}) = \nabla f(\boldsymbol{y}) - \nabla f(\boldsymbol{x})$$

then:

$$\begin{split} f(\boldsymbol{y}) - f(\boldsymbol{x}) - \langle \nabla f(\boldsymbol{x}), \boldsymbol{y} - \boldsymbol{x} \rangle &\leq \frac{L}{2} \|\boldsymbol{y} - \boldsymbol{x}\|^2 \\ f(\boldsymbol{y}) - f(\boldsymbol{x}) - \langle \nabla f(\boldsymbol{x}), \boldsymbol{y} - \boldsymbol{x} \rangle &\geq \frac{1}{2L} \|\nabla f(\boldsymbol{y}) - \nabla f(\boldsymbol{x})\|^2 \end{split}$$

which means:

$$\frac{1}{2L}\|\nabla f(\boldsymbol{y}) - \nabla f(\boldsymbol{x})\|^2 \leq \frac{L}{2}\|\boldsymbol{y} - \boldsymbol{x}\|^2$$

$$\|\nabla f(\boldsymbol{y}) - \nabla f(\boldsymbol{x})\| \le L\|\boldsymbol{y} - \boldsymbol{x}\|$$

therefore $f \in \mathcal{F}_L^{1,1}(\mathbb{R}^n)$